

### Locals win big at the NorthWest Country Business

### Awards by Helen Martin

The fourth annual North West Country Business Awards, presented at an event held at the fabulous Riverhead Hotel soon after our Arts in the Ville weekend, was a great night for local businesses. The focus of the awards is "to celebrate the commercial, creative, and customer service successes of businesses in the greater North West area." Facing stiff competition, many local businesses were represented in the finals. This is no small achievement, as a lot of work goes into each entry. Awards in each category are for the overall winner, who receives a trophy, and for the runnerup, who receives a highly commended notation.

As explained by speaker Mark Scherer, results are calculated from a combination of public voting, mystery shopper

assessments and written entries from each competing business. This year the standard of entries was very high, he explained, with over 15,000 votes cast.

With Six60 bass guitarist Chris Mac as MC, and an excellent three-course meal served in between grouped categories, the



Physio Flex owners Scott and Susan Narbey, winners of the Supreme

evening saw many awards presented to local businesses.

Physio Flex, a family-owned physiotherapy centre in Helensville which enjoys "supporting our local people to perform at their best from the sports field to the classroom to fishing the Kaipara" won both the Health and Beauty Award and the prestigious Supreme Award, which is given to the business with the highest overall score.

The Kai Collective is a Helensville-based foodbank started during the first Level 4 COVID lockdown by a number of local agencies. A core group of 12-15 volunteers pack kai parcels each week with food generously donated by many local supermarkets (including Kumeu New World, which won the Covid Hero Award) and growers, as well as from food waste champions like Kiwi Harvest and Fair Food, and has to date supplied over 1000 parcels to around 300 families. The Collective were thrilled to win three awards, the only business to achieve this in the 2020 competition: Highly

Commended in the Not for Profit category; Best New Business; and the coveted People's Choice.

Other successful businesses from out our way were: Art Centre Helensville (Not for Profit Award), River Valley Meats (Rural Services) and Kaipara Coast Plant Centre (Environmental Excellence Award).

Highly Commended Awards were won by the Real Bread Project (Family, Informal Dining and Takeaways), Eleventh Hour Gifts (Retail), Skydive Auckland (Recreation), and PGG Wrightson Rural Supplies & Fruitfed Supplies (Rural Services).

Warm congratulations to the winners and to everyone who took part.

Sponsors of the event were North West Country, Smith and Partners, Hallertau, Presentations Design and Print Ltd, KTS chartered accountants, Riverhead Hotel, Cherry events + pr.



Kai Collective, winners of three North West Business awards.

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### **Helensville Community News**

Email: helensville@copyandprint.co.nz www.helensvillecommunitynews.co.nz

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312 Main Rd, Huapai. P O Box 81006, Whenuapai All correspondence should be legible and include writer's name and address.

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### Long awaited post-Covid hui

by Helen Martin

Prevented from having their usual bi-monthly hui by the lockdowns, kaumatua and kuia from Wellsford, Kaiwaka, Kaukapakapa, Helensville and Parakai, some in their nineties, were happy to be out enjoying their day at an October hui at Kaukapakapa Bowling Club. This was part of an event that, for the past two years, has seen South Kaipara kaumatua and kuia come together in the spirit of whanaungatanga under the umbrella of the Ngati Whâtua organisation Te Ha Oranga, which is a mobile nursing service funded through the District Health Board providing health and wellbeing services to people, regardless of nationality, within the Ngati Whatua rohe.



Kaukapakapa School senior girls put on a brilliant performance.

While one speaker joked that "It's all about the kai" the manaakitanga was many layered. In her korero, Wellsford based Tamariki Ora nurse, Whaea Judy Kennedy, who says that loneliness and isolation have been particularly

bad this year for many of their clients, reminded people that support was always available and they could call any time. Music and song percolated through the day, the highlight of which was provided by a series of wonderful, energetic kapa haka performed by Kaukapakapa School, with most of its students, from tiny to tall, taking part. Teacher Ben Bradley, whose hard work and dedication ensures that kapa haka is an important part of the school's culture, said he was grateful for the opportunity to perform, and that a loving audience "brings out the best in the tamariki."

"Without Kaukapakapa Bowling Club there would be nowhere to have this event. We're very grateful to them for providing the venue in return for a koha," said organiser Whaea Cath Rameka, who works for Te Ha Oranga in Helensville as Whanau ora Kaimanaaki.



### Sunday 15th November Kaukapakapa Hall 8.30am – 1pm

10am - 12pm, live music from duo Take Two, free face painting.



Contact Sarah 0274 831 542 sarah1@maxnet.co.nz



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### What's happening this month





**Saturday, 14 November, Waitoki School** will be hosting a garden tour around 10 beautiful Waitoki Gardens.

Tickets are now on sale and can be purchased for \$50 via the Waitoki School Website.

The ticket price includes transport from Waitoki School to the nearby gardens and also includes tea or coffee and a sweet treat.

There will be small stalls with plants and boutique items to purchase so attendees are encouraged to bring cash with them.

Sunday, 15 November, Helensville Art Trail Helensville township, 56d Kaipara Coast Highway, Helensville, Helensville, Auckland 10:00am – 4:00pm. On the Third Sunday of each month from November to April, many of Helensville's accomplished artists open their personal studios for the Helensville Art Trail. Studios are all conveniently situated within two kilometres of central Helensville. Follow the signs leading to each studio (see map, available from The Art Centre and the library). All of these artists have spent years honing their skills in an extensive variety of genres. Enjoy meeting them in person and being given an insight into the processes involved in creating each piece of art. Works range from lost wax casting of bronze and crystal glass, figurative and abstract paintings and prints, to shaping of corrugated iron into incredible forms; fine wool lace handcrafted into delicate shawls, elegantly crafted creative hats for every occasion and the carving of stone into fine jewellery. We hope that some visitors enjoy lasting memories of purchasing a treasure, however large or small, directly from the artists themselves. Toilets: Please use the toilet facility in Helensville township created by our own

Sunday, 15 November, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Live music from duo Take Two. Free face painting. For more information, stall-holder, busker and music enquiries contact Sarah: Phone -0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available. Sunday, 15 November, Kaukapakapa Library, 9.30am to 1pm,

The Kaukapakapa Library's photo competition took place in October. Winning photos are on page 10 of this issue. The competition help us create a snapshot in time for the Kaukapakapa of the future. This month reclaiming 2020 from all things viral, the Kaukapakapa Library presents both a collection of contemporary photography by Colin Lunt and works by sculptor Jill Guillemin. 'This Is Who We Are', an exhibition curated by freelance photographer Colin Lunt, referencing the collection put together by the late Alan Jordan as an historical link, portrays Kaukapakapa and surrounds as it is today. The collection of people, places and events provides a snapshot of time in Kaukapakapa as a record for future generations. Talented Snells Beach sculptor and artist Jill Guillemin brings a selection of some of her earlier ceramic pieces of iconic Kaukapakapa buildings. Having worked with a variety of mediums from clay, porcelain, fabrics, wire and mesh, Jill has recently returned to her ceramic roots. As an artist she has been invited to present her work in many exhibitions and has also taught ceramic classes. Being part of Kaukapakapa's extended Jordan family, Jill is also part of who we are.

Come along to the Kaukapakapa library and meet both Colin and Jill. Library open in conjunction with the Kaukapakapa Village Market. For more info contact Megan, threehorses@xtra.co.nz Ph. 021 95901 Contact details Megan Paterson, threehorses@xtra.co.nz, 021 959017. Library open in conjunction with the Kaukapakapa Village Market.

**Friday, 20 November, Gibbs Farm Open Day** for MusicHelps Gibbs Farm, 2421 Kaipara Coast Highway, Makarau, Auckland

10:00am – 2:00pm. Gibbs Farm, the private Kaipara sculpture park owned by entrepreneur Alan Gibbs, is opening its gates on Friday 20

November 2020 in a fundraiser for MusicHelps. Tickets for the open day are strictly limited and available now. The farm is rarely open for the public to visit. This fundraising day is a special opportunity for supporters of MusicHelps to view Gibbs' unique collection of artworks by renowned sculptors from around the world. The farm is also home to numerous exotic animal species, including bison, emus and giraffes. The event will raise funds towards projects all over the country that use the power of music to help and heal people in need.

Open Day Entry Adult: \$84.60 Open Day Entry Child (up to 12): \$43.60. Buy Tickets – (09) 887 1004

Saturday, 21 November, Te Awaroa Residents & Ratepayers Association Inc. (TARRA) AGM 4.30pm at 44 Commercial Road Helensville. All welcome.

Sunday, 22 November, Sculpture Exhibition - Grand Opening, A key attraction of the Kaipara Coast Plant Centre is the Sculpture Gardens, and each year the 40 sculptures, created by local and overseas artists are replaced in December. The opening presentations, including comment by this year's curator Shea O'Neill, will be at 2.30pm, with light finger food and soft drinks provided. There will be additional entertainment on offer provided by a local musician. Tickets \$15 per adult, Children under 5 free, 5-13 \$7.50, families (2A+3C) \$35 Groups (10+) \$10. To book: info@kaiparacoast.co.nz or ph 09-420-5655. 1481 Kaipara Coast Highway, 4km north of Kaukapakapa.

#### **Upcoming events**

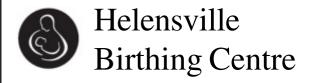
**Friday, 4 December, Helensville Aglow,** 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop). At Aglow we have an inspirational speaker sharing life stories and how they overcame obstacles. Guest speaker at the December meeting will be Sandee Everett, from House of Re Ministries. All welcome. Contact Bridget at helensvilleaglow@outlook.com for more information.

**Friday, 4 December, Gibbs Farm Fundraiser Visit** - Helensville A&P Show Gibbs Farm, 2421 Kaipara Coast Highway, Makarau, Auckland. 10:00am – 2:00pm

Enjoy a farm walk with a difference across this iconic farm that is a landmark of the area. Not only does the farm offer commanding views of the mighty Kaipara Harbour but is home to exotic wildlife and nearly 30 spectacular sculptural installations. For those who have wondered "how to get up close" with these incredible works of art, this is a rare opportunity. The Gibbs Farm is a private farm and open by appointment only. The 119th Helensville Show is the grateful recipient of the opportunity to share this unique experience as a charitable fundraiser for the upcoming 2021 Show to be held at the Helensville Showgrounds on Saturday 27th February, 2021. Bring your own picnic and make a day of it with family or friends. This is a self walk farm so bring sturdy walking shoes.

Sunday, 6 December, Flower arranging - Christmas Theme. 9.30-**11.30am.** Have you ever wanted to create your own Christmas wreath or a beautiful table setting for that special lunch or dinner but not sure where to start or how to go about it? Then this 2 hour workshop will be ideal to get you on your way (as well as impress family and friends ©). Bea Stumple, an expert local florist, will again be presenting this event which was extremely popular and well received when we ran it in 2019. Bea qualified as the top student in NZ when she completed her NZ Professional Floristry examinations 26 years ago and is one of only 16 people to have received the Ethel Black Award (a top accolade in the floristry world). She is also a registered examiner and accomplished tutor – so Bea knows her stuff. She plans to stroll around the gardens with attendees selecting appropriate plants and flowers and then show you how to arrange them to best effect. Tickets \$15 per person. To book: info@kaiparacoast.co.nz or ph 09-420-5655. 1481 Kaipara Coast Highway, 4km north of KaukapakapaTickets \$15 per person. To book: info@kaiparacoast.co.nz or ph 09-420-5655. 1481 Kaipara Coast Highway, 4km north of Kaukapakapa

Sunday, 6 December, Twilight Christmas Market Muriwai Surf Club, Jack Butt Lane, Muriwai Beach, Auckland 4:00pm – 8:00pm. A wonderful selection of locally made arts and crafts at the beautiful Surf Club Muriwai Beach. Enjoy a swim at the beach then wander up to the club for hasslefree Christmas shopping supporting local artists while enjoying live music and dinner from a variety of excellent food trucks. This is a busy but relaxed market with everything from clothes, candles, art prints, home made confectionary, jewellery, skin care products, plants, the list goes on.



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### **Lions Club of Helensville**

### **CHRISTMAS BOOK FAIR**

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Helensville War Memorial Hall

Once again the Lions Christmas Book Fair is scheduled to be held on the last weekend of November. The Autumn Book Fair in May was cancelled due to Covid restrictions so consequently we will have twice the number of books for sale. The Book Fair will be held on Saturday 28th 9am to 4pm and Sunday 29th 10am to 3pm in the Helensville War Memorial Hall.



A tsunami of donations arrived as soon as we went into Level 1, many people had obviously used the lockdown period to have a clean out. We have once again categorized all the books before the event, but it will not be possible to put all the books up on the tables. There will be

many boxes on the floor, but the books will all have been sorted, just not laid out in an orderly manner as at previous Book Fairs.

Non-Fiction will be split into twenty separate categories, including one dedicated to New Zealand subjects and a large General Non-Fiction section to browse through. Fiction is arranged alphabetically by authors, with six special interest groups, the largest of which is the Fantasy/Science Fiction section. We also have a tremendous number of children's books for all ages.









# Helensville Library news for November 2020

Thank you to all who made our first Book Tasting Event such a success.

Thanks to the first COVID-19 lockdown, an idea percolating in Anya's head came to fruition. Alas, the actual event was delayed due to the second lockdown. It was worth waiting for. 40(ish) enthusiastic Helensville book fans mingled and chatted over books, nibbles, and soups and snacks.

Because it was our first Book Tasting, we did have a plan for the evening – which was derailed quickly and wonderfully.

Each attendee was given a Menu and Tasting Notes brochure, a Doggie Bag receipt, and a bookmark. Handing in the Doggie Bag receipt resulted in receiving a Mystery Book – all wrapped in paper. (If you forgot to issue your mystery book on the night, please remember to bring it back in four weeks time ??.)

There were nine colour-themed tables to explore, with a mixture of genres and books for all ages – encouraging people to explore and meet new-to-them topics and genres.

Some of the feedback we have received includes:

- Fantastic! Well thought out and a lot of effort obviously went in to make for a very enjoyable evening.
- Superb magnifico MORE PLEASE enjoyed it immensely.
- Wonderful!!! Great organisation. Fab selection. Fantastic librarians.
- Excellent "production". Great ambiance; and food. Brilliant idea. Well done!
- Thank you for a really nice evening. The food was so tasty, and enjoyed checking the books out. Thank you to you all.
- Thank you for all you do. Your efforts for book tasting were truly appreciated. Supper was totally unexpected and delicious. Thank you also for opening my reading eyes to whole new worlds of possibility. Hope we will be able to do it again.
- Thanks for a really fun and novel event (see what I did there?
   ??). Keen for another one at some stage.
- What a wonderful evening! Thank you so much to the Amazing Helensville Library staff - a perfect community event. ?????? Photos from the night are available on facebook.com/

HelensvilleLibrary.

Thanks, once again, to all who attended.

But a GIANT THANK YOU and round of applause for Anya the Awesome, who made it all happen. Her design and organising skills came to the fore. (I'm working on getting the lime dessert recipe off her – and putting it up on our Facebook page.)

Massive thanks to Sally, who supported and guided Anya – and made the soups.

I'll take some of the thanks for having the loudest voice in the Library team. Oh, and my teeny-flower-pompom making abilities.

Rest assured, we are planning to hold another one in the future. We just need to recover from Arts in the Ville, Summer Reading programmes, Christmas...

You can keep up-to-date with Library happenings on our Facebook page.

Anne - Senior Librarian / Poukokiri - Children & Youth, Helensville Library



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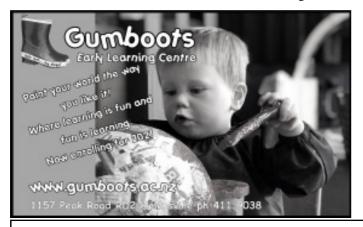
52 Beach Rd Te Atatu Peninsula

2020 has been a very big year for us all and Hospice West Auckland wants to bring the West Auckland community together to light up Hospice and share peace and reflection to the year that was 2020. We will have some special V.I.P. guests joining us while we prepare for the sun to set and the lights to light up the sky.

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Friday 4 Dec 7.30pm to 8.30pm

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### Helensville Museum AGM

by Helen Martin

#### Ka mua, ka muri. Our past is our future.

Delayed by Covid restrictions, the Helensville and District Historical Society held its AGM in October. The meeting was well attended, and the atmosphere of positivity was testament to the huge commitment and hard work put in over the past year. Volunteers and committee members have contributed their time and expertise alongside President Leigh Bosch, Vice President Robyn Donald and committee member Toni Walmsley, who have spent hundreds of unpaid hours working to restore the Museum's buildings, archives and artefacts after the discovery last year that the collection was endangered by borer and other pests, and that the four heritage buildings were in urgent need of repair.

#### Reports

Leigh spoke of the significance of re-establishing contact with founding member Colleen Thompson (previously Trotter) and read out a letter from Colleen explaining her inspiration for establishing some sort of group to save local artefacts and stories, and from that the Helensville and District Society was born in 1968, with the purpose of preserving and promoting South Kaipara's history and heritage. Colleen wrote of how the impetus to do this came after she was given six handmade nails from Cob Cottage, a historic building restored by voluntary firefighters. As Leigh explained, the nails are a taonga and a reminder of what the Museum is about. They remain a treasured part of the collection.

As supervisor of building repair Robyn gave an account of work done so far, much of which she has done herself, which involves making the buildings sound, pest proof and temperature controlled. Toni Walmsley reported on her contribution to reestablishing the accessions, archives and research rooms and assisting with the annex storage area. The Accessions Room, for example, previously inaccessible and little used, has been set up to receive archival materials that have been frozen and require processing. The new Past Perfect Software programme will enable much more efficient operation of Museum business, including recording photos, artefacts and memberships and composing and sending newsletters. Jennifer McCann's account of the fundraising efforts of her sub-committee generated useful discussion on financial issues.

#### **Election of officers and committee**

Leigh Bosch, President; Robyn Donald, Vice President; Toni Walmsley, Minutes Secretary. Committee: Kerri Herring, Jean Davidson, Ron Harland, Margaret Kawharu, Mary Stevens.

#### Life membership, Wynne HaySmith

Retiring committee member Wynne HaySmith, who has been on the committee since its inception and has held the positions of President and Treasurer, was conferred Life Membership in recognition of her many years of involvement with the Museum. In her paid work, Wynne's career was largely as a teacher. She was also a writer, including for the NZ Herald and the Rodney Times. She was a tireless volunteer. Her Museum work included

the ongoing tasks of reorganising the archives and contributing publication of two important histories of the area, Colleen Sheffield's 'Men Came Voyaging' and the Historical Society's 'Pioneering Women of South Kaipara'.

In addition to



working hard for the On her retirement from the committee. Museum, Wynne's Wynne HaySmith was recognised for formidable her 52 years' service to HDHS.

contribution to her community has included practical involvement with Mâori Women's Welfare League, Meals on Wheels, Rangers, Playcentre, Plunket, St Andrews Church, PPTA, Save the Hospital, Parakai Primary School and the Helensville A&P Show. Outside Helensville Wynne has done voluntary work for Waipu Museum, Orewa SeniorNet and the Association of Presbyterian Women.

Wynne is greatly valued for her 52 years' untiring participation on the HDHS.Her fearless determination to get things done, her logical approach to problems and her unrivalled local historical knowledge will be greatly missed. Tena rawa atu koe.



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# \* From Penk's

In times of economic crisis a key role of Government is to stimulate the economy. The rise in unemployment is naturally accompanied by the fall in GDP and median incomes. As the economy begins to slow down, it's important the government gets it moving.

It's equally as important for governments to remember that financial stimulus should be treated in the same way as any big cash splurge - like an investment. Short term debt for long-term gain.

While short-term cash handouts solve the problem, they are enjoyed ephemerally whilst the economic issues stay as people remain jobless. Long-term cash injections like infrastructure projects employ a significant number of people for years on end.

This means an economic crisis isn't all bad news. It can be treated as an opportunity to invest towards growing New Zealand's assets whilst keeping the economy afloat. Today we can address the cracks in our infrastructure to build a healthy, more productive economy for tomorrow.

This brings us to the next step in the equation of New Zealand's COVID economy. How do we pay back this debt?

If the money we are spending now is targeted to support the business environment and supplement economic growth we will have less of an issue paying it back. Thoughtless spending on the other hand will burden future generations. After all, the mark of a good investment is that it ends up paying for itself.

The economic fallout from the COVID-19 pandemic means debt is inevitable, but we shouldn't lose sight of basic disciplines around the quality of spending and a focus on results, because the debt eventually has to be paid back, before the next crisis.

### Kaukapakapa Library presents 'This Is Who We Are'

#### Sunday 15th November 9am to 1pm

Reclaiming 2020 from all things viral, the Kaukapakapa Library presents both a collection of contemporary photography by Colin Lunt and works by sculptor Jill Guillemin.

'This Is Who We Are', an exhibition curated by freelance photographer Colin Lunt, referencing the collection put together by the late Alan Jordan as an historical link, portrays Kaukapakapa and surrounds as it is today. The collection of people, places and events provides a snapshot of time in Kaukapakapa as a record for future generations.

Talented Snells Beach sculptor and artist Jill Guillemin brings a selection of some of her earlier ceramic pieces of iconic Kaukapakapa buildings. Having worked with a variety of mediums from clay, porcelain, fabrics, wire Sculpture of 'Edenvale' by Jill and mesh, Jill has recently Guillemin



returned to her ceramic roots. As an artist she has been invited to present her work in many exhibitions and has also taught ceramic classes. Being part of Kaukapakapa's extended Jordan family, Jill is also part of who we are.

Come along to the Kaukapakapa library and meet both Colin and Jill. Library open in conjunction with the Kaukapakapa Village Market. For more info contact Megan, threehorses@xtra.co.nz Ph. 021 95901

### Thanks for the service

Local women Anne Adams and Jenny Holst are retiring after many years' service as Justices of the Peace. They have seen a lot of changes in the role over time and both agree that serving their community has been very rewarding.

Anne and her husband Gavin came to NZ from Australia over 50 years ago. In 1998, before the boundaries changed, she was working as the electorate agent for MP Brian Neeson in his Lincoln Road office when he suggested she become a Justice of the Peace, so she had the authority to authorise documents. Anne added this to her other community activities, including with Playcentre and quilting and knitting groups. After moving to Helensville 15 years ago she wanted to become involved in what was going on in the community so joined Citizens Advice Bureau (CAB), where her work as a volunteer also included the Justice of the Peace role. She has now retired because, she says, "I turn 80 next year and I just thought it was time to go. I'm looking forward to having more time to myself."

Born and bred in Helensville, Jenny is the daughter of Noel Rimmer, a man whose commitment to the district was recognised in the naming of Rimmer Road. "My father used to say your community is only as good as what you put into it," says Jenny. Brought up with these values, Jenny added the Justice of the Peace role to her busy community involvement after she had moved to the South Head cattle and sheep farm she owns with husband Trevor and was approached by the two Justices of the Peace from there who were leaving the district. She has enjoyed her 20 years in the role, doing most of the work from home, while also being on the Saturday morning roster. "I've enjoyed the opportunity to meet new people from South Head I wouldn't otherwise have met, but I turned 80 this year and I always said I'd stop then," she says. "It's come around quickly."

In the early days of their service the Justice of the Peace role was much simpler than it is now. You had to be nominated then accepted by the Ministry of Justice, but training consisted of being given a folder of material and "left to it." As Jenny says, "In the early days it was mostly witnessing documents. Now it's much more complex and you need training." Anne agrees. "You were more of a support person but also a listener. That was the job really." Today, training is rigorous and ongoing, giving Justices of the Peace the opportunity to keep up with new information and practices. There is also a Helensville and District support group.

Ralph Martin, who has taken over from Greville Walker as Justice of the Peace Coordinator for Helensville and District, says Anne and Jenny have both done a wonderful job in their years of unstinting service and their work is greatly appreciated.

Looking to the future, Ralph says while Anne and Jenny were meticulous in keeping up with their ongoing training, some Justices of the Peace are not committed and pay their subs to keep the kudos of being able to write 'JP' after their name but don't attend training. "The Justice of the Peace Association is trying now to weed out people who don't attend training courses and are not accredited." There is also a drive for more Justices of the Peace in the Helensville area. "We're pretty well served in South Head, Kaukapakapa, Waitoki and Glorit. The new CAB Chairperson Alan Shilton is a Justice of the Peace at Shelly Beach. We just need some now for Helensville. It'd be great to have some younger ones, as Justices of the Peace now have to retire at 75. You don't have to wait to be asked, and the only requirement is that you have to be involved in at least a couple of things in the community. We'd love to hear from anyone who wants to take it on." Contact: ralph.martin@xtra.co.nz



Retiring Justices of the Peace Anne Adams (left) and Jenny Holst, with Justice of the Peace Coordinator Ralph Martin.



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### A month in the life of Kaukapakapa

The Kaukapakapa library photo competition took place in October and entrants needed to take a photo of their home and family in the local area. Winner of the senior section was Zarnie Fergusson with her grandfather, Keith Willis. Junior winner with the trampoline shot was Eli Scott, aged 9 and his sister Tasman, aged 7, won People's Choice with her photo of the family cat. Lastly Lottie Matteucci won the Merit Award. Thank you everyone for taking part and helping us to create a record of Kaukapakapa 2020











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#### KAIPARAMEMORIALRSA **Armistice Day Parade**

The Kaipara Memorial RSA will be holding an Armistice Day Parade on Wednesday 11th November at 1100 hours to commemorate the end of World War One, 102 years ago.

The parade will take place outside the RSA clubrooms, 49 Commercial Road, Helensville. Medals should be worn, if wearing your relative's medals, wear them on the right side. Wreaths will be laid following a short ceremony. Light refreshments will be served in the clubrooms afterwards. For any

information, contact Rex Keane 027 293 2768.

#### **RSA Memberships**

Whilst it is common knowledge that you do not need to have served in the military to join your local RSA, the thing that concerns the Kaipara RSA the most is the lack of veterans, ex-service and servicing personnel who are not members. We know there are thousands of Veterans with Operational Service in places like Timor Leste, Iraq, Afghanistan and Vietnam to name a few. The Kaipara RSA is located close to RNZAF Base Whenuapai and the NZ Naval Base at Devonport and we would welcome more service, ex-



service members, as well as the citizens living in the local area of Helensville.

The Kaipara RSA sends out a weekly newsletter covering topics from the Army, Navy and Air Force news, Veterans Affairs, RNZRSA, Health and Wellbeing videos, forthcoming Dedications and Commemorations, which are of interest to the whole community. The restaurant and bar are open Wednesday, Friday and Saturday, so call into the club and join up or email; kaipararsa@xtra.co.nz.

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### The Lions Roar

A busy time ahead for Helensville Lions; our Giant Book Fair November 28/29th and our Christmas Festival, December 5th, which we are holding in lieu of the Christmas Parade which has been cancelled this year.

Look out for the posters detailing both of these events.

The Lions Roar, why, "Because of our Pride"

Pride as in a group and pride as in what we have been able to achieve for our community. Over the past 56 years the Lions Club of Helensville has been able to assist a large number of different groups and individuals to achieve their goals.

Let's look around Helensville – the playground behind the Hall, St John Ambulance Station, Fire Brigade equipment, seats on Commercial Road, planter boxes in the town centre. More recently the extended walkway from Mill Road to the area between the Old Post Office and Old BNZ. We assisted in the funding for the development of Rautawhiri Park, the Tennis Club pavilion and the recently completed Exercise Trail.

We have provided funding for all our schools (Pre School to Kaipara College) to assist their pupils to better their educational, sporting and cultural opportunities. We provided a walker for a local lad who had cerebral palsy, enabling him to be mobile.

Through our activities we have given pleasure to folk of all ages, Book Fairs, Helensville's Christmas Festival, also the Children's Colouring Competition through the schools and providing the canteen at the Helensville A&P Show.

Now we are looking for help. We need to increase our numbers to enable us to continue our efforts. Through joining our club, you will meet new folk and form relationships with people of all ages, nationalities and occupations. Our organisation is worldwide with an incredible bank of contacts and associates. We meet twice monthly in the pavilion at Rautawhiri Park, these meetings are usually dinner meetings, allowing for fellowship and socialising.



Your depth of involvement is your choice. If becoming a full member is not a reality, why not join our new group "Friends of Lions"? This group of community minded folk assist us with our activities and enjoy our company, there is no financial obligation for Friends.

Which ever way you choose you will always be made most welcome. To find out more about us please contact one of the following:

Yvonne Hilton 420 8122 Pauline 420 6208 Chris Clark 420 8527



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# **Duke of Edinburgh adventure**

by Bianca Bayly, Kaipara College

As part of Kaipara College's new timetabling we were offered an opportunity to get involved with projects we are interested in. My friends and I chose to work on our Duke of Edinburgh award and organised to do the Waikaremoana tramp during the holidays.

On the second Tuesday of the holidays, after a 7-hour drive which included a few cases of car sickness, we arrived in Waikaremoana. We still had a few hours of daylight to kill so we found a stick, made a ball of duct tape and played a game of bat down.

On Wednesday morning our driver took the eight of us out to the start of the tramp and sped back to catch a ferry into the walk to meet us. We found out later that he had missed this ferry by just a few minutes and the next ferry had broken down. We met him at midday and made our way to the first hut, which was right next to the lake, where a few of our group had a quick swim/ice bath. Luckily, we had all made an agreement beforehand that everyone must have deodorant, so we didn't have any issues with smells. Or at least we all smelt the same as each other.

The second day we headed up to the waterfall for lunch and made it to the next hut. In the middle of the night I woke up to a completely indistinguishable sound. After some time, I began to hear others waking as well and realised that the sound was from someone snoring like a train. Some of us started to make comparisons between the snoring and an elephant farting, or a lawnmower, and someone even genuinely thought there was a sheep baaing. By this time, we were all lying on our bunks trying not to laugh.

The morning, we headed up to our last hut. On the way, we walked through old moss-covered beech trees and mist. At the hut we keep the fireplace going with mossy, wet branches. The hut overlooked the lake, and in the morning, watched the spectacular sun rise.



From left: Riley Gudopp, Bianca Bayly, Jessica Cameron, Lukas Fairweather, Rosie Gudopp, Brock Colsen, Glenn Cameron, Alex Sergeant.

We walked out on Saturday afternoon and had fun exploring the caves at the bottom.

After successfully completing the Lake Waikaremoana tramp we all thoroughly enjoyed pizza for dinner in Rotorua that night. It was a nice change from cooking back country meals on gas cookers.

We all had an amazing time and came away with lots of stories to tell. We had heaps of satisfaction from planning the trip for several months in advance. I thoroughly recommend getting involved with the Duke of Edinburgh award if it interests you, as it gives you purpose to organise fun activities. We are all excited to plan our Gold adventures journey next year.



**60 Plus,** Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

**Al-Anon Family Groups** can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

**Circle of Friends:** Wednesday 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. \$4 includes a raffle, membership \$10 (covers the cost of trips) Play Bingo, Trips in warmer weather, shared lunch, Contact Joan 021 029 51753.

**Combustion Youth**: Friday, 7.00-9pm, Meet at Magnify, 118 Commercial Rd, Helensville. For 13-18yrs. Ph 420-8911.

**Community Dinner** – Whether you are new to the area or have been here for a long time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

**Diabetes & Arthritis Group** - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

**Helensville Aglow**, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome, Contact yvonne@hello.net.nz for more information.

**Helensville Floral Art Club,** Third Thursday of the Month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome, Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

**Helensville Healing Rooms**, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

**Helensville Lions Club**, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Pauline 420-6208.

**Helensville River Valley Country Music Club** Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

**Iconz 4 Boys 8-18 yrs,** Adventure, life skills, Leadership and Fun – every Tuesday of the school term, 6pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Adrian Low 021-999-449

**Iconz 4 Girls 8-13yrs** Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

**Kumeu Friendship Club.** Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

**Noah's Ark Playgroup** - Helping parents and caregivers enjoy the preschool years, every Wednesday of the school term, 9.30am-

12pm at Magnify, 118 Commercial Road. Contact Kim Duncan 027-444-3492

**Peggy squares knitting group**, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-8546

**SeniorNet Kumeu Inc.**, Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

**South Kaipara Rotary**: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

**Te Awaroa Residents & Ratepayers Assoc** (TARRA), Helensville War Memorial Hall. Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

**U3A**, University for the Third Age, Helensville. For more info call 021-131-7308 or 420-7858



SHELLY BEACH TIDE CHART							
Date	High Wa	ter Shel	ly Beach	Sun Rise	Sun Set		
November							
1 Sun	1159	4.1		0616	1953		
2 Mon	0007	4.0	1231	0615	1954		
3 Tue	0039	4.0	1302	0614	1955		
4 Wed	0112	3.9	1335	0613	1956		
5 Thu	0147	3.8	1410	0612	1958		
6 Fri	0225	3.6	1450	0611	1959		
7 Sat	0309	3.5	1537	0610	2000		
8 Sun	0402	3.4	1635	0609	2001		
9 Mon	0508	3.4	1745	0608	2002		
10 Tue	0622	3.4	1857	0607	2003		
11 Wed	0735	3.6	2004	0607	2004		
12 Thu	0840	3.8	2105	0606	2005		
13 Fri	0939	4.0	2200	0605	2006		
14 Sat	1032	4.2	2252	0604	2007		
15 Sun	1122	4.4	2341	0603	2008		
16 Mon		4.3	1210	0603	2009		
17 Tue	0028	4.3	1255	0602	2010		
18 Wed	0115	4.1	1340	0601	2011		
19 Thu	0201	3.9	1426	0601	2012		
20 Fri	0248	3.7	1514	0600	2013		
21 Sat	0341	3.5	1607	0559	2014		
22 Sun	0441	3.4	1709	0559	2015		
23 Mon	0547	3.3	1815	0558	2016		
24 Tue	0652	3.3	1916	0558	2017		
25 Wed	0752	3.4	2012	0558	2018		
26 Thu	0847	3.5	2103	0557	2019		
27 Fri	0936	3.7	2148	0557	2020		
28 Sat	1019	3.8	2228	0556	2021		
29 Sun	1058	3.9	2306	0556	2022		
30 Mon	1134	4.0	2342	0556	2023		

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# Amazing art throughout the town, photos courtesy of a visitor from out of town











