

The Helensville Community News

MERRY CHRISTMAS

Issue 109 - December 2018

Helensville Christmas Parade 8 December

9.30am Santa at RSA. Photos for \$5.

Bouncy castle, entertainment, ice cream, candy floss, face painting at Creek Lane (by toilets) Midday Parade starts from Railway Station, through town centre to Museum in Mill Road. 1.00pm Food, entertainment and Santa at Museum. Concert

featuring Troy Kingi. Lolly scramble. Colouring Competition winners announced, prizes presented. 3.00pm kapahaka performance by Kahurangi Ki Kaipara

FREE BUSES TO CONCERT

After Christmas Parade from 1pm Ritchies will pick up along the way to Museum, starting from The Grand Hotel. Returning from Museum from 3.30pm. Just wave and bus will stop for you. See page 17 for more info.



Shelly Beach Upgrade News

We know that some of you will be travelling out to Shelly Beach over the summer months so we are posting this update.

We met with the contractor and held a discussion on site the other week, Masons have produced Plans showing the extent of the work site over both January and February. See below.

All other areas of the beach outside those shown in the Plans will be open to the public, with fencing down.

Masons have advised the intent is to work on Groyne 2 during January, with a manned crossing point where materials are delivered across the boat ramp. However, they note if the boat ramp is too busy to manage the vehicle crossings safely they will work on Groyne 3 to avoid this.

Kind regards

Shelly Beach Resident and Ratepayers Association.



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All correspondence should be legible and include writer's name and address.

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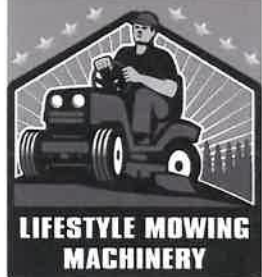
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MOTV8N to succeed The festive season is here.



Well, the festive season has arrived. **Kim McNamara**

The shops are getting busier, people are more in a hurry, the roads are getting busier and life, in general, seems to be speeding up.

A key to not letting things get on top of you is preparation and communication. What could you put in place now, so the next few weeks are easier? Can someone help you out with anything you need to be done?

Plan and budget presents to stop overspending. Try not to leave things until the last minute, because it just gets frantic all round. Be realistic with your expectations of what you are wanting to achieve.

Make sure you make time for what is important to you. Is there a neighbour or elderly person around you that could do with a visit? We tend to run on a roller coaster at this time of year, so maybe stop, and get off, and make a plan.

What is important to you and what do you want to spend your time doing? Have fun over the festive season, and take care.

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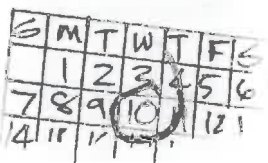
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What's happening this month



Friday, 7 December, Helensville Aglow will be meeting 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop Sandra Weir, advisor to South Auckland Aglow, will be ministering. All welcome. Contact yvonne@hello.net.nz if you want more information

Saturday, 8 December, Waitoki Village Christmas Market at the Waitoki Hall, Kahikatea Flat Rd, 8.30 till noon The ever popular fire truck returns with Christmas trees for sale on the day, giving you a practical opportunity to support the local fire brigade. Not to mention a photo opportunity with you in fire fighters garb! **Gather and Gossip**, before Christmas, while picking up baked goods, plants, homemade and preloved bargains, Bric a Brac, preserves and more. Support your community; proceeds from the Market go back to our local community. New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com

Saturday, 8 December, Helensville Christmas Parade

Sunday, 16 December, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Our musicians for December is Cougar Chorus, Performances from DanceVille, see Santa in his grotto, free gift wrapping, Free Face painting, from 10am to 12pm. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

Sunday, 16 December, Kaukapakapa Library, 9am to 1pm

While the Kaukapakapa Village Markets Look for details on the Kaukapakapa Library Facebook page or contact Megan threehorses@xtra.co.nz or 021959017

Tuesday, 25 December, Christmas Day

Wednesday, 26 December, Boxing Day

Thursday, 21 February, Gibbs Farm Visit, Citizens Advice Bureau Fundraiser, \$40 includes Transport, bottle of drinking water, filled bread roll and entry to the sculpture farm. Fill in form and drop in the Helensville CAB or email helensville@cab.org.nz Please ensure you read the Visitor terms of access.

Saturday, 24 February, Helensville A&P Show 2019

Saturday, 9 March and Sunday, 10 March, Kumeu Show 2019

Christmas Church Services

South Kaipara Anglican/Methodist

All Saints, Peak Road Kaukapakapa and
St Matthews, 60 Garfield Road Helensville.

Contact Administrator 420 8868

13 December 7.00pm Blue Christmas St Matthews

(A service of Remembrance and Hope)

16 December 9.30am Carol Service St Matthews

23 December 9.30am Eucharist Service St Matthews

24 December 6.00pm Children Christmas Eve service St Matthews

25 December 8.00am Christmas Day Eucharist St Matthews

25 December 8.00am Christmas Day Eucharist All Saints

St Joseph's & St Patrick's

St Joseph's, 1 Puriri St, Helensville

24 December Christmas Vigil Mass with Carols at 7.30pm
and Mass at 8pm

25 December Christmas Day Mass at 9.00am

St Patrick's, 380 Main Road, Huapai

24 December Christmas Vigil Mass with Carols at 6.00pm
and Mass at 6.30pm

24 December Midnight Mass with Christmas Carols at
10.30pm at Mass 11pm - 12 midnight

25 December Christmas Day Mass at 9.00am

Helensville Christian Life Centre

118 Commercial Road, Helensville

24 December 10am Christmas Service

River Valley Baptist Church

1 Fordyce Road, Parakai

23 December 10.00am Christmas Eve Service



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PROFILE

by Helen Martin



Rochelle Gillespie had always had a hankering for a rural life and three years ago, after she found the perfect place online – a beautiful, 120-year old relocated house on a couple of acres – moved from Waiatarua to Helensville with husband John and their three school-age children. Local connections quickly formed through meeting the families of their

children's school mates and through Rochelle's community involvement, which includes positions on the Kaipara College PTA, Helensville Women and Family Centre, the Kia Timata Ano Women's Refuge and work for the Helensville District Health Trust.

For John, who is head of TVNZ's News and Current Affairs, country living is the perfect antidote to the stresses and responsibilities of a high-powered urban job.

Raised in Christchurch, he and his siblings were encouraged to choose their own path although, John cautions, "Dad was a dentist and, with all the horror stories we heard, we weren't going there". Despite "sharing the performing gene" with his twin brother, sister and parents, John had always wanted to write. After moving to Australia and earning his way in a variety of odd jobs, he eventually opted to study journalism, mostly television-based, at

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Christmas Appeal

We are collecting **non-perishable food items** to put towards our Christmas Hampers for local families.

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at Old Post Office Building, 104 Commercial Road, Helensville

Thank you for your generosity this Christmas.

Charles Sturt University in Sydney. Graduating with a BA, he worked in radio for a while before returning to Christchurch to take up a position as a journalist at Canterbury Television (CTV), an independent station which had just been established. In that job he met Rochelle "across a crowded newsroom" and worked his way up to the position of news editor.

In the 20 plus years John has worked in New Zealand television he has had many roles. When TVNZ bought out CTV he and Rochelle moved to Auckland, where she found work as a reporter for Independent Radio News, and he became a producer on the Breakfast Show, which began in 1997. Later, Rochelle was a weather presenter on Breakfast for two years.

John's other jobs at TVNZ have included researcher and associate producer on the current affairs show Assignment, where he enjoyed working with and learning from the likes of Kerryanne Evans, Rob Harley and Rod Vaughan. He was also head of daily shows (e.g. Tonight, One News and Breakfast) and executive producer on Fair Go, a position he loved. "I worked on that show for five years with a very good team – they made the hard look easy. Kevin Milne was the presenter and doing stories about people preying on the vulnerable made me become quite cynical, but the show helped a lot of people. It still does. The great thing was that it was advocacy journalism - Kevin taught me you could take a stand."

While his team gather and deliver content online and on air, as Head of News and Current Affairs John has overall responsibility for staff and programmes, with tasks that include making sure programmes are hitting their ratings targets and looking ahead at content and strategy. The big challenge for television news now is that the landscape, which was very straight forward when John began his career, has changed hugely in a short time and the competition with online news feeds is fierce. "I do have a sense that journalism is under siege, both here and around the world. Print and television are less popular than they were when I began my career. Because most people see or hear the news during the day the challenge is to make television's presentation of it relevant."

John loves his job. "Like most jobs it has its stresses, but there's a buzz with news and producing it is a lot of fun. I like the team and I like the craft of visual storytelling; both the emotional and the intellectual sides of it. The audience needs to be able to trust that you're fair and balanced too – I think that integrity is really precious. I don't see a lesser place for journalism despite the efforts of Donald Trump and others to attack and discredit it. In New Zealand now there's a greater distrust of institutions, including media, but I'm confident that the truth comes out."

Away from the office John is a keen musician, playing guitar, banjo and ukulele, recently teaming up for regular jam sessions with local music guru Nick Roberts with their band The Hired Hand. As father of three busy kids his chauffeuring services are in hot demand ("they all want to go somewhere different") and he spends as much time in the weekend in the garden as he can manage, enjoying the chance to relax among the plants.

John says he and his family have fallen on their feet coming to Helensville. "It's an amazing community. The people are fantastic – open and honest and friendly. There's something very real about living here. We're very lucky."

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Helensville MP, Chris Penk to Open Sculpture Gardens 2019 Exhibition

Location: Kaipara Coast Sculpture Gardens,

Date: Saturday 9th December 2018

Time: 2.30 pm – 5.00 pm

Kaipara Coast Sculpture Gardens has evolved into an iconic local attraction and community facility over the 11 years since its inception by owners David and Geraldine Bayly.

The display of over 40 diverse and vibrant pieces by established and emerging New Zealand and International artists is completely renewed in November each year and Exhibition 2019 is to be opened by the recently elected local MP for Helensville, Chris Penk.

As Chris highlights;

"The bountiful beauty of Kaipara Coast Sculpture Gardens is known well beyond our area. For years its glorious outlook has been impressing visitors from around New Zealand and beyond.

As local MP for this piece of paradise, it's with huge pride that I'll be opening the 2019 display. I'm hoping that we'll be joined by many locals and other lovers of great flora, fauna and freshness.

Please do come and share in our enjoyment of this unique and ever-changing art landscape!

Chris follows in some fairly well known footsteps as John Key opened the exhibition event in 2009.

The 2019 exhibition has been produced by curator Shea O'Neill.

Artists have been encouraged to develop concepts which explore the Kaipara Coast Sculpture Gardens in the context of the surrounding Kaipara environment and address ideas of conservation through artworks which encourage visitors to engage, explore and interact with the local environment. November 2018

Mr. O'Neill says;

"Our approach to curating this exhibition has favoured simple, interactive, sculptural works which are responsive and encourage exploration. We have created a playful space where we hope people will feel comfortable to have fun and engage with the work."

Contributing artists for this years' exhibition include:

Glen Colechin; Rebecca Rose; Blair Logan; Christian Nicolson; Cinzah Merckens; Fiona Henderson; Jim Elliss; Jo May; Oriah Rapley; Sen McGlinn; Sonja van Kerkhoff; Yelz, Zoe Nash; Colin Wightman; John Mulholland; Kaukapakapa Venturers; Maggy Johnston; Mandy Cherry Joass; Karen Sewell; Larisse Hall; Simon Gray; Gaye Jurisich; Jan Simmons; Vaimoana Eves; Aaron Frater; Ema Frost; Component; Rustic Twist; Kerstin Hedström; Canny Creations; Louise Purvis; Richard Wedekind; Lipika Sen; Prabhjyot Majithia; Jeff Thompson and others.

Some of these will be available at the event to discuss their work.

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Venue History & Details:

The sculpture gardens, which opened in 2008, have been developed in conjunction with Kaipara Coast Plant Centre which has been owned and operated by David and Geraldine Bayly from this site since 1988. The Sculpture Trail is open to the public 364 days a year and features a 1km garden and forest trail showcasing more than 40 sculptures by emerging and established New Zealand and international artists.

The trail passes through a rural landscape with a mix of grassy slopes, ponds, wetland area, formal gardens, native bush, an orchard, pine planting and has views to the Kaipara Harbour.

Although very easy to walk along, the gravel pathway isn't suitable for wheel chairs or walking frames.

Opening event details:

The opening event on Sunday, December 9, 2018, will be a unique opportunity to be the first to experience the Kaipara Coast Sculpture Gardens Exhibition 2019 and celebrate its launch with the artists. Guests will enjoy a wonderful afternoon of live music and refreshments, guided tours of the gardens, and have the chance to meet the artists and team behind the exhibition.

Opening Event hours: 2.30 – 5.00pm, Sunday 9th December 2018.

November 2018 Kaipara Coast Sculpture Gardens

<http://www.kaiparacoast.co.nz/sculpturegardens.php>

Event Ticket Information

Adults - \$20, Children (5-13) - \$7.50 (under 5's are free)

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For more information please contact:

Shea O'Neill, shea@sideroom.com , 021 046 0676

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Why not shop local this Christmas?

The idea that we should shop local around Christmas time is not new, but it's a sure-fire winner. A place is more prosperous when local businesses are supported, and money spent stays in the community. We'd be lying if we said you can buy absolutely everything you want in Helensville, but once you've decided to buy local you'll be amazed at how much variety is on offer. And buying local is kinder to the environment and your pocket - think how much you'll save on petrol if you don't drive to a mall every time you think of something else you need. Win/win!

HUSK Macadamia Store & Eatery - A modern Eatery offering Macadamia based products for morning tea + lunch + afternoon teas. A wide variety of gourmet products, gifts and homewares are also stocked on Husk's Shelves. Locally Grown Macadamia Nuts, Olive Oil, Free Range Eggs and more ...



Riverside Art, Craft, Gifts - Gorgeous gift baskets made to order. Also Teacher Gift Baskets for the end of year. Come and see their Pop Up Shop on Saturday 8th December, War Memorial Hall Meeting Room, 9.30am - 1pm (The day of the Parade!)

The Healing Heart of Helensville - A new age gift shop with Reiki healers, Massage therapists and Herbal therapists. "We are here to help you with your health concerns. We have a lovely range of spiritually aware giftware including: incense, crystals, buddas, jewellery, clothing, books and tarot/oracle cards, I also offer Reiki, Shaman, Crystal Healing, Rife and Foot Spa-Detox therapies. Medium & Tarot Readings". Marie holds weekly Meditation meetings at the shop. "I understand that each client has different needs - that's why I am more than willing to serve unique requests". If you are searching for something that is not on their services list, just ask! "I am more than happy to help. Contact us today!"

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Copy and Print - Get out your 2018 photos and have Personalised Christmas Cards and 2019 Calendars made. Great and easy gifts for Christmas, or for mailing overseas



Dealing with feelings

by Chase King and Lara Middleton

Anxiety, depression and stress are constantly thrown around in our modern world. But what do they mean for young people?

The Rimu team at Helensville School have been inquiring into dealing with feelings. The mental health statistics in New Zealand are shocking so we need to learn how we can navigate our way through life.

There are many things you can do to help yourself and young people deal with their mental health in a healthy and positive way.

- Talk to someone you trust - a friend, parent, teacher (a problem shared is a problem halved)
- Exercise
- Have enough sleep
- Take time out to just relax
- Limit screen time

Emotions affect us all in different ways. When feeling angry try these simple steps:

- Talk to someone
- Go for a walk
- Try breathing exercises -with each breath blow your anger away
- Count backwards from 10, then do it again, and again

Is anxiety stopping you from living your life to the fullest? Try some of these things;

- Do sport that is calming enough to keep your mind focused on the sport, not what you're stressing over.
- Follow the 3-3-3 rule (look around you, name three things you see, three things you hear and, finally, move three parts of your body).

We found out that everyone's mental health is important and sometimes just 'sucking it up' isn't the right strategy. So talk to the young people in your life today, a simple chat could make all the difference.

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4 MENU

Burgers Menu (From 11am every day)

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Double Beef and Cheese	\$9.99
Chicken Tender Aioli	\$7.99
Vegetarian Burger	\$6.99
Chicken, Beef and Cheese	\$9.99
Add Regular Chips with burger for	\$1.99
Add Large Chips with burger for	\$2.99

Other options available - see full menu in-store.



Armistice Centenary

Able assisted by several Kaipara College students and members of the Helensville community, on Armistice Day Kaipara Memorial RSA held a moving tribute to the New Zealanders who served their country during World War I. After the ceremony, which marked to the minute the 100 years since the war ended, and which included a parade, prayers, songs, speeches, wreath laying and a minute's silence in memory of the fallen, people attending were invited to visit the RSA and the Museum.



"Flight-Sergeant E.G. Atkins of Devonport and Warrant Officer A.J. L over Normandy." (Photo from Papers Past, retrieved by Megan Pat)



Day: 11.11.2018 RSA



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LIONS CLUB of HELENSVILLE

Autumn Book Fair 2018

The Christmas Book Fair held last weekend raised \$8,342an increase on last year, and only slightly less than the one held in May. Together with the raffle and sausage sizzle we made over \$9,000 for the weekend, an excellent result. We trust that our customers are pleased with their books and have many hours of enjoyable reading.

Thank you to all those who donated books, without your contributions there would be no Book Fair.

The Club would also like to thank the Helensville community, putting together a book fair of this size is a huge task and would not be possible without the assistance we receive from you all. We especially appreciated the help we received from the students of Kaipara College, whose young arms made the job of unloading the more than 600 banana boxes on Friday afternoon a lot easier, and importantly the partners, friends and relatives of Club members who were present helping throughout the weekend. We also wish to thank members of the Rodney Local Board for their help, and the Kaipara Men's Trust for providing us with storage. Finally we must thank Copy & Print for having let us use their shop as the drop off point for many years, unfortunately they have moved to Huapai but fortunately for us Burmester Realty have offered to become the drop off point in Helensville for smaller lots.

All the funds raised will go into the Lions Club of Helensville Charitable Trust Account and will be used in our community to assist those members or organisations in need of support, as well as into community projects such as the Riverside Walkway and the exercise stations on the nearly completed Rautawhiri Park Fitness Track.

The books left over are re-sorted with damaged or unsaleable books going to the Helensville Recycle Centre. Other books are sold at the Lions book stall at the Kaukapakapa Market, which is held on the third Sunday of each month, and at other events run by the Lions Club of Helensville throughout the year.

The next Book Fair is our Autumn Book Fair, which will be held on the last weekend of May 2019, in the Helensville War Memorial Hall. As a service to the community the Helensville Lions will accept books throughout the year. Small amounts can be left at Burmester Realty's office, Commercial Road, Helensville, otherwise contact Chris at 09 420 8527 or any other member of the Lions Club of Helensville.



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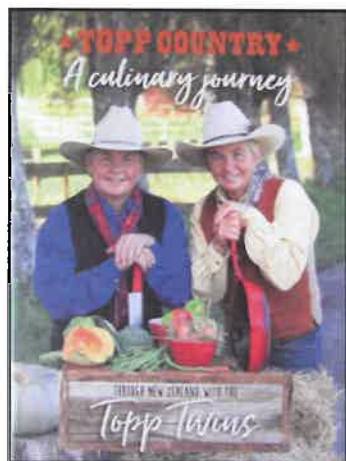
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Topp Country: a culinary journey through New Zealand with the Topp Twins

Text by Arani Cuthbert and Jools Topp
Published by Diva Books, Auckland, 2018
Reviewed by Helen Martin



Never let it be said that the Topp Twins are one-trick ponies. Just when you think they must have exhausted their range they do something new – this time producing a brilliant 260-page book based on their award-winning television series, Topp Country. The names of the many others who also contributed to the book's collaboration appear in the acknowledgements.

Why shower 'Topp Country: a culinary journey through New Zealand with the

Topp Twins' with such unequivocal praise? For a start, this is no cheap production. It feels substantial and looks beautiful, filled with gorgeous, well-designed images of the food, land and people Jools and Lynda showcased in the first two series. The Dames feature a lot too; alongside their hosts from around Aotearoa New Zealand as they help prepare and serve fabulous dishes fashioned from home-grown, home gathered produce; together in photos that go from their childhood to the present day; and in their comic roles as Ken and Ken, the Bowling Ladies, Camp Mother and Camp Leader.

There's never a dull moment. An incisive Foreword by Colin Hogg, who has known the Topps since their Grey Lynn days when "you could spot their place by the tractor parked outside",

clearly set-out recipes, background stories about the Topps and the Kiwis they meet along the way, snippets of supporting information and Ken's poems provide a rich and varied smorgasbord of content, presented in such a way that you can dip into the book or read it cover to cover. Rather than take a linear approach, the narrative appears in sections under the umbrella 'For the love of', with stories on food-specific topics like 'venison' and 'poultry' and themes such as 'decadence' (where crayfish and chocolate have their moment), 'spice' and 'garden'. While there's an underlying theme that promotes ethical food production, the tone is one of unmitigated pleasure. Without having to read a word, when you pick up this book you can see it's full of joy and laughter.

I bought my copy from Jools, who lives at South Head and was selling them from a stall at the Kaukapakapa Market. As she signed it, she chatted about her wonderful family, her horses, her enjoyment making the Topp Country programmes. What a bonus! The book is available in stores, including Helensville Paper Plus.

Pre-Christmas gig at Club Oasis

Taking advantage of Parakai's Club Oasis now being available for public gigs, singer/event manager Mzz West has booked covers band Massminnd to play there on **14 December, 8pm – 11pm (doors open 7pm)**.

With Levy Wenzlick on drums, the band includes Woodhill brothers Daniel, Ellaphon and Ben Porter and their cousin Gibs Harris. All successful individual artists, this will be Massmind's first professional gig as a band. Their playlist includes Soul, RnB, HipHop, Funk and Pop.

Venue: 147 Parkhurst Rd.

Entry: R18.

Tickets: buy online at eventfinder.co.nz (\$10), limited door sales (\$15).

Cash bar, Food and Thermal Pools available.



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Helensville Art Centre

Lights! Camera! Action!

Three-day film making course will cover it all; Camera operating, acting, directing, sound & editing. The course will culminate with the screening of the newly created film. Short filmmaker Hank Snell will facilitate the workshop. Hank has over twenty years experience in filmmaking and is great at pulling the ideas of the group into a finished piece. Kids between 8 and 14 years of age are invited to take part in this workshop, which runs January 30th-February 1st 10am-4pm. \$180 Participants need to arrive with ideas, costumes, props, musical instruments and anything else they can think of, as this will be a fast paced experience. Series of films made in just one day are currently screening in the Art Centre if you want a taster of what to expect...

This could be a great Christmas gift!

PRODUCTION SCHEDULE: DAY ONE Morning - Ideas/Pre

Production Afternoon - Scriptwriting, Shooting

DAY TWO Morning - Shooting Afternoon - Shooting, begin edit

DAY THREE Morning - Shooting and sound recording

Afternoon - Edit, wrap, presentation

Cash & Carry

This year's cash & carry exhibition will feature most works retailing at an affordable \$100 or less. As it is a cash & carry you'll need to be in early to grab your Christmas bargains. Exhibition opens 5pm Friday 30th November. All welcome! from December 1st - 22nd.

Annual Kids Art Show

Showing off our talented kids art at the Annual Kids Art Show. Be amazed by the work in this year's exhibition, running at the Helensville Art Centre from December 1st - 22nd.



Putting local health first - Te hua ora takahiri o auaaroa

Healthy Helensville

Our vision: The best possible health services for people in South Kaipara

Future of health in good hands

The latest recipient of the Helensville District Health Trust's scholarship for a graduating Kaipara College student has ambitions to one day be part of the Ministry of Health and improve mental and sexual health for young people.

Troy Broadley was awarded the \$2000 scholarship at Kaipara College's Senior Prizegiving.

The scholarship has been offered for the last six years and is open to any student going on to further their studies in health.

Health Trust spokesperson Susan Narbey says Troy stood out for having a very clear idea of his future career path and for having displayed a passion for health by his ongoing leadership and involvement in community throughout his years at Kaipara College.

Troy says "the financial support from

the Health Trust will minimise any financial barriers that might have delayed me in achieving my goals, so I'm thankful to the Trust for helping support my vision and for giving me the chance to take the next chapter in my life."

Troy is set to study at Victoria University in Wellington next year.



Kaipara College Head Boy and Helensville Health Trust Scholarship winner Troy Broadley with Head Girl Georgia Logan at senior prizegiving.

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Christmas hours

Te Whare Oranga ō Parakai will be closed from 21 December – 14 January.

Kaipara Medical Centre will be closed Sunday 23 – Wednesday 26 December and again Monday 31 December – Wednesday 2 January.

Outside of these periods, Kaipara Medical Centre will be open as usual.

If Kaipara Medical Centre is closed patients can call (09) 420 8400 and speak to a nurse who will direct them to the closest available GP practice at either Waimauku or Silverdale. The closest Accident and Emergency centre is Westgate Medical Centre.

Patients will need to check opening hours for these individual centres.

The Helensville Birthing Centre will remain open as usual.

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Curry Leaf celebrates 13 years in Helensville

by Helen Martin

Helensville's popular Curry Leaf Indian Restaurant, Takeaway and Delivery first opened its doors in November 2005.

In the 13 years owner/director/chef Max Bisht has been in business there have been a few ups and downs – the restaurant has been burgled four times this year, most recently in July, and making the premises more secure has been very expensive. But with strong sliding grills over the windows and door and a new CCTV system installed Max is confident he can now carry on his business in peace.



**Max Bisht, Curry Leaf
director, owner and chef.**

Max, who was born in a beautiful rural part of Utrakh and, Northern India, learned to cook 25 years ago in Mumbai. He worked as a chef for two years in Dubai before eventually coming to New Zealand in 1999 to join his brother Gulab, who was running Curry Leaf in Kumeu. He's confident that his restaurant, which has a large dine-in and takeaway menu, has enough variety to suit all tastes, including vegetarian and gluten free dishes and the choice of mild, medium, or hot, although he says butter chicken is the favourite for 85% of his customers. Lamb shanks are another very popular choice. Curry Leaf is fully licensed, you can B.Y.O. wine and year-round there's a 10% discount for parties of ten or more.

Listing the many positives about his business Max includes the great staff and the regular customers, many of whom have been patronising Curry Leaf since it opened. Max, his wife Manju, who also works at Curry Leaf, and their three children, all born in Helensville, live in Parakai. He says that as a country-born person he enjoys the community spirit and loves living in the area.

Opening hours: Lunch Wednesday – Saturday 11am – 2pm;

Dinner Tuesday – Sunday 4.30pm – 10pm.

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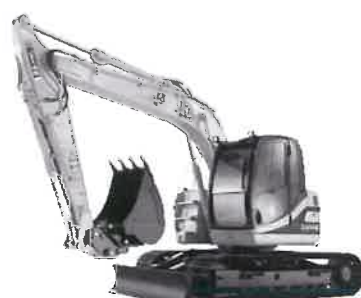
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Helensville Christmas Parade 8th December

9.30am Santa at RSA. Photos for \$5.

Bouncy castle, entertainment, ice cream, candy floss, face painting at Creek Lane (by toilets) Midday Parade starts from Railway Station, through town centre to Museum in Mill Road. 1.00pm Food, entertainment and Santa at Museum. Concert featuring Troy Kingi. Lolly scramble. Colouring Competition winners announced, prizes presented. 3.00pm kapahaka performance by Kahurangi Ki Kaipara

FREE BUSES TO CONCERT

After Christmas Parade from 1pm Ritchies will pick up along the way to Museum, starting from The Grand Hotel. Returning from Museum from 3.30pm. Just wave and bus will stop for you.

PARADE ENTRIES

Forms available from Library and CAB. Late entries will be accepted.

VOLUNTEERS NEEDED

For the Christmas Parade event to run smoothly (and legally), lots of volunteers are needed. A variety of tasks and time slots between 8am and 4pm. Even half an hour will be helpful. Younger people age 14 up - dress up as a clown or fairy and accompany Santa's sleigh, handing out lollies. Please register your availability at Helensville Library or Helensville CAB.

COMPETITIONS

Not too late to enter. Entries on the day will be accepted. Lots of entries received for the bike, trike and scooter decorating. Come on parents and seniors - come and decorate your baby carriage or mobility scooter. Join in the parade to show off your masterpiece. Entry forms at Library or CAB. Cash prizes.

GAZEBOS AND MARQUEES to borrow, needed for shade at Museum during concert. Please attach ownership ID and deliver to Museum by 9am on Parade day.

Contact Parade organiser: 021-488-427 chrisfest@gmail.com

COMMUNITY CHRISTMAS DINNER

It is happening! The Annual Christmas lunch will again be held at Helensville Primary School at midday on Christmas Day. All are welcome to enjoy the day with others in our community. All children 12 and under will receive a gift.

VOLUNTEERS needed Christmas Eve, Christmas Day and Boxing Day. Donations of food or cash very welcome. Phone 021488427 or email helchrisfest@gmail.com (Less work for volunteers due to major changes in food preparation.)

FOOD CONTAINERS NEEDED

Plastic containers with lids and thoroughly washed will help with distributing any food left over from the Christmas lunch. Please take to the Museum Monday to Friday 9am to midday, or 1.30pm to 3.00pm Saturday, Sunday. 500gram or 1 kg yoghurt containers, takeaway food containers, supermarket deli containers, ice cream containers.

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BRIDGESTONE TYRE CENTRE

December happenings at Helensville Library

Well, we're gearing up for another awesome year of our summer reading programme: *Kia Māia te Whai Dare to Explore*. This year, we're off voyaging! Where will our explorers' journeys take them?

Children between the ages of 5 and 14 can register from 26 November. The programme begins on 10 December. We have events planned for Tuesdays, Wednesdays, and Thursdays at 10.30am – all tied in with programme challenges. Events calendars will be available as part of the registration process.

On Friday 28 December, from 5pm until 6pm, we will be having a Pyjama Party! Explorers and their families are invited to wear their pyjamas, make reading forts (bring-your-own sheets / boxes) and share favourite stories. We're hoping the children will be able to mark off quite a few challenges that night.

As well as the fun events and activities around *Kia Māia te Whai Dare to Explore*, Santa will be in the house! He has a busy day planned. He will be visiting Parakai Kindergarten early in the morning, then off to Craigweil House, a visit to Sunny Days in the afternoon, before ending the day at Helensville Library. Santa Storytime at the Library will be at 3pm, with the chance to have your photos taken with Santa after storytime. The sad news is, we will be having a break from our regular preschool sessions over December and January, with the last session on Thursday 6 December. Sessions will restart in February. We will be looking at the timing and days of our sessions, based on attendance numbers this year. And we'll be looking at how we can make the sessions even better for all of us, both staff and attendees. We are very interested in hearing your feedback about our preschool sessions.

Christmas and New Year hours: Helensville Library will be closed just for the statutory holidays, and open regular hours otherwise (9.30am to 5pm Monday to Friday; 9.30am to 4pm Saturdays). We will be closed on:

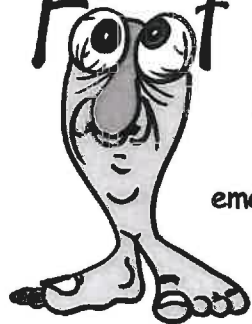
- Tuesday 25 December (Christmas Day)
- Wednesday 26 December (Boxing Day)
- Tuesday 1 January (New Year's Day)
- Wednesday 2 January (Day after New Year's Day)

Extended loan periods:

- From 24 November all 28 day loans become 42 day loans
- From 8 December all 14 day loans become 28 day loans
- From 5 January all 28 day loans go back to normal
- From 12 January all 14 day loans go back to normal

Anne Coppell
Senior Librarian, Children & Youth
Helensville Library

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Johannes (Hans) Van Duyn

(March 7, 1937 – November 2, 2018)

Johannes (Hans) Van Duyn and his twin brother Jan were born in The Hague, Netherlands. Growing up in WWII-occupied Holland they endured hardship, missing out on a normal childhood and education, and started working on fishing boats when they were 13. Hans married the love of his life, Gerda, in 1957. They were to celebrate their 61st wedding anniversary in late November.



Together Hans and Gerda Mum and Dad welcomed Diane, Hans Junior and Rene into the world. During this time Hans became the Netherlands judo middleweight champion. Keen to give his children the best childhood he could provide, Hans followed his friend John Houniet, whom he had met while doing his compulsory army service, and moved the family to New Zealand, arriving in November 1965. Hans often told his children that, after spending the first night in their new country at the Takapuna campground, he walked along Takapuna beach. The kids were paddling in the water and he looked across at Rangitoto Island said, "we're in paradise." That opinion of New Zealand never changed.

By working three jobs, in 1966, he purchased his first home in Takapuna. He then built an unpermitted top story on the house, where he set up a judo school. In 1966 he and Gerda added to the family by adopting 10-day-old Simon. In 1971 the family grew again to welcome Helen and in 1973 Lisa was adopted at age two, completing the family unit.

Hans continued to achieve in judo, becoming the NZ Heavyweight Champion and training others. One of his proudest moments was when he was the NZ flag bearer at the World Champs. Later he discovered there was money to be made in the construction industry and the judo school was closed to make way for the beginnings of Eurovision Housemovers, the family business that still runs today.

With Gerda by his side, Hans and his sons worked together and built up a thriving business. They eventually made the move to Helensville. Diane became the secretary and her husband Colin joined the company. Seeing a need for affordable housing in Helensville and Parakai, Hans defied the odds and the Council to move homes to the area, many of which are still there today. Hans became an energetic Helensville Borough Councillor in the early 1980s. He became well known in the Helensville community for his generous nature, donating the moving of the Helensville courthouse and museum buildings and donating the youth club building in Awaroa Rd to the community. He was honoured to be named a life member of the Helensville Historical Society. Through all of this, he remained dedicated to the family business, staying very involved well past retirement.

As immigrants, Gerda and Hans missed their families terribly, but soon their friends became like close family. After grandchildren started arriving from 1983 Hans became Poppa. After Gerda, his grandchildren and later his great grandchildren were the lights of his life. It was devastating when the family lost Simon in a car crash in 1984, but the tragedy brought everyone even closer together, as they are today.

At his funeral Hans was celebrated as a man who valued his family above all else and who instilled in them all a work ethic that has carried on through the generations. He was legendary in his generosity, helping people in their times of need and giving amazing opportunities to people who had never had any. A policeman once told a family member he was convinced Hans had saved his life by jumping into a violent attack and fighting off several men. He would fight passionately for his values and for others he believed weren't getting a fair deal - councils, cops, lawyers - and was never afraid to keep pushing forward in his efforts, despite the odds. He loved everything about New Zealand and his homes always had a flagpole to proudly fly the flag he loved.

The family wish to thank Te Waru Hill, who organised a beautiful karanga and feathered cloak for Hans, those who sent their love, condolences and support and everyone who attended the funeral.



BULLSEYE

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SHELLY BEACH TIDE CHART					
Date	High Water Shelly Beach			Sun Rise	Sun Set
December 2018					
1 Sat	0556	3.6	1827	0555	2024
2 Sun	0703	3.6	1931	0555	2025
3 Mon	0806	3.7	2031	0555	2026
4 Tue	0905	3.8	2127	0554	2027
5 Wed	0959	3.9	2218	0554	2028
6 Thu	1047	4.0	2304	0554	2028
7 Fri	1130	4.1	2346	0554	2029
8 Sat	1210	4.1	-	0554	2030
9 Sun	0025	3.9	1247	0554	2031
10 Mon	0101	3.9	1321	0554	2032
11 Tue	0135	3.8	1355	0555	2033
12 Wed	0210	3.7	1430	0555	2033
13 Thu	0247	3.6	1508	0555	2034
14 Fri	0329	3.4	1552	0555	2035
15 Sat	0418	3.4	1643	0555	0835
16 Sun	0515	3.3	1741	0556	2036
17 Mon	0617	3.3	1841	0556	2037
18 Tue	0720	3.4	1942	0556	2037
19 Wed	0823	3.5	2041	0557	2038
20 Thu	0922	3.7	2138	0557	2039
21 Fri	1016	4.0	2233	0558	2040
22 Sat	1107	4.1	2325	0558	2040
23 Sun	1156	4.3	-	0558	2040
24 Mon	0015	4.2	1243	0559	2040
25 Tue	0104	4.2	1330	0600	2041
26 Wed	0153	4.1	1418	0600	2041
27 Thu	0243	4.0	1508	0601	2042
28 Fri	0336	3.9	1601	0601	2042
29 Sat	0431	3.8	1657	0620	2042
30 Sun	0530	3.7	1757	0603	2042
31 Mon	0631	3.6	1858	0604	2043

Trade/Professional & Services List

Accountants	ECE Astute Accounting	420-7835
Accountants	UHY Haines Norton	420-7972
Agecare	Craigweil House	420-8277
Age Concern Rodney		09-426-0916
Acupuncture		
	Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211
Architects	Schulze Poursoltan Architects	420-8421
Beauty Therapy	Beauty Elixir	021-187-2661/420-9775
Birthing Centre	Commercial Road, Helensville	420-8747
Block & Bricklayers	Gary	027-339-9038/420-8380
Boats & Outboard Mtrs	Mike Stanton	0276-058-225
Budget Service	Francis	420-7740
Builder	Joel Mitchell	021-255-5875
Building Supplies	PlaceMakers	420-9150
CAB		420-7162
Cabins	Rodney - Just Cabins	0800-58-78-22
Carpet & Upholstery Cleaning	Curtis	027-200-5456
Chiropractor	Kaipara Chiropractic Healthcare	420-6224
Clothing	Zubu	83 Commercial Rd
Computer Repairs	Michael	021-251-4138/420-9307
Concreters	Brewis Concrete	021-992-590
Diggers	Helensville Diggers	021-454-793/420-7023
Dog Grooming	Christine	420-2706/021-521-303
Drainage	Helensville Drainage	021-657-276/420-9091
Driver	I Drive You - Jan Scott	Text 021-0256-3865/420-7283
Early Learning Centre	Gumboots	09-411-9038
Electrical	Kinetic Electrical	027-420-6545
Electrician	Koast to Koast Electrical	021-417-992
Engineering	BSC Engineering	027-277-4150
Engineering	Village Engineering	027-203-6870/420-3364
Excavators & Machinery	Complete Cartage Ltd	021-117-1570
Funeral Celebrant	Danielle Smith	021-612-546/420-3341
Gibstopping	Shaun Sainty	0274-731-755
Gift Baskets	Riverside Crafts - Sarah	0800-831-542
Gunsmith	John Hall	420-2837
Gym	Forge Fitness - Open 24/7	420-6303
Horse Cover Repairs	Cova Girls - Angela	0275-316-959
House Wash/Wblasting Washworx	Phone Stuart	027-804-9005
Hypnotherapy	Janice McMurdo	021-131-7308/420-7858
Ink and Toner	Huapao Copy and Print	09-412-8882
Insurance	Rodney Direct Insurance	022-363-2377
JP's	Greville Walker	02108-290-768/420-7173

Landscaping	Vision Landscapes	0274-817-478/420-8738
Lauguage Tuition	ABC Language	0274-904-321
Laundromat	Helensville Laundromat	420-6050
Lawyer	Blucher Law Limited	021-665-752/09-412-5624
Licence Endorsements	Wheels, Roller, Tracks	Paul 0272-477-948
Lions Club of Helensville	Pauline	420-6208, Chris 420-8527
Markets	Kaukapakapa Village Market	0274-831-542
Markets	Waitoki Village Market	Gill 420-3301
Mechanical Repairs	Helensville Mechanical Services	420-8177
Mechanical Repairs	McLeod Motors	420-8633
Motorcycle Repairs	Helensville Motorcycle Services	420-7754
Mower Repairs & Sales	Helensville Mowers	420-8569
Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
MP-Elect	Chris Penk	021-0230-6106
Osteopath	Osteopathic Natural Health	420-7867
Painters	Stroke of Genius - Keri	021-701-061
Panel Beater	Helensville Automotive	420-6050
Pet Food	Te Pua Garden Place - Avon Aspden	420-8383
Picture Framing	The Picture Framing Company	0800-372-633
Plant Centre	Kaipara Coast Plant Centre	420-5655
Plumbers	ATL Plumbing Ltd	0800-ATL-PLUMBING
Plumbers	KPL Ltd	420-9108
Podiatrist	Lynley McDonald	0274-828-683
Property Maintenance	Linda and Reid	0274-488-613/420-5521
Pumps	Mid West Pumps	420-7694
Real Estate	B&T - Doug & Kerry King	420-6090
Real Estate	Prestige - Jana Mills	021-509-990/420-9953
Restaurant/Takeaways	Curry Leaf Helensville	420-9989
Reiki Healers	The Healing Heart of Helensville	420-9098
Shower Installation		
	Guaranteed Shower Installations Ltd	0800-466-5327/420-8777
Stationery	Paper Plus Select	420-8646
Storage	JS Storage Helensville	420-9991
Takeaways	Kaipara Fresh Fish & Takeaway	420-7190
Takeaways	Parakai Four Square Cafe & Takeaway	420-8186
Takeaways	Parakai Pizza Hub	420-8732
Takeaways	Shark n Tatties	420-5062
Typesetting/Photocopying	Huapai Copy & Print	09-412-8882
Tyre Specialists	Bridgestone Helensville	420-7385
Venue Hire	Kaipara Memorial RSA	420-8888
Water Carrier	Water Wagon 1	0800 KKK H20
Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630
Your Local Business Book		yourlocalbusinessbook@gmail.com

