

The Helensville Community News

Issue 164 - July 2023

The Kumeu Clothing Swap & Shop

Are you tired of staring at a closet full of clothes and feeling like you have nothing to wear? Are you passionate about sustainable fashion and reducing textile waste? Look no further, because we have the perfect solution for you! Introducing the Kumeu Clothing Swap & Shop event, where you can refresh your wardrobe, save money, and contribute to a greener planet.

We are a community women's clothing swap and sale, run by passionate locals and a dedicated team of volunteers. Our mission is to promote community and sustainability, as well as make good quality clothing accessible to everyone. All profits raised go to Parent Aid North West, a charity who do the most incredible work supporting local families with young children when they need it most.

So, what exactly is a clothing swap? It's a fun and eco-friendly gathering where women come together to exchange their gently used garments, accessories, and shoes. Instead of buying new items, you'll have the opportunity to breathe new life into pre-loved fashion treasures, making your style truly one-of-a-kind. By participating in a clothing swap, you actively contribute to reducing textile waste and minimizing your carbon footprint. It's a small step towards a more sustainable future.

Our 2023 EVENT will be held at the Big Sheds, Kumeu Showgrounds on Sunday 10th September, 10am – 4pm.

It's super easy to be part of this awesome event:

- Sort your wardrobe
- Bring your items to one of the drop off days
- Pay your \$30.00 donation
- Come along to the event on the 10th September
- Take home with you the same amount of items that you donated
- If you want more than your quota, each item is just \$5!
- Swappers are welcome to come any time on the event day between 10am - 4pm

The DROP OFF days – The Big Sheds, Kumeu Showgrounds

Thursday 7th September 3pm - 7pm

Friday 8th September 9am - 5pm

Saturday 9th September 8am - 11am

From 1pm onwards we open to the public as our huge \$5 CLOTHING SALE!! An incredible way to buy quality second hand women's clothes for a total bargain.

Ready to revolutionise your wardrobe and make a positive impact on the world? Don't miss this upcoming girl power event! We have live music, coffee, crepes, an epic raffle and some beautiful silent auction items. So bring your gently used clothing, and join us for a day of fashion, sustainability, and community. Together, we can redefine the way we consume fashion and inspire others to join the movement.

Check out our Facebook Group (Kumeu Clothing Swap &

Shop) and Instagram (@kumeuclothingswapandshop) for more information and event updates.

If you would like to be part of our volunteer team, or are interested in sponsoring our event, please email Bex at bex.holland@outlook.com.

We can't wait to see you all there.



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Helensville Community News

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All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

ADVERTISING ENQUIRIES:

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ADVERTISING RATES (Excl GST):

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Black & white business Card size advertisement in the newsletter - \$55.00 per single issue. Double Business Card size Advertisement in the newsletter - \$110.00 per single issue. Low density colour business Card size advertisement in the newsletter - \$80.00 per single issue. Double Business Card size Advertisement in the newsletter - \$160.00 per single issue. The above rates include a listing in the Trade & Professional section on the back page. A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking, including those for 12 issues if paid in advance. For larger sized advertisements or high density colour please request a quote.

ADVERTISEMENT SPECIFICATIONS:

All adverts supplied must be in one of the following formats: Corel Draw 12, .jpg, pdf or MS-Word (with any graphics sent as .jpg images as attachments).

The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area.

Circulation 4,500 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

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from Jessica
and free face painting.

Contact Sarah 0274 831 542
sarah@riversidecrafts.co.nz



MATARIKI

A Kumeu Arts and Art Centre
Helensville Member's Exhibition

Kumeu Arts - July

Art Centre
Helensville KUMEUARTS

We are thrilled to announce an exciting exhibition of portraiture this July. Collected Identity will bring together six artists; Tanya Blong, Natalie Gelder, Mark Whippy, Carly Jade Anderson, Tracey Roberts and Abbie Cossey. The display in our main gallery will include painting, photography and ceramic representations of people within our community and some familiar faces.

In the Pod gallery, we're celebrating Matariki with an exhibition reflecting the Maori New Year. Both galleries are always free to visit, so come and see the work of our talented local artists. We have two options to keep your Children happy and learning during the school holidays. Creative Matters will run their excellent art workshops and Brain Play are offering technology workshops. At the end of July, we will close for approx. one month to have some renovation work done to enhance our front entrance. For more info visit www.kumeuarts.org

LIONS CLUB of HELENSVILLE Autumn Book Fair–May 27th – 28th

The Autumn Book Fair was held in May again at the Helensville A&P Association's Showgrounds. The weather held, adding to its success. Book sales totalled \$11,823 down a bit on November but still a very satisfactory result. Further adding to the funds raised were the proceeds from the raffle and the sausage sizzle.

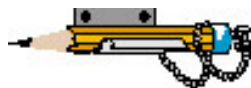
Thank you to all who donated so many high-quality books, without you it would not have been possible to hold the event. Thanks also to the families of Club members who were with us all weekend and the students from Kaipara College who helped in the set up on Friday, also the Kaukapakapa/Helensville scouts and Friends of Lions who assisted in packing up and cleaning the Hall on Sunday. Putting together a book fair is an all-round team effort and we would not be able to cope without the assistance we receive from our community. Especially the Helensville A&P Show who gave us the unlimited use of their grounds for the lead up to the weekend, there is a possibility that this may become our permanent venue. A special thanks to Burmester Realty for letting us use their premises as a drop off point.

The books left over will be re-sorted with damaged or unsaleable books going to the Helensville Recycle Centre. Surplus children's books go to South Auckland for distribution to Playcentres and Kindergartens. Other books are sold at the Lions book stall at the Kaukapakapa Market, which is held on the third Sunday of each month, and which is also held at the Helensville A&P Showgrounds.

The next Book Fair is our Christmas Book Fair which will be held on the first weekend of December, Saturday 2nd and Sunday 3rd, at the A&P Showgrounds.

As a service to the community the Helensville Lions will accept books throughout the year. Small amounts can be left with Burmester Realty, Commercial Road, Helensville, otherwise contact Chris at 420 8527 or any other member of the Lions Club of Helensville.

What's happening this month



Sunday, 9 July, Helensville Planting Day, starting at 9.30 am at the Helensville River Reserve – enter the walkway beside 104 Commercial Road and follow the path. The planting is organised by Auckland Council and supported by Helensville Lions Club and other community volunteers. Volunteers should bring water and suitable rain-proof clothes and shoes. Gloves and spades will be supplied. There will be a BBQ also provided.

Friday, 14 July, Matariki. Maori New Year.

Sunday, 16 July, Kaukapakapa Village Market, Helensville Showgrounds, Railway Street, Helensville, 8.30am – 1pm, *Due to flood damage at the Kaukapakapa Memorial Hall the March market has been relocated to the Helensville A&P Showgrounds, 63 Railway Street. New Venue – same great market! Friendly people, great atmosphere and a tempting selection of quality stalls with everything from locally hand-made crafts, plants, preserves, fresh fruit & veg to pre-loved treasures and collectibles, food, live music from Jessica, free face painting and much more..., sorry no dogs **Please bring a gold coin donation for parking – proceeds go to the scouts jamboree** The Helensville A&P Showgrounds management have a no dogs policy with the exception of assistance dogs as there is stock grazing in the grounds. Email: sarah@riversidecrafts.co.nz Phone: 0274 831542 @kaukapakapavillagemarket. Eftpos cash out available.

Thursday, 27 July – Sunday 30 July, The Auckland Food Show, Auckland Show Grounds. The Food Show is New Zealand's largest once-a-year foodie affair. It's your destination to stock up on the best food, drink, and kitchen equipment and learn how to cook like a star at home. For more information and tickets visit www.foodshow.co.nz

Tuesday, 1 August, Shot Bro, 7pm. A real-life story about Rob's fight with depression, a bullet, suicide attempts and a 7yr healing journey. Full details on page 8.

Tuesday, 1 August, U3A monthly meeting, 10.00-12.00. Catholic Church Hall, Kowhai Street, Helensville. Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle Stitches and TED Talks. Costs are minimal. For more information contact Gloria Middleditch jandmiddleditch@outlook.com 09-420-3007/0211-658-428 or Bev Silvester-Clark bev.s-c@outlook.com

phone 0274316205.

Saturday, 5 August, Auckland Tough Guy and Gal Challenge, 8am – 1.30am. Event Promotions proudly present Auckland Tough Guy and Gal Challenge. Numbers are limited to 2000 competitors! 10 am - Start of the 12km event, 10:10 am - Start of the 6km event. If you want to get down and dirty and have a whole lot of fun, then these unique off-road running events are for you. The events are open to both male and female competitors who are 13 years of age and older. Challenge yourself on a course that includes swamp crossings, a spiders web net climb, crawl under barb wire, beautiful native bush trails, tunnels, hurdles, a climbing frame not to mention, mud, mud and more mud!

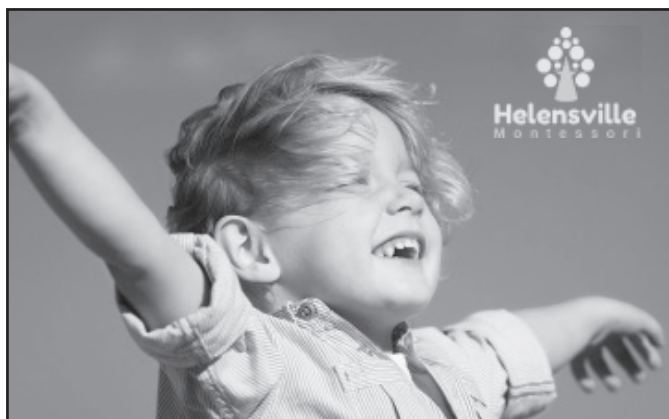
Our events have awesome spot prizes, merit prizes, souvenir reusable cup, challenging obstacles, a fun atmosphere, hot showers and plenty of free parking. Grab your friends, workmates or family together for a truly amazing experience!

The event is located the Kumeu Showgrounds, Gate 2, Access Road, Kumeu. Only 20km out of Auckland CBD, the Kumeu Showgrounds is a blank canvas of 80 acres that we know will be a great time for a mud run.

Event timetable: 8 - 9:30am: Registration/Late entries, 10 am: Start of the 12km event, 10:10am: Start of the 6km event, 12:45pm: Prize-giving

Saturday, 12 August, Waitoki Market, Waitoki Village Hall, 1000 Kahikatea Flat Road, Waitoki. 8.30 – 12.30 Ho ho ho for Mid Winter Xmas. It's that time of year to have an excuse for celebrating a Winter Xmas. Hot drinks, warm fire and something or someone warm to cuddle up with. Now that I've warmed the cockles of your hearts, Come on down to see if there is a little something special that you could use to celebrate a mid winter Xmas. You never know what you'll find. If you're not into celebrating a Winter Xmas, not a problem, come on down anyway to say hi, Kia ora, welcome, catch up with friends, have a natter, cup of tea or even a barbecue sausage or bacon and egg muffin kindly supplied by Butcher Jacks and have a little gander at what is available with our stall holders. A piece of jewellery, personalized tea towels, local plants, homemade jams, cakes etc. There is bound to be something to tickle one's fancy. Remember our hall is community owned and run and all proceeds go back into our community. Interested in having a stall? Contact Gill by email markets4waitoki@gmail.com or message our Facebook page Waitoki Village Market

Sunday, 10 September, Kumeu Clothing Swap & Shop, 10am - 4pm. Come and refresh your wardrobe, save money, and contribute to a greener planet. We are a community women's clothing swap and sale, run by passionate locals and a dedicated team of volunteers. Our mission is to promote community and sustainability, as well as make good quality clothing accessible to everyone. All profits raised go to Parent Aid North West, a charity who do the most incredible work supporting local families with young children when they need it most. See page 1 for details.



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Kaipara College : We have Pride

by Lauren Morley, Year 13 Student Kaipara College

In 1999, US president Bill Clinton declared that in honour of the stonewall riots, every June in America would become "Gay and Lesbian Pride Month". In 2011, US President Barack Obama expanded Pride month to include the entire LGBTQ+ community. Pride month has since been adopted by many countries around the world, including New Zealand.

For several years now, one week in June has been dedicated to being *Pride in Schools Week*. This year, that week was celebrated nationwide between the 12th and 16th of June, and was organised across the country by our school's PSSP (Peer Sexuality Support Programme) teams.

Pride in Schools Week, facilitated by the organisation Inside OUT, aims to encourage students and teachers who are part of the rainbow community to embrace who they are and celebrate diversity in order to create a sense of belonging. One of the most important parts of *Pride in Schools Week* is education; Inside OUT facilitates many activities and celebrations which are not only fun, but also encourage the sharing of resources and information. For example, on Wednesday the 14th, many students across all year levels gathered in the school library during our lunch break to enjoy a Pride themed book club. We discussed books which incorporated queer characters and relationships, gender diversity, as well as books written by queer authors.

On Thursday the 15th, the PSSP team hosted a short film festival. During this, they showed films such as *Coming Out*, *Kustom Kar Kommandos*, *ifé*, and *Kiss of the Rabbit God*. This festival was put together by PSSP member Kingston Dean. When asked the purpose of this film festival, Kingston said "I put this collection of films together as a form of education on media that has been born from the struggle and oppression of the past 150 years. Having a better understanding of this media lets us both comprehend the current struggle as well as the history and culture of this community."

To finish the week off, Friday was deemed to be a non uniform day. In exchange for a gold coin donation, students were able to ditch their uniforms for the day and were then encouraged to dress in their brightest colours! To accompany this, during lunch time the PSSP team were selling baked goods such as M&M cookies and cupcakes topped with colourful swirled icing.

The donations for the non uniform day came to approximately \$450, all of which will be donated to charity organisation Rainbow Youth. The bake sale also raised around \$250, which will go towards the PSSP team's budget to fund future activities within the school.

This encouragement and enthusiasm to support the rainbow community and share queer media is something which us students, and our community, should be thankful for. If we take a look at a place such as Florida, their controversial "Don't Say Gay" bill aims to prohibit students talking about sexual orientation or gender diversity within the walls of their schools. However, at Kaipara College, and throughout most of New Zealand, these discussions are not only supported, but also encouraged. This, in turn, creates a safer and happier environment for our students which aims to include everyone.



Students browsing our Pride book display.

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Helensville Library and Service Centre update for July

Mānawātia a Matariki!

Helensville Library and Service Centre is proud to take part in this year's Matariki Festival Te Awaroa. We will be hosting storytime on Tuesday 4 July, between 9am and 11am.

We can't wait to listen to Brianne Te Paa read her award-nominated (we're sure it will be award winning soon!) *How My Koro Became a Star*.

School Holidays at the Library:

Kids Time on Wednesdays will focus on stories, songs, and rhymes related to Matariki.

Kids Crafternoon on Thursday 6 July will be all about stars! Kids Crafternoon on Thursday 13 July will be a surprise – but will lead in to....

Soft Toy Sleepover at the Library!



It's time for Helensville Library and Service Centre's annual soft toy sleepover!

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Bring a toy (not one that needs to be at home at night) along to our storytime and craft session, which starts at 3pm on Thursday. The toys will spend the next two nights at Helensville Library (as Friday is the Matariki public holiday).

You can pick your toys up from 9.30am Saturday 15 July.

Photos of the toys' antics will be shared on our Facebook page after the event.

NB: Toys are welcome from all people of age. They can be dropped off while the library is open on Thursday 13 July.

Regular events:

Crafternoon:

Thursdays at 3.30pm. We have sessions for both adults and children. These sessions are a chance to learn new skills, teach others, and chat.

Kids Time:

Wednesdays, 10am to 10.30am. Under 6s and their grown-ups are invited to share songs, rhymes, and stories.

Book Chat

Fourth Thursday of the month at 10am. A chance to share books you've read and enjoyed – or read and hated! – with fellow readers. This will be on Thursday 27 July at 10am.

Council dates:

Dog registration:

If you register your dog before 1 August, you will qualify for the Early Bird rate.

You can find out more online, or come and talk to us.

<https://our.auckland.aucklandcouncil.govt.nz/news/2023/06/be-a-su-paw-star-it-s-time-to-register-your-pooch/>

Rates for the 2023/2024 year:

Invoices for the first instalment will be sent from 1 August 2023. Payment for the first instalment is due by 31 August 2023. You can pay rates online, or come and talk to us.

<https://www.aucklandcouncil.govt.nz/property-rates-valuations/ways-to-pay-your-rates/Pages/default.aspx>

How to contact us:

If you have the direct dial number for Helensville Service Centre, please be aware that we are not always able to answer the phone.

Your best option is to phone the main Council number.

Auckland Council (open 24/7 and toll free): 09 301 0101.

Auckland Libraries: 0800 695 427

If your question is directly related to Helensville Library – you can email us on: helenlib@aucklandcouncil.govt.nz.

The Library and Service Centre is open our usual hours:

Monday to Friday: 9.30am to 5pm

Saturday: 9.30am to 4pm.

Council services are available during these hours.

If there are any changes to our opening hours and availability, we will update our Facebook page.

facebook.com/HelensvilleLibraryAndServiceCentre.

Anne Coppell, Senior Librarian / Poukōkiri - Children & Youth Helensville Library and Service Centre

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Kaipara korero

Principal Cindy Sullivan

From the Kaipara College Principal's Desk:

Kaipara College is part of a K.hui Ako or community of learning. K.hui Ako o Kaipara is made up of schools in the local area and is formed around our students' education pathways. The schools work together to help our students achieve their full potential. Sharing our teachers expertise and capability ensures we support our young people's learning pathways, improving their transition through the education system. Moving from primary school to college is a time of great change in our rangatahi's lives and can therefore be challenging and frightening.

In order to make the move more comfortable, Kaipara College involves itself in the lives of younger students in the area on a regular basis. We run the primary technology programme here at the College in which our K.hui Ako Year 7 and Year 8 students experience learning technology at the big

kid's school, utilising the specialized teaching spaces, equipment and teaching expertise. We also run primary school sports competitions, and catch up for K.hui Ako Kapa Haka workshops and special transition days.

The transition days are led by our students, who visit each primary school and run workshops with the Year 7 and Year 8 students. The students hear about the experience of moving from primary school to college and what life is like at College. They hear about the challenges, the opportunities and the learning, not only about different subjects but about themselves as people. The primary school students get an opportunity to work with and talk to the secondary school students, ask questions and have fun as they do it.

The transition visits are followed by the Kaipara College Open Night which is on Thursday the 20th of July this year. This is when we open the doors of our school to the community and showcase the very best of what we offer. We encourage all local Year 8 students to come along with their whanau to see the school in action, take part in the activities, ask lots of questions and get to know our staff and students. The benefits of attending your local college should not be underestimated. We know and value your students already through our K.hui Ako connections, surroundings are familiar, engaging teaching and learning programmes are the norm, siblings and whanau are here, many sporting and other opportunities are available and great teachers with high expectations are here ready to support your young person to be the best they can be.

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Te Awaroa Helensville Museum AGM, 2023

With the uphill battles of pest invasion action and Covid closures happily things of the past, a report prepared for the 2023 Te Awaroa Helensville Museum AGM, held on June 24, recorded how the organisation has preserved, celebrated, and showcased the rich history of Te Awaroa Helensville and its surrounding areas in the past year.

Because it is seen as important to nurture a love of history, including in our younger generations, over the year active engagement with schools, community groups and tourists has increased. Outreach programs have included guided tours, educational presentations, and collaborations with local schools to provide valuable resources for educators. This activity has been



aided by the fact that gaining funding for an administration assistant has freed up time for the dedicated museum volunteers to better interact with the wider community. Work is ongoing to foster partnerships with local businesses, community leaders and organisations such as U3A, Lions Club, the Kaipatiki Board, and Northwest Businesses.

The museum buildings are mostly now available and open for business, providing venues for successful events which have helped bring local history to life. These included hosting tin-type photographer Adrian Cook during Arts in the Ville, hosting the Haunted Auckland team, running Halloween Night, and holding embroidery and weaving classes. Arina Bosch gave a popular a series of talks to help teachers with the history aspects of the new Aotearoa curriculum.

Volunteers are crucial. The gardening team continue to delight visitors with the beautifully presented grounds. The preservation and care of the extensive collection remains paramount, and the dedicated collections team has made significant progress in cataloguing and digitising archives and artifacts, ensuring their accessibility for both researchers and visitors, while other volunteers have done excellent work preserving the textiles in the collection. The IT volunteer keeps the computers going, while others keep the museum in the public eye with articles in local publications, a lively Facebook page and an up-to-date webpage. Of course, there are plenty more things to do, and anyone thinking about volunteering is very welcome to join the happy team.

With the goal of creating an immersive and inclusive space that showcases the diverse history of the Helensville District while inspiring future generations to appreciate and preserve the local heritage, future plans include enhancing the museum's facilities, developing new exhibitions, and broadening community outreach efforts.

Wonderful news that broke after the report was written was that a \$21,500 grant had just been received and would be used to pay for many of the upgrades sorely needed. This grant is thanks to the hard work of outgoing President, Toni Walmsley, who was thanked for the effort and energy she has put into the leadership role.

AGM Election results: President, Leigh Bosch; Vice President, Megan Williams, Committee, Jennifer McCann, Gray Clayton, Fiona Wilton, Anne Martin, Gaylene Ellis, Ron Harland.



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From Penk's Pen

CHRIS PENK – MP

Mismanaged Retreat – an update

Sorry to be the bearer of bad news but northwest Auckland residents whose homes suffered damage from Cyclone Gabrielle and other recent flood events are now facing fresh delays.

It's been frustrating to observe, as your local MP, that vague announcements about flooded and cyclone-ruined areas still haven't yet been followed up with meaningful detail.

Owners are wanting to know if they will have to rebuild or relocate are yet to have this information provided, more than 4 months after Cyclone Gabrielle. And of course it's been even longer since the Auckland Anniversary floods that beset Kumeu and surrounding areas.

Earlier this month we'd heard that on 12 June property owners would hear from Auckland Council about the broad categories those properties may be in. This would determine whether they could rebuild as before, rebuild differently or face moving permanently.

In fact all that's happened is that homeowners are now being contacted to ask their view on whether their properties can be rebuilt (etc.), with a decision about their futures not to be made until sometime "later in the year".

I cannot understand why this process of asking property owners for their views didn't start months ago. The delays mean more heartbreak for those affected.

Constituents have been calling my electorate office to let me know that they're living in temporary or damaged accommodation, under huge financial strain and unable to make decisions about whether and how to rebuild.

It's all very well to advise them what's available, in terms of government assistance, but what's really needed most is certainty about the way ahead.

In the meantime, I'll keep seeking this on your behalf but I'm starting to feel pessimistic that any kind of deal will be reached between central and local government to fund a buyout programme.

Wish me luck.

Cheers,

Chris Penk MP



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Saturday openings lunch on August 12 for CAB Helensville

Saturday openings lunch on August 12 for CAB Helensville
A new change is coming for Citizens Advice Bureau Helensville.

The office at 16 Commercial Rd will open on Saturdays from August 12, 10am to noon.

Manager Rani Timoti says the initiative also aims to deliver “a hub” of other services like Justices of the Peace.

The Saturday morning openings is one of the innovative ways for more clients to access Citizens Advice Bureau Helensville.

“If we can make it easier for clients with hours outside of our



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current limited mid-week ones, including for visitors and tourists, that would be great. It also covers at least two of our membership principles- Accessibility and Accountability,” says Rani.

“We’ll assess and be flexible for what works better for clients as far as times and other things but hopefully we can add a lawyer, budgeter, employment adviser and even themes like literacy and numeracy.”

Rani says there’s a wealth of backgrounds, experiences and skills from current volunteers as well as groups or representatives who want to come on board or can see the potential of collaboration.

“The overwhelming positive public backing for CAB Auckland offices due to possible closure from Auckland Council funding cuts has been encouraging for our organisation’s reputation and shows how we’re very much needed. It also educated those who don’t use our services about what we actually do.”

Saturday openings could also open the door to potential volunteers who work during the week.

“There was a time I would have liked to volunteer for CAB but I was working full-time during the day- a Saturday morning or afternoon roster would have suited my schedule.”

Since merging under the CAB North Shore umbrella with six other branches it has been a win-win with pooled resources, learning and development and social opportunities

“We celebrated a wonderful 50th anniversary for CAB Birkenhead which served as a fantastic networking milestone and sharing of who we are, what we do and why we make a difference.”

Come and visit if you need our CAB Helensville services with current opening hours from 10am to 1pm on Monday to Friday before Saturday openings from August 12.




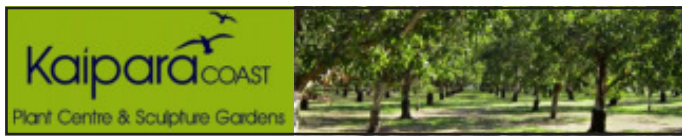
Volunteers in research action at Citizens Advice Bureau Helensville.



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Fruit Tree Pruning & Care Workshop 2

Sunday 23rd July
(9.30am to 11.30am)



If you want to make the most of your fruit trees or maybe you're thinking of planting some new ones then this is a good time of year to do this. This very popular pruning & care workshop will give you all the basics to assist in your success. As this event is generally over-subscribed we are running

this follow up one from the June workshop to ensure everyone who is interested gets the opportunity to attend.

David Bayly, our in house tree care expert, will be once again running this very useful and timely workshop in his usual relaxed and interactive style.

Topics to be discussed will include:

- Tools required
- Pros & cons of various trees
- Site selection and preparation
- Planting methodologies/techniques
- General tree care
- Safety considerations



As mentioned above this event is traditionally extremely popular so **BOOKING is ESSENTIAL** as spaces are limited (see below for booking details).

Afterwards you will also be able to stroll around the beautiful Sculpture Gardens which has over 40 marvellous pieces created for our 2023 exhibition by local and international artists on display; as well as the extended nature trail (approximately 3.5km in total).*

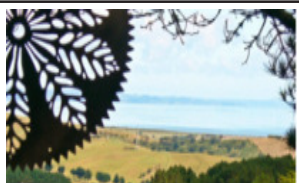


We also have our cute little coffee shop on site plus of course the Plant Centre for you to browse through.

Our knowledgeable and friendly staff will also be on hand to help with any other garden related questions.

*The gardens and nature trail are unfortunately not suitable for wheelchairs or walking frames.

Venue location: 1481 Kaipara Coast Highway (SH16), 4km north of Kaukapakapa. Tickets \$25 per person
To Book info@kaiparacoast.co.nz
OR Phone 09 420 5655.
kaiparacoastplantcentre.com/events



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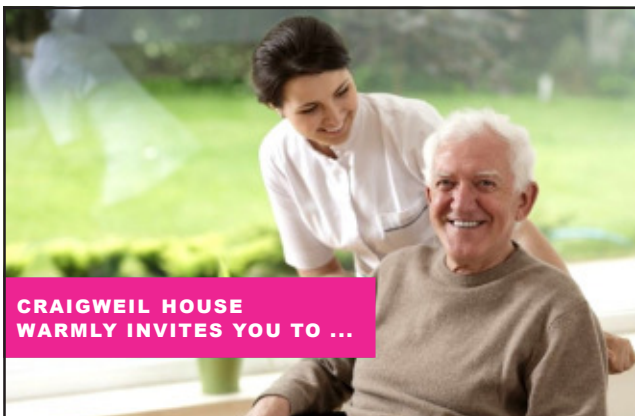
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Hawke's Bay Branch 12 months ending September 2023

SALES TEAM
Hawke's Bay Branch 12 months ending September 2023



**CRAIGWEIL HOUSE
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Birthday celebrations at Craigweil

We recently celebrated some special birthdays in May with delicious cakes, decorations and balloons. We would like to wish Beverley, Iris and Gwendolyn a very Happy Birthday and many more to come! Each birthday becomes a cherished milestone, reminding residents that they are valued and loved members of the rest home community.

We decorated our communal areas with colourful banners, flowers, and sentimental decorations to create an inviting and joyful atmosphere for Mother's Day. Live music added a touch of artistry and liveliness to this special day.

Craigweil House were in the pink on Pink Shirt Day! Residents and staff went all out to Speak Up, Stand Out and Stop Bullying. It was a day to raise awareness about various forms of bullying, facilitate conversations that promote empathy, understanding, and respect. We even had some tasty pink ice cream as a bonus!

If you would like to enquire about Craigweil House for your loved one, please get in touch. We are a boutique rural facility with personalised compassionate support and care for rest home, hospital, and secure dementia levels of care – 09-420 8277.



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“Shot Bro – Confessions of a depressed bullet”

Renowned actor Rob Mokaraka, known for his brave battle with mental health, has transformed his experiences into a compelling one-man play titled “Shot Bro: Confessions of a Depressed Bullet.” This extraordinary production, which has captivated audiences across New Zealand, serves as a poignant reminder of the importance of seeking help and support before it’s too late.

“Shot Bro” is a real-life story about Rob’s fight with depression, a bullet, suicide attempts and a 7yr healing journey. It will show at Kaipara College on the 1st, 2nd, and 3rd of August, and will include performances for the whole community, for rangatahi, and for men specifically.

“Shot Bro” reflects Mokaraka’s permanent commitment to healing and inspiring others. The play, crafted over seven years, allows him to share his story while also creating a safe space for others to express their own struggles. Mokaraka’s authentic and intimate approach ensures that each guest feels welcomed and fully immersed in the transformative experience.

Following each performance, a dedicated forum provides an opportunity for attendees to share their thoughts and emotions, fostering a sense of community and understanding.

Mokaraka emphasizes the urgent need for emotional intelligence and introspection in New Zealand. The way we were raised and continue to raise our children often discourages vulnerability, hindering individuals from effectively processing emotional triggers and exacerbating mental health issues. By infusing humour into his play, Mokaraka skilfully transmutes pain and trauma into a safe and relatable experience, shedding light on

difficult topics and facilitating healing.

Ultimately, Mokaraka’s message is clear and profound: Every life holds intrinsic value, and no one is ever alone.

“This message aligns so well with the values of our collective groups.” Says Ana Christmas, Executive Director of Kindred Family Services. “We know many are struggling in our communities. We also know the power of storytelling, resilience, and the human spirit. Rob Mokaraka’s transformative play encourages individuals to seek help, share their stories, and find solace in a supportive community. By raising awareness and fostering understanding, together, we aspire to drive positive change and inspire hope.”

“Shot Bro – confessions of a depressed bullet” is brought to Helensville through a collaboration with Te Ha Oranga, Kindred Family Services, Outwest Youth, Kaipara College, and the Healing Through Arts Trust.

Tickets available now through Humanitix. For more information contact rowan@kindredservices.org.nz,

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Safe and efficient roads are a priority to accomodate growth

The state of the roads in Auckland’s North West is a matter of grave concern for residents and businesses alike. The crumbling infrastructure and lack of investment have led to a frustrating and unsafe commuting experience for our community. It is high time we address this issue and prioritise the development of safe and efficient roads that can support our region’s growth.

One cannot discuss the sorry state of our roads without acknowledging the terrible waste of money on failed and failing projects under the leadership of the former Transport Minister, Michael Wood. The mismanagement and lack of foresight in allocating funds to a now-cancelled bike bridge, Auckland Light Rail and blanket speed reductions have left us with deteriorating roads and a strained transport network. It is evident that the previous approach has failed us, and we need a new vision to rectify these issues.

One of the key priorities for ACT is to ensure the provision of safe and efficient roads that can accommodate the growth and demands of our region. To achieve this, we propose a comprehensive 30 year infrastructure plan that focuses on upgrading critical transport infrastructure, such as the four-laning of State Highway 16 to Waimauku.

Four-laning State Highway 16 to Waimauku is an essential project that will not only enhance road safety but also alleviate congestion and provide much-needed capacity to support our growing population. This upgrade will significantly improve travel times and reduce the risk of accidents on this busy route through Huapai and Kumeu. We must push for this project to be given the attention and funding it deserves, as it will be a game-changer for the entire district.

In addition to specific projects, we must also address the underlying issues that have contributed to the current state of our roads. The lack of long-term planning and inadequate investment in maintenance and upgrades have left our roads neglected and unable to cope with the increasing demands of our community. ACT will work towards establishing a robust funding mechanism that ensures regular maintenance and timely upgrades of our road infrastructure.

Moreover, it is imperative to involve local communities in decision-making processes regarding transport infrastructure. As elected representatives, we should actively seek input from residents, businesses, and experts to understand their needs and concerns. By engaging in transparent and inclusive discussions, we can develop a roadmap that reflects the aspirations of the people we serve.

Furthermore, ACT believes in fostering public-private partnerships to unlock innovative solutions and accelerate road development. By collaborating with the private sector and leveraging their expertise, we can expedite the construction and maintenance of roads while ensuring value for taxpayers’ money. This approach will help us avoid the mistakes of the past and

deliver high-quality infrastructure projects that stand the test of time.

Investing in safe and efficient roads is not merely about convenience; it is about ensuring the well-being and economic prosperity of our community. Improved transport infrastructure will enhance access to education, healthcare, and employment opportunities, thereby fostering growth and creating a more vibrant and connected region.

ACT is committed to prioritising safe and efficient roads that can support our region’s growth. By focusing on critical projects like the four-laning of State Highway 16 to Waimauku, implementing long-term planning, involving local communities, and fostering public-private partnerships, we can create a road network that meets the needs of our community today and in the future.



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SHELLY BEACH TIDE CHART					
Date	High Water Shelly Beach		Sun Rise	Sun Set	
July '23					
5 Wed	-	4.1	1201	0734	1717
6 Thu	0024	4.2	1251	0734	1717
7 Fri	0113	4.2	1341	0734	1718
8 Sat	0202	4.1	1432	0734	1718
9 Sun	0253	4.0	1524	0733	1719
10 Mon	0345	3.9	1618	0733	1720
11 Tue	0440	3.8	1715	0733	1720
12 Wed	0537	3.7	1815	0732	1721
13 Thu	0637	3.6	1918	0732	1721
14 Fri	0739	3.5	2019	0732	1722
15 Sat	0838	3.6	2114	0731	1723
16 Sun	0932	3.6	2202	0731	1723
17 Mon	1019	3.6	2244	0730	1724
18 Tue	1101	3.7	2321	0730	1725
19 Wed	1138	3.7	2356	0729	1726
20 Thu	-	3.8	1213	0729	1726
21 Fri	0028	3.9	1246	0728	1727
22 Sat	0101	3.8	1320	0727	1728
23 Sun	0135	3.8	1356	0727	1728
24 Mon	0212	3.7	1436	0726	1729
25 Tue	0253	3.6	1520	0725	1730
26 Wed	0340	3.6	1611	0725	1731
27 Thu	0433	3.5	1709	0724	1733
28 Fri	0534	3.5	1816	0723	1732
29 Sat	0641	3.5	1928	0722	1733
30 Sun	0755	3.6	2038	0721	1734
31 Mon	0905	3.7	2139	0721	1735
August '23					
1 Tue	1005	3.9	2232	0720	1735
2 Wed	1058	4.1	2332	0719	1736
3 Thu	1148	4.2	-	0718	1737
4 Fri	0008	4.4	1235	0717	1738
5 Sat	0053	4.4	1320	0716	1739
6 Sun	0138	4.3	1405	0715	1739



Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12.30 pm in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Aqua Aerobics – Low impact exercises to improve your health - Green Prescription – with or without. Classes: Mon, Wed, Fri, 9am – 10am, held in outdoor pool all year, except public holidays. Cost: \$2 per class. Parakai Springs Hot Pools. Contact Ruth on 0210-2277-481 for more details.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Anglican-Methodist Church, 60 Garfield Road, Helensville, from 10am to 12pm. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glenis on 420-2801.

Fitness League – Friday 9.45am – War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Freemasons at Helensville; Regular meetings at The Duke of Albany Lodge, Kowhai Street, Helensville. For more information call Mike on 0276462121

Groovy Line Dancing Tuesday 9.30am – War Memorial Hall, Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

Helensville Healing Rooms, now at outside rooms of River Valley Baptist Church, Fordyce Road Parakai, opposite Parakai Primary School, Every 1st and 3rd Saturday, 11a.m-12p.m. We offer prayer for help with what you need healed, All welcome, no appointment, no charge, ph 0276-058-225

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are

about - you will be made very welcome. Contact Chris 420-8527.
Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Helensville St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Monday 5.30-7pm during school terms, Makiri Street, Helensville. Contact: Carla. carla.lang@stjohn.org.nz

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Kaukapakapa St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Tuesday 5.30-7pm during school terms, 1015 Kaipara Coast Highway, Helensville. Contact: Sheryl 0211900591, sheryl.pawley@stjohn.org.nz

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Our Village Coffee/Playgroup - Northwest (Find us on Facebook). Social community group for all ages and stages. Everyone welcome along: Parents, caregivers, grandparents, all the whānau, with/without children. Every Thursday 930am - 130pm St Matthews Church Lounge - 60 Garfield Rd, Helensville. Email: ourvillagenorthwest@gmail.com

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

U3A South Kaipara: 1st Tuesday of the month for general meeting. See What's happening this month column for more information or contact Gloria Middleditch. jandgmiddleditch@outlook.com 09-420-3007/0211-658-428.

Trade/Professional & Services List

Accountants	ECE Astute Accounting	420-7835
Agecare	Craigweil House	420-8277
Age Concern Rodney		09-426-0916
Acupuncture	Parakai Acupuncture	027-351-7377/09-449-0690 (Parakai Church)
Beauty Therapy	Beauty Elixir	022-465-0727/420-9775
Birthing Centre	Commercial Road, Helensville	420-8747
Budget Service	Francis	420-7740
Butcher	River Valley Meats	021-685-199/412-2007
CAB	16 Commercial Road	420-7162
Carpenter	Maguire Carpentry	021-990-268
Carpet & Upholstery Cleaning		Curtis 027-200-5456
Chiropractor	Kaipara Chiropractic Healthcare	420-6224
Computer Repairs	Michael	021-251-4138/420-9307
Concreters	Brewis Concrete	021-992-590
Diggers	Helensville Diggers	021-454-793/420-7023
Dog Grooming	Christine	021-521-303
Early Learning Centre	Active Explorers	09-222-3277
Early Learning Centre	Gumboots	09-411-9038
Early Learning Centre	Helensville Montessori	420-7181
Electrician	Sean Gray Electrical	0274-784-396
Freemasons at Helensville	Duke of Albany Lodge	0276-462-121
Garden Sheds	Baby Barns	022-075-8283/420-3298
Gift Baskets	Riverside Crafts - Sarah	0800-831-542
Gifts & Art	FIGG 44 Commercial Rd	021-488-427/420-6026
Gifts & Clothing	Eleventh Hour - 60 Commercial Road	
INK and Toner	Huapai Copy & Print	09-412-8882
JP's	Grev Walker	420-7173

Lions Club of Helensville	Chris Clarke	420-8527
Markets	Kaukapakapa Village Market	0274-831-542
Markets	Waitoki Village Market	Gill 420-3301
Mechanical Repairs	Helensville Mechanical Services	420-8177
Mechanical Repairs	McLeod Motors	420-8633
Mechanical Repairs	Parakai Automotive	09-420-7224.
Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
MP	Chris Penk	021-0230-6106
Painters	Robert Wright & Company	027-374-1105
Picture Framing	The Picture Framing Company	0800-372-633
Plant Centre	Kaipara Coast Plant Centre	420-5655
Plumbers	Aqua Plumbing	021-0275-3821
Plumbers	ATL Plumbing Ltd	420-7868
Plumbers	KPL Ltd	420-9108
Pumps	Mid West Pumps	420-7694
Real Estate	Arizto Real Estate - Kara Singer	021-414-376
Real Estate	B&T - Kerry King	0274-587-299
Real Estate	Burmester Realty	420-8360
Real Estate	Prestige - Jana Mills	021-509-990/420-9953
Reiki Healers	The Healing Heart of Helensville	420-9098
Storage	J S Storage	021-462-930
Takeaways	Shark n Tatties	420-5062
Typesetting/Photocopying	Huapai Copy & Print	420-9307
Venue Hire	Kaipara Memorial RSA	420-8888
Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630
Your Local Business Book	yourlocalbusinessbook@gmail.com	
Zumba	Dance based fitness angelle@lockie.co.nz	

KUMEU CLOTHING SWAP & SHOP

Sunday 10th September 2023

10am-4pm

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Fri 8th Sept - 9am-5pm

Sat 9th Sept - 8am-11am

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Be a su-paw-star, it's time to register your pooch

Auckland Council is again reminding dog owners to show love for their dog by registering them early and taking advantage of the early-bird fee.

Renew online

You can [renew online](#) using your dog reference number. You will receive a reminder email or text from us with your details around mid-June.

New yellow dog tags will be sent out by post within 10 working days of payment.

Manage your dog's info online with myAUCKLAND

Use our online portal on [myAUCKLAND](#) to renew your registrations and update yours or your dog(s) information.

Why register your dog?

Helps us reunite lost dogs with their owners and keep dogs safe. All dogs need to be registered by three months old and re-registered every year.

After 1 August owners will be required to pay the standard fee; de-sexing also lowers the dog's annual registration fee.

Dog registration fees help us:

Funding from dog registrations provides vital animal management services, including a 24-hour a day response to dog incidents and attacks, patrols, animal shelters and adoptions, dog-safety education and reuniting lost dogs with their owners.

Microchipping

Dog owners must also [microchip](#) their dogs within two months of registration.

"It's a simple, lifelong way to identify dogs and link them to their owner, and results in the speedier return of lost, stolen, or injured pooches."

For only \$30, Aucklanders can have their dog's microchipped at one of Auckland Council's animal shelters; details are then entered into the National Dog Database.

Dog registration fees 2023/24

Registration class	Before/on 1 August 2023	After 1 August 2023
Entire dog	\$163	\$202
De-sexed dog (no Responsible Dog Owner Licence)	\$117	\$154
Responsible Dog Owner Licence (RDOL) with entire dog	\$82	\$202*
Responsible Dog Owner Licence (RDOL) with de-sexed dog	\$70	\$154
With SuperGold Community Services (CSC) combo card	\$70	\$70
Working dog	\$37	\$45
Special category dog	\$0	\$0
Classified dangerous dog	150% of applicable fee	150% of applicable fee

To register your dog visit aucklandcouncil.govt.nz