

The Helensville Community News

Issue 103 - June 2018

Queen of the Kaipara turns 90

by Helen Martin

On May 5, Kaipara Cruising Club in Mill Rd was packed to the gunnels when family and friends from all around the country gathered to celebrate Flora Thirkettle's 90th birthday. Flora, a local and national pioneering legend, well known as the country's first female commercial fisher and hailed as the Queen of the Kaipara, was there in her signature blue tam o' shanter and track pants and purple cardy, quietly taking it all in as her loved ones gathered around her to revive memories, pay her tribute and celebrate her inspirational survival story.



Flora at the cruising club on her birthday.

Her solution was to buy a house which backed onto the Kaipara River in Helensville and to use the 26-foot kauri motor launch, Olive, that came with the house, to earn a living commercial fishing.

How did the family survive? While Flora paid off the mortgage in three years, life was always tough. At first, there were prevailing attitudes to combat. With the exception of a helpful neighbour, locals were reluctant to accept a woman on their patch, and the fishers' wives instructed their husbands not to talk to her, as Flora noted in a NZ National Geographic interview "The men just sat on the side, to see whether you sank or swam", but after some

years eventually they came to respect her highly for her skill and work ethic and for her formidable knowledge of the Kaipara. Flora's children were all included in her weekend and school holiday fishing expeditions, helping her catch flounder with the nets she made and maintained, the first made of nylon in Helensville. Famously, a local teacher once reported her to the police for taking her children fishing, but nothing came of the complaint. Flora spent many hours maintaining Olive. She fished in the Kaipara Harbour 'graveyard', catching flounder, mullet, kahawai and shark, and became sought after for her shark liver oil, which she boiled down from school sharks using the method she had learned as a child, supplying her family and selling to locals for medicinal use.

Kauri gum, left over from Helensville's milling days, was collected by Flora and the children to help pay the bills and she shot

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Helensville Community News

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All correspondence should be legible and include writer's name and address.

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area.

Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

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Continued from page 1.....

rabbits for the table. She smoked mullet in her smokehouse and was a chicken keeper and prolific jam maker. She created much of her productive garden from land she reclaimed from the river. Alongside bringing up her own seven children, she fostered other people's children, also breeding Corgis then Jack Russell terriers, an interest she continues with today. She participated in Coast Guard work and acted as slip-master for Kaipara Cruising Club.

The local dump, situated where the museum is now, was a rich foraging ground for Flora and her family. In her speech, daughter Heather commented "The dump was our shop", providing not only useful items for the family, like clothing and house maintenance materials, but also treasures Flora passed on to the museum in later years, including a boat and anchor. After she retired from fishing Flora continued to make nets (she has made thousands over the years), and Helensville Museum audiences were entertained by her talks about her fishing days and her demonstrations of net making.

Family has always been important to Flora and she now has many grandchildren and great-grandchildren, some of whom spoke at the birthday gathering, paying tribute to her as an inspirational role model who taught her family that nothing is impossible if you put your mind to it. Tough, strong, resourceful and frugal, she taught them to waste nothing, at the same time showing them the value of having fun as you work. Her granddaughter-in-law Monica summed her up as "the matriarch underpinning the family story - hard as nails and soft as silk."

On the day of the party, on a table just inside the door, publications celebrating her pioneering spirit included "Old Man Kaipara" in New Zealand Geographic (1995), "On the Next Tide - portraits and anecdotes of NZ fishermen and women", by Kirk Hargreaves (1998), "Salt Water in her Hair- stories of NZ women in the maritime industry", by Dee Pignéguy (2000) and "Pioneering Women of South Kaipara", by Helensville and District Historical Society (2000). Woven flax fish decorations and a feed that included crayfish, mussels and smoked fish attested to her lifetime connection to the sea.

You can hear an excellent RNZ interview with Flora at <https://www.radionz.co.nz/national/programmes/spectrum/20131006>



A very appropriate cake.



Flora mends a net, sketch by her daughter Cherry Olson.

What's happening this month



Saturday, 9 June, Waitoki Village Market Day, Waitoki Hall, Kahikatea Flat Rd. 8.30 till noon, Tips on preparedness when the lights go out, be ready in advance for the next storm! Local Debra Ellis will be at the Waitoki Market to talk about Civil Defence, household emergency plans and give aways. Come and meet her, chat, catch up with neighbours, find out what is going on in your community, get involved in a friendly, relaxed atmosphere. Pick up baked goods, olive oil, plants, homemade and preloved bargains, Bric a Brac, preserves, and more. Support your community; proceeds from the Market go back to our local community.

New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com. Next Market 11 August.

Sunday, 17 June, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Our musicians for June are Foster on tenor sax, Free Face painting, Kids craft Table from 10am to 12pm. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

Sunday, 17 June, Kaukapakapa Library Hosts Photo Competition, Come along to the Kaukapakapa Village Market and view the entries for "A Week in the Life of Kaukapakapa", the annual photo competition. Hosted by the Kaukapakapa Library, photos must be taken and entered between 3rd and 10th June. Prizes for best under 12, over 12 and People's Choice will be awarded at midday. Full details available at www.clc-photographic.com, or contact Megan Paterson, threehorses@xtra.co.nz or 021 959017

Friday, 6 July, Helensville Aglow will be meeting 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop). Our speaker will be the director of Streams Pacific Training Centre, Cherie Trent. All welcome. Contact yvonne@hello.net.nz if you want more information.

Friday, 6 July, Term 2 Ends

Monday, 23 July, Term 3 Begins

Saturday, 25 August and Sunday 26 August, Loaded Tough Guy and Gal Challenge, 11:00am Helensville Tennis Club, 124-164 Rautawhiri Rd, Helensville, Auckland, The events are open to both male and female competitors who are 13 years of age and older. Challenge yourself on a course that includes swamp

crossings, a spiders web net climb, crawl under barb wire, beautiful native bush trails, tunnels, hurdles, a climbing frame not to mention, mud mud and more mud!

Our events have awesome spot prizes, merit prizes, amazing goodie bags, souvenir coffee mugs, challenging obstacles, a fun atmosphere, hot showers and plenty of free parking. Grab your friends, workmates or family together for a truly amazing experience! For more information https://eventpromotions.co.nz/tough-guy-gal-challenge/auckland/#_=_

Friday, 28 September, Term 3 Ends

Sunday, 30 September, Daylight Savings Starts

Monday, 15 October, Term 4 Begins

Labour Weekend, 20th-22nd October, Arts in the Ville Events, open studios and exhibitions around the Helensville area.

Sunday, 11 November, Futureproof Life Rodney Coast Challenge, Muriwai Beach Rimmer Road, Muriwai Beach, Auckland, 6:00am – 2:00pm, Rodney Coast Challenges Multisport Race. A great entry level multisport event with a fantastic family atmosphere. 10 km forest run, 30 km road cycle, 24 km mountain bike on rural roads, 8 km kayak to finish. Course begins at Muriwai Beach on the West Coast north of Auckland and finishes at Wenderholm Regional Park on the east coast. Open to individuals, teams, and family groups. For more information <https://www.eventfinda.co.nz/2018/futureproof-life-rodney-coast-challenge/auckland>

Tuesday, 25 December, Christmas Day

Wednesday, 26 December, Boxing Day

Saturday, 24 February, Helensville A&P Show 2019

Saturday, 9 March and Sunday, 10 March, Kumeu Show 2019

Regular Events

Darts at the RSA 5.30 onwards from March 22nd then every second Thursday onwards. Entry \$5pp Pints on the night \$5 ALL WELCOME

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact 09 420 8246

Peggy Squares knitting Group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09 411 8546

Salt Youth Events: Thursdays, 7.30-9pm, Helensville Christian Life Centre, 118 Commercial Rd, Helensville. For young people, 13-18yrs. Contact Tim Forlong, 09 420-8911.

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 022 183 1811, Beverley Meredith, meredithpb@xtra.co.nz, 09 411 5201, Alwynne Wedgwood, alwynneoh@xtra.co.nz, 09 420 9984

South Kaipara Rotary: 1st & 3rd Monday of the month, 7pm at Kaipara RSA, Commercial Rd. All Welcome, Young or Old.

Te Awaroa Residents & Ratepayers Assoc (TARRA), Helensville War Memorial Hall. Visitors Welcome. Enquiries 021 488 427 or email tarrassoc@gmail.com



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Zubu

New owner of Zubu, Teresa Nobilo- Healy is no stranger to business nor Helensville.

Having just passed over the reigns of her successful Wine Distribution Company to husband David, she can now focus on her new venture into the Helensville and Online Clothing Store, Zubu.

Taking over from former Zubu founder/owner Elke Ryan, Teresa is very excited about the welcomed change of direction into Women's Fashion, which is different from the Wine Industry and Hospitality background, both overseas and in NZ.



Teresa Nobilo- Healy



Zubu customer meet and greet

Currently residing in Waimauku, driving to Helensville every day is reminiscent of my bus trips to Kaipara College, says Teresa. And now my son, soon to be joined by my daughter next year gets to do those bus trips to Kaipara College!

"I am really enjoying being present to witness all the great businesses that are opening in Helensville".

Teresa is introducing some new and different labels over the coming season but will not take away some core brands that are established and work well for her customers.

Zubu, staffed by Teresa and Jamie will be open Tuesday – Saturday, and of course online at www.zubu.nz



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Greenways plans are being developed for the Helensville, Muriwai and Taupaki areas and for Kaukapakapa, Wainui, Dairy Flat and Coatesville areas to identify routes that can become walkway, cycleway and bridleway projects in the future.

Auckland's greenways plans are developed by local boards and their communities to improve walking, cycling, bridle paths and ecological connections across the region.

Rodney Local Board wants to gather local knowledge at this stage of the planning:

- to hear about routes, away from busy roads, that people would like to use to get around.
- this information will be used to map out a greenways network of walkways, cycleways and bridle paths.

Drop-in workshop dates:

- Helensville residents for the Helensville, Muriwai and Taupaki greenways plan - a drop-in workshop will take place on Saturday 9 June 2018 between 9.30am-11.30am in the meeting room at the Helensville War Memorial Hall, 2 Porter Crescent, Helensville.
- Kaukapakapa residents for the Kaukapakapa, Wainui, Dairy Flat and Coatesville greenways plan a drop-in workshop will take place on Saturday 9 June 2018 between 1pm-3pm at Kaukapakapa Hall, 947 Kaipara Coast Highway, Kaukapakapa

Council staff will be on hand to take people through the information for each area, answer questions and help record ideas and feedback. This information will be used to put together a draft document, which will go out for public feedback followed by local board adopting the final plan.

The greenways plans will also assist developing areas as they help the local community, Rodney Local Board, Auckland Council, Auckland Transport and developers prioritise future active recreation connections and inform new projects.

In addition to the drafting these two greenways plans; the Rodney Local Board has completed three other greenways plans for Riverhead, Kumeū, Huapai and Waimauku, Pūhoi to Pakiri and Wellsford – this link has more information <http://temp.aucklandcouncil.govt.nz/EN/AboutCouncil/representativesbodies/AboutBoards/rodneylocalboard/Pages/rodneyplans.aspx>

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Recreation - Runner Up Kaipara Coast Sculpture Gardens

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Cemetery - Sexton
Maureen Walker
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Congratulations to the 2018 North West Country Business Award Winners!

Thanks to all those that entered, voted and attended the North West Country Business Awards ceremony - what a great night it was!

Finalists were those businesses which had been nominated (either by themselves or by a member of the public) and then went on to complete the entry process.

The winners were then chosen after input from a mystery shop (where applicable), evaluation of their submission from an independent panel of qualified judges, and the public vote combined.

Congratulations to the finalists in each category, and photos from the night will be available on our website!

Visit: northwestcountry.co.nz/bizawards for more photos from the awards night!



2018 Supreme Award winners - Skydive Auckland with North West Country Chairman, Tony Forlong.



2018 People's Choice winners - The Riverhead with North West Country Chairman, Tony Forlong and Rodney Local Board member, Phelan Pirrie.

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Highly Commended:
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WWW.NORTHWESTCOUNTRY.CO.NZ/BIZAWARDS

Doctor boost over winter

The Kaipara Medical Centre is pleased to announce that it's secured another locum doctor, increasing its GP numbers over the busy winter season. Dr Tomas Longworth will be the Duty Doctor on Mondays and Fridays for four months from mid-June. He and his wife, Dr Kathryn Elcock, who is also a GP at the centre, recently moved to the Helensville area with their young daughter.

Simply superb

Each week Te Whare Oranga ō Parakai's kitchen team receives surplus stock from Superb Herb's greenhouses in nearby Fordyce Road. The herbs are then used in catering and food for the Kaipara College Tuck Shop.

Kitchen Manager Keryn Reardon says, "It's a hugely beneficial relationship as it keeps our costs down, lets Super Herb cut their waste and helps us fuel young minds and bodies with fresh, healthy food and that's what our mission is all about."



Te Whare Oranga ō Parakai's Chef Keryn Reardon receiving some of the donated herbs from Chris Dale Operations Manager at Superb Herb's Parakai base.

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Newsletter no. 56 • June 2018 • www.helensvillehealth.co.nz • 1 Porter Crescent, Helensville • Phone 021 142 3029 • Email a.wood@hdht.co.nz

Happy Helensville

by lili free



lili free

I am from England but have spent the last two years travelling. By a strange unfurling of circumstances, I found myself visiting an old boyfriend in Helensville. What a warm welcome awaited me – not just from him, but from Helensville itself! Let me wax lyrical about your gorgeous little town for a moment.

I walked the hills around the town, happy as a lark, greeting cows and sheep along the way. One local farmer kindly allowed me to tramp (I learned that word while I was there) on his land. I ended up calling it 'my valley', because I never saw another soul there.

I joined the Helensville and Parakai Facebook group, purchased a second-hand iPhone and got to find out about things like how to stop cars speeding, and where to find a sheep shearer

The High Street (I'm not sure what you call it?) has everything one would need to lead a fulfilled and healthy life, including two crystal shops, which is a disproportionate number for a tiny town, but somehow works in quirky Helensville. I could not have survived without the incredible little greengrocer's. What an Aladdin's cave - you can find so many treasures, from locally-grown produce to exotic spices from abroad – and one is *always* served with a smile. The two op-shops are beyond compare. I rewardrobed from top to toe and had fun meeting everyone working there.

I am highly impressed with the new Kombuchery cafe. I couldn't go past without popping in for a bottle of the most delicious kombucha I've ever tasted. Helensville's Countdown is now my favourite supermarket in the world. I'm always on the hunt for unusual culinary items. They seemed to have the lot...and such friendly staff!

Talking about friendly - I really think you should put a sign up as you enter the town - 'Happy Helensville'.

Thank you for having me – I shall be back.

May Activities

The Title for our Club designs this month was 'WILD WINTRY WINDS' Our Hostesses for the day were Jenny Holst and Gaylene Elis.



**Helensville
Floral
Art
Club**



Our meeting day was Thursday May 17th, we had 8 members competing and our Judge was Maria Jonkas, from Hibiscus Coast Floral Art Club. Again our members excelled in the floral work they constructed, and I must say our newer members are settling in very well and got great comments and marks from the Judge for their designs. After lunch we visited a local garden (and Artist) we had a wander around, then viewed some beautiful paintings

from the Artist's studio. Stunning!!

If you are interested in joining our Club, we meet every Third Thursday of the month from March to December, at the Kowhai Street Hall. 10.00 am sharp.

Contact: Cushla Hawkes 09 420 8905 021 258 8979
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Sad loss for Helensville's Art World

by Brian Hale

The Helensville Community News was sad to hear of the departure of Sally Lush from her role as Manager of The Art Centre, due to a concern by the Board of Art Kaipara as a result of the uncertainty of long term funding being available. Sally has been a great supporter of this paper over many years, supplying articles and information about the Helensville and surrounding art world. Initially these were about the fantastic art trail at the Kaipara Sculpture Gardens where Sally was the curator and more recently about The Art Centre in her role as Manager.



Sally has worked tirelessly for the community of the Kaipara region for a long time and made the Art Centre a welcoming place for people of all talents to learn about art and become involved in the process of making and exhibiting their work.

Sally's first involvement with the Art Centre was when she stepped in to run the Art Centre in Karaka Street when Pauline, the coordinator, was ill and in hospital in Sydney and then Auckland after a flight from the UK.

Sally has a huge experience in art gained from over 20 years involvement in Arts Management. She set up 2 Art Galleries in Devonport, Art by the sea and Art Of This World, working as Merchandise Manager at Auckland Art Gallery, mentoring artists in the Arts Lab programme at The Depot, running the education programme at Lake House, Takapuna, curating Kaipara Coast Sculpture Gardens and Harbourview Sculpture Trails and Auckland Arts Festival White Night events.

Due to this experience she was asked by Rodney local board to become involved in Art Kaipara, the governing body, to bring robustness to the Governance to enable council to feel confident of progressing a new build/ fit out for a new space under the War Memorial Hall that they wished to offer to the existing Art Centre. As the newly elected Chairman/ President of Art Kaipara Sally worked tirelessly to push this project through to completion culminating with the opening by the then Mayor, Len Brown in September 2015. The new space which encompasses a gallery exhibition space, a media room for video projections, an education room, slide out hanging racks which double the exhibition space, office, kitchen and storage areas is a huge asset to the Helensville

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community.

"It has been great to work with many artists whom I have developed relationships with over the last 20 or so years and have them become involved in the Art Centre eg Vjekoslav Nemesha painting tutor, Darryl Fagence whose glass exhibition was extremely popular, John Mulholland with his recent amazing exhibition *Separation in Space*, Evan Woodruffe who taught 2 Fluid Acrylic classes recently, James Ballantyne and Tony Brown whose amazing work was a highlight of the Matariki exhibitions."

"It has been a wonderful experience to be able to work with and mentor artists having their first solo shows e.g. Ray Scott, Tracey Cannon, Kiri Abraham, Atarangi Anderson, Darryl Fagence and Leda Daniel, with these shows being planned up to a year in advance to ensure that planning, marketing and of course having the work completed all goes smoothly. It is a very brave act for an artist to hold their first show of their artwork and have it come under public scrutiny and assisting artists to break through those self-confidence issues has been rewarding for me." Sally says.

Sally has enjoyed nurturing children's creativity which she says has been fun and rewarding through teaching the school holiday programmes and working on the collaborative project to create the Where the Wild Things Are installation with Kaipara Coast Sculpture Gardens.

Sally also had a greatly appreciated the opportunity to impart some business knowledge whilst working with students from Kaipara College on an exhibition as part of their Business Module.

Sally has also lobbied the Local Board and Auckland Council and rallied for public support to ensure that Arts in the community is not overlooked in the future plans and budgeting rounds.

As a fervent supporter of the arts in Helensville Sally encourages anyone interested in the arts to go along to the next AGM of The Art Centre to become involved and to see how they could influence the future of your art centre.

The Helensville Community News wishes Sally all the very best in her future art endeavours.



Chris Penk
MP for Helensville

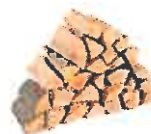
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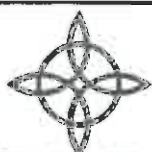
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"Walk In" welcome subject to availability

John Glasson's Wahine story

by Helen Martin

On 10 April 1968, John Glasson, a young man just a month shy of his 24th birthday, was a passenger on board the Union Steamship Company's Lyttelton to Wellington ferry Wahine. John had grown up on a farm in Helensville and was in his third year at Lincoln College in Christchurch, where he was studying for a Diploma in Valuation and Farm Management. He and the rest of the 15-member Lincoln College cricket team, along with teams from the Otago and Canterbury universities, were on route to Palmerston North to take part in the NZ universities' Easter Tournament. "We had a pretty good team," John says, "but we never got the chance to play."

The Wahine left Lyttelton Harbour for Wellington at 8.40 p.m. on the evening of 9 April. John and his teammates had a drink in the bar then turned in. John had pre-ordered breakfast (20 cents for a plate of bacon, eggs, sausages and chips), and remembers eating at 6.20 am and watching waves smashing into the stern, not knowing then that the Wahine had sailed into one of the worst storms ever recorded in New Zealand. "The top metre of the wave was being whipped off by the wind and the swells were huge. But there was nothing to alarm us until the ship gave a violent roll and there was a crunching noise. The stewards in the cafeteria said it was the propellers coming out of the water, but we'd actually crashed into the rocks on Barrett Reef on the western side of the harbour entrance."

The next few hours are indelibly imprinted on John's memory. There were emergency lights but no power. Confusion as passengers and crew tried to understand what was happening was heightened by the loudspeaker's silence. What was happening? "We couldn't see very much because it was so foggy with the spray and rain and the wind was blowing very hard" says John. Around 10 a.m. most of the team went up to the TV room. As they sat and chatted, with the ship constantly rolling, they saw the Wahine try several times to fire a line to the tug Tapuhi. Success was fleeting, as the hawser (towing cable) snapped. "At 12 p.m. we listened to the News on the radio and learned more about what was happening than we'd been told by the ship. At 1 p.m. we listened to the News again. I was sitting down with my back against the wall and noticed the lean was getting steeper. I put my lifejacket on and did the tape up in bows, so I could undo them in a hurry. Then the ship gave three rolls and didn't come back. When the announcement came for all passengers to go to the starboard lifeboats my only thought was, where the hell is starboard? I was disorientated because of the misty rain. We could never see the land even though we were only 400 metres off Seatoun."

The passengers formed two lines at the doors that faced towards the bow. To get into the queue John, who was topside, swung across the curtains, then slid down the carpet towards the back of the queue. A couple of the team grabbed him as he slid past. "Outside on B deck people didn't know what to do. The ship was on a huge lean and people were sliding down the deck to the

bottom side."

When John was outside he knew he could try and save himself. He waited for the swell, jumped into the water and pulled himself into a life raft. A woman threw in her baby before struggling in herself. "The two life rafts were filling up. There was a guy leaning out the front of ours doing breaststroke, trying to pull us away from the Wahine. It looked as though it was going to fall over on us. If it hadn't been on the sandbank it would have tipped over and there would have been hundreds dead. I would probably have been one of them." John was one of the lucky 174 rescued by the Tapuhi. "I got onto the tug by jumping into a tyre on its side, putting my hands over the gunnel and rolling into the boat. About six of us held onto a large woman who kept going down as the boat rolled. Eventually we pulled her onto the deck. Her husband didn't help, but once she was on board he came up and said, "Good on you girl".

The Tapuhi's passengers disembarked at the wharves at 3.30 p.m. Others who had boarded life rafts weren't so lucky - some of those who drifted to Eastbourne's rocky shore were smashed onto the rocks, while others drowned. Fifty-one people died that day, two others died later from injuries received in the wreck.

After being taken by taxi to Wellington railway station, John's next anxious moment was when he and the other seven from his team who were present realised seven were missing. By nightfall John was safely ensconced at his Aunt Lorna's in the city, drinking brandy and thanking his lucky stars. A welcome phone call came at 8.30 p.m. with the news the missing team members had been found safe and well at Eastbourne.

Apart from six years at Lincoln College, John has spent his life on Helensville dairy farms. The other 14 from the cricket team are scattered around the country, but their connection, initiated through sport but cemented through a

shared tragedy, has been lifelong. They have played as the Lincoln Wahines in several Golden Oldies cricket tournaments and their most recent reunion was in April this year, at the 50th anniversary of the sinking. "I doubt whether we would've stuck together like that had it not been for that experience," says John. "It's been a huge thing in my life. It's always there."



The Lincoln Wahines at the 2000 Golden Oldies Tournament, Rotorua. John is second left.

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Art Centre Helensville

Calling all Artisans in Maori and Polynesian Arts

Exhibit in the Helensville Art Centre's July Exhibition celebrating Maori and Polynesian arts and crafts. Just

\$3 per exhibit plus 25% commission to the Art Centre on sales. Works to arrive Saturday 29th June between 10am and 2pm or the following Tuesday, 2nd July, between 10am and 4.30pm. Exhibition runs July 6th through to the 27th and has its opening celebration at 5pm on the 5th of July, all welcome!

Kortne Snedden will be exhibiting her 'Bird of Welcome' describing its origins, Kortne says "Te Reo Maori is a beautiful language that I feel that I have an affiliation with, as a New Zealand trained teacher I have the upmost respect for Maori values and culture. The bird came about through an expression of what a typical classroom in New Zealand looks like today; we welcome a variation of people, values and culture into our bicultural classrooms of old. Te Reo Maori is apart of our everyday teaching. The bird is a symbol of becoming one and welcoming all of these different individuals into our nest."

Come to a weaving workshop with Nat Rose on Sunday 8th July from 10.25 until 3pm for just \$20. Booking advised to guarantee your space.

Students will learn how to weave a basic whetu (star) putiputi (flower) to get use to the weaving under over techniques. We will make a basic kono (basket) if they can complete the first 2 tasks.

Saturday 23rd June 10am-4pm Silver Art Clay workshop. \$130. Create two stunning pendants for yourself or as a gift for others. The first will be created from a real leaf of your choosing. Thin layers of silver art clay will be built up then, upon firing, the leaf will burn away and leave an imprint of every vein on your finished piece. Secondly, you will make a pendant of your choosing from the moulds provided. A great day to bring a friend as a Birthday gift.



The Art Centre, Helensville, Basement to the rear of the War Memorial Hall, 49 Commercial Road.
Parking entrance on Porter Crescent Open Tuesday-Friday 10.00am - 4.00pm, Saturday 10.00am - 2.00pm



Kaipara College is in full rehearsal mode for their up and coming school production.

Avenue Q is a puppet-filled comedy, which follows a group of twenty-something's seeking their purpose in the big city.

The winner of the Tony "Triple Crown" for best musical, best score, best book Avenue Q school edition, is part flesh, part felt and packed with heart.

The laugh out loud musical tells the timeless story of a recent university graduate named Princeton, who moves into a shabby Auckland apartment all the way out on Avenue Q. He soon discovers that although the residents seem nice, it's clear that this is not your ordinary neighbourhood. Together, Princeton and his newfound friends struggle to find jobs, dates and their ever-elusive purpose in life.

Saturday 30th June 'Make a Movie in a Day' with short filmmaker Hank Snell. \$60. Popular with kids, this is a fast paced workshop where brainstorming, filming and acting all happen in the course of one day. Overnight the movie is edited ready for the premier the next evening. Workshop runs 9.30-4.30 on the Saturday. Movie Premier Sunday 30th at 7pm. All welcome to the premier. Bring any costumes, props, musical instruments etc you may wish to use as once you start there is no stopping.

Saturday 7th July we are holding an Assemblage/Up-cycle Workshop with Andrew Hall from 10am-2pm. Just \$5. All ages and abilities welcome. Andrew has created some fascinating up-cycled works out of discarded items and will be bringing a heap of junk requiring up-cycling with him. Bring your own projects if you have some things you have been wanting to up-cycle or use Andrews. Come along and create works to exhibit in our next '3 for ALL' exhibition in August, where anyone can exhibit anything at all for \$3 per item, hence the name '3 for ALL'

Saturday 21st July we are holding our popular Mixed Media workshop for Kids with Jo Bain from 10.30-12.30 for \$15 where we will create a textured surface with collage, layering this with paint and other mediums such as shellac/ ink/ pastel to finish a painting in the workshop. Learn the delights of working with different surfaces to paint on, giving a rich in depth quality. Natural and man-made fibers' will be brought by the tutor but feel free to collect your own to bring on the day. This class will be repeated for adults on **Saturday 19th August** for \$20

Saturday 4th and Sunday 5th August

We are holding Part Two of Jan Alldritt-Millers Acrylics in a Watercolour Technique workshop. Participants must have attended her Workshop One to attend. Six funded places at just \$140 after which cost is \$170 9.30-4.30 both days.

Filled with gut-busting humour and a delightfully catchy score, not to mention puppets, Avenue Q is a truly unique show that has quickly become a favourite for audiences everywhere.

The original Avenue Q has some content elements that have previously made it a difficult choice for high school productions. We have not let that stop us from giving the Kaipara Community the opportunity to experience the important themes of Avenue Q. The school edition is an adaptation that makes it more appropriate for high school audiences and performers and so we have rated this production PG13.

Don't miss this one of a kind performance, filled with colourful characters and themes. It is bound to make you laugh and ponder how PC we've become.

The production will be held on the 27th, 28th, 29th and 30th June starting at 7.00pm in the Kaipara College school hall.

Tickets are available from the Student Centre \$15.00 Adult, \$10.00 Student and can be paid for either in person or via online (with your name and AveQ in the reference). For any queries, ring 09 420 8640 Extn 810.



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A bumper crop

by Helen Martin

After a disappointing production season in 2017, this season's long summer has resulted in a bumper harvest for many olive growers. Susan Wilson's crop was so poor last year she left the olives on the 95 trees she usually harvests for her extra virgin oil Magic Olives. Thanks to a long summer, this year her trees were groaning with olives, presenting a big challenge to the



Maria and Susan hand picking the bumper crop.

20-odd helpers who gathered at her South Head property in May to pick and sort what turned out to be 850 kilos of top quality fruit. For their contribution helpers were given a superb lunch and will later each receive a bottle of Magic Olives.

Susan credits the quality of her olives with the fact that they are spray free and have perfect growing conditions in her sandy soil. Some are picked by hand, a job, which is slow and laborious but has the advantage of producing unbruised fruit. A battery-powered rake is also used, and while this tends to bruise the fruit, it is much quicker and contributes greatly to the size of the harvest. This year Susan worked smarter, she says, by having much larger drop cloths and by providing an extra battery to keep the rake going.

After the fruit has been cold pressed at Salumeria Olives in Wellsford, Susan bottles, caps and labels the oil with labels of her own design in a designated shed on her property. The next stage is to find buyers. With the market swamped by cheap, inferior olive oil shipped in from overseas in great quantities, producing and bottling on a small scale is more a labour of love than an economic proposition, but for now Susan is up for the challenge.



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THE LIONS ROAR

June is the end of our Lions year and we hold our annual fun meeting to "change our officers" for the coming year.

To enable us to compile our Lions Telephone Directory for next year, please make sure you return the completed slip inserted in your new Directory, into the Helensville Library.

More bad weather is forecast for the colder months to come, so keep your emergency kit well supplied. Keep well and warm.



Autumn Book Fair 2018

The Autumn Book Fair, held last weekend, raised \$8,958 an increase on last year, and an excellent result. We hope that our customers are pleased with their purchases and have many hours of enjoyable reading ahead.

We would like to thank all those who donated books, without you there would be no Book Fair.

The Club would also like to thank the wider Helensville community, putting together a book fair is a team effort and we would not be able to cope without the assistance we receive from our community. We especially appreciated the help we received from the students of Kaipara College, whose energy was contagious, the members of the Helensville Tennis Club who's fitness level far exceeded ours, South Kaipara Youth who assisted in packing up and cleaning and most importantly the partners, friends and relatives of Club members who were present throughout the weekend. We also wish to thank members of the Rodney Local Board for their help, Copy & Print for letting us use their shop as a drop off point and the Kaipara Men's Trust for providing us with storage.

All the funds raised go into the Lions Club of Helensville Charitable Trust Account and will be used in our community to assist those members or organisations in need of support, as well as into community projects such as the Riverside Walkway and exercise stations on the presently under construction Fitness Track around Rautawhiri Park.

The books left over are re-sorted with damaged or unsaleable books going to the Helensville Recycle Centre. Other books are sold at the Lions book stall at the Kaukapakapa Market, which is held on the third Sunday of each month, and at other events run by the Lions Club of Helensville throughout the year.

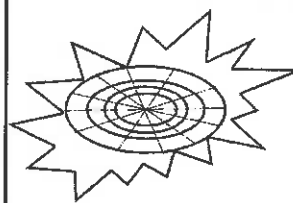
The next Book Fair is our Christmas Book Fair, which will be held on the last weekend of November, Saturday 24th and Sunday 25th 2018, in the Helensville War Memorial Hall. As a service to the community the Helensville Lions will accept books throughout the year. Small amounts can be left at Copy & Print, Commercial Road, Helensville, otherwise contact Chris at 420 8527 or any other member of the Lions Club of Helensville.

Remember Lions Club of Helensville

Community Directory 2019 needs your help!

This month will see the Helensville Lions Community Directory 2018 delivered to your letterbox. In this is a flyer simply complete the box at the bottom fold this notice to form a "Postage paid" addressed envelope or drop the form at the Helensville Library or email the information to helensvilledirectory@gmail.com

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Turning the Tide
FUNDRAISING WALK

Another successful Walk

Strong southerlies and a few chilly passing showers weren't enough to put off 200 walkers who braved the elements to show their support for a family-violence free northwest Auckland on Sunday 27th May.

The second annual Turning The Tide Fundraising Walk saw 175 people walk 17-kilometres from Rimmer Road access to the beach near Helensville to the Muriwai Surf Club.

Another 20 joined the main bunch for the final 4-kilometre hikoi. The group was welcomed to the Surf Club with a performance by the Kahurangi Ki Kaipara Kapa Haka group.

The walk which aims to Turn The Tide on family violence is organised by Kia Timata Ano Trust, the local women's refuge serving the area from Taupaki and Riverhead, through Kumeu and Huapai to Waimauku, Muriwai and Woodhill.

As well as providing emergency safe housing for women and children, the refuge has advocates who go out in the community and see over 300 people a year who have called police because of violence in the home.

Trust Executive Director Ana Christmas, says "while there'll always be a need for refuge as a way for women to escape an abusive relationship, we work really hard to help people before they get to that point and to give them the tools they need to live in safety."

The money raised through this year's walk will go towards employing a male advocate to work with men - both users and receivers of violence - in the community.

At about the 6-kilometre mark, the walkers paused for a "Gratitude Station," where they were invited to write the name on a shell of someone they were grateful for or who needed some love sent their way. The shells were left on the beach to be taken away by the tide.

While it was mostly dry on the walk, there were some passing showers to contend with but organisers reminded walkers that "people in domestic violence situations don't get to call a rain day." The final tally is still being collated, but the money raised has topped \$17,000.

For more information contact: Rochelle Gillespie, p: 021654610 E: turningthetidewalk@gmail.com.

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New Dispensary on hold

The Kaipara Medical Centre has decided to put the building of an onsite dispensary on hold until after winter.

It was hoped building to reconfigure the space and accommodate the dispensary would begin in July, but the centre's been under pressure with two of its doctors unexpectedly taking sick leave in the middle of May.

Chairman Dianne Kidd says, "while we know the community is excited about being able to collect their prescriptions at the same time as their doctor's visit we felt it was best to put the building work off until our team was back to full strength and we're over the busy winter period."

The Medical Centre has also decided to stop accepting any new enrolments in an effort to prioritise its enrolled patients and emergency care.

Business Manager Richard Reid says, "most of our new enrolments come from people who are new to the area and while we'd like to welcome them to our community, we just don't have the capacity right now." He says the Medical Centre reception staff are able to help those new residents find alternative nearby GP practices to enrol with.

Dianne Kidd says the Medical Centre team has been heartened by the understanding of its patients as resources were juggled to best manage the staffing situation, and also of the many get-well messages received for the doctors on sick leave.

"We're very lucky in South Kaipara to have a GP clinic that is part-owned by the community it serves and we do our very best to ensure a high standard of care," Dianne Kidd says.

She says most patients were very understanding if they had their non-urgent appointments rescheduled and with some of the extended hours clinics being reduced.

She acknowledges that sometimes there can be frustrations over not being able to see a preferred GP, but she says, "like many other practices, our dedicated GPs only work parttime hours, so getting in to see your GP on a particular day isn't always possible."


Patients are reminded to use the Manage My Health online portal to book appointments and order repeat prescriptions.



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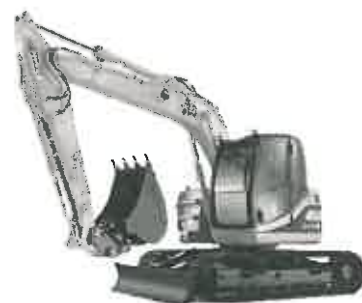
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PARAKAI
SCHOOL

Parakai kids whip up a Special Thanks

Should a pavlova be gooey on the inside or crunchy? When does whipped cream become Chantilly cream? How many eggs do you need for 315 grams of egg whites?



These were among the hot topics of discussion when eight Parakai School senior students served up a delicious afternoon tea for members of the Helensville Lions Club earlier this month.

The students were at the end of their eight-week cooking course run by Keryn Reardon, Kitchen Manager at Te Whare Oranga o Parakai. At each weekly lesson, the students embark on a culinary journey around the world, learning about the culture from different countries before cooking up a local delicacy. One week it might be caprese salad with grilled zucchini and polenta from Italy, the next might be herb and cheese borek with lentil kofta and yoghurt dipping sauce from Turkey.

At their last class, they came back home to Aotearoa, New Zealand and whipped up mini pavlova with passionfruit and lemon curd and Chantilly cream and served it to Lions Club members as a thank you for funding the classes.

Lions Club President Verna Healy says the club had been supporting Helensville School students by funding their Athletics programme and wanted to do something for Parakai School when the opportunity to sponsor the cooking classes came up.

She says the Lions' members at the afternoon tea were encouraged to learn the students have taken what they've learnt in class back home and have cooked some of the dishes for their families.

"It's so important that children learn how to cook and how to cook the basics which can be a lot less expensive than getting food out of a packet or a takeaway," said Mrs Healy.

Chef Keryn Reardon says she sees a real change in the children through the course.

"It's wonderful seeing the students' confidence grow, both within the kitchen and also in their willingness to try different cuisines and flavours" she says.

Now that Parakai School has completed the course, students from Helensville Primary are embarking on the culinary journey with Chef Keryn looking to secure more funding to extend the classes to other local schools.



Harold Beven

March 1920 – May 2018

by Helen Martin

Helensville's oldest World War II veteran, Harold Beven (98), died on 9 May, just two weeks after he attended the Helensville RSA's Anzac Day commemorations.



Harold was born in Norfolk, England. He began working as a toolmaker for an aircraft company at 16 and, after war was declared in 1939, joined the Royal Navy where, as part of the ordnance branch, he worked on cruisers and destroyers in gunnery maintenance. During the war Harold served on four ships and in almost all the naval theatres. As a Chief Petty Officer, he was involved in the evacuations of Greece and Crete, the allied invasions of Sicily and Italy and the June 6, 1944 D-Day seaborne invasion of France, Operation Overlord. His job was to maintain the guns while allied soldiers were rescued off the beaches. He described the work as at times horrendous but was very proud of his contribution.

After the war Harold and his family moved to New Zealand, where he spent six years in the New Zealand Navy before working in civilian jobs. His connection with Helensville goes back to times he spent hunting on South Head, before looking after his friend's South Head sheep farm in 1980.

In 2017 Harold received the highest French decoration, the prestigious Legion of Honour, aka the National Order of the Legion of Honour, the 8th medal recognising his war service, with others including the Malta George Cross 50th Anniversary Medal.

Speakers at Harold's funeral attested to his courage, cheerfulness, serenity and modesty. He was remembered by many for his love of storytelling. At the time of his death Harold was living at Drake Village with his wife Sandy. He is survived by Sandy, his children Carol and Graham, eight grandchildren and 14 great grandchildren.



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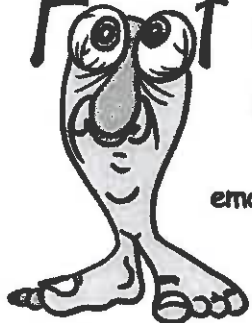
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Physio Talks

Problems and Their Lessons

This Physio Talks is a bit philosophical, but was, again, prompted by a few people who came to see me in the clinic, one right after the other. Whenever that happens I figure there is something to write about there.

Ever come across the cliché "A problem is just a lesson in disguise."? Like most all clichés it can set your teeth on edge, but sooner or later I have to come to grips with the fact that it, like most clichés is true. The folks coming into the clinic each had different difficulties, a severe ankle sprain, a bad shoulder, and a back problem, but each had yet to come to grips with some of the inescapable consequences.

Each person was in a hurry to get past the difficulties presented by their injuries, each was more than a little impatient, and each had things to do that needed doing right then. So, we had to go back to the basics. An injury heals at a certain rate, depending on the tissue injured and the severity of the injury. Also in the mix was the particular tissue injured, since sometimes a particular tissue has less circulation than other similar ones and therefore takes even longer to heal than ones of similar type but better circulation.

So, the fellow with the shoulder had recent surgery for his rotator cuff, and the rotator cuff takes longer to heal than say a knee ligament. The fellow with the ankle sprain had a really bad and unconventional sprain, pulling tendons and muscles with it, and the person with the back problem had had to get in before the rain (which still has not come this dry Taranaki summer). The same speech went to each one; we have to cooperate with what we have. We cannot impose a faster healing time than the tissue allows, and we certainly should refrain from overloading an incompletely healed tissue simply because our schedule does not seem to match the restrictions of the injury. Cooperation is the key. Attempting to dominate will cause the person to lose. In a contest with the body's healing processes, the body always wins.

So, the lessons for each one of these people to take were patience, cooperation, and accommodation. Find another way for now, and relax into the healing process. I will try to get them going as fast as I think the healing will allow, but faster and we are all asking for trouble. I know, because I have been in the exact same boat, and somehow convinced myself that the rules did not really apply to me. After all, I'm a physio, right? And I lost, took much longer to regain the ground that had been overshoot by my patience. Best suggestion is to learn the lessons the problem is presenting. Things will go better, faster and we will be better for it in the long run, short run too.

Dave Rohe is a recently retired physio having practiced in New Zealand since 2004. He originally qualified in the USA, subsequently practicing in Malawi, Egypt and Cambodia prior to emigrating to New Zealand in 2003. He has enjoyed management positions in pediatric and adult outpatient



facilities as well as taught physiotherapy for 15 years at the University of Georgia. He is currently living in Parakai with his wife, Sharon Robinson, a local midwife, near his adult children who are working, and one of whom is studying to qualify as a physio through the programme at the University of Otago. His articles previously appeared in local newspapers in Taranaki and on the blog site sponsored by NZSPT.

Rautawhiri Park progress

Auckland Council's May newsletter reports that the \$2.3 million Rautawhiri Park upgrade, consisting of tennis courts, netball courts and a 2km perimeter path, is expected to be completed by mid-June.

The upgrade includes new surfaces for the eight courts, better drainage, new nets, hoops, fences, lights and a practice wall. The equipment is designed for all ages, abilities and fitness levels. The path will link the park's facilities and provide a walking and exercising circuit. The Helensville Lions Club is donating five fitness stations for the path.

Rodney Local Board Parks and Recreation Committee Chair Brent Bailey says the multimillion-dollar project has received funding from development contributions.



Shipwreck!

by Helen Martin

As we go to print the discovery of a shipwreck on Muriwai beach is causing a lot of excitement.

The wooden ship, a 17m by 5m twin mast schooner, was preserved by being buried in sand and has now been exposed through erosion. Auckland Council Heritage Unit have identified the ship as the 153-year-old Daring, which was driven ashore in 1865 in a severe gale as it carried a cargo of grass seed. The wreck was on an archaeological site protected under the provisions of the Heritage New Zealand Pouhere Taonga Act. Inexplicably, within days of the discovery, idiots had been to the site and looted parts of the ship, including removing the stern rail with a chainsaw!! What's wrong with these people??



Photo by Christina Norton

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Date	High Water Shelly Beach	Sun Rise	Sun Set
June			
1 Fri	- 3.9 1212	0724	1713
2 Sat	0032 3.9 1246	0725	1712
3 Sun	0106 3.8 1323	0726	1712
4 Mon	0143 3.7 1403	0726	1712
5 Tue	0224 3.6 1448	0727	1712
6 Wed	0312 3.5 1541	0727	1711
7 Thu	0407 3.5 1640	0728	1711
8 Fri	0506 3.5 1742	0729	1711
9 Sat	0607 3.6 1844	0729	1711
10 Sun	0706 3.7 1944	0730	1711
11 Mon	0805 3.8 2042	0730	1711
12 Tue	0901 4.0 2136	0731	1711
13 Wed	0956 4.1 2228	0731	1711
14 Thu	1048 4.2 2317	0731	1711
15 Fri	1139 4.2 -	0732	1711
16 Sat	0006 4.3 1229	0732	1711
17 Sun	0055 4.3 1320	0732	1711
18 Mon	0145 4.2 1413	0733	1711
19 Tue	0238 4.0 1508	0733	1711
20 Wed	0334 3.9 1606	0733	1711
21 Thu	0433 3.8 1705	0734	1712
22 Fri	0532 3.7 1805	0734	1712
23 Sat	0631 3.7 1905	0734	1712
24 Sun	0729 3.7 2002	0734	1712
25 Mon	0823 3.7 2054	0734	1713
26 Tue	0913 3.8 2141	0734	1713
27 Wed	0959 3.8 2224	0735	1713
28 Thu	1040 3.8 2302	0735	1714
29 Fri	1118 3.8 2337	0735	1714
30 Sat	1153 3.8 -	0735	1714
July			
1 Sun	0011 4.0 1228	0735	1715
2 Mon	0045 3.9 1304	0735	1715
3 Tue	0121 3.8 1341	0734	1716
4 Wed	0159 3.8 1423	0734	1716
5 Thu	0242 3.7 1509	0734	1717
6 Fri	0331 3.6 1601	0734	1717

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Accountants	UHY Haines Norton	420-7972	Insurance	Rodney Direct Insurance	022-363-2377
Age Concern Rodney		09-426-0916	JP's	Greville Walker	02108-290-768/420-7173
Acupuncture			Landscaping	Vision Landscapes	0274-817-478/420-8738
Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211		Laundromat	Helensville Laundromat	420-6050
Architects	Schulze Poursoltan Architects	420-8421	Lawyer	Blucher Law Limited	021-665-752/09-412-5624
Beauty Therapy	Beauty Elixir	021-187-2661/420-9775	Lions Club of Helensville	Pauline 420-6208, Chris 420-8527	
Birthing Centre	Commercial Road, Helensville	420-8747	Markets	Kaukapakapa Village Market	0274-831-542
Block & Bricklayers	Gary	027-339-9038/420-8380	Markets	South Kaipara Harvest Market	www.thrivekaipara.org.nz
Boats & Outboard Mtrs	Mike Stanton	0276-058-225	Markets	Waitoki Village Market	Gill 420-3301
Budget Service	Francis	420-7740	Mechanical Repairs	Helensville Mechanical Services	420-8177
Builder	Joel Mitchell	021-255-5875	Mechanical Repairs	McLeod Motors	420-8633
Building Supplies	Placemakers	420-9150	Medical Centre	Kaipara Medical Centre	420-8400
CAB		420-7162	Motorcycle Repairs	Helensville Motorcycle Services	420-7754
Celebrant	Theresa Sjoquist	021-577-503	Mower Repairs & Sales	Helensville Mowers	420-8569
Chiropractor	Kaipara Chiropractic Healthcare	420-6224	Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
Computer Repairs	Michael	021-251-4138/420-9307	MP-Elect	Chris Penk	021-0230-6106
Concreters	Brewis Concrete	021-992-590	Osteopath	Osteopathic Natural Health	420-7867
Diggers	Helensville Diggers	021-454-793/420-7023	Panel Beater	Helensville Automotive	420-6050
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Dog Grooming	Cost effective - Lorraine Buswell	420-7988	Picture Framing	Helensville Copy & Print	420-9307
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Hairdresser	Roxstar Hair	021-430-525	Tuition	South Kaipara Adult Literacy	0274-448-6436/420-9971
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Horse Cover Repairs	Cova Girls - Angela	0275-316-959	Tyre Specialists	Bridgestone Helensville	420-7385
Hypnotherapy	Janice McMurdo	021-131-7308/420-7858	Venue Hire	Kaipara Memorial RSA	420-8888
			Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630
			Your Local Business Book	yourlocalbusinessbook@gmail.com	420-9307

Tennis club news

Helensville Tennis Club members held a special meeting in May to update their constitution hold a prize giving and share a potluck dinner.

With the courts currently being rebuilt the club champs can't be held, but some awards were presented.

Winners Business House Mixed Doubles: David Sipa, Annette Hemeheha, Parakai Springs

Most Improved Male: Dion Tilson

Most Improved Female: Lana Cooper

Junior Club Most Promising: Ashleigh Edlington

Above & Beyond Club Spirit: Annette Hemeheha

Tennis Northern Interclub Boys Premier 2: Ben Ruzich, Karl Ruzich, Josiah Sipa

Tennis Northern Interclub Girls Premier 1: Kendrah Smith, Rosie Smith, Angelina Sipa

Coaches' Choice for enthusiasm, dedication and consistency: Alexander Zvyagintsev, Nicholas Zvyagintsev, Gemma Bayly.

