

The Helensville Community News

Issue 155 - October 2022

Hato Hone St John Helensville Service Awards Sunday 4th September 2022.

The Helensville Area Committee organised an afternoon tea to recognise and celebrate some service awards received by local members. Inevitably, due to COVID, this event had been long delayed.

The Hato Hone St John, Northern Area, Patron, Sir Richard Blundell KStJ made the presentations, after being introduced by Helensville Area Committee Chairman, Dr. John Elliott OStJ.

The St John Service Medal is awarded after 10 years of service and every 5 years, a bar is added to it. The Service Medal is unique, as it is the only one still issued, which contains the profile of Queen Victoria, under whose charter of 1888, the Order of St John was established, as a Royal Order of Chivalry.

The 10 year medal was presented to Ali' Constable. She has been an Ambulance Officer at Helensville starting in 2008 and has served as an Auckland Training Tutor. She is currently Helensville Operations Support Officer.

15 year bars were presented to: Marcel Hendricks, who started in Helensville as Volunteer Ambulance officer in 2005. He remains here today at Helensville Station, as a Volunteer EMT.

John Issott started with St John in 2006 with the Helensville Area Committee (AC). Since 2014 he has been the AC treasurer. John also works in the Op shop and is a member of the Regional Order Affairs Committee. For his services to St John, he was made a Member of the Order, by her Majesty, in 2016.

The last award was to John's wife, Eve Issott. This was a Priory Vote of Thanks.

Priory Votes of Thanks are awarded, on the recommendation of the Priory Honours Committee and Priory Chapter, to recognise significant service, contribution, or support, given to St John. They can be awarded to external individuals, societies, groups, or businesses, as well as to St John members.

Recipients receive a framed certificate, signed by the Governor General, who is the St John NZ, Prior, along with St John Chancellor, Mr John Whitehead CNZM KStJ. Eve's award, from last year, was one of the last acts by Dame Patsy Reddy GNZM QSO DStJ.

Eve received her award for organising and leading the ongoing welfare support for our operational crews, both locally and monthly at Auckland hospital, overnight on Saturdays, throughout the year. Since the start of COVID, with the huge pressure on demand for ambulances, the crews were often not getting a proper break. So, by taking the hot drinks and food to the hospital bay, it enables them to have a short respite and recharge. The response from the crews is always enthusiastic.

After the presentations, family and friends joined the recipients for an afternoon tea. This was to recognise the support that they give, to enable the members to do their roles.



The Service Award recipients

In this issue...

- Plastic recycling trial underway ~ Pg 3
- What's happening this month ~ Pg 3
- Helensville Primary School Ag Day ~ Pg 4
- Auckland Blues Festival ~ Pg 4
- Student musician's success ~ Pg 6
- Craigweil House events ~ Pg 8
- Constitutional debate ~ Pg 9
- A few of the ARTS in the VILLE events coming up ~ Pg 10 - 11
- Kaipara korero - A focus on numeracy and literacy ~ Pg 12
- Help create a sculpture at Labour Weekend ~ Pg 13
- From Penk's Pen ~ Pg 14
- Swerving to avoid the potholes ~ Pg 115
- Proposed Helensville Solar Farm ~ Pg 16
- Turning the Tide on Mental Health and Wellbeing of our Children and Youth ~ Pg 18
- Tide Chart ~ Pg 18
- Regular events updated ~ Pg 19
- Find a local business and give them your support with T&P listing ~ Pg 19

Like us on Facebook or visit www.helensvillecommunitynews.co.nz

Helensville Community News

Email: helensville@copyandprint.co.nz

www.helensvillecommunitynews.co.nz

Phone: 420 9307

312 Main Rd, Huapai. P O Box 81006, Whenuapai

All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

ADVERTISING ENQUIRIES:

Phone: Sarah on 0274-831-542 or email

helensville@copyandprint.co.nz

ADVERTISING RATES (Excl GST):

Advertisement sizes, rates and specifications are as follows:

Black & white business Card size advertisement in the newsletter - \$55.00 per single issue. Double Business Card size Advertisement in the newsletter - \$110.00 per single issue. Low density colour business Card size advertisement in the newsletter - \$80.00 per single issue. Double Business Card size Advertisement in the newsletter - \$160.00 per single issue. The above rates include a listing in the Trade & Professional section on the back page. A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking, including those for 12 issues if paid in advance. For larger sized advertisements or high density colour please request a quote.

ADVERTISEMENT SPECIFICATIONS:

All adverts supplied must be in one of the following formats: Corel Draw 12, .jpg, pdf or MS-Word (with any graphics sent as .jpg images as attachments).

The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area.

Circulation 4,500 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

Publishers: Huapai Copy & Print

Trial underway to give large plastic items a new life



Large unwanted plastic items are being given a new life in a recycling trial underway in Auckland.

These include the likes of plastic laundry baskets, buckets, chairs, dishwashing racks, clam shell sandpits, rubbish bins and storage boxes.

General Manager Waste Solutions Parul Sood says that because these items cannot be put in the household kerbside recycling collection it is important that we find another way to recycle them - instead of ending up in landfill.

"We're trialling recycling the large number 5 plastic items back into usable products – so your broken plastic laundry basket or chair could have a new life as a rubbish bin, bucket or storage container, or if they're in good enough condition someone else might buy them and reuse them."

The plastics can be dropped off at Community Recycling Centres (CRC's) in Devonport, Helensville and Waiuku until the end of October. From here they are picked up by IP Plastics in Papakura, which manufactures large plastic items, and given a new life.

The aim is to extend the trial to accept a wider range of number 5 polypropylene plastics as well as including collection at other CRC's around Auckland," Parul says.

The long-term aim is to increase the number of products made from recycled plastics to contribute to building circular economies within Aotearoa. This initiative will also contribute towards achieving the council's target of Zero Waste by 2040.

Smaller number 5 plastics such as yoghurt pots, honey containers, medicine bottles, ice-cream containers etc. should continue to be put into kerbside wheelie bins for collection. Plant pots cannot be accepted in this trial either as they are contaminated with soil.

For full details visit OurAuckland

For further information, please contact: Liz Kirschberg, Senior Publicity Specialist, 021 704791,

liz.kirschberg@aucklandcouncil.govt.nz



Sunday 16th October
Kaukapakapa Hall
8.30am – 1pm

10.00am - 12pm, live music
from Jessica on the piano
and free face painting.

Contact Sarah 0274 831 542
sarah@riversidecrafts.co.nz



WHY PAY MORE?

2.90%

Commission rate to \$500,000
then 2% thereafter + GST

FREE MARKETING + FREE APPRAISAL



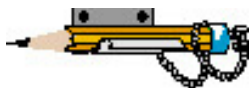
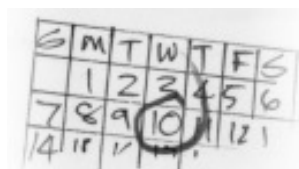
Support your local

**BURMESTER
REALTY** LICENSED
UNDER THE
REAA 2008

Buying or selling?
Give us a call today...

0800 18 88 80

What's happening this month



Wednesday, 12 October, Believe It Or Not Quiz night, 7.30pm at Waimauku RSA, Cnr HW 16 & Muriwai Rd, Bistro and Bar open from 5.30pm at club prices. Visitors welcome.

Saturday, 15 October, Big, Little, Local, Rautawhiri Park 10am - 3pm, Family friendly event to showcase our local service providers and businesses with music, food, giveaways, raffles and more. Everyone Welcome!

Saturday, 15 October, Waitoki meet the Neighbours Oct 2022, 4.30pm - 7.30pm, 1095 Kahikatea Flat Road, Waitoki, The Waitoki Hall

Invitation to a "Meet the neighbours event" at your local Waitoki Community Hall. We would love you all to come along meet the wider community and do a bit of networking we are also thinking of some spot prizes or a "locally made hamper" giveaways so if you would like to be involved please get in touch - we will have a sausage sizzle and the Hall will be open for use and viewing too. waitokihall@gmail.com if you would like to participate or donate something or have an idea for the community to discuss ..? We also need community input on the following : (Note our hall is NOT owned by the Council) Vote on a NEW colour to paint our community hall, Vote for "shared food community stand" at the hall, Learn about our vibrant local businesses..

Sunday, 16 October 2022 at 9.30 am, Pet Blessing, St Matthews, 60 Garfield Rd Helensville. All animals will have the opportunity to receive a Blessing from our Minister. Animals must be brought in carriers or on leashes or leads. Service is Rain or Shine. Come along to celebrate our Awesome Pets.

Sunday, 16 October, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectables. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Live music from Jessica on the piano and freeface painting, kids crafts etc. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

Term 4 starts Monday 17 October

Saturday, 22 October – Monday 24 October 10:00am – 4:00pm. ARTS in the VILLE 2022 Commercial Rd, Helensville Now in it's 8th year! ARTS in the VILLE is an annual festival and art trail held over Labour Weekend that celebrates the many local artists in the area. Come and take advantage of this great opportunity to view, discuss and purchase art pieces from a huge range of artists across many different venues. These include open studios, venues and other pop-up spaces which will be marked clearly, and can be found on the map provided from this website as a download, or on-site in Helensville during the festival weekend. From 10–4pm each day (Saturday, Sunday and Monday), Helensville will be buzzing with visitors taking advantage of the vibrant display of art. Join in and you'll experience a variety of media from sculpture, embroidery, painting, pottery, ceramic,

etchings, glasswork, millinery, repurposed mixed media and engineered creations, for both your indoor and outdoor spaces. In many cases you will have the opportunity to meet the artist in their studio, discuss pieces with them, and sometimes see them at work. Most pieces will be for sale (see FAQs page for more info). The Visual Treasure Hunt is a highlight of the long weekend, with a stunning prize donated by well-respected, New Zealand sculptor Jeff Thomson, whose studio is located in the heart of Helensville.

Saturday, 22 October (Between 12pm and 3pm), Kaipara Coast Sculpture Gardens To help celebrate the 8th annual Helensville Arts in the Ville event which highlights the endeavours of local artists we have invited acclaimed NZ based International artist Lang Ea to run a rather unusual workshop within the Kaipara Coast Sculpture Gardens. This is a FREE workshop, which includes access to the Sculpture Gardens, being run over 3 x 45min segments (12.00 to 12.45pm, 1.00 to 1.45pm & 2.00 to 2.45pm) and places are limited so BOOKING IS ESSENTIAL.

Friday, 28th October, Helensville Primary School Agricultural Event 2022. 4pm - 7:30pm After 2 years of disrupted Ag Day events due to our pandemic, Helensville Primary School are very excited to announce that we will be back together to celebrate our: - budding farmers - keen agriculturists - craft enthusiasts - food lovers and everyone who just wants to have a little fun. There will be plenty of games, music, performances and food to satisfy everyone. Come along, we would love to see you all there.

Friday, 28 October, Fireworks Display, Kumeu Showgrounds 5pm

NOVEMBER

Tuesday, 1 November, U3A monthly meeting. 10.00-12.00. St Johns Hall behind ambulance station, Rata St, Helensville. Guest Speakers, Jo Dixey, embroiderer trained at Royal School of Needlework, Hampton Court Palace. Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About and TED Talks. Costs are minimal. For more information contact Gloria Middleditch jandgmiddleditch@outlook.com 094203007/ 0211658428 or Bev Silvester-Clark bev.s-c@outlook.com phone 0274316205.

Friday, 11 November, Armistice Day, 11am, Helensville RSA, Veterans, RSA members and the public are encouraged to attend. Medals should be worn, if wearing relative's medals, wear them on your right chest and wear them with pride. This will be the last day of trading

Saturday, 12 November, Chill in the Ville, Kaipara Tavern Garden Bar Local people, Local bands, at the local pub. Chill in the Ville Music Festival returns. Tickets are only \$20 on the day and the first of the 6 bands and DJs kicks off at 2pm. Headlining the popular Festival are Old Mate and the M8s, with Jimmy Christmas and his band Jett Generation, Kara Gordon, You the Man, 2Tall, and DJ Tandra. There will be a Food Truck on site for the Family Friendly event with proceeds from every ticket sale going to local charity.

Tuesday, 15 November, Helensville District Rugby Football Club AGM 2022, 162 Awaroa Road, Helensville, 7pm.

Sunday, 20 November, Turning of the Tide Fundraising Event, 9am, The Surf Club Muriwai. Join us for a day of family fun to support a great local cause. Walk/run 17km or 5km along Muriwai Beach, or bring the kids to enjoy the 1.5km whanau trail and treasure hunt. With your help, we can raise \$30,000 to provide counselling for children and youth in our community. Get your tickets at Humanitix, or visit www.kindredservices.org.nz/events for more information.



BULLSEYE

WINDSCREEN REPAIRS
PH: 027 605 4630

- ♦ Repairing Windscreen Chips and Cracks to Meet NZ Standards
- ♦ Latest Technology in Resin Repairs
- ♦ Mobile Service Available in Norwest Area
- ♦ Insurance Work

gsi

Guaranteed Shower Installations

We specialise in shower installations. Call us for a quote on your shower installation

0800 4 NO LEAKS 420 8777

info@gsi.net.nz gsi.net.nz

Helensville Primary School Agricultural Event 2022

After 2 years of disrupted Ag Day events due to our pandemic, Helensville Primary School are very excited to announce that we will be back together to celebrate our:

- budding farmers
- keen agriculturists
- craft enthusiasts
- food lovers and

everyone who just wants to have a little fun.

Friday 28th October,
4pm - 7:30, at Helensville
Primary School

There will be plenty of games, music, performances and food to satisfy everyone. Come along, we would love to see you all there.

HPS AG DAY 2022



Helensville Primary School are working hard to prepare for their upcoming Agricultural Day held on Friday 28th October 2022 from 4pm - 7.30pm.

The students are eager to share with the community their various projects worked on both at home and in classrooms. Craft activities include models, photos, scarecrows and many more. These can be viewed on the day of the event in classrooms and in the school hall.

After spending numerous hours training and preparing their large animals ready to share with the community, many of the students are just as excited to have their animals compete in the annual lamb, kid and dog shows.

Music and commentary by some of our very own 'locals' as well as performances from our Kapahaka and Pasifika group will keep you entertained.

The Mega Raffle Draw will be a highlight of the event, as well as our silent auctions. Prizes include beauty treatment packages, restaurant vouchers, cash prizes, admission passes to a number of venues including Parakai Pools, Hoyts Movie Theatre, Tree Adventures, Ten Pin and many more.

A great selection of homemade food will be on offer to purchase, as well as a bake stall with lots of goodies to grab.

Kids will be kept busy all afternoon, spending time digging for prizes in the sandpit, exploring the wide range of senior games, having a go on the bouncy castle, getting their face painted, viewing the displays or trying out the assortment of dress ups before taking a 'snap' in our instant photo booth.

Look out for the signs displayed around our community, advertising our event. Come along and enjoy a fun filled afternoon with friends and family.

Helensville Primary School Staff and PATHS (PTA)



12 NOVEMBER 2022

AUCKLAND BLUES FESTIVAL

ASH GRUNWALD · MIDGE MARSDEN BAND · FIONA BOYES
& THE FORTUNE TELLERS · JEFF LANG CAT TUNKS · NATHAN
CAVALERI · JIMI KARA · ALBI & THE WOLVES...AND MORE!

SOUTH HEAD · AUCKLAND

BLUESFESTIVAL.CO.NZ



PRESENTED BY
AUM
NEW YEAR'S FESTIVAL

THE
SOUND



BIG LITTLE

Local
EVENT

SATURDAY 15 OCTOBER 2022

10:00AM - 3:00PM
RAUTAWHIRI PARK PAVILION

A family friendly event to showcase our local service providers and businesses with music, food, giveaways, raffles and more!

See you there!



Harcourts The Difference

09 420 7663 | helensville@harcourts.co.nz | helensville.harcourts.co.nz

The Difference Limited Licensed Agent REAA 2008

HEALING HEART OF HELENSVILLE



*Healings / Readings
Crystals / Incense / Jewellery / Gifts*

Meditation Group held Thurs 6-8pm

The Healing Heart of Helensville. 09 420 9098

Open: Mon - Fri 10am - 4pm & Sat 10am - 2pm

58 Commercial Rd, Helensville. www.healinghearts.vpweb.co.nz



HABITAT
PLUMBING | GAS | HEATING

027 HEAT NOW habitatheating.co.nz

**BREWIS
CONCRETE**
Quality Concreters... NO BULL!

Aaron Brewis
Mob: 021 992 590

Solid advice & workmanship for over 20 years

**BOUTIQUE
GIFTS CLOTHING**

60 Commercial Road
Helensville



www.eleventhhourgifts.store | 021 079 5475

**ACTIVE
EXPLORERS**

Come check out our brand-new,
purpose built childcare centre.

14 Commercial Road, Helensville, Auckland
P: 09 222 3277 | www.activeexplorers.co.nz

Student musician's success

by Georgia Shivan, Year 13 Student Kaipara College

From being classically trained in the b-flat trumpet, the b-flat cornet, and the e-flat soprano cornet; to being self-taught on the piano and bass guitar; to dabbling in singing and music production, Chris Rowe (Year 13) is undeniably a highly talented musician. Chris' exposure to music began at an early age. Though their formal music education only began in 2015, this pastime has afforded Chris numerous impressive musical awards and opportunities in recent years.



**Chris performing at
Rockquest regionals**

In July, Chris travelled to Wellington to participate in the National Festival of Brass, for which they won Junior Soprano Cornet Champion for the second time. For their original song "Drowning in the Stars," Chris won the David Richwhite Lyric Award at the 2022 Lion Foundation National Secondary Schools' Songwriting Competition and will professionally record this song later this month.

Additionally, Chris was short-listed to the top 50 finalists for the national Play it Strange competition – an organisation promoting pathways for secondary school students to pursue creativity through writing, recording, and performing their songs. Chris is also invited to perform at the Play It Strange awards show in November.

Chris' band Sonitus – for which they are the bass guitarist – also competed in the National Secondary Schools' Rockquest competition earlier in the year and progressed to its Regional Finals. In addition to Sonitus' after-school practice sessions, Chris is also involved in the North Shore and Kumeu brass bands and takes music at NCEA Level 3. Chris engages in music tutoring, recently acting as an assistant tutor at the Gumboots brass workshops in Taihape – playing with and setting an example for beginner brass musicians. In conjunction with musical tinkering, Chris dedicates upwards of seven hours a week to music.

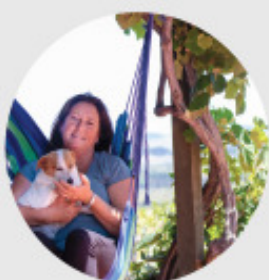
In addition to their involvement in Kaipara College's music department, Chris is also heavily involved in the school's drama department, notably playing Jonathan Harker in the recent *Dracula* production.

This month, Chris will travel to Christchurch to play in the National Secondary Schools' Brass Band and will also play alongside their band, Sonitus, in several performances towards the end of the year. Beyond high school, Chris plans to develop their music career and pursue the subject at a tertiary level. Through either the University of Auckland or Victoria University of Wellington, they aim to study a Bachelor of Music, majoring in music composition, while potentially completing a conjoint degree in film production. In the future, Chris aspires to work in the filmmaking industry, writing music for movies.

When they are not involved in musical pursuits, Chris is an avid film-watcher and player of Tetris and Space Invaders, while also painting where time allows.

THE MARKET IS MOVING

- ✓ Over 37 Million Dollars in Local property **SOLD** since January 2022
- ✓ 32 Properties **SOLD** since January 2022



Call Kelly Davison for your
FREE no obligation appraisal

0274 670 175





"Professional and friendly service for all your vehicle needs"

WOFs - Brakes - Suspension

90 Mill Rd, Helensville

Phone 420 8177

www.helensvillemechanical.co.nz



ACCOUNTANT *First visit FREE*

UHY Haines Norton
Chartered Accountants

34 Commercial Rd, Helensville

Farm and Lifestyle
Block Specialist

Business Planning
and Development

Financial
Analysis

OFFICE

420 7972

MARK FOSTER

021 220 5817



ATL PLUMBING LTD

QUALITY SERVICE AT COMPETITIVE RATES!

*Maintenance *Renovations *Cylinders *Roofing
*Spouting *Central Heating *Gasfitting + more...

~ CONTACT US WITH ANY ENQUIRY OR FOR A FREE QUOTE! ~

Ph: 09 420 7868 Adam: 021 245 9677

OR: 0800 285 758 (0800 ATL PLUMBING)

E-MAIL: adamandanita@xtra.co.nz OR:

JS STORAGE
SELF-STORAGE

Contact us now for your storage needs

71 Mill Rd, Helensville

www.jsstorage.co.nz

Email: jsstorage@gmail.com

Phone: 021 462 930

Craigweil House

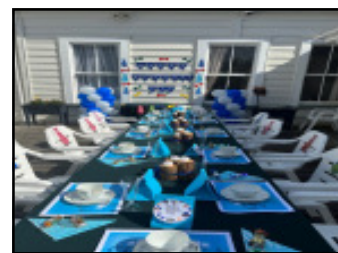
Busy, busy, busy, is how Craigweil House has been operating over the last few weeks. Recently celebrating Father's Day in style, this year the activities team decided, because of the great weather, to hold the annual Father's Day festival outside. Chairs and tables were decorated alike.

Residents Arnold and Ivan were proud to recall their time being fathers and enjoyed their goodie bags of the day.

In other news the team held a happy hour in the memory unit to celebrate Independence Day of India, staff member Herman received a token for best dressed award.

If you would like to enquire about Craigweil House for your loved one, please get in touch. We are a boutique rural facility with personalized compassionate support and care for rest home, hospital, and secure dementia levels of care – 09-420 8277.

*Arnold (top) and
Ivan (right) with
their Happy
Father's Day cards*



McLEOD MOTORS

Your friendly local team

6 Railway Street, Helensville

Email: mcleodmotors@outlook.co.nz

Ph: 420 8633



Find us on Facebook

- WOFs
- All Mechanical Repairs
- Auto Electrical
- Tyres & Batteries
- Stockists of 'Total' lubricants

The Inevitable Constitutional Debate

On the morning of the Queen's death Tova O'Brien interviewed David Seymour saying 'it's probably not the day for it but...' Then asked if New Zealand should keep the monarchy. The constitutional debate is inevitable. Free Press says let's put it to bed.

There are really two questions. Is the monarchy good for New Zealand, and how much has it been carried by the performance of one particularly good Queen lately?

We predict King Charles III will surprise on the upside. The main reason is that he takes the job seriously. *Free Press* has met him as Prince Charles. He was well briefed, sincere, and charming. He'd made an effort to have something to say to every guest at the reception, in another country on the other side of the world.

We believe he will take his new duty even more seriously, and may even be able to heal some of the internal rifts that have plagued the family. People who say (hope?) the monarchy is only good for as long as Elizabeth II was on the throne are in for a surprise on the downside.

One question: Will Charles resist the temptation to use his throne to make political points? So far so good, but it's a dangerous temptation. New Zealand's last Governor General loved to wax on so much, we wondered if she was trying to get re-elected.

The point of these positions is to be trustworthy to all in a constitutional crisis, as Australia experienced in 1975. We can't afford a monarch who's even suspected to have a political agenda.

That still leaves the second question. Is the Monarchy a good deal for New Zealand? *Free Press* is not an emotional publication. We know there are people emotionally attached to the monarchy and people emotionally revulsed. They cancel each other out so what can logic tell us?

Two good questions to ask about any policy are is it fair, and does it work?

We're pretty sure the Monarchy is not fair, but we're not sure if it's most unfair on the Royals or their subjects. The idea that a family of people are born theoretically owning a country, in fact many countries, is odd in the 21st century.

On the other hand, most people can retire from their jobs. We're not sure being born into a life of service with no honourable

Whichever view you take it is always worth considering both sides and this article covers both sides admirably. Ed.

exit possible makes up for the extraordinary privileges. So far as fairness is concerned, it's probably a draw.

The second question is whether it works. The answer is absolutely. New Zealand has one of the most stable political systems in the world. We are certainly one of the oldest democracies, really the oldest if you think it's important to let all citizens vote.

We have a constitutional back-stop, someone who can step in if there is a constitutional crisis, and it costs next-to-nothing. It comes with the added bonus that a lot of people really like the Royal family and the traditions and culture it represents.

The alternative to having the King (or his representative, the Governor-General) would be to have the Government of the day appoint a head of state without any connection to the monarchy, or electing them. It's not obvious what the first one would achieve.

The second possibility is more interesting, that New Zealand would elect a head of state. The great difficulty is that once they get elected, they're a politician. Politicians like to promise things to get elected. Worse, they sometimes do the things they promise.

The Americans have found this out the hard way. Their President was supposed to be a largely ceremonial role, with the one big job of being the Commander in Chief of the military. Over 230 years, successive U.S. presidents have promised their way to a larger and larger role. This year Joe Biden spent \$1.9 trillion in a gargantuan stimulus package while his predecessor is busy dividing the country in half. We don't get any of that with a monarch.

Even if an elected Head of State didn't risk turning into an overgrown burden like every other part of Government, it's not obvious what problem they would solve. Some people say we should move beyond being founded as a British colony, but the New Zealand State *was* founded as a British colony.

An elected head of state certainly would not get one more house built, one more kid to school, or one more innovative company exporting to the world. It is all downside from our point of view.

If we have to have the constitutional debate, there it is. We thank Elizabeth II for her extraordinary 70 years of service, and welcome King Charles III to a new chapter of a successful system that serves us well.

NORTHWEST — CABINS —

022 1209 562

RENTALS AVAILABLE NOW | FINANCE AVAILABLE

WWW.NORTHWESTCABINS.CO.NZ



The Duke' - Making Good Men Better.

The relevancy of Freemasonry today

The Duke of Albany Lodge or 'The Duke', as it is affectionately known and named after Queen Victoria's son Prince Leopold, has been part of the Helensville landscape for 138 years. From the outside looking in, aprons, collars, formal ritual, secret handshakes, closed guarded doors and men only flies in the face of an open and equal society. Superficially it appears archaic and outdated.

The Franciscan Richard Rohr, in speaking about men, talks of '*an uninitiated culture*' and suggests that through ritual and initiation a man is able to discover his own '*inner authority*' and can learn to '*own his own life, his experiences and his responsibility*'. Freemasonry does this as one of the oldest secular social and charitable organisations in the world. It teaches self-knowledge through participation in a progression of ceremonies involving ritual that comprises moral and ethical approach to life that communicate the core values of respect, *integrity, friendship, and charity*. The interests of family are held as paramount but, importantly, Freemasonry also teaches concern for people, care for the less fortunate and help for those in need.

The core values are seen to be given expression in the following ways:

Integrity- rather than working on buildings like the masons of old, today's Freemasons focus on building themselves as people of integrity, and membership provides the structure to help achieve that goal.

Friendship-as one of the oldest social organisations in the world, Freemasonry is not defined by an ideology. It is open to people from all religions and political persuasions and provides the common foundation for friendships between members, many of which will last for life.

Respect - with a global membership drawn from diverse communities around the world, Freemasonry brings people together irrespective of their race, religion or any other perceived differences that can divide us as a society.

Charity - kindness and charitable giving are deeply ingrained within the principles of Freemasonry. The

ARTS in the VILLE 2022



Now in it's 8th year! ARTS in the VILLE is an annual festival and art trail held over Labour Weekend that celebrates the many local artists in the area.

Come and take advantage of this great opportunity to view, discuss and purchase art pieces from a huge range of artists across many different venues. These include open studios, venues and other pop-up spaces which will be marked clearly, and can be found on the map provided from the website as a download, or on-site in Helensville during the festival weekend.

ARTS in the VILLE will be open 10-4, Saturday, Sunday, Monday, 22-24 October 2022. www.artsintheville.co.nz

organisation provides a support structure that helps members make positive contributions to communities and worthwhile causes through fundraising events or volunteer work.

A point of difference between Masonic charity work and other community organisations is that Freemasonry doesn't run public fundraising events. Instead, the funds distributed to community organisations comes directly from the membership and income from investments.

The membership of 'The Duke' invites the community and anyone interested to **discover what lies behind closed doors** over Labour Weekend when the Lodge Room will be open and members on site alongside the floral display prepared by the Helensville Floral Art Club presented as part of ART in the VILLE.



BEHIND CLOSED DOORS

Have you ever wondered about the interior of a Masonic Lodge and the Masonic tradition that dates back over 300 years?

The Duke of Albany Lodge

will have the LODGE ROOM open for viewing and explanation during the floral art display by the Helensville Floral Art Club during ARTS in the VILLE over Labour Weekend
22/23/24th October 10am - 2.00pm.

FREE SAUSAGE SIZZLE OPERATING BETWEEN 10.30am & 1.30pm

Helensville Masonic Centre, 9 Kowhai Steet, Helensville

ENQUIRES - RUSSELL TAYLOR PH 0274 239 792





Art Centre Helensville

Mike Rowland

New Works

5 – 29 October

Opening event
Saturday 8 October 3-5pm

Art Centre Helensville
49 Commercial Road
Wed – Fri 10-4:30
Sat – 10-2



October!!! Welcomes the solo exhibition of Mike Rowland
Local realist painter Mike Rowland is well known to the community being one of the Arts Trail artists.

He has an incredible skill set that draws on the great masters such as Edouard Vuillard and Manet, yet incorporating a unique compositional style denoting a fantastical world not quite unlike the surrealists.

In a recent visit to Mike's studio I felt like I was walking through a modern surreal version of the Sistine Chapel!

Mike Rowlands solo exhibition at Art Centre Helensville will be an ethereal experience and not one to miss!

Please feel welcome to join the celebration of this show Saturday 8th October 3-5pm

Witness Merch



Sarah Premkumar with some of her crafts

A small arts business run by recently engaged couple Sarah Premkumar and Tarun Manogron. The couple love using their talents to bring fresh trendy pieces of work such as t-shirts, tote bags, homeware and so much more with a Christian twist. Tarun is a graphic designer and Sarah a painter and crafter.

They design and make their products from scratch. Believing that Christianity is a lifestyle and not just a religion, they aim to showcase their artwork through their products and a proportion of proceeds from sales go into supporting a rural village church and school and a foster home for girls abandoned as babies in India.

They will be having a stall at the Makers Market in the Helensville Primary School Hall on Garfield Road during this year's ARTS in the VILLE over Labour Weekend, so pop along for a browse and a chat.

Susannah Connolly, Creative Explorer

62 year-old 'creative explorer', Susannah Connolly, will be exhibiting October's Christian Arts Festival. Susannah has been doodling all of her life but in May she began a process she refers to as 'intentional doodling', where she starts a picture and sees what emerges.



Many of her doodles include musical instruments, such as one done at the Paihia Folk Festival where she was drawing whilst listening to music, reflecting the movement of the music as she drew.

She loves native bush and including the sounds she hears in nature, the 'music of the trees'.

Whilst doodling, she can try 'crazy things' and it doesn't matter if it doesn't work out.

Susannah, along with husband Andrew, run 'Peacemakers', an 'intentional community' with a busy 16 bed retreat centre on Fordyce Road in Parakai. She hopes to run artistic days on the property. For more info email susannah.connolly@gmail.com

She began working in pencil as she didn't want to get her paints out in the evenings, which she didn't want to waste in front of the telly. Finding that the images weren't sharp enough, she began working in pen and ink.

Several of her works will be exhibited as part of the Christian Arts Festival, part of ARTS in the VILLE over Labour Weekend and held at 'The Lighthouse' part of Magnify Church, 118 Commercial Road.

If you are a Christian artist interested in exhibiting, then please email Pauline Denton paulinekiwidenton@gmail.com for a registration form and bring your work to 'The Lighthouse' on Monday, 17th October between 2 and 7pm.



Kaipara korero

Principal Cindy Sullivan

A focus on literacy and numeracy acceleration from 2023

You will no doubt be aware from headlines such as “Now I don’t know my ABC” report exposes crisis in literacy” RNZ, 21 March 2022; “How New Zealand’s low literacy rate impacts the economy” NZ Herald 17/8/22 and “NZ’s falling literacy crisis - why our kids can’t read” 17 Aug, 2022, there is a serious issue with numeracy and literacy achievement amongst young people in New Zealand. This poses a serious challenge to schools and communities throughout New Zealand and to New Zealand as a whole.

At Kaipara College we are committed to meeting the challenge of accelerating literacy and numeracy learning and achievement for our young people head on. Under the changes to NCEA (National Certificate of Educational Achievement) students will be assessed externally (by an exam) on their numeracy and literacy levels by the end of Year 10, from 2024. From next year at Kaipara College we are incorporating into our Year 9 and Year 10 curriculum and timetable, an accelerated learning programme designed to target explicit teaching of literacy and numeracy knowledge and skills, designed to accelerate learning for our students in these two essential areas. This will ensure our students will be well prepared for, and successful in these new assessments. Of equal importance however, this will ensure our young people have the literacy and numeracy skills including listening, speaking, reading, writing, numeracy and critical thinking, interwoven with the knowledge of social and cultural practices, to enable them to contribute to and improve society. Numeracy and literacy are keys that unlock learning in all other areas.

We are also galvanizing our teaching of numeracy and literacy across all curriculum areas and working with our teachers to identify opportunities to teach literacy and numeracy throughout the curriculum and be explicit about it. In this way we will be upskilling all our students in literacy and numeracy knowledge and skills across the whole school and at all levels. We are also committed to, and will strengthen, the two way collaboration with our contributing schools (members of the Kahui Ako o Kaipara or Community of Learning) so that we are working together and learning from each other as to the best ways to ensure our young people are excelling in numeracy and literacy.

It is our job at Kaipara College to work with whānau to unlock exciting and fulfilling pathways for our students, so that they can fulfill their ambitions, pathways and dreams and to be contributing and useful members of society. Literacy and numeracy knowledge and skills are essential keys in this process.



- Business Set up Structure
- Business Accounting, Taxation and Advice
- Personal Accounting and Taxation Advice
- Management Accounts
- Board Room available for Hire

09 420 7835 or Mob 027 284 3849

ECE Astute Accounting
69b Mill Road, Helensville
www.eceastuteaccounting.co.nz



BEAUTY ELIXIR

Helensville with Maria Schofield

TEL 09 420 9775 | MOB 022 465 0727 | 14 Porter Crescent

DOG GROOMING

Professional Clipping

I have had 35 years experience professionally grooming
Full grooming service: Clipping, Bathing, Nails
• Poodles • Spaniels • Bichons • Shich Tzu
• Maltese • Lhasa Apso • Schnauzers • Terriers
All long haired X Breeds
Pick up service available
Christine 021 521 303



Open Tue - Sun 10am - 7pm

Phone orders welcome 420 5062

Online orders: www.mryum.com/sharkntatties

Facebook: @sharkntatties

1037 Kaipara Coast Highway, Kaukapakapa

PLANT CENTRE

Specialists in plants for this area
- Vegetables
- Fruit trees
- Natives
- Garden plants
- Design services
- Planting
- Landscaping



SCULPTURE GARDENS

Get inspired and have a relaxed fun family afternoon out. Come on our 1km garden and sculpture trail. Allow 1-2 hours. Garden entrance fees apply

Plant Centre & Sculpture Gardens

open 7 days 9am to 5pm ph 09 420 5655

1481 Kaipara Coast Highway,
4km north of Kaukapakapa Village

www.kaiparacoast.co.nz



Help Create a Sculpture at Labour Weekend!!

Saturday 22nd October
(Between 12pm and 3pm)

To help celebrate the 8th annual Helensville Arts in the Ville event which highlights the endeavours of local artists we have invited acclaimed NZ based International artist Lang Ea to run a rather unusual workshop within the Kaipara Coast Sculpture Gardens; where participants will be invited to help her construct her latest creation POP BANG BOOM!



Join Lang Ea for this fun workshop suitable for all ages, learning about the process of how her sculpture called 'POP BANG BOOM!' was conceived and then be a part of putting it together.

Lang Ea has exhibited her work within both the US and Europe as well as extensively across NZ.



This is a FREE workshop, which includes access to the Sculpture Gardens, being run over 3 x 45min segments (12.00 to 12.45pm, 1.00 to 1.45pm & 2.00 to 2.45pm) and places are limited so **BOOKING IS ESSENTIAL**.

The Kaipara Coast Sculpture Gardens contains over 40 pieces by local and international artists which are distributed along an easy walk pathway (approx. 1.2km) plus there is a recently installed 2.5km Nature Trail to explore.*

There is also a great play area for the kids plus our cute little coffee shop and of course the garden centre for you to browse around.

Our knowledgeable and friendly staff will also be on hand to help with any garden related questions.

* Sculpture and Nature Trails are not suitable for wheelchairs or walking frames.

Venue location: 1481 Kaipara Coast Highway (SH16), 4km north of Kaukapakapa

Tickets: FREE for workshop participants - otherwise \$15 per person or \$35 per family (2A + 2C)

To Book: info@kaiparacoast.co.nz OR 09 420 5655



Ph. 09 420 3298 ~ Mob 022 075 8283
info@babybarns.co.nz
www.babybarns.co.nz



☎ 09 420 7694

Water Pump Sales & Servicing
Deep Well & Submersible Specialists



**LIFESTYLE MOWING
MACHINERY**

"We will put the fun back into mowing"

- * Quality brand mowers & ride ons
- * Unparalleled service & Support
- * Large Product range

Come in and see us today!

8 Stevens Lane, Waitoki

Or

Call us on 0274 955 948

www.moadoc.co.nz



Helensville Birthing Centre

TE PUNA WHANAU KI TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

You are welcome to call in and have a look around, or browse our facilities online.

53-65 Commercial Road, Helensville
Ph (09) 420 8747

Email bookings@helensvillebirthingcentre.co.nz

www.birthingcentre.co.nz

Chris Penk
MP for Kaipara ki Mahurangi

Here to help
134 Main Road, Huapai • christopherpenk@parliament.govt.nz • 09 412 2496

National
Authorised by Chris Hipkins, 141 Main Road, Auckland



Rent me today!

Ideal as an extra bedroom or office

Three convenient sizes:

- ✓ Standard from \$75 pw
- ✓ Large from \$95 pw
- ✓ Extra Large from \$120 pw

Visit our Display Cabin at
275 Rodney Street, Wellsford
(next to the South African shop)

JUST CABINS
RENT A ROOM

Delivery from \$400


0800 58 78 22
JUSTCABINS.CO.NZ



Gumboots
Early Learning Centre

*I'm Waking on Sunshine!
...and Don't it Feel Good?
Life's More Fun on Grass!
Now Enrolling all Ages for 2023*

www.gumboots.ac.nz
1157 Peak Road RD2 Helensville ph 411 9838



riverside
art, craft, gifts

Gift baskets made to order

phone Sarah 0274 831 542
sarah@riversidecrafts.co.nz



From Penk's Pen

CHRIS PENK – MP

Planned Whenuapai development

I'd like to start this column by acknowledging the passing of the Queen Elizabeth II. As monarch for some 70 years she's been a constant presence in New Zealand public life all that time.

I had the opportunity to speak in Parliament when a motion was passed recently, thanking the late Queen for her service. I was pleased to note that she had visited the Kaipara ki Mahurangi electorate (as it is now called!) very early in her reign, including to Warkworth and Puhoi.

More recently, her son and successor – Prince Charles at the time but now King Charles III – visited Whenuapai in late 2019 to participate in an Airforce-led "Queens Colour" ceremony.

It's been a time to reflect on the meaning of service, with such an exemplary standard having been set at the very top of the constitutional tree.

An illustration of the commitment of Queen Elizabeth can be seen in her connection to defence forces of the Commonwealth. As a young woman, she served as a motor mechanic during the Second World War. A few short years later, as the sovereign she assumed the ceremonial title of Head of the Armed Forces. Elizabeth's service was both symbolic and highly practical in nature.

I also reflected in Parliament on the fact that "the Crown" is a rather high level, impersonal concept in our system of government. That's not a bad thing, incidentally, as it means that the King or Queen isn't involved in the day-to-day hurly burly of domestic political affairs.

At the same time, the service given by this remarkable woman was deeply personal, involving as it did practically every waking moment of her long life, committing her family, highlighting her personal faith and so on.

Delivering her traditional Christmas Message from the other side of the world, in a strange way the Queen was invited to share in the festivities (cold ham, crackers and all) of many a family in New Zealand.

I realise this message has been rather different from my usual fare as local MP but I think that – as a member of His Majesty's loyal opposition – it's appropriate for all elected representatives to mark this moment. Thank you for your service, Ma'am.

HELENSVILLE DIGGERS

Great Operators at **GREAT** Prices

Tip Trucks and Excavators

You want it we do it!!!

DON'T DELAY PHONE TODAY!

Peter or Clifton

021 454 793

021 454 780

A/H: 09 420 7023





Swerving to avoid the potholes

Rodney drivers, faced with swerving to avoid potholes that have been damaging their vehicles have taken to filling potholes themselves rather than wait for Auckland Transport (AT) to do their job.

AT responded by stating “We do not want people to do this themselves - as they put themselves and others in harm’s way. If these potholes are reported through the proper channels, our contractor will get to them. If they are very dangerous they need to be reported to us as an emergency.”

AT has 670km of gravel roads to maintain in Rodney alone. Maintenance budgets are under pressure as always. But there comes a time when putting a grader over roads once a year simply doesn’t deal with the problem.

When there are 20 potholes in 20 metres, as reported in July, that is not an emergency. That is evidence that the system to fund, finance, build and maintain our roads is broken.

The part of the road we drive on is designed with a “design-life” in mind, somewhere between 15 to 25 years. A new state highway would be expected to last 25 years, and an unsealed road around 15 years.

Drainage and bridges are designed for much longer lives, 50 to 100 years in some cases. That doesn’t mean that the road or bridge is completely broken and useless after that time frame. But toward the end of the design-life the road owner should expect to renew the road from the clay subgrade right up to the surface and give the road a new “life”.

When I worked as a civil engineer on road renewals, we used to call this “giving the road a birthday”. The problem is councils and their roading units have simply failed to put birthday money aside to remake the road at the end of the design-life. Funding depreciation is vital if you are running a business that owns cars, trucks, machinery or managing any kind of asset.

Successive Governments have instead allowed councils to spend money on the “Four Wellbeings” - fancy town halls, art galleries, painting streets blue and any number of things that give elected councillors a good photo op.

The current car-hating Labour Government have no interest in changing the rules of the game - after all it was a previous Labour Government under Helen Clark who made those rules.

Labour, along with their support partner the Green Party, have made it clear they prefer anything but roads for our future. They proclaim that we should drive less, so why spend money on roads?

The Minister of Transport Michael Wood recently stated a target to reduce vehicle kilometres travelled (VKT) to meet a 20% nationwide cut by 2035, but without a plan on how to achieve that. One person who does have a plan, and significant influence over the Minister, is Green MP Julie-Ann Genter.

At a Future of Transport event I attended recently, Ms Genter stated her support for the Government’s plan to reduce VKT. How? By simply dropping “Level of Service” as a metric for transport networks altogether.

So rather than fund and deliver the road maintenance we need,



the Labour Government and their Green support partner would let the potholes do the talking.

At the same time, they demand a greater share of petrol taxes and RUCs for their pet projects like Light Rail which would only serve a few people, the road network will be allowed to slowly fail.

ACT would instead support the regions and the economy with a safe efficient roading network.

Between 2007 and 2017, more than NZ\$300 Billion was raised by funds globally to invest in infrastructure. Most of that capital was raised from insurance companies, pension funds, and sovereign wealth funds (including our own New Zealand Super Fund) looking for long-term investments with reasonable returns.

ACT would harness the funding and expertise from the international investors and apply this to our roading network.

We would also use New Zealand’s independent Infrastructure Commission as the project manager and take politicians with blurry green visions out of the decision making loop.

This Government might be allergic to good road maintenance, but ACT is not.

KPL

KUMEU PLUMBING LTD

EST 1974

🔧
plumbing

🚰
drainage

🏠
roofing

💧
water pumps

🔥
water filtration

🔧
gas fitting

🔥
woodfires

☀️
solar heating

🏊
pool & spa

Ph. 420 9108 Fax. 412 7555

Email. info@kpl.co.nz Web. www.kpl.co.nz

156 Main Road, PO Box 128, Kumeu, Auckland 0841

**Selling your home?
Sell with Arizto!**

- ✓ Free market appraisal
- ✓ Free premium marketing
- ✓ No upfront costs - No sale, No fee
- ✓ 2% + GST commission
- ✓ Saving you thousands!

Kara Singer
021 414 376 kara.s@arizto.co.nz
Licensed Salesperson (REAA 2008)

ARIZTO

KERRY & LAURA

BARFOOT & THOMPSON

'The Long and Short of it'
Selling Helensville and Beyond

027 458 7229
k.king@barfoot.co.nz

027 772 6969
l.lyttelton@barfoot.co.nz

The Picture Framing Company LTD.

**Custom framing
Photoframes**

14A Shamrock Drive, KUMEU
Ph 0800 372 633
Email: info@pictureframing.co.nz

BUYING OR SELLING PROPERTY?

Jana Mills

Mob: 021 509 990
AH: 09 420 9953

PRESTIGE

www.prestigerealty.co.nz | janamills@realstatespecialist.co.nz

**CRAIGWEIL HOUSE
WARMLY INVITES YOU TO...**

**COME VISIT OUR UNIQUE BOUTIQUE
RURAL CARE FACILITY**

Situated on the Twin Coast Discovery Highway off State Highway 16 within reach of Muriwai Beach and the Kaipara Coast.

A caring environment nurtured by our dedicated team
Rest Home • Hospital • Secure Dementia • Day Stays

★★★ No Premium Room Charges ★★★

You're welcome to come in for a cuppa and see us or ring us today to discuss a complimentary day stay

09 420 8277
143 Parkhurst Rd, Parakai
info@craigweil.co.nz

HENRIK WEST

Craigweil House
Home & Hospital
FEEL AT HOME WITH FAMILY

Proposed Helensville Solar Farm

An Incorporated Society, Helensville Group Opposing Solar Farm Construction Incorporated, has been formed to fight the consenting of the proposed Solar Farm development off Rogan Avenue.

The Resource consent application was lodged on 28 January by HES Aotearoa Limited of Helensville. The proposed activities are: To construct and operate a 50MW solar farm and producing 98, 100MWh of electricity per annum. Consents are also required for the placement of infrastructure within the 1 per cent AEP flood plain, and the diversion and discharge of stormwater. Submissions to Auckland Council were open until 6th October 2022.

Several meetings have been held, and anyone is welcome to join. Membership \$10. The focus is on the environmental impacts. Enquiries to hgoscinc@outlook.com 0212 529 204. Facebook: Helensville Group Opposing Solar Farm Construction Submissions to Auckland Council were open until 6th October 2022.

Chris Penk MP posted on the Helensville & Parakai Community Facebook Page in August: "Last week I wrote to the Department of Conservation to alert them to a large-scale solar farm that is being proposed in Helensville.

My intention behind this was to ensure that any environmental concerns are given robust consideration as part of the Resource Consent process.

With DOC having expertise in this area, it seemed appropriate to alert them to the proposal to ensure any Resource Consent application had the benefit of DOC's evidence-based knowledge and expertise. It is reassuring that DOC is taking a proactive approach, as you can see from their response below."

Chris subsequently received a reply advising in part "The Department of Conservation has contacted Auckland Council to ask that if the application is notified that they contact us so that we may consider the application.". As the application was notified it is presumed that the Department of Conservation will in fact review the application.



This is what the Solar Farm could look like



Spring ^{is} SPECIAL

The market continues to **HEAT UP**
and we believe you deserve the
BEST price and outcome.

**SO WE ARE BACKING YOU
ALL THE WAY WITH OVER
\$3000 WORTH
OF ADVERTISING
FOR FREE!**

Just list exclusively with us.
We're your local experts.

*Terms and conditions apply. Talk to our team to find out more.

www.helensville.harcourts.co.nz

09 420 7663 | helensville@harcourts.co.nz

The Difference Limited Licensed Agent REAA 2008

Harcourts The Difference

Turning The Tide on Mental Health and Wellbeing of Our Children and Youth

More than any other group, the events of the last couple of years have affected our children and youth. That's why Kindred Family Services are inviting the communities of North West Rodney to take to Muriwai Beach on Sunday the 20th of November, and help us raise \$30,000 toward this important local cause.

Turning The Tide Fundraising Event is a 17km walk/run or 5km gentle walk on our rugged and beautiful Muriwai Beach. This year, there is also a 1.5km whānau trail with fun activities for children and families to enjoy. Kindred invites you to choose the walk that most suits you and your family and are encouraging groups of 5 or more to enter the teams event and compete for prizes, recognition, and social status.

Kindred's clinical manager, Kim Wills, states Kindred have accepted, on average, 7 new referrals per month in the past year for children and youth who are facing complex and overwhelming challenges in their lives. That's 84 young people annually requiring at least 10 counselling sessions for themselves and their families. This is a significant increase on previous years, and currently, demand is stretching Kindreds funds to support this growing need. In talking to our local schools, we know that the referrals for this service could easily be tripled given the growing demand.

"Our work with tamariki and rangatahi in our communities has demonstrated to us that they are brave, intelligent, resourceful, and hopeful of a better future. We can work together with schools, families and our community to provide the necessary care and support they need to heal, build on their strengths, and grow into thriving, confident citizens."

Kim Wills, Clinical Manager, Kindred Family Services.

Ana Christmas, Executive Director at Kindred, also highlights how, not only are the counsellors in high demand but there is a need for additional spaces for therapeutic sessions to take place, both in and out of the school environment. She hopes that the community will get behind this cause and help Kindred to create these spaces so that they can reduce the barriers to support for the children of our community.

"With \$30,000.00, Kindred can deliver an additional 300 therapy sessions for children, youth, and their families. This intervention will work alongside existing programs and tools that promote a loving, safe, and supportive home environment through these challenging times."

Ana Christmas, Executive Director, Kindred Family Services

With the help of local organisations, including Generation Homes, Rollercoaster, and Lions Waimauku, Kindred are already partway toward their \$30,000.00 target, and they are optimistic that the community will show up on the day and help get them all the way there.

For more information and to get your tickets, visit the Turning The Tide events page on facebook, and on the Kindred Family Services website.



In 2018 strong southerlies and a few chilly passing showers weren't enough to put off 200 walkers who braved the elements to show their support for a family-violence free northwest Auckland on Sunday 27th May 2018.

The second annual Turning The Tide Fundraising Walk saw 175 people walk 17-kilometres from Rimmer Road access to the beach near Helensville to the Muriwai Surf Club.

SHELLY BEACH TIDE CHART

Date	High Water Shelly Beach	Sun Rise	Sun Set
October '22			
1 Sat	0239 3.9 1505	0658	1924
2 Sun	0326 3.7 1556	0656	1925
3 Mon	0424 3.5 1701	0655	1926
4 Tue	0537 3.4 1822	0653	1927
5 Wed	0703 3.4 1943	0652	1928
6 Thu	0821 3.5 2051	0650	1929
7 Fri	0924 3.7 2147	0649	1930
8 Sat	1017 4.0 2236	0647	1930
9 Sun	1104 4.1 2320	0646	1931
10 Mon	1146 4.2 -	0645	1932
11 Tue	0000 4.3 1225	0643	1933
12 Wed	0037 4.2 1301	0642	1934
13 Thu	0112 4.1 1335	0640	1935
14 Fri	0146 3.9 1408	0639	1936
15 Sat	0218 3.7 1441	0638	1937
16 Sun	0253 3.5 1518	0636	1938
17 Mon	0334 3.3 1604	0635	1939
18 Tue	0427 3.2 1708	0633	1940
19 Wed	0543 3.1 1835	0632	1941
20 Thu	0713 3.1 1950	0631	1941
21 Fri	0822 3.3 2045	0630	1942
22 Sat	0914 3.5 2131	0628	1943
23 Sun	0949 3.7 2213	0627	1944
24 Mon	1040 4.0 2254	0626	1945
25 Tue	1121 4.1 2334	0624	1946
26 Wed	1200 4.1 -	0623	1947
27 Thu	0015 4.2 1241	0622	1948
28 Fri	0056 4.2 1322	0621	1949
29 Sat	0140 4.0 1406	0620	1950
30 Sun	0226 3.8 1453	0619	1951
31 Mon	0318 3.7 1548	0617	1952



Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Invite you to a game of Bingo (No cost involved) and a friendly chat. Every Wednesday morning 9.30am - 12.30pm. Please bring a plate for lunch plus \$4 each week. For more information and location please phone Joan 021 029 51753.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Fitness League - Friday 9.45am - War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Groovy Line Dancing Tuesday 9.30am - War Memorial Hall, Helensville. \$6 - Levia Aukino-Uruamo. Ph 022-626-7030

Helensville Aglow, meets on the first Friday of the month at Magnify Church, 118 Commercial Road Helensville (around the back of the building, downstairs) All welcome. Contact Bridget at helensvilleaglow@outlook.com for more information.

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushandez80@gmail.com for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Chris 420-8527.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Kaipara Memorial RSA. - Quiz night every Wednesday at 7.00pm. 20 easy questions, free to enter, different quizmaster each week. Meals available from 6.00pm. All welcome at the RSA, 49 Commercial Road, Helensville. Any queries, give me a call, Rex Keane, 027 293 2768

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

Poems After Dark, bi-monthly in the Community Church, 40 Mill Rd. Story-telling and Poetry Performance 6-8pm on the second Saturday of the second month. Pauline Denton paulinekiwidenton@gmail.com

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

Te Awaroa Residents & Ratepayers Assoc (TARRA). Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A South Kaipara: 1st Tuesday of the month for general meeting. See What's happening this month column for more information or contact Gloria Middleditch. jandgmiddleditch@outlook.com 094203007/0211658428

Trade/Professional & Services List

Accountants	ECE Astute Accounting	420-7835
Accountants	UHY Haines Norton	420-7972
Agecare	Craigweil House	420-8277
Age Concern Rodney		09-426-0916
Acupuncture	Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211
Beauty Therapy	Beauty Elixir	022-465-0727/420-9775
Birthing Centre	Commercial Road, Helensville	420-8747
Budget Service	Francis	420-7740
CAB		420-7162
Cabins	Just Cabins	0800-58-78-22
Cabins	Northwest Cabins	022-1209-562
Chiropractor	Kaipara Chiropractic Healthcare	420-6224
Computer Repairs	Michael	021-251-4138/420-9307
Concreters	Brewis Concrete	021-992-590
Diggers	Helensville Diggers	021-454-793/420-7023
Dog Grooming	Christine	021-521-303
Early Learning Centre	Active Explorers	09-222-3277
Early Learning Centre	Gumboots	09-411-9038
Flowers	Love Flowers	420-6572
Garden Sheds	Baby Barns	022-075-8283/420-3298
Gasfitting	Habitat Plumbing Heating Gas	027-HEAT-NOW/027-4328-669
Gift Baskets	Riverside Crafts - Sarah	0800-831-542
Gifts & Art	FIGG 44 Commercial Rd	021-488-427/420-6026
Gifts & Clothing	Eleventh Hour - 60 Commercial Road	
Ink and Toner	Huapai Copy & Print	09-412-8882
JP's	Ralph Martin	022-600-5730

Lions Club of Helensville	Chris Clarke	420-8527
Markets	Kaukapakapa Village Market	0274-831-542
Markets	Waitoki Village Market	Gill 420-3301
Mechanical Repairs	Helensville Mechanical Services	420-8177
Mechanical Repairs	McLeod Motors	420-8633
Mechanical Repairs	Parakai Automotive	09-420-7224.
Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
MP	Chris Penk	021-0230-6106
Painters	Robert Wright & Company	027-374-1105
Picture Framing	The Picture Framing Company	0800-372-633
Plant Centre	Kaipara Coast Plant Centre	420-5655
Plumbers	Aqua Plumbing	021-0275-3821
Plumbers	ATL Plumbing Ltd	420-7868
Plumbers	KPL Ltd	420-9108
Pumps	Mid West Pumps	420-7694
Real Estate	Arizto Real Estate - Kara Singer	021-414-376
Real Estate	Barfot & Thompson Helensville	420-6090
Real Estate	B&T - Kerry & Laura	0274-587-299/0277-726-969
Real Estate	Burmester Realty	420-8360
Real Estate	Burmester Realty - Kelly Davison	0274-670-175
Real Estate	Harcourts - Nicky Horsborough	027-288-0113
Real Estate	Prestige - Jana Mills	021-509-990/420-9953
Reiki Healers	The Healing Heart of Helensville	420-9098
Takeaways	Shark n Tatties	420-5062
Typesetting/Photocopying	Huapai Copy & Print	420-9307
Venue Hire	Kaipara Memorial RSA	420-8888
Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630
Your Local Business Book	yourlocalbusinessbook@gmail.com	

Our Helensville Team working together for you



Kerry King
Residential/Rural Sales
027 458 7229



Laura Lyttelton
Associate Salesperson
027 772 6969



Matt Newton
Residential Sales
022 428 4005



Maggie Altaf
Residential Sales
022 306 0494



Stella Harwood
Residential/Rural Sales
021 779 234



Amber Marchant
Property Manager
021 759 507



Jenny Rollinson
Head Property Management
027 431 9486



Angela Sirl
Branch Administrator
09 420 6090



Sharon Kenny
Branch Manager
027 411 8844

- ▲ Residential Sales
- ▲ Rural & Lifestyle Sales
- ▲ Property Management

Helensville 09 420 6090

barfoot.co.nz/helensville

**BARFOOT
& THOMPSON**
LICENCED REAA 2008