

The Helensville Community News

Issue 117 - August 2019

Helensville Museum needs our help

by Helen Martin

In July, a report in Stuff online and Nor-west News notified the public that Helensville Museum was closed for a month because its collection is endangered by a recent escalation of borer and other pests threatening the collection of artefacts in its four heritage buildings.

Given that the Museum's mission is "To promote, understand, and preserve the history and heritage of the district, and its intrinsic values" this was alarming news to those entrusted with the care of its thousands of precious taonga. As vice-president Leigh Bosch explains, "We are not the owners, we are the kaitiaki, the caretakers, and it's our job to look after the buildings and everything in them for the community. If we don't deal with this now, it's going to get worse." Committee member Robyn Stewart agrees. "As well as borer affecting timber objects, we're losing textiles to fabric moth and paper and photographic archives to silverfish. Most of our artefacts have been impacted."

Once the extent of the threat was realised, Leigh and Robyn moved quickly into action, beginning by researching best practice. Preservation of museum collections is a global issue and there is a wealth of online information on the topic. The material provided by London's Victoria and Albert Museum, for example, makes for very useful reading. They have also contacted several museums directly, including in England, America and Australia. "What we're up against is small fry compared to what they have to do," says Leigh.

The material of the artefact determines

its treatment. Robyn has been to Warkworth Museum to learn the correct way to store textiles and the buildings are being fumigated. Current thinking is that the old way of controlling borer using kerosene is not ideal, because, while it slows adults down, it doesn't penetrate through to the eggs. Freezing is the way to go. Hours spent on the phone looking for a refrigerated container resulted in Royal Wolf providing one at a much-needed 40% discount and Linton Ivceovich from Truck and Crane in Stewart Street, Helensville, offered to pick it up and return it free, a further big saving. Leigh and Robyn put together shelves for



New borer holes in the frame of this photo of founding settlers Isaac and Janet McLeod, held by Leigh Bosch, are an example of the problem.

the container and Dave Swale generously offered to house it in his yard over the road, putting down gravel to keep it clear of puddles. The container's position impacts the Kaipara Classic Car Club, whose 3-phase power is being used, and Rodney Meat Processors, whose space is also being encroached, but both businesses are happy to contribute.

Sound wooden artefacts and furniture are being packed in acid-free tissue and polythene, sealed with tape, then frozen in the container, with the temperature gradually reduced to -28 degrees. Objects already splitting must be treated individually by hand with a pesticide, as freezing would split them further. Because framed photographs can't be frozen, they also must be individually hand-treated. "It's a juggling act," says Robyn. "We trying to be environmentally friendly and take minimal risk with the pesticide while making sure the pests are killed."

Having seen the Stuff article, Auckland Museum's Collection Care Department sent professional conservationists Siren Deluxe and Georgia Miller to offer invaluable help in the form of both storage containers and advice. "Our job is preventive conservation of a collection of 4.5 million objects at Auckland Museum and we have a lot of experience in pest management and environmental control, all those factors that make things slowly degrade," Siren explained. "We can demonstrate ways to mitigate problems like borer, mould, silverfish and rodents, all of which are a problem here. We're going to help particularly with the textiles and monitoring."

Siren pointed out that, while the old buildings are difficult to control, the archive room is a real asset because it can be controlled. "She and Georgia told us we're doing everything right to bring the situation under control was. They've provided an ongoing Pest Management Plan for us and will continue to support us in any way they can," says Leigh.

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All correspondence should be legible and include writer's name and address.

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

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Helensville Museum needs our help

Continued from page 1

Ongoing support from Auckland Museum will be provided.

Textile experts Tracey Wedge and Mary Stevens came from Matakoho Kauri Museum to help remove fragile garments from mannequins and demonstrate how to best store and care for them. They also helped with correctly identifying and dating the garments. They will also be providing ongoing assistance where required.

“Due to advice from Matakoho and Auckland museums we are having to freeze a lot more than we had anticipated. We also have to give the museum a thorough scrub down - the bugs thrive on each other and, of course, we can't monitor new issues unless we are completely clean to start with. We're going to need people to help us clean,” Leigh explains.

It's a time-consuming business - wrapping a single desk takes half an hour- and Leigh and Robyn would dearly like more community help. Anything individuals or organisations can offer in terms of donations and/or support will be gratefully received. You can join the committee as a permanent or ex-officio committee member. You can donate through the givealittle page (<https://givealittle.co.nz/cause/help-save-helensville-museum>). If you want to help out (short-term or long-term) in any other way you can contact Leigh directly through the Helensville Museum Facebook page or through Leigh's museum email leighmuseum@xtra.co.nz.

After all, if the Helensville Museum tagline “Our past is our future” is to be believed, we all need to contribute in any way we can to make sure our taonga are preserved for future generations.

Operation Spring Clean Roadside Cleanup

South Head Road & Shelly Beach Rd

Saturday 28th September 2019

10AM - 12 NOON

Followed by a BBQ at Waioneke School
Can you help as a Team Leader OR be part
of a team? Please Contact Helen Frampton
PH 420-2628



What's happening this month



Friday, 2 August, Helensville Aglow 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop). Guest speaker will be Ps Tim Forlong from Magnify Church, Helensville. All welcome. Contact yvonne@hello.net.nz for more information.

Saturday, 10 August, Waitoki Village Market Day, It's all a BUZZZZZ at the next, 8.30 till noon Waitoki Hall, Kahikatea Flat Rd Honeybees and beekeeping, with 15 years' experience Kim is up with the play and happy to share, answering questions on bees, their welfare and food sources. She harvests in small lots so her honey keeps the unique flavours of season and site, she'll have some for sale at the market so you can taste our local bounty for yourselves. Linda Backhaus from Operation Christmas Child is coming to share in the "Joy of Giving" by explaining and showing how easy it is to bring joy to a child this coming Christmas season, by putting together a shoe box of small gifts to be sent to areas of poverty.

Come and meet her and other locals at the next Waitoki Market, chat, catch up with neighbours, find out what is going on in your community, get involved in a friendly, relaxed atmosphere, have a massage and pick up baked goods, plants, essential oils, locally crafted gifts, homemade and preloved bargains, Bric a Brac, preserves, and more at the. Support your community; proceeds from the Market go back to our local community. New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com, Next market 12 October

Thursday, 15 August, Helensville Citizens Advice Bureau Annual General Meeting, 10am – 11.30am, Kaipara Memorial RSA, 49 Commercial Road, Helensville – Guest Speaker Chris Penk. RSVP: helensville@cab.org.nz or phone 09 420 7162

Sunday, 18 August, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to preloved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Live music from duo The Roxelles, Free Face painting, Kids craft Table from 10am to 12pm. For more information, stallholder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

Sunday, 18 August, HISTORIC KAUKAPAKAPA LIBRARY 10am to 1pm. In the late 1880's the Kaukapakapa community needed a larger public hall, there being prior to this a combined school/library/hall building. Contention arose as to its location as the village had developed in two distinct portions - north and south Kaukapakapa. A compromise was reached and in 1890 a new hall was built on land donated by the Henley family, midway between the two areas. The bad news being this was extremely flood prone. Many years and many floods later, the Hall had fallen into disrepair and come to the attention of the Rodney Council, which recommended its closure. Once again the community rallied, and twenty years ago in 1999, both the hall and the library crossed the road to their present position at the heart of Kaukapakapa. It's now five years since the library was reopened in conjunction with the Kaukapakapa Village Market, every third Sunday of the month. Come along and find out more about the history of the hall, the library and all things Kaukapakapa. Contact Megan 021 959017, threehorses@xtra.co.nz

Sunday, 25 August, Helensville Show Winter Series, Baking Entries cost \$3 each and should be dropped off and entered at the showgrounds hall between 9am & 10am on the day of competition – Full details on PAGE or online www.helensvilleshow.co.nz.

Citizens Advice Bureau

Te Pou Whakawhirinaki o Te Awaroa



Citizens Advice Bureau Helensville invites you to attend this year's Annual General Meeting

DATE: Thursday 15th August 2019
TIME: 10:00am – 11:30am
VENUE: Kaipara Memorial RSA
 (49 Commercial Road, Helensville)
GUEST SPEAKER: Chris Penk

RSVP: helensville@cab.org.nz - (09) 420 7162

Kaipara College 60th year REUNION

Thursday 24 to Sunday 27 October 2019

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For Regular Events see page 15

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Focus on ...

Eleventh Hour Gifts

by Helen Martin

Since she opened the doors of Eleventh Hour Gifts in mid-June, Kim Ardin has been really pleased with the interest the community has shown in her boutique store, and with the positive feedback she's received about her stock.

Kim's a local, moving to Helensville when she was nine and attending Helensville Primary and Kaipara College. She now has children at Helensville Primary. For many years her working life was mainly as receptionist then administrator at G. J. Gardner Homes, where she honed her interest in interior design to the point that they now employ her on contract as a colour consultant.

Eleventh Hour came about when Kim, who had been looking to go out on her own for some time, grabbed the opportunity to lease a vacant shop at the north end of Helensville and set it up as a boutique (i.e. small and stylish) gift and clothing store. Despite its size, Eleventh Hour Gifts fills a gap in the local market, offering a wide range of quality products, including women's clothing, homeware, natural home fragrances and body products, eco home products, gourmet, New Zealand-made condiments and coffee and much more.

Kim is enjoying working in Helensville after travelling out of town to work for the past 20 years and loves meeting and talking with the locals, new and old. She also loves being available for her children after school, another benefit of working locally.

Because she is keen to give back something to her community, in July Kim began by donating 5% of her sales to the Helensville Women and Family Centre. In October her shop will host an artist during Arts in the Ville, and Kim plans ongoing community involvement.

Eleventh Hour Gifts has a Facebook page and there is a website in development. Opening hours: Tuesday 11am - 4pm; Wednesday, Thursday, Friday 10am - 5pm; Saturday. 11am - 3pm.



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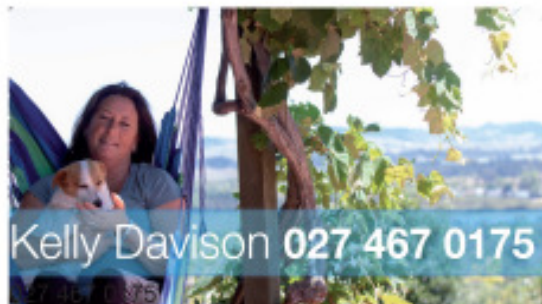


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PROFILE



Kerry and Doug King

by Helen Martin



Newcomers to Helensville will know Kerry and Doug King as Barfoot and Thompson real estate agents, but as Kerry was born here and Doug came when he was 13, people who have been in the district a long time will also know them as a couple who have been involved in a great variety of local activities over the years.

Kerry and three of her four brothers were born at Malolo House. Her mother Pauline and father Stan Ross were both from local railway families and lived in railway houses in Awaroa Road as children. As a couple, for 42 years Pauline and Stan owned the house in Awaroa Road Kerry and her brothers grew up in. Pauline, now 90, still lives in the road, although not in the same house. "Almost my whole life has been in Awaroa Road," Kerry says. "The first house Doug and I bought was there."

Kerry recalls a wonderful childhood, with plenty of neighbouring kids to play with and a close school friend Barb, who eventually became a much-loved sister-in-law after marrying Kerry's brother Greg. "Helensville had everything. As a family we went camping at Shelly Beach. We'd fish for eels in the Awaroa Creek, ride bikes and horses and hang out in the neighbourhood." When her brothers were out deer hunting, shooting and fishing, Kerry preferred being home with her mother. "I was never allowed to go duck shooting because the language wasn't 'suitable' for a young girl. I remember that feeding us all was always colossal - when Mum cooked ducks for us for dinner she'd cook six at a time, because the boys and Dad all had one each, and she and I would have half."

Kerry went to Helensville Primary and Kaipara College, played



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hockey, then played and coached netball for several years. Doug and Kerry got together in their early teens and have been together ever since. As teenagers they hung out at the Barbecue Milk-bar on the corner of Awaroa and Commercial Roads. "It had a jukebox, milkshakes - it was the happening place. There were basketball dances in the Oddfellows Hall. We did Scottish dancing and went to the movies at the local theatre on a Friday and Saturday night." Once there were children, as a family the Kings went fishing in their boat, played sport and took part in Cubs, Scouts and Venturers. Doug ran the projector at the local theatre for a few years when the kids were teenagers because he loves movies. Their sport of choice is now bowls, where they've had a lot of success as members of the Helensville Bowling Club Business House team.

At first, Kerry and Doug had separate jobs - she did a brief stint in a city typing pool, then switched to a job as receptionist in Helensville because she was homesick - "I'd see the Kaipara dairy truck and burst into tears. It took all my willpower not to knock on its door and say, 'take me home.'" The job she left when she was pregnant with their first child was at the BNZ, right next to her birthplace, Malolo house. Doug worked first as a mechanic at McLeod Motors, next became a railway mechanic, then bought a digger and did part time digging and trenching. They eventually began working together when, as parents of three college-aged children, they became owners of a chocolate factory, operating out of Oddfellows Hall. After 11 years there they sold the business and Doug went on to buy a stainless-steel manufacturing business, which he ran for a further 10 years

Working as a receptionist for a real estate company in Kaipara Court once the kids had grown up and left home gave Kerry the impetus to forge a career for herself as a real estate agent. She found the job interesting, not least because it's so varied, and studied for her professional papers. She began working at Barfoot and Thompson in Kumeu, then twelve years ago moved to the company's Helensville branch. Doug soon followed. For some time now, they have worked together, self-employed but under the Barfoot and Thompson umbrella.

With Pauline and Stan the original Ross settlers in Helensville, the Ross family are now into their fifth generation in the area. "My brothers and Doug and I all stayed in Helensville when we grew up because we didn't need to go anywhere else, we just loved being here," Kerry says. "I've grown up in this town and I know the lifestyle it's given us. I love young families coming into the town and, because I know it so well, as a real estate agent I can tell people about the schools and how bringing up a family here is so much easier than the city. It's the smallness of the community. You get to know the parents. I pick up the grandkids from school and can talk to the mums. A lot are girls who were friends with my kids and it's lovely to see they're still here and still part of Helensville. Doug would never go anywhere else either. It's given him everything he's wanted."

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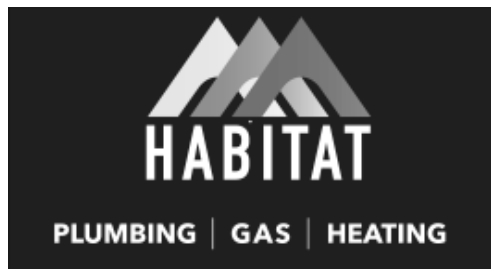
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The North West Country Business Awards were held on Tuesday 30th July at The Riverhead, the beautifully restored 150 year old tavern on the banks of the Rangitopuni Creek in the

upper reaches of Auckland Harbour.

The MC for the Awards Dinner evening was Michelle A'Court, the well known stand up comedian, and was attended by over 200 people.

This year there were eight categories and our congratulations go to all those businesses that were nominated, and/or were finalists in their fields. We are very lucky to have such amazing businesses and people in our area that are so community minded, supportive and passionate about what they do, which was evident this year's Awards!

The results of the 2019 Business Awards are as follows...

Contemporary Dining & Bistro

Highly commended: Hallertau Brewery & Beirgarten.

Highly commended: The Hunting Lodge

WINNER: The Riverhead

Family, Informal Dining & Takeaways

Highly commended: WOW Sushi

WINNER: The Beer Spot

Health & Beauty

Highly commended: Craigwell House

Highly commended: The Body Clinic

WINNER: Kumeu Dental

Manufacturing & Trade Services

Highly commended: Parakai Automotive 2016 Ltd

WINNER: NPD Maintenance

Not for Profit

Highly commended: Citizens Advice Bureau Helensville

WINNER: Helensville Women & Family Centre

Professional Services

Highly commended: Burmester Realty

Highly commended: Harcourts – The Difference.

WINNER: The Secret Garden Preschool

Recreation

Highly commended: KC Fit

WINNER: Tree Adventures

Retail

Highly commended: The Source Bulk Foods

WINNER: Stihl Shop Kumeu

Rural services

Highly commended: PGG Wrightson & Fruitfed Supplies
Helensville

WINNER: Country Meat Processors

The **Supreme Award winner** of the North West Business Awards 2019 is the **Helensville Women and Family Centre**



Auckland Youth Orchestra Concert Series 2019

by Helen Martin

Auckland Youth Orchestra (AYO), designed to bridge the gap between school and adult professional orchestras, is the premier regional youth orchestra in New Zealand and performs several concerts throughout the year. Once again, Helensville was very privileged to be a chosen venue for their 2019 Concert Series with a wonderful concert that took place in Helensville War Memorial Hall on June 29. The audience was treated to a fantastic evening of music that included a Richard Strauss Horn Concerto, with Henry Close as horn soloist, Mouquet's La Flute de Pan with Jacob Webster as flute soloist and Prokofiev's Symphony No.7. Information about AYO and its ongoing programme of concerts can be found on ayo.org.nz



Can you volunteer this Daffodil Day?

If you can spare some time on Friday 30 August or Saturday 31 August, please sign up here <http://ow.ly/68OP50uA7Rz> #DaffodilDay



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Up-healthing Your Porridge

Porridge for breakfast is such a staple in the cooler months and is a great healthy alternative to a lot of the high sugary processed cereals that are on the super market shelves.

So, if you are going to eat porridge, do you know there are a few tricks to make it even healthier?

Soaking

Soaking your oats overnight before cooking them can be beneficial as this helps breakdown the phytic acid (which is present in all grains, nuts, seeds, beans etc) and can be irritating to our gut. Just pour water over the oats and let them soak in it overnight, then just cook as usual in the morning, adding more water if necessary. Cooking in a saucepan on the stovetop is healthier than the microwave option.

Type of Oats

Going for plain oats is the best option. Avoiding oats that are flavoured is best, as these usually contain added sugar, flavours, additives and preservatives. Go for the plain oats (wholegrain and organic is best) and add your own flavourings.

Additions

This is where you can get creative. Add in:

- Nuts & seeds
- LSA (linseed, sunflower seeds, almonds all pre-ground up)
- Fruit (go for fresh instead of canned) – berries, banana, stewed apple
- Yoghurt or coconut yoghurt on top
- Buckwheat groats or quinoa flakes (added before cooking)
- Cinnamon or nutmeg

Enjoy!

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Innovations for Arts in the Ville 2019

by Helen Martin

You'll have noticed the yarn-bombed tree outside the Helensville library signalling another Labour Weekend Arts in the Ville. Word has it that the event is now so popular out-of-towners are coming here for the weekend of 26 – 28 October so they can take in as much of the festival as they can.

As well as the usual line-up of local artists (more on that in later HCN issues), this year's event will include much that's new. Venues used for the first time for artists to exhibit their work will include the Men's Centre, Eleventh Hour Gifts and St John's Op Shop.

The new craft collective at The Shoppe (down at the railway station) will have their work on show and Kaukapakapa steampunk artist John Cameron will be a popular drawcard, as will Amy Howatt, with her one-of-a-kind garments.

For their inaugural participation in Arts in the Ville the local floral art group plan to decorate the Catholic Church and the Masonic Hall.

While the Helensville Community Hall is a regular festival venue, this year it will be enlivened by more activities, including weaving, potting and sculpting.

Check out the latest at Arts in the Ville's Facebook page.



Le Cirque de la Vie strong man Max (pictured) is just one of the mixed media anthropomorphic sculptures Karen St John will be exhibiting at Eleventh Hour Gifts during the 2019 Arts in the Ville.

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Run the City for Hospice West Auckland



Come on Westies: Run, walk, hop or skip for Hospice West Auckland on the 20 October 2019 for the Auckland Marathon. Whatever it may be, do it your way and help us raise \$10,000 which ensures we are there with services when people feel totally lost about how to provide the care needed for their dying loved one.

There's something for everyone: The Family 5km, 11km Traverse or for those keen on more of a challenge, you can get involved in a half or full marathon.

One of our past Auckland Marathon runners says that Fundraising via the Auckland Marathon is a great way to raise funds for Hospice West Auckland.

"The more support Hospice West Auckland receive, the greater their impact. The essential and beautiful care the Hospice staff provide is an immense help at such a difficult time."

To kick-start this journey, you will need to:

1. Create a fundraising page via the Everyday Hero website <https://www.everydayhero.com/nz/>
2. Choose your distance
3. Search 'Team Hospice West' in the search bar at the top right corner of the webpage. Once you've found us, click 'join team.'

Come along on the day in some fun and quirky attire and remember that no matter the distance or the amount you raise; every step you take makes a difference.

For more information, please contact our Fundraising team on 09 834 9752 or via email telial@hwa.org.nz

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Helensville Art Centre

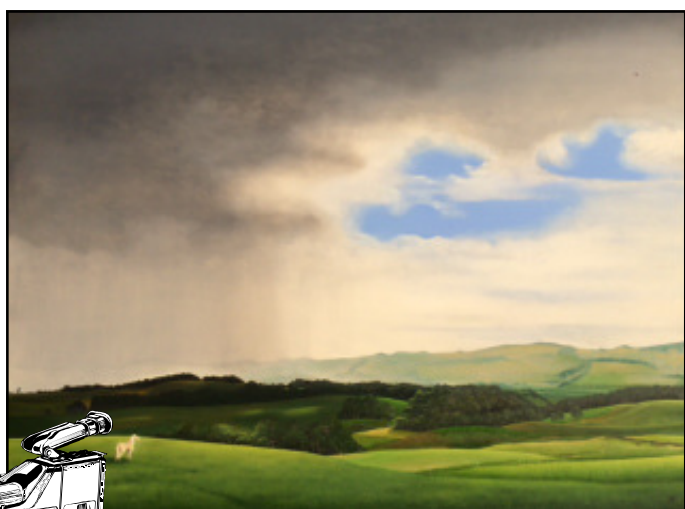
Good Grief Opening Fri 2nd August 6-8pm.

Invited Artists will be exhibiting artworks created specifically to express a personal loss.

This exhibition is designed to encourage community members to see the expression of grief as a natural and shared experience, especially in a world where we struggle to express ourselves.

We will be providing information about agencies and individuals that provide services to assist with grief processes including both narrative (talking) and art therapies. There is possibility of a creative workshop alongside the exhibition.

Contact the Manager, Heather Steadman, manager@artcentrehelensville.org.nz or 0211 533 593 for further information.



'Sun Chariot' by Anne Keane

One-Day Movie Making Workshop

Camera, Lights, Action! Sign up for this fast paced workshop where a movie is created in just one day and premiered the next evening. Participants need to bring ideas, props & costumes as brainstorming, acting and filming needs to take place over a short seven-hour period. 9.30-4.30 Saturday 24th August. \$60. The movie is premiered at 7pm Sunday 25th. All welcome to the premiere. Booking essential; Pauline 021 158 6859

coordinator@artcentrehelensville.org.nz or pop in with cash.

Garden Ceramics

2 part Workshop September 7th 10-2 creating, September 21st 10-12 glazing. Come and create some ceramics for your garden with experienced tutor Susan Browne. Just \$60 through Creative Communities Funding. Get in early to book your spot as these workshops are very popular. Call in with cash or contact Pauline 021 158 6859 coordinator@artcentrehelensville.org.nz



The Art Centre, Helensville, Basement to the rear of the War Memorial Hall, 49 Commercial Road.
Parking entrance on Porter Crescent
Open Tuesday-Friday 10.00am - 4.30pm,
Saturday 10.00am - 2.00pm



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Bee Keeping Workshop

Sunday 25th August (9.30am to 11.30am)

It's Apiculture NZ's "Bee Aware" month again this September so Kaipara Coast will be running the above event in support of this celebration of these amazing little creatures.

This event will give a great overview not only of the techniques employed to nurture bees but also what you can do in your gardens to enhance their health and wellbeing and therefore your gardens appearance.



Our guest presenter is Kim Kneijber who has worked with Bees for over 15 Years, is a life member of the Auckland Bee Keeping Club and has a long time association with APINZ.

Kim will cover facets associated with this fascinating subject including:

- Challenges facing the bee population
- Hive maintenance & positioning
- Equipment required
- Pros & cons of bee keeping
- Rules & compliance issues
- Safety considerations



There will also be a working hive on site plus the centre has now established a "Bee friendly" plant section.

If the "bug bites" (forgive the pun!) and you think it's something you would like to have a go at or you just want to find out more, we will be running a number of follow up sessions (including working with a hive) which will go into more detail so as to get you started properly – dates to be confirmed.

Booking is advised as this event is very popular and numbers are limited

We also have our cute little coffee shop on site plus of course the Plant Centre for you to browse through (including the new Bee friendly plant section).



Our knowledgeable and friendly staff will also be on hand to help with any garden related questions.

Venue location: 1481 Kaipara Coast Highway (SH16), 4km north of Kaukapakapa ~ Tickets: \$20 per person,
To Book: info@kaiparacoast.co.nz OR 09 420 5655.





Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Wednesday 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. \$4 includes a raffle, membership \$10 (covers the cost of trips) Play Bingo, Trips in warmer weather, shared lunch, Contact Joan 021 029 51753.

Combustion Youth: Friday, 7.30-9pm, Magnify, 118 Commercial Rd, Helensville. For young people, 13-18yrs. Contact Armand Claassens 021-077-5312.

Community Dinner – Whether you are new to the area or have been here for along time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

Diabetics & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Helensville Aglow, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome, Contact yvonne@hello.net.nz for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every first and third Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Ruatawhiti Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome or contact Pauline 420-6208.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact 420-8246.

Iconz 4 Girls 8-13yrs Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

Kumeu Friendship Club

Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Noah's Ark Playgroup - Playgroup for caregivers and for toddlers under 5. Meets every Wednesday during school term from 9:30-12pm at Magnify, 118 Commercial Rd, Helensville. Contact Kim Duncan 420-8911

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-8546

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201, Alwynne Wedgwood, alwynneoh35@gmail.com, 420-9984

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All Welcome, young or old.

Te Awaroa Residents & Ratepayers Assoc (TARRA), Helensville War Memorial Hall. Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A, The first meeting of the South Kaipara U3A will be at 10am on Tuesday 7 May in the Helensville Men and Family Centre Hall, 8 Awaroa Road, Helensville. For more info call Tony 420 9971 or 0274-486-436

SHELLY BEACH TIDE CHART

Date	High Water Shelly Beach			Sun Rise	Sun Set
August					
1 Thu	1038	4.1	2304	0720	1735
2 Fri	1128	4.2	2351	0719	1736
3 Sat	-	-	1216	0718	1737
4 Sun	0038	4.4	1303	0717	1738
5 Mon	0124	4.3	1351	0716	1739
6 Tue	0212	4.2	1439	0715	1739
7 Wed	0301	4.0	1530	0714	1740
8 Thu	0354	3.8	1626	0713	1741
9 Fri	0453	3.6	1728	0712	1742
10 Sat	0557	3.5	1836	0711	1743
11 Sun	0704	3.5	1942	0710	1743
12 Mon	0809	3.5	2041	0708	1744
13 Tue	0905	3.6	2131	0707	1745
14 Wed	0953	3.7	2214	0706	1746
15 Thu	1035	3.8	2252	0705	1747
16 Fri	1113	3.9	2327	0704	1747
17 Sat	1147	3.9	2359	0703	1748
18 Sun	-	-	1219	0701	1749
19 Mon	0030	4.0	1251	0700	1750
20 Tue	0102	3.9	1323	0659	1751
21 Wed	0137	3.8	1359	0658	1751
22 Thu	0215	3.7	1439	0656	1752
23 Fri	0228	3.6	1525	0655	1753
24 Sat	0348	3.5	1621	0654	1754
25 Sun	0448	3.4	1728	0652	1755
26 Mon	0557	3.4	1844	0651	1755
27 Tue	0713	3.5	1958	0650	1756
28 Wed	0826	3.7	2101	0648	1757
29 Thu	0928	4.0	2155	0647	1758
30 Fri	1021	4.2	2245	0645	1759
31 Sat	1110	4.3	2332	0644	1759
September					
1 Sun	1157	4.4	-	6.43	1800
2 Mon	0017	4.5	1242	0641	1801
3 Tue	0101	4.4	1326	0640	1802
4 Wed	0145	4.2	1411	0638	1803
5 Thu	0231	4.0	1458	0637	1803
6 Fri	0321	3.7	1552	0635	1804
7 Sat	0419	3.5	1656	0634	1805
8 Sun	0528	3.4	1809	0632	1806
9 Mon	0642	3.3	1919	0631	1807
10 Tue	0749	3.4	2018	0629	1807
11 Wed	0845	3.5	2108	0628	1808
12 Thu	0932	3.7	2150	0626	1809
13 Fri	1012	3.8	2227	0628	1810

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Art	Patiki Studio-Gallery Sat & Sun Mei Hill	021-037-9499
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Early Learning Centre	Gumboots	09-411-9038
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Markets	Waitoki Village Market	Gill 420-3301
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Plant Centre	Kaipara Coast Plant Centre	420-5655
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Real Estate	Prestige - Jana Mills	021-509-990/420-9953
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Generation Homes Shine n D'Ville

Kaipara Classic Car Club in association with the
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Sunday 24th November

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Prize giving at 1pm

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Prizes / trophies

(again do we specify or just say there will be trophies).

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Sunday 22nd September - 11am till 2pm

(Online registrations will be available September)

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