

# The Helensville Community News

Happy New Year  
Issue 122 - January 2020

## Helensville Museum progress

by Helen Martin

Totting up the wins and losses over the last couple of months, Helensville Museum is definitely on the plus side of the ledger.

Along with a generous donation from Kaipara Classic Car Club, the Museum was blessed with a fence fairy who quietly and anonymously repaired all the broken pickets. President Leigh Bosch and Vice President Robyn Stewart would love to thank the fence fairy in person, but the perpetrator of the good deed has yet to materialise.

A theft at the end of November saw items stolen when padlocks were cut on a storage container.

Police were notified at the time and Forensics attended the scene. While the act itself was upsetting, nothing of value was stored there and, on the upside, the theft had the effect of exposing the weak spots in the security system. Global Security came up with solutions whereby the shipping containers and tool sheds are now protected by the new, state-of-the-art alarm system, as is the rest of the site. When the thieves returned in December, this time breaking into the container, two sheds and the barn, the



**Leigh and Robyn with volunteers at the end-of-year thank-you morning tea.**

alarm system swung into action and the thieves scarpered, leaving behind crowbars, bolt cutters and a bag of loot.

The painstaking work on pest eradication

continues, with as many hours spent methodically researching solutions as are spent acting on expert advice received. Along with the material artefacts and historical documents, the buildings are also being given much-needed attention. In the annexe, for example, the pervasive musty smell was found to be caused by living black mould. Robyn has taken on the mammoth task of rebuilding the annexe, which involves treating and rebuilding it from the ground up with some help from Leigh and committee member Toni Walmsley, whose main focus is on preparing archival material for freezing.

"We're basically a team of three, with some very welcome help from other volunteers," says Leigh. "Every day there's something new and we're learning so much. We'll keep going through January and hopefully will be able to open Hedley House around February/March, then we'll do the courthouse, then the schoolhouse, then the Sunshine Block. This is our area's history, and once the stories are gone, they're gone, so whatever happens we're not giving up. We're setting it up to survive."

## Volunteering Super Stars



Volunteering is a great way to pay forward to the community. A big shout out to Kim and Sam McNamara who have been very busy in many ways volunteering in different roles in our community over the years. They have been busy sourcing raffle goodies and have placed their second lot of three Kaipara Coastguard Raffles in our community with a summer BBQ fundraiser soon to happen. You will also see them down at the beach handing out Coastguard information to those that are interested.

For the last year Kim and Sam have been volunteering for Westpac helicopter, a service that we need living in a rural environment. Sam and Kim were recognised by Westpac recently for their continued efforts. The pair also work in with the local fire station helping out with various events. Recently Sam was recognised by St John's for 200 hours volunteer hours. Kim is a medical responder for the local fire station. Thank you Kim and Sam for your efforts in our community.



## In this issue...

- Helensville Christmas Parade Results ~ Pg 2
- What's happening... ~ Pg 3
- Shine in D'Ville ~ Pg 4
- Profile - Heather Steadman ~ Pg 5&6
- Christmas Parade Photos ~ Pg 7&8
- DanceVille Dance ~ Pg 10
- Kaipara Coastguard ~ Pg 11
- End of an era for Ron ~ Pg 13
- Community Health Enthusiast ~ Pg 14
- Tide chart ~ Pg 15

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## Helensville Community News

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All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, [www.helensvillecommunitynews.co.nz](http://www.helensvillecommunitynews.co.nz), to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

Publishers: Huapai Copy & Print

## Helensville Christmas Parade Results



**Best in Parade:** Danceville

### Community Section:

- 1st Danceville
- 2nd St Joseph's Church
- 3rd St Johns Youth



### Business Section:

- 1st Craigweil House
- 2nd Healing Heart
- 3rd Love Flowers

### School Section:

- 1st Gumboots Early Learning Centre
- 2nd Kaukapakapa Primary
- 3rd Helensville Primary



### Bike, Trike and Scooter Decorating

#### Age 5 & under:

- 1st Henry Dale
- 2nd Andrew Gilberd
- 3rd Eli Harding

#### 6 to 9:

- 1st Eliza Gilberd
- 2nd Anika
- 3rd Sean

#### 10 to 13:

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## What's happening this month



**Saturday, 11 January, Chill in the Ville, Music Festival**, First band is on at 2pm at the Kaipara Tavern. Tickets now available at the Kaipara Tavern \$20 with \$2 going to local charity the Angel Fund.

**Sunday, 19 January, Kaukapakapa Village Market**, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Live music from Jessica on keyboard, Free Face painting. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

**Sunday, 19 January, Kaukapakapa Library**, 10am – 1pm, Join us in the library and find out more about the history of Kaukapakapa, old photos, old stories and more.

**Monday, 27 January, Auckland Anniversary Day**

**Term 1 Starts, between Monday 27 January and Friday 7 February**

**Sunday, 2 February, Rumble in the Jungle**, 1pm - 5pm, Kaipara Coast Sculpture Gardens, 1481 Kaipara Coast Highway, For one day only the Kaipara Coast Sculpture Gardens is stepping back in time to the halcyon days of the 1950's and 60's with a combination of local band Foxtail Rumble playing some of the old favourites from that era as well as a number of Classic Cars and Hot Rods being on display (courtesy of the Hibiscus Rodders club). If you want to bring along your classic vehicle we'd love to see you (and the driver gets free admission). Whilst light refreshments will be available you're more than welcome to bring along your own. You can also take a stroll through our gardens which contain over 40 marvellous new pieces displayed along the beautiful 1 Km nature trail (not suitable for walking frames or wheel chairs).

Tickets \$15 pp or \$35 for the whole family. info@kaiparacoast.co.nz or phone 09 420 5655.

**Thursday, 6 February, Waitangi Day**

**Saturday, 8 February, Waitoki Village Market Day**, 8.30 till noon, Waitoki Hall, Kahikatea Flat Rd. Want to know more about how to Felt come and talk to Lisa at the next Waitoki Market. She'll have wool for sale and felted accessories on display, and can tell you about the wool qualities of different sheep breeds and the difference they make to your felt project. Come and meet her and other locals at the next Waitoki Market, chat, catch up with neighbours, find out what is going on in your community, get involved in a friendly, relaxed atmosphere, have a massage, pick up baked goods, plants, essential oils, locally crafted gifts, homemade and preloved bargains, Bric a Brac, preserves, and more.

Support your community; proceeds from the Market go back to our local community. New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com Next market 11 April, 13 June



## Regular Events

**60 Plus**, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

**Al-Anon Family Groups** can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

**Circle of Friends**: Wednesday 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. \$4 includes a raffle, membership \$10 (covers the cost of trips) Play Bingo, Trips in warmer weather, shared lunch, Contact Joan 021 029 51753.

**Combustion Youth**: Friday, 7.30-9pm, Magnify, 118 Commercial Rd, Helensville. For young people, 13-18yrs. Contact Armand Claassens 021-077-5312.

**Community Dinner** – Whether you are new to the area or have been here for along time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

**Diabetics & Arthritis Group** - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

**Helensville Aglow**, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome, Contact yvonne@hello.net.nz for more information.

**Helensville Healing Rooms**, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every first and third Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

**Helensville Lions Club**, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Ruatawhiti Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome or contact Pauline 420-6208.

**Helensville River Valley Country Music Club** Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact 420-8246.

**Icenz 4 Girls 8-13yrs** Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

**Kumeu Friendship Club**

Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

**Noah's Ark Playgroup** - Playgroup for caregivers and for toddlers under 5. Meets every Wednesday during school term from 9:30-12pm at Magnify, 118 Commercial Rd, Helensville. Contact Kim Duncan 420-8911

**Peggy squares knitting group**, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-8546

**SeniorNet Kumeu Inc.**, Have you ever thought about joining



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## Shine in d' Ville, 2019



**Hamish Jackson, from Generation Homes, presents Museum President Leigh Bosch with a cheque for \$2000 outside KCCC club rooms. Generation Homes owner Peter Suckling (in sunglasses) is standing behind Hamish.**

Kaipara Classic Car Club's 2019 car show Shine in d' Ville held in the Helensville Museum grounds at the end of November was a huge success, attracting the largest crowd in its history. Helensville Museum President Leigh Bosch was delighted to be presented with a cheque for \$2000.



The club is very grateful to all the sponsors who support this popular event, including major sponsor *Generation Homes*. The other sponsors are: Auckland Oil Shop, Bullseye Windscreen Repair, Beer Spot Huapai, Bridgestone, Caltex, Cottle Motors CRC, Farmlands, Farmsource, Gull Helensville, Gull Kaukapakapa, Havoline, Helensville Fisheries, Helensville Glass, Helensville Plumbers, Kettle Corn, Kumeu Tyres, McFall Fuel, Millertime Timber Sales, Mitre 10, Mothers, Paul Williams, Paper Plus, Parakai Automotive, Parakai Springs, Penrite, Pinepac, Premier Panelbeaters, R & S Automotive, Repco, RYCO, Shark N Tatties, Stuff, Swale Earthmovers, Traffix.

**Pete Rauner, from Kaipara Classic Car Club, presents Hamish Jackson with a certificate thanking Generation Homes for their generous sponsorship.**

## Helensville Art Centre

### From the Manager's Desk

Temporary closure of the Art Centre. The Art Centre's final day is Saturday 21st December and we will be returning for our first exhibition Opening in 2020 on Friday 21st February at 6pm.

The extended closure is due to the redevelopment of the car park and storm water system as access will be limited. I'll be contactable from Wednesday 22nd January and Pauline from Tuesday 28th January.

Thanks to all our volunteers, the Board, members, artists, buyers and visitors to the Art Centre over the year. We are blessed with a community that celebrates creativity.

**Merry Xmas and a Happy New Year, have a safe and happy holiday season. Heather**

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## **PROFILE**

### Heather Steadman

by Helen Martin

Initially buying a bach at Shelly Beach Aotea in 2011, Heather Steadman moved permanently to South Head with her husband Chris and daughter Lily in 2016 and has already had a considerable impact on our local arts scene.




**Art Centre Manager Heather Steadman with paintings by Heidi Van Duyn**

After serving as a volunteer on the Art Centre Board she was appointed to the

position of Art Centre manager and exhibition curator in 2019. Last year she also started The Shoppe, an invited collective of artists and crafters, based at the railway station. Heather's work includes woven flax products including flowers, koha kete, and kono and waikawa baskets. She brings to her roles an enormous, positive energy and a wealth of life experience, much of it in the arts and community work.

Born in Maungawhau/Mt Eden and raised in Lynfield, near the shores of the Manukau Harbour, Heather was the youngest of four daughters. At 17 she left Lynfield College to work in the accounts department at Radio I. From there, she travelled widely and has embraced many roles. Her love of the sea was strengthened when she moved to Waiheke Island in the late 70's, lived off the ocean, with fishing and diving for kaimoana her main food source, and had her first encounters with sailing, hippies and house truckers. Living in Perth, Western Australia, Heather began keeler yacht racing at the East Fremantle Yacht Club, becoming a sought-after mainsheet hand. After selling her house, she moved to a liveaboard community in Challenger Harbour Fremantle. Despite almost dying in a white-water kayaking incident, she gained the maritime qualification Coxswain, followed by Master Class V, worked in the inshore maritime industry with TAFE (education), then did tall ship sail training on the Leeuwin, a sail training ship similar to the Spirit of NZ. Returning to Aotearoa in 2000, she first volunteered then gained employment at the National Maritime Museum, where she was skipper and voluntary crew coordinator of the replica scow Ted Ashby. She held a position on the first Trust tasked with the restoration of the scow Jane Gifford and skippered her across the Manukau. Other maritime roles included

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running freight to Great Barrier Island with Stella Shipping and the physically demanding job of working as 1st/2nd Mate on Spirit of Adventure.

Alongside her maritime adventures, Heather has had years of experience working with community organisations. In her first Not for Profit role she ran the Waiheke Community Crèche. In Singapore she discovered the richness of multiculturalism, volunteering at a Buddhist Monastery home for the aged, where she taught handcrafts, including macramé. She also volunteered at a refugee camp for Vietnamese boat people, teaching children the basics of the English language. In Perth she worked in the disability community access field for Activ Foundation and in a youthwork arena service with street kids, advocating and organizing bush camps. Somewhere in the mix she spent three months in Meekathara, where she worked voluntarily in the Aboriginal community alongside the community health nurse and as the Meals on Wheels coordinator, a position she gained on her third day in town.

Heather has never been far from the arts. In Fremantle she surrounded herself with art, theatre, music and dance, for example working for renowned potter Joan Campbell in her gallery and assisting in her workspace. At WINTEC in Waikato Heather gained a certificate in Te Aho Tapu – the Sacred Thread, after studying traditional flax weaving (raranga) practices. She then initiated a monthly art market in Laingholm and was appointed to the position of Coordinator at the Titirangi Community Arts Council “Upstairs Gallery” in Lopdell House. After two and a half years she left to have her daughter Lily, whom she calls her “greatest creation”. More study followed, and while living in Te Atatu Peninsula Heather finished qualifications in Not for Profit Management (GradDip) and Social Practice/Community Development (PostGradDip). She ran Mainly Music, a playgroup and a coffee group with other parents and ran Our Amazing Place Treasure Hunts as a volunteer. She undertook contract work in the community development organisation Violence Free Waitakere. Following this she worked for Plunket as a Pepe coordinator facilitating parenting education, then for Cherish Trust (Post Natal Distress Network) as a peer support group facilitator.

All this experience makes Heather an excellent fit for her current Art Centre role. To realise the Art Kaipara vision “to build capacity through enhancing the social and cultural wellbeing of people in the community through inclusivity and participation in the creative arts”, for example, she is planning to expand the educational program to include regular classes and interest groups.

After moving to South Head Heather has been engaged with Lily’s school as a parent helper with the usual transporting, tree planting, camp attending and helping at events and has played at markets in a duo, Pheather, with school bus driver Peter Borthwick. “Living here there are a few things I don’t like -dust season on the gravel roads, lack of access to a really good long bush walk, idiots on the cutout to the beach on Wilson Road and at the Prawn Farm leaving their rubbish – but a lot that I do. It’s great to be spoiled for choice - Woodhill Forest for the off-road motorbike park, Parakai pools, Lake Rototoa for a cool dip in summer and Te Rau Puriri regional park for a hike to the beach and a night walk listening for bats. School camps at Highams Beach and Muriwai. Family events at Shelly Beach with its café and environmental improvements. South Kaipara Landcare looking after the environment and the SKRRA (ratepayers association) looking after roading issues. The Kewpie Two river excursions, Arts in the Ville, the Kaipara Coast Sculpture Trail, Mataia Homestead walks and kiwi on the land there. I also like the wide-open spaces, the sky at night and the ever-changing views of the harbour.”

## Chris Penk MP for Helensville

365 Main Road, Huapai  
09 412 2496  
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**Sunday 19th January**

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**8.30am – 1pm**

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# BEAUTY ELIXIR

Helensville with Maria Schofield

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# Helensville Christmas





# Christmas Parade 2019

Photo Credit: Stellanova Photography



## The future of our Christmas Parade

A huge thank you to all who turned out as volunteers to facilitate the biggest and best parade ever proceeding. A number of floats evidenced time, imagination and effort contributed, with the overall standard much improved against earlier years. The business community was lacking in representation, something to work on for next year?

Whilst there is significant interest in participating in the parade, and the spectator crowd was greater than last year, the reluctance of the community to volunteer remains a problem. We were again short of necessary numbers, straining the capacity of a dedicated few. Additional to a core group of leaders, we need at least 70 volunteers including 30 marshals. Those who take leading roles year after year are getting older (we lost 2 key people from the parade start area less than a week before the event, due to ill health). Fit younger people are desperately needed to learn and commit to key roles.

For 2020 volunteer registration will be available from early September. If the required numbers are not in place by end October, there will be no parade.  
Time to step up Helensville!

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# **WATER** *Wagon 1*



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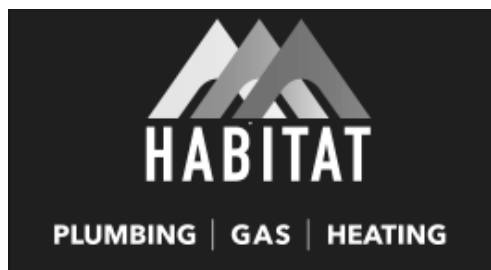
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## **DanceVille Dance for Craigweil**



*Sunday, December 15 saw Ballerinas and Jazz dancers entertain the residents in the gardens at Craigweil House in Parakai*



*Then onto the Kaukapakapa Markets*

## **SAVED BY THE PENK!**

Helensville's Commercial Road was to be subjected to a 9am to 5pm planned power outage on 17th December! A week before Christmas! No ATM's. Pharmacy holding refrigerated vaccines.

Vector were simply intransigent, completely failing to register any concern. Mountainside FM broadcast messages critical of Vector over their unacceptable plan, to no avail.

In desperation our MP Chris Penk was called to action. Within a day Vector advised the earlier notification was an error (!!!), and that generation would be provided, with just one hour outages at 6.30am and 5.30pm.

So Christmas business in Helensville survives, with Penk bells on.

Did any of the affected businesses contact their local BID representatives? Did the BID manager even know about it? Where is our advocacy?

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# Greetings from Kaipara Coastguard,

It is a busy time of year for us, so here are some tips to help keep you safe.

Let someone responsible know where you are going, when to expect you back and, when to call the police if you are overdue. Tell that responsible person details like the number of people on board, your boat name, type, colour and a radio call sign. Remember to take two forms of communication that is waterproof or in a waterproof bag. Each person needs to have a life jacket on.

Our crew have been busy in the water training hard. We train every Tuesday night from 7pm to increase our skill level. When training on the water we make scenarios as real as possible so we understand what we need to do when a real emergency situation is unfolding.

We are busy making plans and fundraising for our new Coastguard building. This new building will comfortably fit our boats, equipment and give us a training room. The new building will also be near the water at the end of Springs Road in Parakai.

If you are interested in finding out more, joining our crew or helping fundraise check out our website [coastguardkaipara.org.nz/support-us](http://coastguardkaipara.org.nz/support-us)

## Kaukapakapa Village Market Celebrates 10 Years

by Sarah Legg

Ten years ago In December 2009 I took over the running of the Kaukapakapa Village Market with Kim – who later had to pull out as she moved out of the area. I had a nostalgic look back at that first market - we had 20 stall holders and it rained!

Lisa Clapperton of Waitoki Plants was one of those stall holders and she is still coming along each month with her locally grown native plants and trees. Our second longest standing stall holder who also attends each month is Kathleen Fabian who joined in 2010 with her antiques and collectibles.

Ten years on and our market family has grown significantly and with the continued support from stall holders and the local community and public who attend each month - regardless of the weather – and the long suffering husband who helps me with the set up on the morning, our market continues to thrive.

So I would like to say a big thank you to all who support the market and including the friends and helpers I call upon when needed, the musicians, entertainers and face painters that add that little extra, the stall holders who regularly turn up each month and all our customers. We have a lot of fun each month and we're looking forward to another great year.

Have I got another 10 years in me? We shall see.....

## Come along and support your local musicians

The Chill in the Ville music festival is returning on Saturday January 11th at the Kaipara Tavern garden bar in what's shaping up to be a great afternoon and night of entertainment with 4 bands and 2 DJ'S. Helensville's favourite band The Recipe will be headlining with support from ex Kaipara College band Old Mate and the M8s.

New Zealand rock legend Jimmy Christmas of D4 fame will be belting out some hits in a typical high octane set, and the Hired Hand will be warming up the crowd earlier in the afternoon.

Leading UK garage house DJ Kris PERCIVAL will spin some uplifting tracks during his set, with popular local DJ PRIOR also sure to impress with his easy listening vibe.

There will be a food truck on site and tickets are now available from the Kaipara Tavern for just \$20 with \$2 going to local charity the Angel Fund.

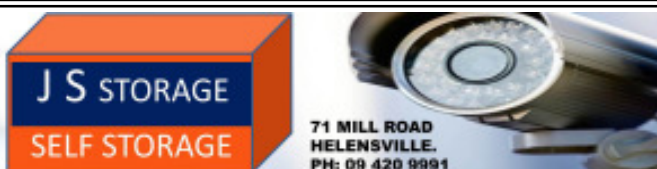
Come along and support your local musicians in what is promising to be a huge afternoon and night of music.

First band is on at 2pm.

## The Little Library that could

Sunday 19th January 2020. 10am to 1pm.

Since the reopening of the Kaukapakapa Library in 2014, we have been the fortunate recipients of much information on Kaukapakapa's past. History on the Hotel, the school, the Hall, St. Cuthbert's and All Saint's churches, along with all the Library's original records. We have Wyn Jordan's "Historical Records of Kaukapakapa" and the fantastic Jordan Collection of early photographs. Photos of most of the servicemen and woman, (yes, singular), on our WW1 and WW11 memorials, and a lot more stuff. So, if you're looking for something try us, we may not have all the answers but we will do our best to point you in the right direction. Library open in conjunction with the Kaukapakapa Village Market. For more info contact Megan 021 959017, [threehorses@xtra.co.nz](mailto:threehorses@xtra.co.nz)



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## Visits to Helensville gardens

by Helen Martin



**Hibiscus Coast Garden Club members enjoying morning tea on gardener Bron Smith's deck.**

Given that South Kaipara boasts so many different and varied gardens it's great to see them attracting outside interest.

A summer trip to Helensville of the Hibiscus Coast Garden Club on a gloriously sunny day began with a visit to the Railway Museum, where museum volunteers entertained the group with stories about the place and its history.

The first garden they visited was Bron Smith's. "I told the organiser, Marion McCracken, that Ruth's Gardens is really just a working vegetable patch, but she said they go to all sorts of gardens and they were keen to come," says Bron. As well as providing her 48 guests with morning tea ("I put my catering hat on") Bron, who has run microgreen growing workshops but for whom this visit from the public was a first, gave a formal talk explaining her permaculture, organic and biodiversity principles then walked round her three-acre Manuka Grove garden with the guests, showing them her trees, beehives and edible plants and answering their many questions. "It was quite delightful. I think I take for granted how beautiful it is where we live and lots of them were very keen to chat to me."

After spending an hour and a half at Bron's the garden club visitors were bussed to the Rogan Ave home of Raywin and Wayne Cruikshank for lunch. Greenlaw Bed and Breakfast, named after a Cruikshank family property in England, has a beautiful cottage garden on its acre of land, and the owners enjoy sharing it with the public. "When we came here 30 years ago, we chopped out the only two trees that were here and then I proceeded to plant the garden out," says Raywin. "Then about 10 years ago we set up as a B and B. People come because they love the peace and quiet and listening to the birds." After lunching at Greenlaw, wandering around the garden and admiring Raywin's paintings, the group got back on the bus for their last stop, the Mahoenui gardens in Coatesville.

Raywin describes the experience of opening up her garden to the public as a real pleasure. "It's lovely to share what you do because there's a common interest. In a humble way, it's knowing people enjoy it as much as I do."



# End of an era for Ron

by Helen Martin

After 13 years volunteering as a maintenance man at Helensville Museum, Ron Isles is hanging up his hammer and saw and looking forward to new projects.

Ron, a retired builder, now 85 years old, moved to Helensville from Waitakere with his wife Alice when he was around 70 and soon found his way to the Helensville Museum. "I've always been a collector, for example my milk bottle collection started when my dad used to work for the Ambury's co-operative in Epsom, so when Glenyss Blackshaw put an advert in the newspaper for museum volunteers I wandered in and said I was interested in gardening. When she found out I was a builder I didn't get to do any gardening. I started by building eight outdoor seats, which are still in use, and replaced a balustrade."



**Ron Isles stands on the steps of Ron's Shed, named after him to honour his 13 years of volunteer maintenance work.**

For the past 13 years Ron has spent two days a week at the Museum, helping with maintenance of the buildings and the growing machinery collection. "We gathered such a good collection of machinery we had a shed built and we filled it up in no time - small stuff like lights and old kerosene lanterns. We had to make a new room in the back of the courthouse, so we split that into three pieces and built a post office in front. For a two-year period, I had a gang of PD boys helping and they were very good." Ron remembers the time when the PD workers helped move around 30 metres of tarseal off the road. "We diverted three big truckloads from the dump and spread it on the drive. At the time there were three volunteers, Robin and Tom and me. All the tar melted in the sun till it was a solid blob of tarseal, so I stood at the top of the heap, broke it up and pushed it down the side and the others raked it onto the concrete path. It was a big job."

With more time on his hands, Ron now plans to make up a kitset a model of the Endeavour, a job he reckons will take him about two years. "This will be my second model boat. I built one about 20 years ago and it took me about three years."

Ron says he has thoroughly enjoyed his time volunteering at the Museum and he wishes all those involved the best of luck with the improvements being made.


To thank Ron for his years of selfless service the Museum committee have named a shed in his honour.

## The Lions Roar

Helensville Lions would like to wish you all a very MERRY CHRISTMAS and a safe and HAPPY NEW YEAR.

We thank you for supporting our projects and look forward to serving you, the Community of Helensville and Parakai in 2020.





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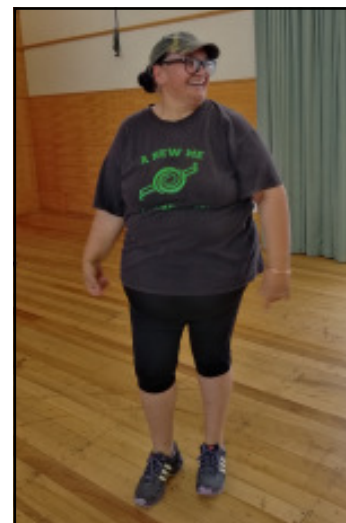
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# Levia Aukino-uruamo (Te Taoû, Ngâti Whâtua): community health enthusiast

by Helen Martin

Born to a Māori mother and a Cook Island father, Levia Aukino-uruamo loves working with others to help them live healthier lives. Until she was nine, she lived on Māori-owned whenua at Reweti, one of five marae in South Kaipara, then moved between Reweti and her father's Massey home until she moved in with Edward Uruamo at 21, eventually marrying him and raising four children together. Steeped in both the cultures of her birth, she learned tikanga on the marae, te reo at Rutherford College and Cook Island Māori from her



**Levia's energy and generosity characterise her community health work**

grandparents. Levia has always worked closely with communities. Her first job was as a cadet for the government department looking after Māori and Pacific Island apprentices, after which she was an administrator for Training Opportunities Scheme (TOPS) courses for seven years. As a young woman she was a trustee on the Reweti marae Board but is now on the marae committee because "working at that level is more real for me." When the children were young, she ran holiday programmes at Reweti Marae and organised a monthly market day to encourage whakawhanaungatanga.

As well as DJ-ing with Ed at private gigs, she teaches te reo at Woodhill, her former primary school, and helps Edward with the complicated business of a family land claim. She has also been involved in developing community health programmes for several years. "In 2003, while we were living at Woodhill, I used to walk with my cousins and one day when we were talking about what could make us better mums we decided it was about looking after yourself, that your own health and well-being should be your top priority." From there, with help from Te Hā Oranga, a Ngāti Whātua organisation providing health and wellbeing services, she developed her first health programme, a weight loss challenge. "We ran it at Reweti marae with aerobics, healthy-cooking classes, walking circuits, table tennis and basketball and about 50 people came. It worked really well - a lot of my aunts found out things about their health they didn't know." Eventually Levia was employed by the professionals' healthcare cooperative ProCare

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to continue her whanau health and well-being programme, Tokū Oranga PaiWhanau Ora (A New Me). This contract ended after seven years but, having seen so many successes from the work, she continues with her inspirational programme, basing it around Helensville.

After a time away from the market she and Edward have returned to run it, putting a lot of energy into the monthly community event, providing music and dance as well as a vibrant sense of community. Levia visits local marae to help out with their hākinakina (sports). She leads a hikoi (walking group) three times a week and, as someone brought up on Cook Island dancing, has turned her love of dancing into a brilliant exercise practice that benefits many. As well as taking her boom box and her enthusiasm around marae and local events, getting people on their feet and moving, she runs regular weekly classes. She calls her popular day class 'groovy line dancing' although following choreographed patterns of steps to music is as close as it gets to the country and western dancing of that name. It's great exercise, great fun and the atmosphere is invariably accepting - anyone who attends is warmly welcomed and encouraged to keep going and keep smiling. The evening class, kanikani (pamper) is broader, with some line dancing but also a lot of pampering, with facials made from natural products, foot spas and healthy smoothies. "I'm keen on bringing families together and health is my priority," says Levia. "If exercise isn't fun it won't be long term. It's about doing things together and being able to share. We all need to look after ourselves."



**The line dancing class is a highlight of the week for many locals**

### SHELLY BEACH TIDE CHART

| Date         | High Water Shelly Beach | Sun Rise | Sun Set |
|--------------|-------------------------|----------|---------|
| January 2020 |                         |          |         |
| 1 Wed        | 0309 3.6 1527           | 0604     | 2043    |
| 2 Thu        | 0351 3.5 1610           | 0605     | 2043    |
| 3 Fri        | 0438 3.4 1659           | 0606     | 2043    |
| 4 Sat        | 0532 3.3 1754           | 0606     | 2043    |
| 5 Sun        | 0632 3.3 1852           | 0607     | 2043    |
| 6 Mon        | 0735 3.3 1952           | 0608     | 2043    |
| 7 Tue        | 0838 3.5 2052           | 0609     | 2043    |
| 8 Wed        | 0936 3.6 2150           | 0610     | 2043    |
| 9 Thu        | 1028 3.8 2243           | 0611     | 2043    |
| 10 Fri       | 1116 4.0 2243           | 0612     | 2043    |
| 11 Sat       | 1202 4.2 -              | 0613     | 2043    |
| 12 Sun       | 0021 4.1 1246           | 0614     | 2043    |
| 13 Mon       | 0107 4.1 1416           | 0615     | 2042    |
| 14 Tue       | 0154 4.1 1416           | 0616     | 2042    |
| 15 Wed       | 0241 4.0 1503           | 0617     | 2042    |
| 16 Thu       | 0330 3.9 1553           | 0618     | 2042    |
| 17 Fri       | 0422 3.8 1646           | 0619     | 2041    |
| 18 Sat       | 0518 3.7 1744           | 0620     | 2041    |
| 19 Sun       | 0619 3.6 1846           | 0621     | 2040    |
| 20 Mon       | 0726 3.6 1953           | 0622     | 2040    |
| 21 Tue       | 0834 3.6 2100           | 0620     | 2039    |
| 22 Wed       | 0938 3.8 2201           | 0624     | 2039    |
| 23 Thu       | 1033 3.9 2254           | 0625     | 2038    |
| 24 Fri       | 1120 4.0 2341           | 0626     | 2038    |
| 25 Sat       | 1203 4.1 -              | 0627     | 2037    |
| 26 Sun       | 0022 3.9 1241           | 0628     | 2037    |
| 27 Mon       | 0059 3.9 1315           | 0630     | 2036    |
| 28 Tue       | 0134 3.8 1348           | 0631     | 2035    |
| 29 Wed       | 0207 3.8 1420           | 0632     | 2035    |
| 30 Thu       | 0240 3.7 1454           | 0633     | 2034    |
| 31 Fri       | 0315 3.6 1531           | 0634     | 2033    |



**Christine and Ernie Smith, who have lived on their Wishart Rd property for over 40 years, take much pleasure in their annual rivalry to produce the winning 'heaviest pumpkin' at the Helensville and Kumeu A&P Shows.**

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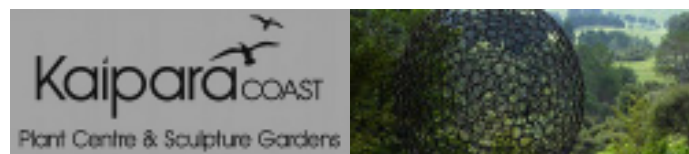
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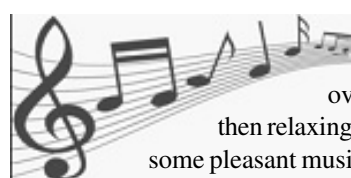
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|----------------------------------|----------------------------------|----------------------------|
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| <b>Real Estate</b>               | B&T - Rene Vos                   | 027-275-4321               |
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| <b>Windscreen Repairs</b>        | Bullseye Windscreen Repairs      | 027-605-4630               |
| <b>Your Local Business Book</b>  | yourlocalbusinessbook@gmail.com  |                            |



## January 2020 Sunday Music in the Gardens January 12th, 19th & 26th – 12.30pm to 3.30pm



Does spending a Sunday afternoon strolling along our idyllic Sculpture Trail overlooking Kaipara Harbour and then relaxing, maybe with a picnic, listening to some pleasant music sound like a great way to spend a summer Sunday?

If so, put these dates into your calendar, as we will once again be hosting our Sunday afternoon *Music in the Gardens* events through January.

There will be a range of talented young local musicians performing a selection of music with a broad spectrum of appeal.

This iconic local attraction has over 40 marvellous new pieces displayed along the beautiful 1 Km nature trail.

The trail is constructed of a smooth gravel pathway and meanders through rolling hills passing by a mix of native bush,

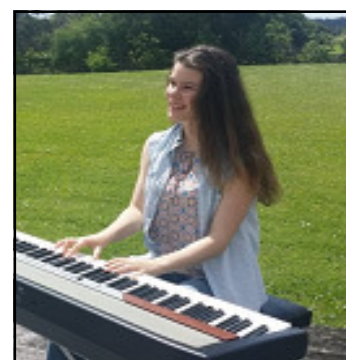
wetlands as well as formal gardens and also has some beautiful views of the Kaipara Harbour.\*

There is also a Petanque area and children's playground as well as our cute little coffee shop on site plus the Plant Centre for you to browse through.

A great opportunity for all the family to have a fun and relaxing day in the countryside and we're only a few minutes' drive North of Kaukapakapa (and around 35 minutes from downtown Auckland).

Our knowledgeable and friendly staff will also be on hand to help with any garden related questions.

\* Trail not suitable for wheelchairs or walking frames.



Venue location: 1481 Kaipara Coast Highway (SH16),  
Tickets: \$15.00 per person  
To Book: info@kaiparacoast.co.nz  
OR 09 420 5655.

