

The Helensville Community News

Issue 126 - May 2020

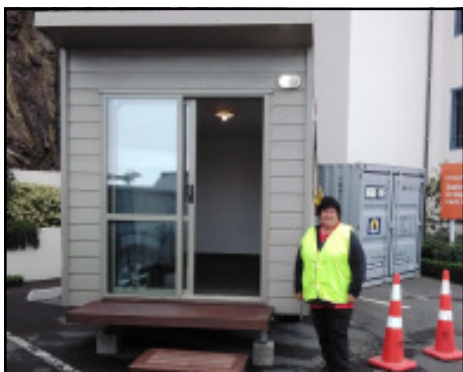
Working in Level 4 lockdown by Helen Martin

When we asked locals for their Level 4 lockdown work stories we received, as to be expected, a wide range of responses indicating that how you are faring depends very much on the kind of business you're in.

For some people, like Kaukapakapa resident Sharon Hennessy, a home-based Auckland Council contact centre call operator, with the Council designated an essential service under lockdown it's business as usual, but with a new focus. She and some of her fellow workers employed to take and direct calls for all Council operations have been redeployed to respond to calls for help during the pandemic. Their job is to determine how callers can best be supported, including with food support (provided through the government-funded, Council-coordinated food parcel scheme) and referral to other agencies for specific help.

With Fonterra also designated an essential service, local dairy and stock farmer Mike Daniel says lockdown is challenging in that, while the core task of supplying milk is unchanged, with farm business involving visits from people like the vet, the mechanic and the TB tester, there has to be meticulous planning for the required hygiene and social distancing practices required.

Just Cabins, a business providing mobile



Just Cabins have provided much needed accommodation during lockdown.

rental cabins for residential and business needs throughout New Zealand, saw the lockdown as an opportunity to make a difference to many people needing spaces

and accommodation in a hurry, including those in our vulnerable communities. Nationwide, cabins have now been delivered to homeless shelters and retirement villages and rest homes, while general practices and regional primary health organisations have purchased them to serve as venues for Covid-19 testing stations, isolation areas and flu vaccinations. "It's been a time of real worry for so many and we have felt it's been a real privilege to be able to serve during this time of lockdown," says Just Cabins Franchise Manager Mark Pellow.

Some closed businesses have been able to find online solutions to keep going. For example, David Baskeyfield writes "whilst we are unable to be physically open for hands-on treatment, we at Osteopathic Natural Health have responded with a robust and cutting edge "Telehealth" solution to offer remote advice, help and support to our patients. "

April is normally one of the busiest months for Kaipara Coast Plant Centre, so in lockdown David Bayly ran an online marketing campaign encouraging people to pre-order plants (with a very generous discount). As a result, he has spent a lot of time answering emails and sorting quotes and orders and there will be a carpark full of orders for contactless collections once restrictions are lifted. He says they have also been fortunate in being allowed several staff at work each day, so have been able to keep up with looking after their nursery plants over this period.

During lockdown, losing their restaurant customers persuaded the newly established Kumeu-based business River Valley Meats to bring forward their long-term goal of supplying meat to the public.

After answering many questions about their safety processes and an MPI inspection they were given the go-ahead. Since then River Valley Meats have delivered meat to over 150 homes, with Facebook and word of mouth their only marketing platforms. "This has been great exposure for our new

business, and more importantly, we are pleased to be able to supply quality cuts of meat in these extraordinary times when the supermarkets have struggled to keep up with demand," say the owners, Helensville locals Andy and Wendy Cummings.



River Valley Meats owner Andy Cummings makes a home delivery.

As we are all aware, many businesses have had to close. Guaranteed Shower Installations ask that customers with showers ordered or half installed get in touch by calling 0274505858 to discuss a plan for an installation date and time. They advise that, once we are in Level 3, they will be in the office to arrange bookings for installation dates. "Please note that if you are moving into a property that requires a shower installation... this would just require some discussion and planning. Please call or text us to see what we can do to help... Stay home, stay safe. We stand as one Aotearoa."

Mike Stanton, who runs the Auckland-wide Parakai-based company Mobile Outboard Services from his home, has had no work under lockdown. He is looking forward to his business picking up under Level 3. "I'll be able to tow in boats to my place for repair and maintenance, then drop them back off, as this would be contactless," he says.

Losing your livelihood is painful, but most have complied with the government's lockdown decision in the interests of bringing an end to the pandemic. Responding to our request for feedback from businesses Marie, who owns The Healing Heart of Helensville, spoke volumes when she said in her email "it's reassuring that we are all keeping safe."

Helensville Community News

Email: helensville@copyandprint.co.nz

www.helensvillecommunitynews.co.nz

Phone: 420 9307

312 Main Rd, Huapai. P O Box 81006, Whenuapai

All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

ADVERTISING ENQUIRIES:

Phone: Sarah on 0274-831-542 or email

helensville@copyandprint.co.nz

ADVERTISING RATES (Excl GST):

Advertisement sizes, rates and specifications are as follows:

Business Card size advertisement in the newsletter - \$50.00 per single issue. \$47.50 per issue for 12 issues if paid in advance. Double Business

Card size Advertisement in the newsletter - \$100.00 per single issue.

\$95.00 per issue for 12 issues if paid in advance. The above rates include a listing in the Trade & Professional section on the back page.

A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking. If we are required to create the advertisement there will be a one-off typesetting charge of \$40.00. Subsequent alterations will be charged on a time basis.

ADVERTISEMENT SPECIFICATIONS:

All adverts supplied must be in one of the following formats:

Corel Draw 9, Pagemaker 6.5, Powerpoint, .jpg, .tif or MS-Word (with any graphics sent as .jpg or .tif images as attachments).

The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

Publishers: Huapai Copy & Print



BEAUTY ELIXIR

Helensville with Maria Schofield

TEL 09 420 9775 | MOB 022 465 0727 | 81 Commercial Rd

Citizens Advice Bureau



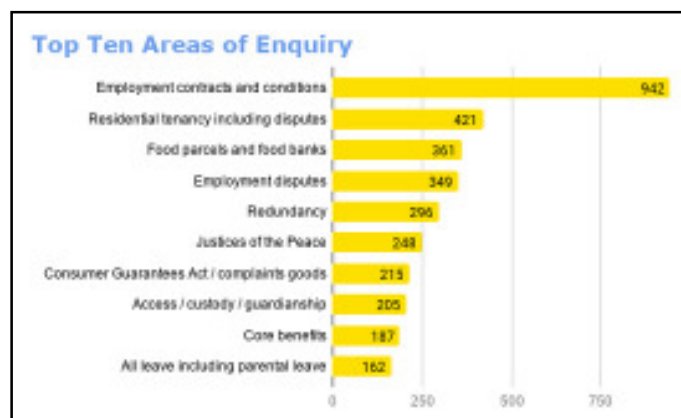
Te Pou Whakawhirinaki o Te Awaroa

CAB Service During Lockdown

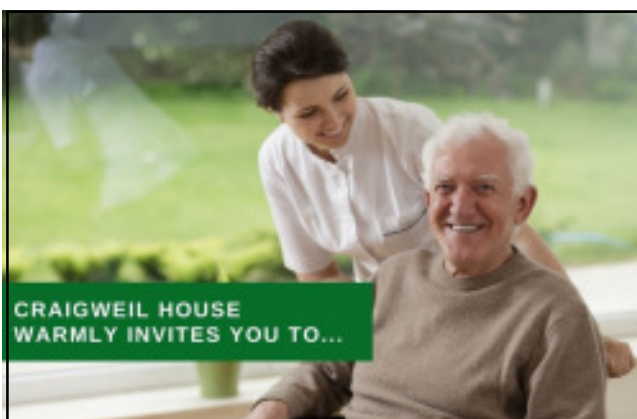
The CAB service has continued to be available to respond to people's needs during the Covid-19 crisis. We have been called on for help more than ever at this time, with an initial 300% increase in enquiries around the start of the lockdown period and a sustained increase in the weeks that have followed.

Our amazing team of volunteers and staff around Aotearoa have seamlessly continued to deliver the CAB service by phone and online from their own homes. We have responded to more than 6,000 enquiries over past 3 weeks from people seeking information and support. These enquiries have covered a huge range of issues.

Our service has also been called on to support welfare outreach by local civil defence offices and by the Ministry of Social Development at a national level checking in with vulnerable people aged 70+ in our communities. We are fortunate to have a willing group of trained and police-vetted volunteers around the country who are generously carrying out this additional work.



Check out our website where we will continue to provide updated content and don't hesitate to contact our service by freephone 0800 367 222 or online @ www.cab.org.nz



COME VISIT OUR UNIQUE BOUTIQUE RURAL CARE FACILITY

Situated on the Twin Coast Discovery Highway off State Highway 16 within reach of Muriwai Beach and the Kaipara Coast.

A caring environment nurtured by our dedicated team
Rest Home • Hospital • Secure Dementia • Day Stays

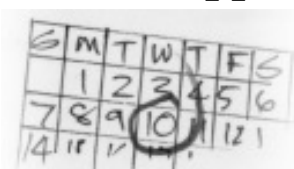
★★★ No Premium Room Charges ★★★

You're welcome to come in for a cuppa and see us or ring us today to discuss a complimentary day stay

09 420 8277
143 Parkhurst Rd, Parakai
info@craigweil.co.nz



What's happened last month



**Compulsory holidays for most of us-
Working from home for some of us-
A great deal of gardenening, home maintenance
and time spent with family. Many children had
time with both their parents and shared a lot and
learned a lot they could not have done at school.**

ANZAC Day 2020 *by Helen Martin*

For the second year running, the customary ANZAC Day commemorations had to take on a new form. Last year's cancellation was due to concerns over the inability to police mass gatherings after Christchurch mosque massacre, this year Covid-19 has reared its ugly head, with April 25 occurring during Level 4 lockdown.

This year, while none of the customary services could be held on ANZAC Day, Kaipara Memorial RSA arranged for wreaths to be laid at the cenotaphs. They also encouraged people to take part in the RNZSA stand-at-dawn initiative (<https://www.standatdawn.com/home>) and to send photos and videos of their private ceremonies to kaipararsa@xtra.co.nz, to be posted on the organisation's Facebook page. A national initiative enabled people to hear and see virtual ANZAC ceremonies live on radio and television.

With the cancellation of Poppy Day, the Kaipara Memorial RSA welfare fund is accepting online donations to support veterans. Members have also been reminded that annual subscriptions are due, and that "Subscriptions and welfare donations will be crucial for the Kaipara Memorial RSA's future."

*"They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them."*



A look back on April 2020

For some of us the beginning of the lockdown was very much business as usual. Before we got the news we would be closed from 26 March we were getting our April paper ready, planning was almost finished, articles were written and were coming in, photos had been taken and advertising confirmed, then we were told we would be unable to deliver a printed copy, so there was no point in printing it!

Once we knew the rules we quickly decided to complete the paper as usual and publish it on our website also as usual, and notify everybody via Facebook and email where to find the paper. We will shortly be printing a limited number of copies of the April issue, no. 125, which will be placed in the CAB, Paper Plus and the Library as soon as they open for those who would like a real copy!

Some of the articles we ran in April included:

A new JP for Helensville

Lindy McDermott was recently sworn in as a Justice of the Peace.

TED TALKS

Initially inspired by the book 'We're Going on a Bear Hunt', people around the world started putting teddy bears in windows and on fences and letter boxes to entertain children going on family walks during the Covid-19 lockdown. Creative approaches were interesting and varied, and Helensville is no exception.

Kaipara Medical Centre

They let us all know how they were still serving our community by doing most of their consultations on the phone or via video consultation and making special arrangements when there was a medical issue where there was a need to see a patient face to face.

Museum news

Before lockdown, Helensville Museum was still closed for repair but there was plenty going on with the restoration work. The Cluedo game run in January is planned to be run again, hopefully when some of the restored buildings will be open.

ARTS in the VILLE 2020

Despite the current lockdown the team are working busily in the background and looking forward to another great ARTS in the VILLE at Labour weekend. By that time, many, many people will be keen to come to Helensville to join us in making the festival the BEST YET.

A Collection of New Works by Colin Harris & Jeff Thomson

The exhibition held at artHaus in Orakei, during February/March featured 21 works of Colin's paintings, drawings and prints, all inspired by his interest in comics. With the exception of a series of free-standing heads in wood, Jeff enhanced Colin's works with corrugated iron frames, weavings and roofing products such as ridge caps. The fruitful result demonstrated the potential possible when two artists from very different practices put their heads together.

*For these and other articles please visit our website
www.helensvillecommunitynews.co.nz or download
the pdf version at
[www.helensvillecommunitynews.co.nz/wp-content/
uploads/2020/04/HCN-April-2020-A4.pdf](http://www.helensvillecommunitynews.co.nz/wp-content/uploads/2020/04/HCN-April-2020-A4.pdf)*



Takeaways

Homemade Pies
Home of the
KKK Burger

Open Tue - Sat
Phone orders welcome
Ph: 420 5062

1037 Kaipara Coast Highway, Kaukapakapa

PLANT CENTRE
Specialists in
plants for this area
- Vegetables
- Fruit trees
- Natives
- Garden plants
- Design services
- Planting
- Landscaping

Kaipara COAST

SCULPTURE GARDENS
Get inspired and
have a relaxed fun
family afternoon
out. Come on our
1km garden and
sculpture trail.
Allow 1-2 hours.
Garden entrance fees apply

Plant Centre & Sculpture Gardens

open 7 days 9am to 5pm ph 09 420 5655

1481 Kaipara Coast Highway,
4km north of Kaukapakapa Village

www.kaiparacoast.co.nz



Your local independent property management company

Residential tenancy management, Airbnb management
& Absentee owner home management

Rachel Trafford · rachel@privateresidence.co.nz

021 872 336 · www.privateresidence.co.nz



Integrated Healthcare For The Whole Family

Registered Practitioners ACC Treatment Providers

David & Jeannie Baskeyfield, Tony Howat
and Daniel Garelja: Registered Osteopaths

HELENSVILLE (09) 420 7867

WAIMAUKU (09) 411 5002

www.osteopathicnaturalhealth.co.nz

enquiries@osteopathicnaturalhealth.co.nz

Find us on [facebook](#)



foodbank collective

Foodbank Collective Busy With Covid-19 Related Need

In the weeks since the country went into COVID-19 lockdown there have been reports from right around the country of foodbanks facing unprecedented demand.

Anticipating that the financial pressures of lockdown would also be felt here in the South Kaipara, a group of Helensville based social agencies banded together in the first week of lockdown to form a Foodbank Collective.

The group involves Helensville Women and Family Centre, Kia TīmataAnō Women's Refuge, Te Ha Oranga, South Kaipara Men's Centre, Outwest Youth and representatives from local schools as well as police.

Within a week a venue was sourced, arrangements were made to buy groceries at Helensville Countdown and New World Kumeu, funding was applied for and the necessary arrangements made to ensure food parcels could be safely packed and delivered while adhering to the strict health and safety rules surrounding COVID-19.

In little less than a month since the first delivery, over 145 food parcels have been delivered to 68 homes, helping 149 adults and 129 children.

"Some of these are people who were already in touch with one or more of these agencies, but for others this is the first time



Foodbank Collective volunteers hard at work, helping out the community.

McLEOD MOTORS

Your friendly local team

6 Railway Street, Helensville
Email: mcleodmotors@outlook.co.nz
Ph: 420 8633



Find us on Facebook

- WOFs
- All Mechanical Repairs
- Auto Electrical
- Tyres & Batteries
- Stockists of 'Total' lubricants

they've had to ask for help and we know that can be a really difficult thing to do," says Tracey Roberts, a Kaipara College Social Worker who has been helping pack and deliver the parcels. "But, it's really important no-one feels alone and unable to reach out," she says. "We're so lucky in this community to have so many agencies willing to work together to ensure we help build up a person's mana and help them get back on their feet."

Each food parcel includes ingredients and recipes for three family meals and the Waitemata Whanau COVID-19 Support Resource for Families booklet.

Cath Rameka from Te Ha Oranga says many whānau have had family members move back home since lockdown, so there's extra pressure on the regular household income. Kia TimataAnō Women's Refuge Executive Director Ana Strong adds, "our intention is very much about viewing the food parcel as a vehicle to start a relationship with a person or whānau, it's given with aroha and from there we can ensure that a family gets whatever additional support they need."

"Being made to stay home with your family isn't always a bed of roses, especially when relationships are already difficult," Ana Strong says. "That's why it's so important that people know it's okay to ask for help during this unprecedented time before the pressures reach breaking point and we've seen that with our family violence advocates much busier than usual helping people with the tools they need to stay safe in their own homes."

And it's not just people receiving help. While delivering food parcels people have asked for support for their beloved companion animals, so the Foodbank Collective sourced some bones and biscuits to ensure they too are looked after.

The Foodbank Collective also offers a way for so many in the community who want to help to do so.

Online donations for the Foodbank Collective can be made on the Helensville Women and Family Centre website, www.hwfc.co.nz.

While it was initially set up to meet the needs of lockdown, the groups involved are aiming to keep the Foodbank Collective running for at least another six months as they anticipate the need will only grow even after lockdown ends.



The Foodbank Collective is meeting increased need during the pandemic.



027 HEAT NOW (432 8669)
habitatheating.co.nz

DOG GROOMING

Professional Clipping

I have had 35 years experience professionally grooming
Full grooming service: Clipping, Bathing, Nails
• Poodles • Spaniels • Bichons • Shich Tzu
• Maltese • Lhasa Apso • Schnauzers • Terriers
All long haired X Breeds

Pick up service available

Christine 021 521 303

KAIPARA FRESH FISH AND TAKEAWAYS

PHONE ORDERS WELCOME

09 420 7190

MONDAY CLOSED

TUESDAY & WEDNESDAY 11.30AM TO 7.30PM

THURSDAY, FRIDAY, SATURDAY 11.30AM TO 8PM

SUNDAY 2.30PM TO 7.30PM

3/64 MILL ROAD



RENT ME

Ideal as an extra bedroom or office

Three convenient sizes:

Standard 3.6m x 2.4m - \$70 per week

Large 4.2m x 4m - \$85 per week

Extra Large 4.8m x 2.4m - \$110 per week

Fully insulated. Minimum 6 months rental period



Visit our display cabin at 46 Mill Road, Helensville
or call for free brochure

0800 58 78 22

www.justcabins.co.nz

HELENSVILLE DIGGERS

Great Operators at **GREAT** Prices

Tip Trucks and Excavators

You want it we do it!!!

DON'T DELAY PHONE TODAY!

Peter or Clifton

021 454 793

021 454 780

A/H: 09 420 7023



PRESTIGE
MREINZ, LICENSED AGENT REAA 2008

Jenny Killick

Mobile: 021 259 0091
 A/hours: 09 420 4947
 Email: jenny@prestigerealtyhbc.co.nz
 Ph 09 426 2420

Prestige Realty (Hibiscus Coast) Ltd MREINZ
www.prestigerealtyhbc.co.nz




babyBARNs
 WHEN A GARDEN SHED JUST WON'T DO!

Ph. 09 420 3298 ~ Mob 022 075 8283
info@babybarns.co.nz
www.babybarns.co.nz



BREWIS
CONCRETE
 Quality Concreters... NO BULL!

Aaron Brewis
Mob: 021 992 590

Solid advice & workmanship for over 20 years



ACTIVE
EXPLORERS

Come check out our brand-new,
 purpose built childcare centre.

14 Commercial Road, Helensville, Auckland
 P: 09 222 3277 | www.activeexplorers.co.nz

ACCOUNTANT First visit FREE

UHY Haines Norton
 Chartered Accountants

34 Commercial Rd, Helensville

Farm and Lifestyle Block Specialist	Business Planning and Development	Financial Analysis
--	--------------------------------------	-----------------------

OFFICE MARK FOSTER
420 7972 021 220 5817

Community feedback wanted on Cabeleigh Playground concept plan

by Phelan Pirrie, Chair, Local Rodney Board

The Rodney Local Board is developing a neighbourhood play space at Cabeleigh Drive Pond Reserve in Helensville. It is partially funded by the Development Contributions from new housing in the area.

The playground will cater for a range of ages including preschoolers, primary and intermediate children, and possibly teenagers. We would also like to create a new pathway through the reserve and install seating to provide further recreational value.



The existing reserve has a stormwater pond and stream that needs to be considered in the design. The playground design must ensure that children are not encouraged to go near the water. The site currently has poor drainage and lacks an all-weather path to provide access through the reserve.

The concept design is influenced by nature and includes a junior play space, an intermediate/teen playspace and formal play equipment.

The junior play space includes low lying logs, which provide a miniature form of nature play, rocks which create a boundary to the space and provide informal play elements and rocks intermixed with seating to separate the junior and intermediate areas.

The intermediate/teen area incorporates a more challenging nature play inspired playspace with a net platform which allows children to climb up the sides of the structure and hang out on the net, a slide and a tire swing.

We would like to know what you think of the proposed playground design and we are also interested to hear which ages of children would use the playground and the elements they'd like to see, such as seating, shade, slides and swings.

You can give your feedback via the website <https://www.aucklandcouncil.govt.nz/have-your-say/topics-you-can-have-your-say-on/cabeleigh-playground-concept-plan/Pages/default.aspx>

The Lions Roar



Despite these difficult times, life goes on but in a different format.

Helensville Lions have not been resting – we continue to help our Community. We have made a donation to the Foodbank Collective which is made up of Women's Refuge; Helensville Women and Family; S. Kaipara Men's Centre; Out West Youth; in conjunction with Helensville Budgeting Service and local Police and Schools. So far over 100 parcels handed out. Also a donation was made to the West Auckland Hospice, as they have no income coming in from their shops. Prior to "lock down" we helped Helensville School with their Camp; Kaipara College PATHS; and assisted a college student with his expenses representing N.Z. in the Trans Tasman Challenge Youth Team.

As soon as restrictions are lifted, we will be pleased to accept your books in readiness for our Book Fair – watch this space for a date. The Lions Directory will be published as soon as we can.

We will once again be collecting Bread Tags to raise money to buy Wheelchairs – 200 bread bags full of tags buys 1 wheelchair, so start collecting – delivery points to be published later. We continue to collect used spectacles.

If we all learn to be patient and respect each other, we will come out of this better people (albeit long haired!).

LET'S GET YOUR HOME SOLD

*Kelly Davison has
SOLD \$30 million
worth of property in
your local area in
the last 12 months!*



Call me for your FREE
no obligation appraisal
0274 670 175

BurmesterREALTY

Licensed under the REAA 2008



Gift baskets made to order

phone Sarah 0800 831542
sarah@riversidecrafts.co.nz



Kaipara korero

Principal Steve McCracken

by Steve McCracken

Care, connections and curriculum are pillars Kaipara College is built upon. Covid-19 is not going to change these, nor is it going to add more 'c's'. At a time when there have been constraints, cutbacks and possible confusion, the Kaipara College community has held fast, stood tall and been a leader for our young people, their whanau and the education sector in general. However, we understand that the short-term pain we have been through in lockdown at Alert Level 4 will only be the beginning for many in our school community. We would like the community to know that Kaipara College will continue to be a constant for the students in our care.

Our school has been fortunate over this period to have amazing support from the Ministry of Education. New Zealand can be very proud that not only do we have a world class education system, but we also have a government department that has been agile and willing to facilitate remote learning to all our young people over this period. As devices and hard copy learning packs are distributed throughout the country, learning for all students will have continued in some format. To parents and whanau, don't get too worried about any form of academia your child is or isn't undertaking. Yes, for the students undertaking NCEA this year it may be worrying but know that 'we've got this'. We are a school that genuinely cares about our young people and at this time, their wellbeing is the most important factor to us, so when we do return to a new normal they are ready to take off, to be agile and forward thinking.

For any young person, their school is a place of important connections. It is where they learn, where they grow into themselves and where they develop the ability to nurture and voice their opinions. Kaipara College also allows our students to develop connections beyond school. Looking at life after lockdown, this is now our chance to make the most of these opportunities. The sudden leap to remote or online learning is a catalyst to further develop our curriculum and continue to enhance the work we have been doing over the past three years. Connections keep us going. We know connections are also an important part of building resilience and boosting wellbeing. With our two school goals being Belonging and Success, as we resume school in the physical sense, re-establishing connections will ensure our young people are motivated and engaged.

We have been rethinking our methods of teaching and learning for a number of years. At the beginning of this year we launched into a new timetable structure which allows authentic (relevant and real world) learning and fewer classroom transitions on a daily basis. With the focus being shifted to learning over assessment, the ability for students to belong and succeed as individuals has definitely been reflected whilst in lockdown. Learning has never occurred remotely on such a substantial scale before, but our students have responded brilliantly. Whilst we can't be sure when we will return to our full school in attendance on the Rautawhiri Road site, the curriculum opportunities afforded to us have just accelerated. Over the next few months, we will review what has been implemented and explore future opportunities for curriculum development.



We specialise in shower installations. Call us for a quote on your shower installation

0800 4 NO LEAKS 420 8777

info@gsi.net.nz gsi.net.nz

BE IN TO WIN

\$5000 CASH!

List & Sell your property and go into the draw to win *Terms and conditions apply

0800 18 88 80

Why Pay More?

2.90%

Commission rate to \$500,000 then 2% thereafter + GST

Free Marketing
Free Appraisal

**Burmester
REALTY**

Licensed under the REAA 2008

*Only applies to an Exclusive Listing between the 1st February 2020 to 5pm on 29th May 2020. Winner will be notified by phone on the 2nd June 2020.

**YOUR LOCAL
BUSINESS
BOOK
2019 - 2020
18TH EDITION**

Helensville, Parakai, South Head, Shelly Beach, Waioneke, Makarau, Kaukapakapa, Wainui & Wainui Woodhill, Wainui, Muriwai, Huapai, Kumeu, Riverhead

Search online at:
www.localbusinessbook.co.nz

Our 18th edition was printed just before the lockdown and is already online.

As soon as the lockdown is over it will be distributed to 8,000 Homes & Businesses in

Helensville, Parakai, South Head, Shelly Beach, Waioneke, Kaukapakapa, Makarau, Wainui & Waitoki, Woodhill, Muriwai, Huapai, Kumeu, Riverhead
View our current online listings at
www.localbusinessbook.co.nz

A lot has changed in a very short space of time. Our young people have changed and have now lived through and experienced a once in a lifetime, world-wide event. What have not changed though are the fundamental principles of their place of learning. Kaipara College always puts people first. It is a place that cares, that connects people and allows individuals to experience their own definition of success through a relevant and authentic curriculum. We've got this!

Weeding, wifi and working at home

by Gemma Bayly, Year 12 student, Kaipara College

We found out that school would close last period on a Monday. That day, empty seats were already dotted around classrooms and teachers were replaced with relievers. In my English class, Jacinda Ardern's muffled voice echoed out of a laptop, halting the usual chatter of the classroom. Everyone listened intently as Jacinda announced the lockdown. Still, we held our breaths for the announcement that mattered to us most.

"Schools will be closed from tomorrow."

Excited voices once again erupted through the silence of the class. No more work was done that day. When the bell rang for the end of the day, school closed for the foreseeable future.

We'd been expecting it, just not so suddenly. The school had been preparing to close for a few weeks. Google Classrooms had been set up and we'd been given passwords to online learning sites. Students were asked about the internet and devices at home.

Two days later, the lockdown began. The first two weeks were school holidays, but there was work to do at home. Dad set my younger brother, sister and I the unappealing task of weeding our entire plant nursery. When we finished two weeks and thousands of weeds later, we had to start all over again!

Now, another round of weeding later, the school term has reopened. Our lounge transformed overnight into a mess of books, paper and laptops. Our wifi, which is normally fine, has slowed considerably. When I need to do a class video call, everyone has to be careful about how much wifi they use. When two of us have meetings at once, the videos jerk and lag.

Sometimes, I wish I had a teacher to explain things properly, and classmates to discuss problems with. I miss seeing a range of people. Some of the work I am given takes a lot longer without a teacher's guidance and science experiments are just not the same on YouTube.

Sometimes, I love doing schoolwork at home. The school doesn't mind when we do our work, as long as we do it. I do all my work in the mornings and leave the afternoons to do what I want (or weeding). We have no new assessments, which removes some of the stress of school. There are none of the interruptions of a classroom, but much less excitement.

The school's new mentoring system has come at a good time. Each teacher is a mentor to around 16 students, with the job of looking after their wellbeing. I have a weekly video call with my mentoring class where we talk about the lockdown and schoolwork. Mr McCracken has also sent out vlogs to the students saying "Keep calm and carry on, senior students. We've got this!" We know we don't have to worry about our NCEA credits. Instead, we have been told to focus on spending time with our families. As said in this whakataukî: 'He aha te mea nui o te ao. He tāngata, he tāngata, he tāngata. What is the most important thing in the world? It is the people, it is the people, it is the people.'



Gemma, weeding with her siblings during lockdown.



Resource booklet to support families through Covid-19

Helensville Women & Family Centre have contributed to Waitemata Whānau Collective's 44-page support resource produced to help guide families as they cope with the challenges of Covid-19. The four specialist family violence agencies making up the Waitemata Whānau Collective are Family Action, Man Alive, Kia Tāmata Anō Trust and North Harbour Living without Violence.

Ideas and information designed to help manage stress, support wellbeing and relationships and entertain the kids are laid out in ways that are accessible and user-friendly. Discussion of things like how to keep calm when reaching boiling point, to plan to keep yourself and kids safe, to provide activities for kids at home, manage the process of working through anxiety, manage your finances and access support services is clear and well presented.

The booklet is an excellent resource and is free. You can access it at https://kaipara.ibcdn.nz/media/2020_04_10_covid19-support-resources-april2020.pdf



Gumboots
Early Learning
Centre

Where learning is fun
Where fun is learning

www.gumboots.ac.nz
1157 Peak Road RD2 Helensville ph 411 9038

KAIPARA CHIROPRACTIC

Family Chiropractic Care, Dr. Colin Woodbury
Pengelly Place, Parakai
Phone: 09 420 6224 Mobile: 021 258 0748
Email: cwdy100@hotmail.co.nz
Web: www.kaiparachiropactic.co.nz

Chris Penk
MP for Helensville

365 Main Road, Huapai
09 412 2496
chris.penkmp@parliament.govt.nz
chrispenk.national.org.nz

National
Authorised by Chris Penk, 365 Main Road, Huapai, Auckland

KPL
KUMEU PLUMBING LTD
EST 1974

-  **plumbing**
-  **drainage**
-  **roofing**
-  **water pumps**
-  **water filtration**
-  **gas fitting**
-  **woodfires**
-  **solar heating**
-  **pool & spa**

Ph. 420 9108 Fax. 412 7555
Email: info@kpl.co.nz Web: www.kpl.co.nz

156 Main Road, PO Box 128, Kumeu, Auckland 0841

Kaipara COAST
Plant Centre & Sculpture Gardens

Simple vegetables *by David Bayly*



David with some of his vegetable pots.

The Level 4 lockdown made most New Zealanders aware of how reliant we all are on supermarkets for our fresh fruit and vegetables. In a pandemic crisis our family did not want to be eating supermarket fruit and vegetables that other people had been breathing over and touching and the dozens of fruit trees and vegetable garden we have planted over many years have come into their own during the lockdown period, with our family managing to avoid the supermarket for the entire month of April.

Vegetable gardens don't have to be an expensive undertaking. A couple of old plant pots filled with a 50/50 mix of soil and compost, with a bit of fertilizer added, is all you need. At this time of year, vegetables need a warm sunny site with good drainage, so don't put them on the dark, damp side of the house. Broccoli, lettuce, spring onion, cauliflower, spinach, cabbage, leeks and most herbs are all good options for this time of year, and with most of these you can pick leaves off without having to remove the entire plant.

Venue location: 1481 Kaipara

Coast Highway (SH16),

Tickets: \$15.00 per person

or \$35 per family

To Book: info@kaiparacoast.co.nz

OR 09 420 5655.



Obituary: Leah Potaufa

The Helensville Rugby Club was shocked and deeply saddened by the sudden death of Leah Potaufa during a pre-season game against Tomarata at the Helensville club grounds on February 28th. Leah collapsed towards the end of the match and, despite the efforts of club members and emergency services, the 43-year-old was unable to be revived.

Leah first played for Helensville as a 19-year-old in 1995 as a block busting midfielder or winger and was a regular member of the 1996 team which contested the North Harbour Premier final against Takapuna. His outstanding form earned him selection in the North Harbour Colts side, and he was spotted by the Taranaki NPC selectors and drafted into their NPC squad for 1998 and 1999. During this time Leah locked horns with the elite of New Zealand rugby, including Christian Cullen, Jonah Lomu and Jeff Wilson.

After his time in Taranaki, Leah returned to Auckland playing for his local Manukau club before returning to Helensville in 2003 for a few more seasons. He played five seasons of professional rugby for French 2nd Division club Los-Le-Saunier in the early 2010's before finally returning home to be with his growing family and continuing to play the game he loved in the tough Auckland competition.

When the Helensville Rugby club was unable to field a team in 2018, club member Andy Cummings managed to track Leah down and asked him if he was able to help source players so Helensville could get a team back on the field." Leah was instrumental in helping us get back on our feet in 2018," says Cummings. "Some nights at training Leah would arrive with 13 players in his van. Without him we wouldn't have had the numbers to field a side."



Andy Cummings and Leah Potaufa

The Red, Gold and Blacks had an outstanding season, winning the Gordon Lancaster trophy off Kumeu, and the Reuben Paniora trophy off Massey, and made the North Harbour Premier 2 semi-finals.

Leah made a huge contribution to the Helensville Community and Rugby Club over 25 years and will be sorely missed. Our deepest condolences go out to his beautiful wife Aloa and his children.

Rest in Peace Leah, SALUTE.



**BARFOOT
THOMPSON &**
LICENSED REAA 2008

Your trusted team

Rene Vos

027 275 4321

Eveline Vos

021 353 009

Coatesville

320 Coatesville-Riverhead Highway

barfoot.co.nz/coatesville



**NEW styles
now in stock**

14 Shamrock Drive, KUMEU

Ph 0800 372 633

Email: info@pictureframing.co.nz



From Penk's Pen

Tactics and Strategy – 2020 vision

At the time of writing the nation is on the eve of going into a reduced form of “lockdown”.

The hard work and sacrifice of everyone reading this column has enabled significant gains in relation to health outcomes – thank you. The authorities deserve praise for some good decisions made and I’ll leave any reflections on anomalies (such as the “voluntary” aspect of school attendance) for another day.

The tactics of meeting the coronavirus threat have been well canvassed in recent times but the longer term, strategic view also needs serious attention. To some extent, the health response to Covid-19 has been tactical by necessity, whereas the much needed economic recovery must be strategic. That said, the tactical response has already needed to include some mitigation of the damage to workers’ wages, through a government subsidy. And conversely the long term game will need to account for the risk of re-igniting a fire of infection, as well as encouraging a vital free market economy.

Naturally health outcomes and prosperity are linked in many ways too. Future spending on health care in hospitals and Pharmac funding (to give a couple of obvious examples) are crucially dependent on revenue flowing from private coffers to public Treasury.

It’s now incumbent on all decision makers (and those who fancy themselves as future decision makers, such as non-government MPs!) to promote plans for making New Zealand a place where the lights can remain on in our schools, hospitals and courts in the years ahead. I’m looking forward to that contest of ideas throughout 2020, as a prosperous and pleasant future for us all depends on it.

As always, feel free to contact me via my electorate office (currently operating remotely, for obvious reasons) by email to chris.penkmp@parliament.govt.nz or phone to 09 412 2496.

Cheers, Chris Penk MP



PERSONAL & BUSINESS STORAGE – HOUSEHOLD EFFECTS – CARS – BOATS & MORE

Your goods will be securely stored and protected by:

C.C.T.V (RECORDED) MONITORING THROUGHOUT THE PROPERTY.

SWIPE CARD (24 HOUR) SECURE ACCESS.

PERIMETER FENCING SECURING THE ENTIRE PROPERTY.

SECURITY LIGHTING.



LIFESTYLE MOWING MACHINERY

"We will put the fun back into mowing"

- * Quality brand mowers & ride ons
- * Unparalleled service & Support
- * Large Product range

Come in and see us today!

8 Stevens Lane, Waitoki

Or

Call us on 0274 955 948

www.moadoc.co.nz



ATL PLUMBING LTD

QUALITY SERVICE AT COMPETITIVE RATES!

*Maintenance *Renovations *Cylinders *Roofing
*Spouting *Central Heating *Gasfitting + more...

~ CONTACT US WITH ANY ENQUIRY OR FOR A FREE QUOTE! ~

Ph: 09 420 7868 Adam: 021 245 9677

OR: 0800 285 758 (0800 ATL PLUMBING)

E-MAIL: adamandanita@xtra.co.nz OR:

RIVER VALLEY MEATS & KUMEU MEAT PROCESSORS

*Local Beef, Lamb, Pork supplier
High Quality Meat Wholesaler*

80 Main Road, Kumeu (behind BNZ)

Phone: ANDY CUMMINGS 09 412 2007 | 021 685 199

Email: info@meat.net.nz | Web: www.meat.net.nz

HEALING HEART OF HELENSVILLE



Healings / Readings

Crystals / Incense / Jewellery / Gifts

Meditation Group held Thurs 6-8pm & Sat 2-4pm

The Healing Heart of Helensville. 09 420 9098

Open: Tues - Fri 10am - 4pm & Sat 10am - 2pm

58 Commercial Rd, Helensville. www.healinghearts.vpweb.co.nz

ECEastute ACCOUNTING

- Business Set up Structure
- Business Accounting, Taxation and Advice
- Personal Accounting and Taxation Advice
- Management Accounts
- Board Room available for Hire

09 420 7835 or Mob 027 284 3849

ECE Astute Accounting

69b Mill Road, Helensville

www.eceastuteaccounting.co.nz

Kaukapakapa Library short story competition

Thrown off course by Covid - 19, Kaukapakapa Library scrambled to find an April event which didn't involve its usual practice of being open to the public on market day. The Kaukapakapa Library Short Story Competition was born, with four categories - Junior, Intermediate, Senior and Te Reo Māori – for writers to enter.

There was a lot of interest in the competition, with the number and quality of entries giving our judges a real challenge. Helen Martin and Rewana Waaka were absolute stars, stepping in at short notice to be judges.

Winners will receive \$50 gift vouchers from Helensville Paper Plus Select and all participants will receive a jar of Kaipara Natural Honey and a copy of the 2020 South Kaipara calendar.

Category winners:

Junior	PaigeMcGregor
Intermediate	Latesha Southern Vasey
Senior	Alan Calvert,
Te Reo Māori	Waratah Taogaga,
	Oskar Williams (joint winners)

Thanks very much to everyone who took part.

Please keep an eye on the Kaukapakapa Library Facebook page for details on when the library will be open again.

Megan Paterson: threehorses@xtra.co.nz, 021 959017



Crossword Answers - April 2020

Across	22.	Adder	5.	Coupe	
7.	Ninety	23.	Simpson	6.	Greek
8.	Honour	24.	Chopin	9.	Lemon fish
10.	Waiheke	25.	France	14.	Android
11.	Apple	Down	15.	Jetsons	
12.	Acne	1.	Snowman	16.	Prancer
13.	Honey	2.	Indiana	19.	Ranch
17.	Knife	3.	Steel	20.	Idiom
18.	Lear	4.	Donated	21.	Smurf



Do your pocket and the environment a favour!

For refilled ink and remanufactured toner cartridges at much lower prices than originals visit Copy & Print, at 312 Main Rd, Huapai

A comprehensive range of refilled toner and ink cartridges are now in stock.

Ph 420 9307 or 412 8882



Helensville Birthing Centre

TE PUNA WHANAU KI TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

You are welcome to call in and have a look around, or browse our facilities online.

53-65 Commercial Road, Helensville

Ph (09) 420 8747

Email

www.birthingcentre.co.nz



**BARFOOT
& THOMPSON**
LICENSED REAA 2008

Local, loyal and loving it!

Doug King 027 249 1982

Kerry King 027 458 7229

barfoot.co.nz/helensville


Sunday 17th May
Kaukapakapa Hall
CANCELLED
but hopefully
next month
 Contact Sarah 021 4 831 542
 sarah@maxnet.co.nz

BUYING OR SELLING PROPERTY?


Jana Mills
 Mob: 021 509 990
 AH: 09 420 9953
 Jana Mills Real Estate Specialist
PRESTIGE

PlaceMakers®
HELENSVILLE

Building Materials
Farm Sheds
Landscaping
Frame & Truss
Kitchen & Bathrooms

75 Mill Road
 Contact Ken Underwood ~ 027 809 6175
 Account Manager for Helensville Area
 ken.underwood@placemakers.co.nz


HELENSVILLE
MOTORCYCLE SERVICES

New friendly local motorcycle workshop
 Quad service, repairs and accessories.
 Motorcycle repairs and warrants
 Pickups and drop-offs available

Ph: 420 7754
 e: service@helensvillemotorcycles.co.nz

Kura's graduation *by Helen Martin*

It's well known locally that Kura Geere-Watson is the inspiration behind our annual Arts in the Ville, but it's probably less well known that for the past few years Kura, whose parents discouraged her from tertiary study when she was young, has been studying for her BA, majoring in Philosophy and Political Studies. "Doing a degree was eye-opening," she says. "You realise how much you don't know."

Having completed her papers last year, Kura was really excited at the prospect of being capped in 2020 – the gown, the hat, the hood, the walk down Queen Street with the other graduands, the pomp and ceremony of the Auckland Town Hall graduation event ... and then Covid-19 happened. It was time to hatch Plan B.

And so it was that on April 23, the day of the cancelled ceremony, Kura staged her own graduation parade. Finding the appropriate gear was relatively easy – a coat turned inside out to show the black side served as a gown, a friend gave her a genuine BA hood, circa 1969 and she fashioned the crowning glory, a mortarboard made from her father's 1922/1923 Wanganui Collegiate First XV cap and the painted cover of a record cut from a performance of The Gondoliers she was in at Karanui College in 1963.

After being photographed under a yarn-bombed tree outside the Helensville Library, where she was cheered on by a few



Kura's graduation walk down Commercial Road.

supporters, Kura sashayed down the middle of Commercial Road, throwing her mortarboard in the air when she reached Countdown. Then, job done, she took off her graduation garb and went in to buy her groceries.

As Kura says, "It's amazing what you can do in a bubble."



Sketch by Kura's friend Debbie Bate aka Debs' 'll Draw.

Budget Footnotes

Just a few notes.



We are open but can only talk to you and work via the internet. We are not allowed to see clients face to face until Level 2.

If you have any financial problems with Work and Income, Banks, I.R.D. ACC, Credit Companies or Credit Cards, please give us a ring or text us on 022-0607-106.

Or email us on hvl.budget@xtra.co.nz we would love to hear from you.

Cheers, Frances



Regular Events

Will hopefully resume soon!

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Wednesday 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. \$4 includes a raffle, membership \$10 (covers the cost of trips) Play Bingo, Trips in warmer weather, shared lunch, Contact Joan 021 029 51753.

Combustion Youth: Friday, 7.30-9pm, Magnify, 118 Commercial Rd, Helensville. For young people, 13-18yrs. Contact Armand Claassens 021-077-5312.

Community Dinner – Whether you are new to the area or have been here for along time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

Diabetics & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Helensville Aglow, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome, Contact yvonne@hello.net.nz for more information.

Helensville Floral Art Club, Third Thursday of the Month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome, Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NOCHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Ruatawhiti Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome or contact Pauline 420-6208.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Iconz 4 Girls 8-13yrs Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

Kumeu Friendship Club

Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Noah's Ark Playgroup - Playgroup for caregivers and for toddlers under 5. Meets every Wednesday during school term from 9:30-12pm at Magnify, 118 Commercial Rd, Helensville. Contact Kim Duncan 420-8911

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-8546

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201, Alwynne Wedgwood, alwynneoh35@gmail.com, 420-9984

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All Welcome, young or old.

Te Awaroa Residents & Ratepayers Assoc (TARRA), Helensville War Memorial Hall. Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A, University for the Third Age, Helensville. For more info call 021-131-7308 or 420-7858

MID WEST PUMPS

09 420 7694

Water Pump Sales & Servicing
Deep Well & Submersible Specialists

SHELLY BEACH TIDE CHART					
Date	High Water Shelly Beach			Sun Rise	Sun Set
May					
1 Fri	0408	3.5	1642	0700	1736
2 Sat	0520	3.6	1756	0701	1735
3 Sun	0632	3.7	1907	0702	1734
4 Mon	0737	3.9	2011	0702	1733
5 Tue	0836	4.1	2108	0703	1732
6 Wed	0930	4.2	2200	0704	1731
7 Thu	1020	4.3	2248	0705	1730
8 Fri	1108	4.3	2334	0706	1729
9 Sat	1153	4.2	-	0707	1728
10 Sun	0018	4.3	1238	0708	1727
11 Mon	0102	4.1	1323	0708	1726
12 Tue	0146	3.9	1409	0709	1725
13 Wed	0234	3.7	1501	0710	1724
14 Thu	0328	3.6	1602	0711	1723
15 Fri	0432	3.4	1709	0712	1723
16 Sat	0537	3.4	1813	0713	1722
17 Sun	0637	3.5	1911	0713	1721
18 Mon	0731	3.5	2003	0714	1720
19 Tue	0819	3.7	2050	0715	1720
20 Wed	0902	3.8	2131	0716	1719
21 Thu	0941	3.8	2209	0716	1718
22 Fri	1019	3.9	2245	0717	1718
23 Sat	1055	3.9	2321	0718	1717
24 Sun	1133	3.9	2357	0719	1716
25 Mon	-	3.9	1212	0720	1716
26 Tue	0036	3.9	1253	0720	1715
27 Wed	0117	3.9	1338	0721	1715
28 Thu	0203	3.8	1428	0722	1714
29 Fri	0255	3.7	1525	0722	1714
30 Sat	0355	3.7	1629	0723	1714
31 Sun	0500	3.7	17.35	0724	1713

Trade/Professional & Services List

Accountants	ECE Astute Accounting	420-7835
Accountants	UHY Haines Norton	420-7972
Agecare	Craigweil House	420-8277
Age Concern Rodney		09-426-0916
Acupuncture		
	Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211
Beauty Therapy	Beauty Elixir	022-465-0727/420-9775
Birthing Centre	Commercial Road, Helensville	420-8747
Block & Bricklayers	Gary	027-339-9038/420-8380
Boats & Outboard Mtrs	Mike Stanton	0276-058-225
Budget Service	Francis	420-7740
Building Supplies	PlaceMakers	420-9150
CAB		420-7162
Cabins	Rodney - Just Cabins	0800-58-78-22
Chiropractor	Kaipara Chiropractic Healthcare	420-6224
Computer Repairs	Michael	021-251-4138/420-9307
Concreters	Brewis Concrete	021-992-590
Diggers	Helensville Diggers	021-454-793/420-7023
Dog Grooming	Christine	420-2706/021-521-303
Drainage	Helensville Drainage	021-657-276/420-9091
Early Learning Centre	Active Explorers	09-222-3277
Early Learning Centre	Gumboots	09-411-9038
Garden Sheds	Baby Barns	022-075-8283/420-3298
Gasfitting		
	Habitat Plumbing Heating Gas	027-HEAT-NOW/027-4328-669
Gift Baskets	Riverside Crafts - Sarah	0800-831-542
Gifts & Clothing	Eleventh Hour - 83 Commercial Road	
Gunsmith	John Hall	420-2837
Ink and Toner	Huapai Copy & Print	09-412-8882
Insurance	Rodney District Insurance	022-363-2377
JP's	Greville Walker	02108-290-768/420-7173
Lions Club of Helensville	Pauline 420-6208, Chris 420-8527	
Markets	Kaukapakapa Village Market	0274-831-542

Markets	Waitoki Village Market	Gill 420-3301
Meat Wholesaler	River Valley Meats - Andy	021-685-199
Mechanical Repairs	Helensville Mechanical Services	420-8177
Mechanical Repairs	McLeod Motors	420-8633
Motorcycle Repairs	Helensville Motorcycle Services	420-7754
Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
MP	Chris Penk	021-0230-6106
Osteopath	Osteopathic Natural Health	420-7867
Painters	Robert Wright & Company	027-374-1105
Painters	Stroke of Genius - Keri	021-701-061
Picture Framing	The Picture Framing Company	0800-372-633
Plant Centre	Kaipara Coast Plant Centre	420-5655
Plumbers	Aqua Plumbing	021-0275-3821
Plumbers	ATL Plumbing Ltd	420-7868
Plumbers	KPL Ltd	420-9108
Property Management	Private Residence	021-872-336
Pumps	Mid West Pumps	420-7694
Real Estate	B&T - Doug & Kerry King	420-6090
Real Estate	B&T - Rene Vos	027-275-4321
Real Estate	B&T - Eveline Vos	021-353-009
Real Estate	Burmester Realty	420-8360
Real Estate	Burmester Realty - Kelly Davison	0274-670-175
Real Estate	Prestige - Jana Mills	021-509-990/420-9953
Real Estate	Prestige - Jenny Killick	021-259-0091/420-4947
Reiki Healers	The Healing Heart of Helensville	420-9098
Shower Installation	GSILtd	0800-466-5327/420-8777
Takeaways	Kaipara Fresh Fish & Takeaway	420-7190
Takeaways	Shark n Tatties	420-5062
Typesetting/Photocopying	Huapai Copy & Print	420-9307
Venue Hire	Kaipara Memorial RSA	420-8888
Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630
Your Local Business Book	yourlocalbusinessbook@gmail.com	

Local, local, local!

We keep saying it and we keep talking about it but does it make any difference? Do we actually take notice and act on it?

Last month we re-ran a Business Association article from our December 2009 issue. The theme was the same, and it applies even more today, 'Support your local community' to help it survive.

In the aftermath of Covid-19 many small business will struggle to survive. Some owners will have insufficient cash reserves to get back on their feet, nor will they have the resources to borrow in the meantime. How can we ALL help? Shop Local!

That does not mean just retail businesses, shops and takeaways, it means all the local small businesses, the plumbers and electricians, the tyre shops and mechanics, the therapists and hairdressers; the bookkeepers and seamstresses, the printers and second hand

stores; all those businesses that make our community. It is time to stop even thinking of buying online because its easy, or because it is just a little cheaper. That is not how New Zealand was made, and it won't be rebuilt that way either.

So from now on every time you need to buy something, repair something, or engage a serviceman or woman **THINK LOCAL**, first second and third. Search for a local business person, ask friends for a referral, or search www.yourlocalbusinessbook.co.nz online' but whatever else don't go out of town unless it is absolutely necessary.

To help this happen we would like to run a column for you, our readers, to drop us a line and promote a local business you have used and would recommend to others. Email helensville@copyandprint.co.nz with the name of the business or person, what you bought or the work you had done, and why you would like to recommend them in about 50 words.

Free Financial Crisis Assistance

UHY Haines Norton Chartered Accountants are continuing to provide all accounting, tax and business advisory services remotely. Under Alert Level 3 clients are not allowed on our premises, so our Helensville office at 34 Commercial Road remains physically closed. However, the whole team continues to work safely from home and are contactable through all of the normal channels.

We are proud to be providing free financial crisis assistance for businesses affected by COVID-19. We are offering up to 2 no-obligation collaborative business meetings with our experts, completely free of charge. Our experts can demonstrate how different

scenarios for revenue, profitability and cash flow may impact, and provide analysis and information around changes you may consider making due to the COVID-19 crisis. If you have any concerns regarding the financial future of your business we are here to help. This offer is open to all businesses – you do not have to be a client with us.

To start your free financial crisis assistance please contact Mark Foster on 021-220-5817 or email crisisassistance@uhyhn.co.nz.