

The Helensville Community News

Issue 146 - January 2022

Shelly Beach Sports Day Success!!

The annual Shelly Beach Sports day held on the 1st of January, historically dates back to the early 1960's. The family orientated event started as a way of the local community coming together to share to the New Year and bring families and children fun and games.

Traditional games such as the tug of war, sack races, the gumboot throw, and Mr and Miss Shelly Beach are still one of the main attractions of the day. Baton relay races, nail in the hammer with one hand and sewing patches have been replaced by more contemporary games such as lucky dips, face painting and ring toss. Nevertheless the essence of the sports day is still present.

This year's event, led by Kara Singer and a small committee, have achieved huge success, with the support of the local community, individuals, and local businesses.

On behalf of the Shelly Beach sports day committee, we would like to extend our warmest blessings, gratitude and thanks to the Shelly Beach/Helensville and Parakai residents who donated towards this year's raffles, prizes, and lucky dips. Furthermore, a massive shout out to the following local businesses for their kind donations: Parakai Four Square, Parakai

Springs, WOW Sushi, Helensville Paper Plus, Kaipara Cruising & Sportfishing Club, Sweetaz Coffee, Farmlands, Forge Fitness, Northwest Cabins, Tusks and Tines, Magnify Church, Black Pete's, Ngati Whatua o Kaipara and Kara Singer, Arizto Real Estate.

A special Thanks to Lily McLeod for the history and photos provided, Tui Crowsen and to all the previous committee members for their contributions over the years of running the event, without their support, this wonderful event would not have been possible.



Manaia Singer "Miss Shelly Beach" winner 2018



Leonie Sainty, Lorraine Green, Sonia Blue, Phillip Green, Bruce, Stephen Green and John Green. Sports Day in the 1960's



Lynette McLeod "Miss Shelly Beach" winner Late 1980's



The McLeod Family at the Sports Day in the 1970's



Early 2000's Piggy back races

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All correspondence should be legible and include writer's name and address.

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\$95.00 per issue for 12 issues if paid in advance. The above rates include a listing in the Trade & Professional section on the back page. A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking. If we are required to create the advertisement there will be a one-off typesetting charge of \$40.00. Subsequent alterations will be charged on a time basis.

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

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Cancellations, hopefully the last!

Our committee has made the difficult decision to cancel our 2022 show. This is not a decision we took lightly, but we have a duty of care to our wonderful volunteers, members, competitors, sponsors, judges and stewards, community groups, trade stall holders, entertainers and visitors, as well as the wider Helensville community. At the heart of our decision was the wellbeing of these people.

We are confident the situation will be better in 2023 and look forward to putting on a special event on 25th February 2023.

Thank you to all our loyal sponsors and the many supporters who are always so encouraging — we very much appreciate your understanding.

In the meantime, please keep an eye on our Facebook page, as we have some exciting ideas to take us through to what would have been show day at the end of February. We will be releasing these over the coming weeks.

Therefore, keep growing those giant pumpkins, get the cameras ready and watch out for some fun announcements very shortly.

Thank you, from The Helensville Show Executive Committee.

Covid choices

We do not have any choice regarding wearing masks, with different rules at different traffic light options, but we all have the freedom to choose whether or not to be vaccinated.

The consequences of our choices are our responsibility, and ours alone. Freedom to choose to not be vaccinated does not confer a right to abuse those who are tasked with enforcing entry conditions in any situation.

Those who choose to be anti-mask have to accept they will be unwelcome in many places. Attempting to stand for your choice could lead to unpleasantness.

To those who have genuine reason for exemptions, you have an unfortunate situation, firstly in that you are dealing with physical/health issues anyway, and secondly that you are consequently limited in your activity within the community, depending which traffic light level is applicable. Under mandates there is no room for discretion — no mask or no vaccination excludes regardless of the circumstances.

People, you need to accept your circumstances and not inflict your aggravation on people trying to go about their work/business. We are likely stuck with Covid consequences for some time. Let's live respecting others.

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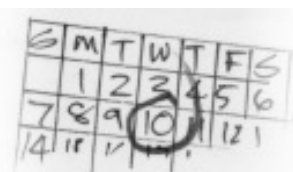
Sunday 16th January
Kaukapakapa Hall
8.30am – 1pm

8.30am - 1pm, live music
from Dianne Morgan Ukeleles.

Contact Sarah 0274 831 542
sarah1@maxnet.co.nz



What's happening this month



Sunday, 16 January, Kaukapakapa Village Market Kaukapakapa Hall, 8:30am – 1:00pm

Held on the 3rd Sunday of every month all year round, this lively village market is located in the Kaukapakapa Village a pleasant 45 minutes drive from Auckland City. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. With its friendly people, great atmosphere and a tempting selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Live music from Dianne Morgan Ukeles and we have free hair plaiting for the kids. For more information, stall-holder and music enquiries contact Sarah: Phone: 0274 831542 or Email - sarah1@maxnet.co.nz Eftpos cash out available.

Sunday, 16 January, Kaukapakapa Historic Library, 9am to 1pm,

Local Nostalgia Never one to let the opportunity of lockdown go past, Kaukapakapa resident Megan Paterson spent the time on a photographic project. Over many hours of research, she put together a collection of local vintage images from Muriwai, Karekare, Piha, Te Henga, Hobsonville Airbase and more. Assisted by local photographer, Colin Lunt, who has digitally restored the photos, the collection will be displayed in the Kaukapakapa library. Prints can be purchased either framed or unframed and come with description and attribution details. Great as a gift idea, the sepia tones and local imagery will add the perfect touch of nostalgia to any interior. For more details contact Megan, threehorses@xtra.co.nz or 021 95017. Library open in conjunction with the Kaukapakapa Village Market.

Sunday, 16 January, 'Helensville Art Trail' aka HAT. An eclectic mix of 12 Artists, who have opened their Studios from 10am to 4pm, for the public to enjoy. Come and talk to the artists, look at works in progress, and have a wonderful day out' Every month, on the 3rd Sunday, all year. All studio's are in the Helensville area. We need Masks to be worn, and be double Vaxed please.

Saturday, 22 January 2022 10:00am – 3:00pm Lake Rototoa Kayak & Snorkel Day. **Kayaking Registration:** \$0.00 ea (\$0.00) **Snorkelling Registration:** \$0.00 ea (\$0.00). Buy Tickets – 0210645125, Additional fees may apply.

Explore Lake Rototoa with Experiencing Marine Reserves in partnership with Auckland Sea kayaks and Aotearoa Lakes. With funding from the Auckland Council we are running our second Kayak and Snorkel Day at Lake Rototoa, one of Auckland's precious dune lakes. Join us for a day of guided kayaking with

Auckland Sea Kayaks, snorkelling with our experienced volunteer guides, freshwater workshops by Aotearoa Lakes and several other environmental information stalls. Fun for the whole whānau. Koha - donations appreciated.

Pre-Registrations are essential for both kayaking and snorkelling. Minimum age for kayaking is 7 and for snorkelling it is 5. No minimum age for the land based activities. Please note that the kayaking and snorkelling do not depart together - they are separate activities.

Registrations for kayaking will open to locals first on the 4th December, then they will open to the general public on the 10th January. Snorkelling registrations will be open to all from 4th December. Please email sophie@emr.org.nz if you are a South Head/Helensville local to gain early access to the kayaking registration.

Kayaking time slots (pre-registration essential).

There will be 8x hire spots and 8x BYO spots for each time slot. Please arrive 15mins prior to your start time. Slot 1: 10am-11.30am, Slot 2: 11.30am – 1.00pm, Slot 3: 1.00pm – 2.30pm.

Snorkelling time slots (pre registration essential) Slot 1: 10am-11.30am, Slot 2: 11.30am – 1.00pm, Slot 3: 1.00pm – 2.30pm

All snorkelling gear provided for free, including wetsuit, mask, snorkel and fins. Please arrive 15mins prior to your start time.

You are welcome to register for both kayaking and snorkelling but please make sure to book in different time slots for each activity. Parking: At the South Head Hall, follow the signs

Saturday, 12 February, Waitoki Village Market Day. 8.30 till noon. Waitoki Hall, 1095 Kahikatea Flat Rd. "Giddy, How've you been? Haven't seen you for a while" Leave the "Front Lawn" and

come and pass the time of day at your local community Market. The first market for quite a while so if we get the go ahead, let's

make it a goodie! **Gather and Gossip**, pick up baked goods, plants, essential oils, locally crafted gifts, homemade and preloved bargains, Bric a Brac, preserves, and more at the Waitoki. Support your community; proceeds from the Market go back to our local community. New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com. Future market dates: February 12th, April 9th, June 11th, August 13th, Oct 8th, Dec 10th

Friday, 4 March, Helensville Aglow, 7.30pm at the Helensville Community Church, 40 Mill Road Helensville (behind the Hospice shop). All welcome. The guest speaker for this meeting is yet to be confirmed. Contact Bridget at helensvilleaglow@outlook.com for more information.

Saturday, 12 March 2022 8:30am and Sunday 13 March 2022 8:30am. Kumeu Show 100th Show. Kumeu Showgrounds, Access Road, Kumeu, Auckland, Ticket Information - Adult: \$15.00 ea - Senior: \$10.00 ea - Child 5 - 16: \$5.00 ea - Child under 5 years: \$0.00 ea. A huge range of entertainment, activities, competitions and over 500 trade stalls there is something for the whole family. The Show has strong competition for Alpacas, Equestrian, Highland Dancing, Woodchopping and Shearing.

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Citizens Advice Bureau



Te Pou Whakawhirinaki o Aotearoa

Smooth Operation for 2022

Let's hope it's business as usual in the "new normal" for Citizens Advice Bureau Helensville serving its community.

Our office will re-open Monday, January 17 with face to face for clients with vaccine passes only, however, volunteers will still be taking your emails at helensville@cab.org.nz and your phone calls on 09 420 7162. Our website is also ever-available at <https://www.cab.org.nz> for your questions.

Volunteers will provide their usual friendly welcome and support at their office from Monday to Friday, 10am to 1pm.

We also have local JPs available to sign your documents and

hope to re-start our budget clinics and other plans in our community, following any Government direction with Covid-19.

Whatever your question, be it the traditional names for wedding anniversaries, local fishing spots, to rental housing and conditions of work, our volunteers can help you.

This year we continue to support our national head office in addressing digital exclusion for our clients pressing the Government to provide public services accessible to all.

We want to ensure everyone that no-one is left behind or left out because they can't or don't wish to engage online.

Rani Timoti, Secretary, Citizens Advice Bureau Helensville

Kaukapakapa Historic Library

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Assisted by local photographer, Colin Lunt, who has digitally restored the photos, the collection will be displayed in the Kaukapakapa library. Prints can be purchased either framed or unframed and come with description and attribution details.

Great as a gift idea, the sepia tones and local imagery will add the perfect touch of nostalgia to any interior. For more details contact Megan, threehorses@xtra.co.nz or 021 95017. Library open in conjunction with the Kaukapakapa Village Market.

View across the beach and tidal flats at Karekare to Paratahi Island showing the rock platform at the south end in the left background'. Taken in the 1930's



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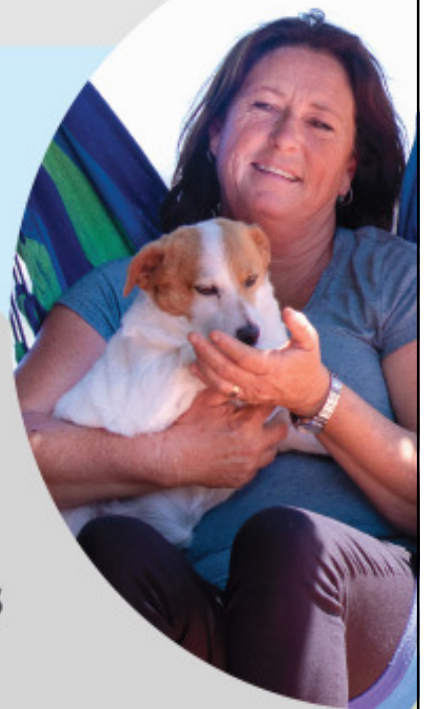
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From Penk's Pen **CHRIS PENK – MP**

Happy New Year!

I don't think anyone would have envisaged that 2021 proved to be a more challenging year than what 2020 had already brought us. If the Government had truly "taken our rightful place in the queue" for the vaccine rollout then perhaps 2021 could have turned out quite differently. It could have been a year the government focussed its energy on other pressing issues including inflation, the rising cost of living, wages not keeping up – which are all forcing Kiwis backwards. 2021 could have been a year that the Government invested in better healthcare including more ICU beds to better prepare the country for the pandemic and future pandemics. Unfortunately, 2021 has been another year of inaction from the government with very little progress on the key issues that are having a negative impact on everyday New Zealanders.

Whatever 2021 has brought for you, I hope you can find something to be proud of. What's made me most proud in my role of your local MP is being afforded the opportunity to stand with the people of Kaipara-ki-Mahurangi at the Groundswell protest in July, to be a voice for farmers and the rural community. I also enjoyed hosting the shovel-ready projects protest in June to send a strong message to the government that it's time to provide basic infrastructure for northwest Auckland. That same message remains today: stop delaying, start digging.

In 2022, I have every intention to continue to be a voice for Kaipara-ki-Mahurangi and petitioning the government for a better tomorrow and a better New Zealand.

Please do join me at any of my online or in-person events I host in 2022 (with traffic-light/alert level setting permitting) as I truly value the opportunity to connect with my electorate community and listen to your views, so that I can better represent you in Parliament.

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South Kaipara

WE NEED YOUR HELP!

South Kaipara Rotary is looking for a project to support that will add something positive to our community. This project can be big or small. It can be something our community really needs, or something that would be nice to have, or that brings us together, or makes life easier (or even more fun!).

Please send your ideas to
southkaipararotary@gmail.com
Submissions close on 13 February, 2022



The cost of COVID - Rising prices are on their way

Kiwi families are starting to see the delayed and hidden cost of COVID. It comes in the form of rising prices. Over the next year we're going to hear a lot about inflation and the cost of living and we need to understand the cause in order to fix it.

The average thing you buy went up by 4.9 per cent in the past year. Some things less, others more, but people are noticing it across the board. It's like the Government put GST up five per cent. That would be a more honest way of recovering what it's spent on COVID, but politically disastrous for them.

Instead, the Reserve Bank has set interest rates low, and then printed extra money to boot. It's printed an extra \$60 billion over the past two years, and it's all now sloshing around the economy, bidding up prices here and there.

The natural reaction to rising prices will be for the Reserve Bank to then raise interest rates. It's shifted the pain into the future. Every mortgage will cost more in the next few years. If low interest rates made 2020 and 2021 more buoyant than expected, they give 2022 a sinking feeling.

At the same time, the production of goods and services has slowed down. People haven't been able to go to work. Some businesses haven't been able to open. Any sector that relies on the border, like tourism or export education, forget it.

The basic laws of economics haven't changed though. Inflation is 'too much money chasing after too few goods.' Pump up the money supply, throw a spanner in the rest of the economy, guess what? Prices will rise just as sure as night follows day.

Now, the Government and its sympathisers will say, 'oh but prices are rising everywhere.' It's true, in this sad world, you can justify anything by finding a country doing even worse.

Practically every country is following the same crazy policy of printing money to avoid hard choices. That doesn't make it right, and it doesn't help when prices are rising where you live.

Every country is dealing with COVID, too. That much is also true. But it doesn't mean we couldn't be doing more to control the cost of COVID. The Government should be doing what families do every day, control their spending. In the middle of COVID, it spent \$51 million designing the bike bridge that won't be built.

Altogether the Government has borrowed around \$50 billion since the start of the COVID period. It has twice raised benefits for people who stay home and don't produce anything. That is adding to inflation. It is bidding against private developers to buy land, raising the price of that too. It is the most inflationary Government New Zealand has seen in generations.

The Government certainly needs to stop pumping extra the money into the economy which drives inflation, but it also needs to stop doing things that make it harder to work and produce.

New holidays, labour laws, farm regulations, Emission Reduction Plans, taxes on utes and vans, and so it goes on. The Government should apply an abundance of caution to harming an economy that's on life support.

What about blocking workers coming into the country in the middle of a chronic labour shortage that's pushing up wage costs? If we don't start taking these things seriously, there is a real danger that airlines won't bother flying here and our problem will become more permanent than we bargained for.

Within our borders we could and should balance COVID with other needs. If the Government sets out criteria for a city being at orange and the criteria are met, that city should be at orange. If we keep talking about an abundance of caution, we won't have much abundance of anything else.



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Looking back in time Helensville Community News January 2012 Issue

2011 HELENSVILLE CHRISTMAS PARADE

Firstly I believe the standard of floats was far better than previous years. Possibly assisted by the vast number of new entrants. Maybe next year the Helensville & District Business Assoc., who put on the parade, will enter a float? There was only 1 car that managed to slip into the parade undecorated and 1 truck that was marginal. The judging was closely fought especially between the schools. The top 4 separated by only 1 point each. Well done. My personal favourite was the sports car, which was not judged, but was well decorated and a couple of clowns on board.

Thanks to this years committee, Alison and Warren Bradley, Lyn Curran, Nicola Keen-Biggelaar, Rhonda and Noel Harris.

Special thanks to Noel Bodle and Steve Mccann (the Santas), Yvonne Hilton (the MC), Trueform and Oikoumene for the use of their yards to assemble the floats, The Men and Family Centre for organising Santas float and supplying free drinks and sausages for everyone, the Kaipara Netball club for supplying Santas helpers, the Lions Club for there assistance with marshalling, Rhonda Harris for making the winners rosettes, Rachel, Vern and Warren for being judges, the RSA for use of their rooms, Unichem chemist for the photography in Santas grotto, all other volunteers and you for putting on a great show for the rest of the community.

Thanks, Noel Harris, Parade Organiser.



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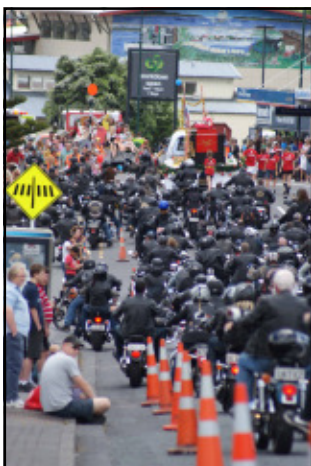
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Looking back in time Helensville Community News January 2012 Issue

Santa Parade, highlight for the children

It was a busy day for the Lions Club of Helensville, who were proud to be part of a great Helensville Community event – the annual Santa Parade. We helped to prepare the Leos' Club Parade Float (many thanks to Helensville Mitre 10 for the loan of their truck). We then had a briefing for the "marshalling" duties during the parade – ensuring safety of on-lookers and proper road closures etc. Meanwhile, we had a stall selling raffle tickets for our "Running of the Roses" raffle to be held on 11th February 2012 (which entails buying a rose for Valentines' day, which will then be floated down the River Kaipara - the first six out of the water winning major prizes), and also Lions Christmas Cakes, Lions Cook Books.

After a short interlude, we were once again fundraising at 'Carols in the Park' in Parakai. Its always a pleasure to be able to thank those who go 'the extra mile' to help us help others; one such was Tom Hilton (8years old). Tom made chocolate fudge, which he then sold, and he then donated the entire proceeds to the Lions. A very creditable act, particularly as the kids were asked to dream up a personal fund raising project and donate Half to a charity of their choice, well worth commemorating with a certificate, which was presented to him by our President Matt Hampton. Yes, a busy (and long!) day for the Lions Club of Helensville!



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An Ode to Creative Writing

by Georgia Shivan, Year 12 Student, Kaipara College

Summer is a collection of small moments; a photo album on fast-forward of laughter shared with friends, extra shift work, holidays to other parts of the country, the ocean, scorching sunshine, and disregarded to-do lists. When the start of February rolls around, we return to classes sunburnt, a little tired, and wondering how two months have passed us by so quickly.

During so many of these small moments, I write. After my last assignments for the school year have been submitted and I have walked out of the examination hall for the last time that year, I find myself with a foreign degree of freedom. It generally takes a few weeks for the novelty of the summer holidays to lapse into a functional routine, and when it does, I spend my time doing the thing that I have always loved most in the world.

A bookcase in my parents' bedroom is home to my first novel. On pieces of paper stapled together, my six-year-old self drew palaces, princesses in ball gowns, and flowers growing from blue-coloured grass. My writing is littered with misspellings and is scrawled across the page in a glittery pen, but it represents a wide-eyed wonder that I still feel when writing. A sense of purpose and connection.

It has always fascinated me that the thoughts, emotions, and imaginations that flood my mind are simply electrochemical reactions: intangible and virtually incomprehensible. Yet I can transform these ideas into a dialect that can be recorded and that will last beyond me. Then, someone completely separate from me in identity and their experiences can translate what I have written into something of their own.

Granted, I have fallen into brief periods of love with other avocations - painting, competitive swimming, photography, astronomy - but it always results in a desperate homesickness for the anchoring to myself that creative writing provides me. Writing has taken me across the globe, introduced me to some of my best friends and mentors, and is an outlet for both the processing and documentation of my life's experiences. My



Georgia at her kindergarten writing desk.

sentimentalism has meant that I have kept everything I have ever written and can take those memories out on both rainy and sunny days. I can watch my writing evolve from the naive narratives of princesses and fairies; to science fiction; to introspective paragraphs about the parts of the world that I find interesting. Often, the stories I write don't follow a ground-breaking narrative arc or include any of the morals and themes for which I analyse others' work. But I think that writing has always helped me to understand the world around me. As a child, I examined the world through a lens of fairy tales and fantasy, and now the focus of that lens has shifted to that of a science and philosophy based perspective.

But in any context, I have, and will always, write because of a necessity to give shape to the chaos that swirls otherwise rampantly through the world around me.

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The Kindred Family Services' team worked as hard as Santa's elves over November and early December, co-ordinating its annual Christmas Appeal, to ensure Christmas came to those might otherwise have missed out.

Executive Director, the aptly named, Ana Christmas, says being able to rally the community's efforts to support those in need has been a humbling experience, especially with over double the number of deserving families on the list than last year.

"It has been a real privilege to co-ordinate this effort and see the community step up to help those who have shouldered the burden of lockdowns more than most," she says.

158 families received support from Taupaki to South Head, including those in Riverhead, Waimauku, Huapai, Muriwai, Woodhill, Helensville and Parakai. They included 206 adults and 266 children and teenagers.

The reason for their need is varied. Some are in financial hardship after job losses, some are suffering anxiety or depression, some are living with family violence, and some have suffered the loss of a loved one. There are also grandparents raising grandchildren and whānau who have had more mouths to feed as people moved home during lockdown.

The recipients are clients of Kindred Family Services, Outwest Youth, Parent Aid Northwest and Te Ha Oranga. Other families were nominated by local schools.

"By and large these are people who are doing their best to get by at a pretty tough time," says Ana Christmas. "By offering this support, it's an acknowledgement that they're seen, that they're cared for and that they're recognised for the hard work they're doing to push through despite this year's many obstacles."

Kindred Family Services pulled together resources including 25 Christmas Hampers made by Kumeu Rotary and 45 Christmas Boxes organised through Helensville Police.

Its online Christmas Appeal raised \$4000 which, along with funds from the Ministry for Social Development to support the community through COVID were used to buy gift vouchers from local businesses.

Ana Christmas says this year's Christmas Appeal was different than past years' because health and safety concerns around COVID-19 meant physical donations weren't appropriate.

"But the flip side of that is that because we received such generous financial support from donors and from the Ministry for Social Development, we were able to buy vouchers from local businesses who have had such a tough year and pay forward some of the support we've been fortunate to receive from them over the years." She adds the other win is that parents and caregivers will get the pleasure of shopping for gifts for their own loved ones, "and that's an experience everyone deserves to enjoy at this time of year."



Kindred Family Services' Executive Director Ana Christmas (right), delivers the Christmas Hampers made by Kumeu Rotary to Tracey Roberts, Social Worker at Kaipara College.

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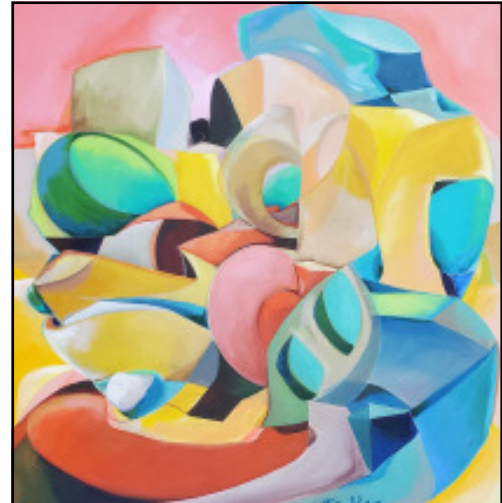
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Art Centre Helensville

The Art Centre is looking forward to a bright start to 2022.



Painting by Andy Turner

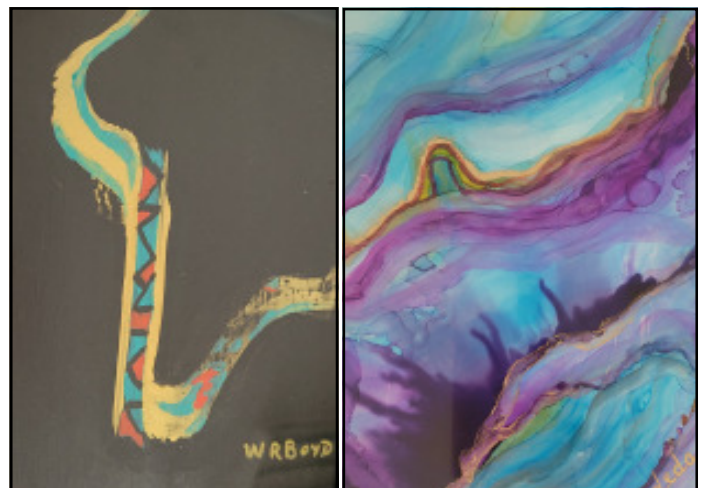
Our first exhibition of the year is Leigh based artist Andy Turner, with his 'popping candy' colour palette and a bit cubist, bit surrealist thematic display. Turner's artwork will be an enjoyable way to kickoff 2022!

A builder by profession and having trained in a carving workshop, Turner adds to his artistic repertoire sculpture. Most recently he has turned his paintings into 3d wood carvings. Some of which will be included in this show.

Previous exhibitions include Art Space in 1995, various shows in Auckland, murals in Leigh and international showing in Ko Phang Ghan Thailand, and Raratonga.

We are thoroughly looking forward to having Andy in our Gallery. Exhibition dates are 26th January to 26th February.

Following Turner is 'Helensville Art Trail'. Twelve artists, who have open studios on the third Sunday of every month in Helensville, will be joining forces for this combinative event. The show will run through the month of March with the dates posted closer to the time.



William Boyd, Art Trail artist Leda Daniel, Art Trail artist

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Working towards a pest free Rodney West

Rodney West is a special environment full of unique native flora and fauna. All the way from the Kaipara harbour reaching into the Waitemata. There are backyard streams flowing to the Kumeu and Kaipara Rivers, wetlands interconnecting with lakes, and dune ecosystems reaching into the forests whilst making that important connection to the West Coast. Home to an abundance of our native species.

But this landscape is under threat from pests, both animals and plants. Groups and schools across Rodney West, South Kaipara Landcare, Predator Free Muriwai and Waimauku, Manu in the Ville and Pest Free Huapai /Kumeu, are working to change this so that our native flora and fauna can survive and thrive.

Boyd Steel and Shona Oliver have been employed through Rodney Local Board funding to support the groups working to Restore Rodney West, an audacious but worthy task.

Pictured below is Boyd loading the details of a trap placed by Kaipara College Students, onto a free mobile app TrapNZ. This will facilitate the uploading of catch data by the students and maintain location details for their traps, which is part of the "Manu in the Ville" project on TrapNZ.

If you are already trapping or have bait stations active on your property, we applaud you and invite you to join the local project. Check out TrapNZ for the Helensville – Parakai area and search "Manu in the Ville" and please join up. If you require assistance, then help is close by via the Facebook page "Manu in the Ville".

If you want to learn more and get involved, there will be a trap building day at 42 Mill Road, Helensville from 10am on Sunday 23rd January 2022, ably run by Tora McKenzie. Our aim is to get enough traps built so the riverside walkway from Te Awaroa-Helensville to Parakai is continuously trapped from start to finish. Attendees can purchase an affordable trap for their own backyard, whilst in attendance.

Help to bring back our beautiful bird song, and see our ecosystems restored to full health. You can get in touch via manuintheville@gmail.com or check out the Facebook page "Manu in the Ville".





Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Meet every Wednesday morning 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. Membership \$4 per week, \$10 membership annually. Please bring a plate for lunch. Occasional trips out which are paid for by the club. We also play friendly Bingo games. For more information contact Joan 021 029 51753.

Combustion Youth: Friday, 7.00-9pm, Meet at Magnify, 118 Commercial Rd, Helensville. For 13-18yrs. Ph 420-8911.

Community Dinner – Whether you are new to the area or have been here for a long time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Fitness League – Friday 9.45am – War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Groovy Line Dancing Tuesday 9.30am – War Memorial Hall, Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030

Helensville Aglow, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome. Contact yvonne@hello.net.nz for more information.

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NOCHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Pauline 420-6208.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Icenz 4 Boys 8-18 yrs, Adventure, life skills, leadership and fun – every Tuesday of the school term, 6pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Adrian Low 021-999-449

Icenz 4 Girls 8-13yrs Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

Kaipara Memorial RSA. - Quiz night every Wednesday at 7.00pm. 20 easy questions, free to enter, different quizmaster each week. Meals available from 6.00pm. All welcome at the RSA, 49

Commercial Road, Helensville. Any queries, give me a call, Rex Keane, 027 293 2768

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Noah's Ark Playgroup - Helping parents and caregivers enjoy the preschool years, every Wednesday of the school term, 9.30am-12pm at Magnify, 118 Commercial Road. Contact Kim Duncan 027-444-3492

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

Poems After Dark, bi-monthly in the Community Church, 40 Mill Rd. Story-telling and Poetry Performance 6-8pm on the second Saturday of the second month. Pauline Denton paulinekiwidenton@gmail.com

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

Tai Chi – Thursday 9.30am – 10.30am. – War Memorial Hall, Helensville. Contact Brian 021-747-947

Te Awaroa Residents & Ratepayers Assoc (TARRA). Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A, University for the Third Age, Helensville. For more info call 021-131-7308 or 420-7858

Yoga – Thursday 7pm – 8pm, Saturdays 10am – 11am. – War Memorial Hall, Helensville. \$10 Orla Slater 0210-455-075. Please bring your own mat. All levels welcome

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3 Mon	1157	4.3	-	0607	2044
4 Tue	0020	4.1	1246	0607	2044
5 Wed	0110	4.1	1333	0608	2044
6 Thu	0158	4.0	1419	0609	2044
7 Fri	0244	3.9	1504	0610	2044
8 Sat	0331	3.8	1550	0611	2044
9 Sun	0419	3.6	1638	0612	2044
10 Mon	0509	3.5	1729	0613	2043
11 Tue	0604	3.4	1824	0614	2043
12 Wed	0704	3.4	1923	0615	2043
13 Thu	0808	3.4	2023	0616	2043
14 Fri	0908	3.5	2122	0617	2043
15 Sat	1001	3.6	2214	0618	2042
16 Sun	1047	3.7	2259	0619	2042
17 Mon	1127	3.9	2340	0620	2042
18 Tue	-	3.9	1203	0621	2041
19 Wed	0017	3.8	1238	0622	2041
20 Thu	0054	3.8	1313	0623	2040
21 Fri	0131	3.9	1348	0624	2040
22 Sat	0208	3.8	1426	0625	2039
23 Sun	0248	3.8	1506	0626	2039
24 Mon	0330	3.8	1551	0627	2038
25 Tue	0418	3.7	1641	0628	2037
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28 Fri	0726	3.6	1955	0632	2035
29 Sat	0842	3.7	2111	0633	2035
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Blacksmith exhibits in Christian Arts Fest.

Blacksmith Chris Ellwood will be exhibiting his 'Life and Death' sculpture over Waitangi weekend, 5th - 7th February in the Christian Art Fest.

The Festival was originally part of the cancelled 2021 ARTS in the VILLE but the organizers decided to go ahead with an independent exhibition, which will be held in the 'Lighthouse', part of Magnify Church, 118 Commercial Road.

You will have a chance to meet Chris and the other exhibiting artists on Friday, February 4th 6-8pm. The exhibition will be open Saturday 5th 10-4, Sunday 6th 1-4 and Monday 7th 10-4. Vaccine passports are unlikely to be required but any current restrictions will apply. Kids art activities will be run 11-3 Saturday.

Chris was inspired to create this piece due to the desolation he felt after pruning an apple tree. He wrote in his notebook: 'Last week we pruned the apple tree. Brutally. Hacking back this joyful tree that has given such bountiful crops. Chopping out its very centre, tallest and strongest branches so we could reach the apples.

After such savaging will there be another crop? Can joyful bounty come after such a mauling? Trimmed and shaped for our convenience. Does it resent us? Hate us? Pity us? Does it weep for us?

Tall apples must be topped. Just as those with dreams that get too big must be restrained. Moulded. Pruned. Conformed.

They must fit what we think, not the other way around. Efficiency above joy - what a tragedy.'

It is hoped that the exhibition will be both uplifting and inspiring following on from two very difficult years.

If you, or anyone you know, is a Christian working in the arts who has anything they want to exhibit, then please bring to the 'Lighthouse' between 3 and 7pm on Wednesday 2nd February with an exhibitor fee of \$5 for one item, \$3 for two or more or email Pauline paulinekiwidenton@gmail.com

