

The Helensville Community News

Issue 144 - November 2021

Café life, over but not forgotten *by Jillian Tong*

When I first took over The Cafe 13 years ago, I was inexperienced and naive, so had to learn on the job. There were a few tears and sleepless nights worrying about how I would manage. It has become easier the last few years because of the long-suffering stalwarts it has been my privilege to work alongside. Knowing they would be there if needed even when woken at 6am is beyond measure. Thank you.

Even the customers have pitched in to clear tables, wash dishes and deliver orders when we've been overwhelmed – actually, I'm not sure that's allowed, especially if they are wearing jandals or gumboots, but thank you very much. Your generosity and caring are appreciated. The same applies to some who "are not coming back", coming back for a short time again and again. Thank you for being there when we needed you.

We have been the recipient of gifts of lemons for Lemon Slice, Lemon Sour Cream Cake, and that amazing Lemon Tart. Then there is the parsley lady who kept up our supply, and a keen gardener bringing excess produce to be turned into something delicious. Other gifts of produce came in, and boxes of chocolates and bottles of alcohol went down a treat too. Thank you for sharing the love.

Many young people have done a stint at The Café and earned a bit of money while gaining some skills, a work history, and reference to help them on their journey. There have been proud young mums and dads bringing in a newborn for us to coo over, that child growing up, going to school, college even. I'm pretty sure there are teenagers who have been regulars all their lives. Rain, hail, or shine, Sunday would bring out the hardy bikers who have been regulars for at least 20 years. Not always the same ones but always some, every Sunday, including one still riding who had his 90th birthday there. That's pretty special.

I am proud that The Café is a meeting place, pick up and drop off point, counselling service, lost property office, fund raiser, charity supporter, information centre (the other one), news service, flower seller (on behalf of Love Flowers), actual destination, and many other things besides. I don't hesitate to credit all that to the big-hearted girls who work there.

It has been hard work, with long hours and unbelievably challenging at times. There have been tears and laughter, dramas, medical events, police incidents and accidents, which have all become part of an experience shared with the warm hearted, community minded, encouraging, and supportive people of Helensville.

Thanks to landlords Jae and Nima, also Kara Singer from Arizto, I can now hang up my apron, take it a bit easier and be on the other side of the counter for a change.

There are many regulars I would like to say goodbye and thank you to. I hope you know who you are. You're the ones who



would have to come to a party if we could have had one.

I offer my best wishes to the new owner and would like you to know you will see familiar faces who remember your coffee order when they reopen.

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All correspondence should be legible and include writer's name and address.

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Kaukapakapa Historic Library - Sunday 21st November, 9am to 1pm. Good Sports

Long before the days of virtual reality there were actual families and communities connected by organised recreation. In a time when travelling any great distance was difficult, there was a need to make your own fun closer to home, and make fun they did. Gatherings took place which were as much about socialising as exercising and competing - a way to keep up with the news of village life.

In 1885 the Kaukapakapa Jockey Club was formed and the first race meeting held which was attended by over 300 people. School swimming was a 'boys only' affair, which involved stripping off behind a hawthorn hedge, swimming naked and then running up and down the paddock to dry off. That's until the girls wanted in..... Next came a tennis club with courts marked out at the school, the Kaukapakapa Rifle Club in 1914, the Bowling Green in 1929 and the school pool in 1953. Add to this rugby, croquet, horse riding, hockey and cricket to name a few, and you can conjure up an image of a thriving active community.

Come along to the library and view old photos and more from Kaukapakapa's sporting past. If you have any old photos or trophies bring them along, we love to take copies to add to the Library's archives. For more info contact Megan, 021 959017, threehorses@xtra.co.nz.



Photo from the Dye family collection.

Library open in conjunction with the Kaukapakapa Village Market.



Sunday 21st November
Kaukapakapa Hall
8.30am – 1pm

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from duo Take 2.

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What's happening this month



PLEASE check with the organisers of these events nearer the date to make sure they have not been cancelled or postponed

Friday, 5 November, Helensville Aglow, 7.30pm at the Helensville Community Church, 40 Mill Road Helensville (behind the Hospice shop). Our guest speaker at the November meeting will be Tricia Webb. All welcome. Email Bridget Sundgren at helensvilleaglow@outlook.com for more information. Helensville Aglow is a multi-denominational, gathering of men and women, working together with local churches and other ministries with sharing the Word of God by the transforming love and power of Jesus Christ. We value people, we encourage one another, and delight to see the men and women who come into our meetings discover their true identity in Christ Jesus. Aglow is "a safe place" where people are from all walks of life are equipped and strengthened in their faith journey, to then assist in bringing restoration to others. As we have been blessed, so we bless. We have monthly meetings with invited speakers to share the Gospel, bringing sound teaching and practical application from the Word of God. These meetings are filled with praise, worship, teaching, prayer and encouragement. We are not a Church, but remain a Ministry to grow in our faith in Jesus Christ and through Him to make a difference! All welcome

Sunday, 7 November, Futureproof Life Rodney Coast Challenge, 6:30am – 1:00pm, Muriwai Beach, Muriwai Road, Muriwai Beach, Auckland. Futureproof Life Rodney Coast Challenges Multisport Race. A great entry-level multisport event with a fantastic family atmosphere. 10 km forest run, 30 km road cycle, 24 km mountain bike on rural roads, 8 km kayak to finish. Course begins at Muriwai Beach on the West Coast north of Auckland and finishes at Wenderholm Regional Park on the east coast. Open to individuals, teams, family groups. To buy tickets please ring 0274 620 675, website: <https://www.rcc.org.nz/>

Tuesday, 16th November, Helensville District Rugby Football Club AGM, 7.30pm, at Helensville Rugby Club, 162 Awaroa Road, Helensville. Louise Heeney, Helensville Rugby Club Administrator

Sunday, 21 November, Kaukapakapa Village Market, Kaukapakapa Hall, 8:30am – 1:00pm

Held on the 3rd Sunday of every month all year round, this lively village market is located in the Kaukapakapa Village a pleasant 45 minutes drive from Auckland City. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. With its friendly people, great atmosphere and a tempting selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the live music and entertaining

atmosphere. Live music from duo Take 2 we have free hair plaiting for the kids. For more information, stall-holder and music enquiries contact Sarah: Phone: 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

DECEMBER

Friday, 3 December, Helensville Aglow, 7.30pm at the Helensville Community Church, 40 Mill Road Helensville (behind the Hospice shop). All welcome. Our guest speaker at the December meeting will be Rachel McQueen. Contact Bridget at helensvilleaglow@outlook.com for more information. This is if we are out of lockdown, otherwise you are welcome to come to our zoom meeting online. Please email Bridget for details.

Saturday, 11 December, Waitoki Village Christmas Market Day, 8.30 till 1pm Waitoki Hall, 1095 Kahikatea Flat Rd. Lets make it a Goodie so gather your goods and creations and book a stall for the 11 December. Come and see your friends and neighbours at the next local Market, chat and catch up, find out what is going on in your community, making contact in a friendly, relaxed atmosphere at the Waitoki Hall. Support your community; proceeds from the Market go back to our local community.

New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com

ARTS in the VILLE 2021

Deferred But Not Defeated!

Due to the current Level 3 situation, the 7th annual ARTS in the VILLE (2021) has to move dates and will now be held Saturday & Sunday, 27th & 28th November from 10am to 4pm each day. Come one, come all for a weekend not to be forgotten!



ARTS in the VILLE celebrates local artists who live and work in and around Helensville. During the weekend you will have the opportunity to meet artists in their studios and pop-up galleries, talk to them about their work and purchase pieces directly from them.

During the weekend there will be a visual treasure hunt around the town. Various pieces on a theme will be hidden around town for visitors to spot. Entry forms for this hunt can be collected from the Helensville Art Centre, which is in the basement of the War Memorial hall. The prize is a piece created and donated by celebrated artist Jeff Thomson. The winner will be drawn at 4.30pm on the Sunday.

Details and maps will be available prior to the event from the website artsintheville.co.nz and on Instagram <https://www.instagram.com/artsintheville.co.nz/> on the Facebook page <https://www.facebook.com/artsintheville.co.nz> or on the day from the Festival Hub in the Art Centre, underneath the War Memorial Hall.

For more info email Jo Ogilvie, Event Manager at events@artcentrehelensville.org.nz

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Craigweil House
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 FEEL AT HOME WITH FAMILY

Craigweil House would like to thank locals and the community for their sympathy and goodwill over lockdown.

The kind folks at River Valley Baptist Church in Parakai put together a special hamper for all the essential workers of Craigweil House Home and Hospital. The card read, "To the Staff at Craigweil, This gift is to thank you for your hard work during lockdown caring to the residents at Craigweil. May God bless you all."

Northwest Business in collaboration with Mitre 10 Westgate generously donated to Craigweil House three tarps and two bottles of outdoor cleaner.

Lastly, locals Avon and Martyn Aspden donated four trays of eggs to the residents at Craigweil. They haven't been able to sell their eggs due to current circumstances. But their hens have been busy!

From all our staff and residents at Craigweil house, thank you all for thinking of our residents and staff – it means a lot. Stay Safe.



Facility Manager David Halewood and Facility Coordinator Deb Presland with the Northwest Business and Mitre 10 Westgate donations



David, Deb, Preet and May of Craigweil House with the hamper from River Valley Baptist Church

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Kelly was great from the moment we walked in the door. She was super friendly, insightful, welcoming, and most importantly down to earth. Her communication was great, nothing was ever a problem, she made the entire process simple, easy, and exciting as opposed to stressful. Thanks Kelly!

- Matt Fistonich

AT THE TOP OF HER GAME

We found Kelly very easy to communicate with & very quick at understanding our needs. She was very professional yet friendly & very knowledgeable of the local market. Through her efforts & suggestions to present our property at its best, she executed very pleasing & prompt sales on both our blocks. We are very happy clients.

- Jeff & Sarah Down

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Kelly is a straight talker, no messing type of agent. She only calls if she needs to and she supported our sale right to the end ironing out issues and making the whole experience with her a joy. Her knowledge of the local area is outstanding and she is like a life long friend to people she shows around. With Kelly you simply can not go wrong. I can not recommend her highly enough.

- Chris Evans

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Kelly was always very honest through the whole process of selling our house. The process was very easy as Kelly had potential buyers lined up. She is a very personable agent.

- Kelley & Andre Finney

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From Penk's Pen

CHRIS PENK – MP

We live in an age dominated by numbers. Over the last couple of months, as a nation we have been obsessively watching the number of COVID-19 cases, the number of ICU beds available, the number of vaccinations and so on.

Impacts of some numbers are very clear but others are much less so, requiring extra analysis or even soul-searching.

In the case of statistics relating to the economy, it's all too easy for our eyes to glaze over when figures get thrown about. But while interest rates may not seem like a great source of interest (pun intended), of course their effect on local families and work places can be huge.

It is probably more helpful to think about sets of numbers such as inflation and interest rates as indicating how good our quality of life can get.

In the case of inflation, it was disheartening to see news recently that the annual figure for the last 12 months is now 4.9%. The expectation is that interest rates will rise as a result, which is obviously a bad news for those owing mortgage-secured loans. And of course inflation itself can have a corrosive effect on wages.

For our people here in northern and west Auckland, and across the country for that matter, the greatest danger is of course "stagflation".

It's been years since we faced such a combination of stagnant economic conditions (perhaps inevitable following a global pandemic) and inflation (unavoidable when extra printed cash is swirling around).

If we think about the things that lie within our control, as individuals, families and communities, the answer surely lies in sticking together as best we can.

A year ago, the phrase "support local" was a catchcry to rally our region around organisations – especially local businesses – that had been hit hard. In the dying weeks of 2021 it will be at least as important a sentiment, if not more so.

While it's currently necessary to purchase so many goods online – and the whole world is at our fingertips – we can still consciously choose the local, independent little guy or girl. It's our best hope of outrunning inflation. Improving the incomes of our friends, family and neighbours must be a priority. In an age of numbers, these ones really do matter.

Good luck out there team.

Our heartfelt thanks

Could I and my family through the pages of the Helensville Community News thank the Staff of Countdown and the Chemist for all their help throughout this difficult time.

The enormous additional work needed to deal with Click and Collect, distance shopping and waiting and customers that were fed up in general and not always easy to deal with.

We are enormously grateful for all your help when things got a bit confusing for two pensioners.

Please except that we are very very grateful. Stay well and take care of yourselves
Tony, Brita and Krista Strong
Kaukapakapa



Kaipara korero

Principal Cindy Sullivan

From the Principal's Desk - Lockdown Learning

Interesting times for all of us living here in Auckland at the moment! Not least of which would be negotiating lockdown with a teenager. At Kaipara College we love our teenagers, for all their trials and tribulations they are passionate, interesting, curious, talented, funny, courageous and kind. Lockdown learning is not easy by any means and we have been very inspired by how studious and resilient our students are. Recently we have opened our doors to our senior students for targeted workshops for those who need them the most. Students are genuinely happy to see their teachers, but happier still to get on with their work in subjects that are particularly challenged by lockdown. For the next four weeks, the art, carpentry, science and maths spaces and others are buzzing with questions, activity and purpose, bringing life back to a school that has been closed for 10 weeks. All of this is happening while on-line learning continues for all our students, who remain at home.

The teachers at Kaipara College have been working tirelessly during lockdown, contacting students who are struggling individually, running on-line lessons, marking, giving feedback and creating stimulating lessons trying to keep our students engaged, as well as schooling their own children and supporting their immediate whānau and community. A sense of community has always been and remains very important to Kaipara College, but this has been heightened by lockdown. We know how important maintaining connections with our students and their whānau and each other are, and are working hard to keep on connecting. Sometimes it's a struggle to make connections with students, as they are no longer here on site, or sitting in the classrooms with us. But we never give up and hope that students feel supported by their teachers and the College community as a whole.

This year is looking different to what we know and love about "normal". Everyday there seems to be something new that we are being asked to consider or contend with, each of us trying to make the best of a situation none of us want to be in, individually and collectively. I do feel very much for our young people who are not able currently to enjoy the carefree life that they should be able to at the moment. Our young people are grieving, as we all are, for what life used to be like. Even simple things, like a haircut or a day or some time with friends. Our Year 13 students have been robbed in a way, of the year that should be filled with hard work but also the fun that can only be had by that year level, the closing of the doors on their school lives and the excitement of what is yet to come.

I think collectively we have strength as the Kaipara College community, however, as a school our main concern is maximising the wellbeing and educational achievement of all the young people who come to us. Our sense of purpose is clear and our priorities remain strong: to do the very best for our young people, to support them all to be the best they can be. Collectively we do this and continue to strive to do it better, in partnership with our parents, whānau and wider community.

Until next time

Cindy Sullivan, Principal, Kaipara College

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Wasted opportunity or waste to energy

New Zealanders collectively dump around 3.5 million tonnes of waste in landfills every year.

The big regulating Government think they are going to solve this problem with even more landfill taxes and paying councils to collect even more plastics which can't be recycled in New Zealand, and are banned by the countries we used to wish-cycle them to.

Recent proposals from the Climate Change Commission and the Government to reduce methane gas emissions from landfills, include collecting food waste separately from general rubbish.

Auckland Council has a trial food waste collection system which it intends to roll out across the city, if it can find the budget to pay for a fleet of dozens more trucks, and hundreds of thousands of plastic bins for Aucklanders' kitchen scraps.

It turns out that Councils original plan to process highly odorous and mostly liquid food waste in Auckland was not feasible, so they are instead trucking the sludgehundreds of kilometresto Reporoa in the central North Island to mix with other composting waste.

This enormous waste of Council time and cost to ratepayers delivers a muchworse environmental outcome thanthe status quo, where food scraps go to local landfillsrunningmethane collection and gas to energy systems.

This is a case study for why Councils and Government should leave waste collection, processing and treatment solutions to experts, and simply set and monitor environmental performance targets.

Sincere efforts to recycle our way to a zero-waste future have failed and will continue to fail.

That is because many products are simply not viable to recycle, like the hundreds of thousands of tonnes of plastic and foam rubber produced from shredding 150,000 end of life vehicles, eft over from sorting and recycling plastics and paper, and treated timber from demolition and building.

Five million used tyres arethorn away every year, with only a

small volume used to replace coal in cement production.

Europe decided over twenty years ago to phase out landfills, because they believe that burying today's waste as a toxic gift to future generations is not just unethical, it is completely unnecessary.

The Danes chose waste to energy to complement their already high recycling rates, a country very similar to New Zealand, with unique environments and a valuable dairy industry. It makes sense for New Zealand to now move quickly in that direction.

Project Kea is giving new hope. The South Island Resource Recovery partnership, with the latest waste to energy innovations from Spain and China, intends to process 350,000 tonnes of waste currently dumped in local landfills.

Project Kea solves the major barrier to community acceptance, a high temperature plasma system that captures and converts air emissions into molten glass, which can be safely reused in concrete and building products.

Carbon dioxide and heat will be directed to local glasshouses to support year-round cropping, and 32MW of surplus energy will be injected into the local power grid, enough to power around 20,000 homes.

ACT does not believe that landfills can or should be eliminated. They will always have a role. Similarly, recycling has a valuable role to play, but we should acknowledge that it is not a panacea. It is an industrial process that makes sense in some circumstances and not in others.

The Government has called for submissions on a national waste strategy. If you want real solutions to reduce waste to landfill, like Project Kea, make your submission before November 26. Tell the Government waste to energy must be part of the solution.



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What is a poem?

A poetically portrayed question presented by Michelle Humphris at a recent 'Poems After Dark'

Michelle was a first time performer at this bi-monthly open mic event where anyone who has a poem, story or any other form of spoken word is invited to perform. The work can be original or read from a favourite author. We have been delighted by readings of Field Candy's beautifully observed short stories of rural farm life in New Zealand as well as William Robert Boyd's hilarious childhood memoirs. So come along and perform, or just sit back and enjoy! \$5 cover charge, bring a plate. Saturday November 27th, 6-8pm Magnify Church Cafe, 118 Commercial Road. More info? Contact Pauline paulinekiwidenton@gmail.com

Michelle's Poem

What is a Poem???

I often wondered what a poem was
Is it a song written in rhyming verse
but then discarded, because the tune
doesn't fit? So we called it a poem

Is it a part of your life -
a brief glimpse into an emotion
a happy time
or a traumatic time perhaps...

Is it supposed to be written in
Olde English, betwixt the jumbled
prose, that neither makes or doth not
make sense...does that make sense??

I enjoy the Japanese poems - 3 lines & to the
point, or the long explanatory ones - speaking
of wars or loss or love, they are my
favourites...but well, I guess poems
Can be whatever we want them to be



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Finishing schooling with Covid...

by Gemma Bayly, Head Student, Kaipara College

For year 13 Students, the last few months have been an interesting end of our time at Kaipara College. It has not been the end everyone hoped for. Some things have been the same- we still have to do the same schoolwork, and we were able to have the school ball a month before lockdown. Most other aspects have changed. Sports games have been cancelled, classmates are only seen through Google Meets, 18th birthday parties have been postponed, and driving tests have been moved far into the future. We may never see our classmates again, at least, not in the way we have been used to.

When the lockdown was announced, year 13 was in the midst of university applications. Quite a few students were planning to fly down to Wellington to go to university open days the next weekend. Lockdown meant that we had to apply for universities all across the country without seeing what we were applying for. Planning to move somewhere you've never actually seen can be a bit daunting, especially when you have to put a deposit on your accommodation.

When lockdown was announced, we quickly fell back into the routine of going to class video calls, then procrastinating over the work set. It is always hit and miss over how many students show up. Even though the video calls were compulsory, in some classes I found myself alone with the teacher.

We were hoping that exams would be cancelled. They weren't. At the time of writing, we have to submit work to our teachers for a derived grade. We will still have to sit the exams, but will get the better grade of the two.

Many students find it much harder to learn at home, without the help of a teacher. However, the learning recognition credits helped many students pass the year earlier than normal. Lockdown is still stressful for students who are doing technology or art subjects they can't easily do at home. Other students struggled to learn content they needed for their university course.

Unlike many other schools, Kaipara College did not open fully to seniors on Tuesday 26th October. Instead they have held targeted, invite only workshops for students who need them. There are limited numbers in school. Students who need to work at school can. This is good, because it means we aren't going to school just to do the work we'd be doing online otherwise. Many students are sad not be able to see their friends, but happy to not have to be around many other people.

My time at Kaipara College is coming to an end. I have loved my time here and I am very grateful for all the opportunities I have been given. I now feel ready to move on to the next stage of life.



Year 13 photography students, Olivia, Clara and Solana on their first day back at school in Level 3



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Art Centre Helensville

While the centre is still in lockdown, and will remain so until further notice, the Art Kaipara Board is thrilled to announce the appointment of Helensville resident Yvonne Abercrombie as our new Art Centre Manager.

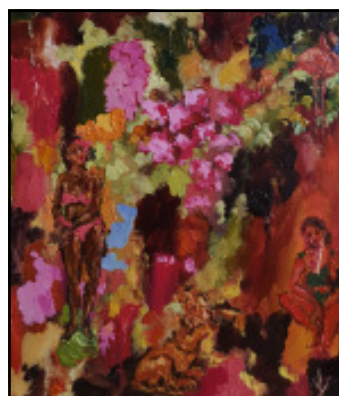
Yvonne is an artist, teacher, and arts administrator with a solid arts background and broad experience perfectly suited to her new role in the Arts Kaipara organisation.

While studying painting at Unitec, she ran the Unitec art gallery, The Gallows, a role which included promoting and exhibiting student work, and multimedia marketing within Unitec and to the public. After gaining a BDVA (Bachelor of Design and Visual Arts) she studied for and graduated with a MDes (Master of Design), which involved researching contemporary painting and art history, presenting papers, and running workshop seminars, and assisting undergraduates in their set briefs.

After graduating Yvonne worked for Mobile Art Gallery, combining administrative duties with curating exhibitions. While continuing her own art practice, Yvonne has exhibited in group and solo shows, including as a finalist in the Molly Morpeth and NZPPA awards. Yvonne worked as a freelance artist, gaining valuable experience teaching art classes and tutoring individuals, before her fulltime appointment in 2018 at Kumeu Arts. Working in a community



**Yvonne Abercrombie, Art
Centre Helensville Manager**



***Pleasingly Interfered
Discourse by Yvonne
Abercrombie***

arts centre proved to be Yvonne's happy place, as she loves the opportunity to work with community artists and serve the public by providing creative outlets.

Yvonne takes up the position of Manager of Helensville Art Centre in mid-November. She has a wealth of knowledge and great ideas, and the Art Kaipara Board is looking forward to working alongside her to make our art centre the vibrant hub of our artistic community.

Citizens Advice Bureau



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Christian Art Fest exhibitor Cindy Vida

Cindy describes herself essentially as a story-teller, telling her personal story through painting, songwriting, the spoken and written word. She finds all these creative practices intertwine into one. God meeting her in her darkest of places and speaking through nature.

Her latest works reflect a transitional time, coming through a wintering season of her soul and into a new dawn, seeing a beauty in the negative spaces of a wintering tree. Seeing light hitting the land as darkness fades and knowing that she is never alone. Included are lyrics that emerge simultaneously to form a story... a story of hope.



Come along and meet Cindy and the other exhibitors at the opening of the Christian Art Fest in the Lighthouse, 118 Commercial Road, on Friday 27th November 6-8pm.

If you are a Christian who would like to exhibit your work, which doesn't have to have a religious content, then please bring it to the Lighthouse between 3 and 7pm on Wednesday 24th

November with your exhibitor fee of \$5 for one piece, \$3 each for two or more. Exhibition will run 10-4 Saturday 27th, 1-4 Sunday 28th and 10-4 Monday 29th November. For more information contact Pauline paulinekiwidenton@gmail.com



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Christian Art Fest exhibitor Graham Braddock

Graham Braddock has been on the local art scene for nearly half a century. His 14 years in Dairy Flat as a professional artist specialising in NZ landscapes have been followed by 34 years in Wainui. Along the way, his heart to produce paintings that show something of God's heart in today's world has led him to diversify into still life, portraiture, and taken him to Israel.

Graham particularly enjoys creating "story" paintings that contain partially hidden words or imagery. This encourages the viewer to embark on a voyage of discovery where additional levels of meaning unfold only when the painting is looked at closely.



Created through Covid, Graham will be exhibiting *Shielded*

This painting grew out of the onset of covid and a resultant climate of fear. I kept thinking of the words of Jesus:

I give to them the gift of eternal life and they will never be lost and no one has the power to snatch them out of my hands. My Father, who has given them to me as his gift, is the mightiest of all, and no one has the power to snatch them from my Father's care. John 10:28-29

Many images hide in this painting. Many of them are not nice, but I tried to keep them from becoming too scary.

Come along and meet Graham and the other exhibitors at the opening of the Christian Art Fest in the Lighthouse, 118 Commercial Road, on Friday 27th November 6-8pm.

If you are a Christian who would like to exhibit your work, which doesn't have to have a religious content, then please bring it to the Lighthouse between 3 and 7pm on Wednesday 24th November with your exhibitor fee of \$5 for one piece, \$3 each for two or more. Exhibition will run 10-4 Saturday 27th, 1-4 Sunday 28th and an extra day, Monday 29th November 10-4. The Festival is part of the postponed 2-day ARTS in the VILLE 2021 which is now due to run on the 27th & 28th. For more information contact Pauline paulinekiwidenton@gmail.com



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Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Meet every Wednesday morning 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. Membership \$4 per week, \$10 membership annually. Please bring a plate for lunch. Occasional trips out which are paid for by the club. We also play friendly Bingo games. For more information contact Joan 021 02951753.

Combustion Youth: Friday, 7.00-9pm, Meet at Magnify, 118 Commercial Rd, Helensville. For 13-18yrs. Ph 420-8911.

Community Dinner - Whether you are new to the area or have been here for a long time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Fitness League - Friday 9.45am - War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Groovy Line Dancing Tuesday 9.30am - War Memorial Hall, Helensville. \$6 - Levia Aukino-Uruamo. Ph 022-626-7030

Helensville Aglow, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome. Contact yvonne@hello.net.nz for more information.

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NOCHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Pauline 420-6208.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Icenz 4 Boys 8-18 yrs, Adventure, life skills, leadership and fun - every Tuesday of the school term, 6pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Adrian Low 021-999-449

Icenz 4 Girls 8-13yrs Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

Kaipara Memorial RSA. - Quiz night every Wednesday at 7.00pm. 20 easy questions, free to enter, different quizmaster each week. Meals available from 6.00pm. All welcome at the RSA, 49 Commercial Road, Helensville. Any queries, give me a call, Rex Keane, 027 293 2768

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Noah's Ark Playgroup - Helping parents and caregivers enjoy the preschool years, every Wednesday of the school term, 9.30am-12pm at Magnify, 118 Commercial Road. Contact Kim Duncan 027-444-3492

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

Poems After Dark, bi-monthly in the Community Church, 40 Mill Rd. Story-telling and Poetry Performance 6-8pm on the second Saturday of the second month. Pauline Denton paulinekiwidenton@gmail.com

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

Tai Chi - Thursday 9.30am - 10.30am. - War Memorial Hall, Helensville. Contact Brian 021-747-947

Te Awaroa Residents & Ratepayers Assoc (TARRA). Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A, University for the Third Age, Helensville. For more info call 021-131-7308 or 420-7858

Yoga - Thursday 7pm - 8pm, Saturdays 10am - 11am. - War Memorial Hall, Helensville. \$10 Orla Slater 0210-455-075. Please bring your own mat. All levels welcome

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November '21			
1 Mon	0814 3.5 2039	0616	1953
2 Tues	0912 3.7 2133	0615	1954
2 Wed	1004 4.0 2222	0614	1955
4 Thu	1053 4.2 2310	0613	1956
6 Fri	1139 4.3 2356	0612	1958
6 Sat	4.3 1224	0611	1959
7 Sun	0043 4.3 1310	0610	2000
8 Mon	0129 4.1 1356	0609	2001
9 Tue	0218 3.9 1445	0608	2002
10 Wed	0310 3.7 1539	0607	2003
11 Thu	0411 3.5 1643	0607	2004
12 Fri	0521 3.4 1753	0606	2005
13 Sat	0633 3.4 1901	0605	2006
14 Sun	0737 3.4 2001	0604	2073
15 Mon	0836 3.6 2055	0603	2008
16 Tue	0927 3.7 2143	0603	2009
17 Wed	1013 3.9 2226	0602	2010
18 Thu	1055 4.0 2305	0601	2011
19 Fri	1132 4.0 2341	0601	2012
20 Sat	3.9 1206	0600	2013
21 Sun	0014 3.9 1238	0559	2014
22 Mon	0047 3.8 1310	0559	2015
23 Tue	0120 3.7 1343	0558	2016
24 Wed	0156 3.6 1418	0558	2017
25 Thu	0234 3.5 1458	0558	2018
26 Fri	0319 3.4 1545	0557	2019
27 Sat	0412 3.3 1642	0557	2020
28 Sun	0515 3.3 1747	0556	2021
29 Mon	0623 3.4 1852	0556	2022
30 Tue	0730 3.5 1955	0556	2023

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	Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211	Osteopath	Osteopathic Natural Health	420-7867
Beauty Therapy	Beauty Elixir	022-465-0727/420-9775	Painters	Robert Wright & Company	027-374-1105
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Budget Service	Francis	420-7740	Plant Centre	Kaipara Coast Plant Centre	420-5655
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Markets	Kaukapakapa Village Market	0274-831-542	Your Local Business Book	yourlocalbusinessbook@gmail.com	
Markets	Waitoki Village Market	Gill 420-3301			



SUMMER BOOK FAIR

27th – 28th November
2021

Helensville War Memorial Hall

“The Biggest & Best Book Fair in the West!”

The Lions Club of Helensville is planning to hold their Summer Book Fair on the last weekend of November in the Helensville War Memorial Hall. Starting at 9.00am on Saturday until 4.00pm and 10.00am on Sunday until 3.00pm. This is of course Covid Levels dependent, and the restrictions that the Auckland Council places on the Hall.

The Autumn Book Fair, held in May, raised \$15,803 from the sale of books. When combined with raffles, sausage sizzles and a top up from the Club \$20,000 was given to the Kaipara Coastguard for their new Marine Rescue Centre being built in Parakai. Proceeds from this Book Fair will be used in the community assisting families and organisations

whose needs are many during these protracted lockdowns.

Books are priced to sell, with nothing over \$2. There is a good selection of children's books at 50c, plus there are also jigsaw puzzles, board games, DVDs, CDs and quality magazines available.

Non-Fiction will be split into twenty separate categories, including one dedicated to New Zealand subjects and a large General Non-Fiction section to browse through.

Fiction is arranged alphabetically by authors, with six special interest groups, the largest of which is the Fantasy/Science Fiction section. There is also a large number of Children and Adolescent books.

Small donations of books can be left at Burmester Realty, Helensville or for larger lots, call Chris on 09 420 8527, or any other member of Helensville Lions.

Please note that the last date we are accepting books for this Book Fair is Friday 19th November.

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