# Helensville Community News Issue 110 - January 2019

# Free meal project underway

by Helen Martin

When young Helensville mother Katey Jackson got to thinking about what kind of initiative would help local families with a new baby, she came up with

the idea of a communitysupported free meal project. Helensville Birthing Centre and Helensville District Health Trust liked the idea and, after a lot of planning and fund raising through GiveALittle, the Te Kete Whāngaiō Parakai project, aimed at giving each local family three free frozen meals on their departure from the Birthing Centre, was born.

In mid-December, a small group of women made up of Katey and Keryn dish out the community volunteers and

people from the Birthing Centre and the Health Trust spent a day at Te Whare Orangaō Parakai, the community centre owned by the Trust, cooking around 100 lasagne, macaroni cheese and vegetarian soup meals. As one of the volunteers I was really impressed by the professionalism of this first cook-a-thon where, under the calm tutelage of Kitchen and Catering manager Keryn Reardon, we were first initiated into

> the mysteries of cooking in a commercial kitchen, then guided through the process of the hygienic production of large quantities of food. For those of us more used to a domestic scale, methods for washing the huge pots at the end were something of a revelation -I'm looking forward to having another go at it.

Depending on funding, it's intended that the project will eventually expand. As Health Trust Manager

Nicola Keen-Biggelaar explains," While we're starting with new families, once we're up and running we'll expand the service to include the elderly, the unwell and families in crisis."



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# **Mark Dennis wins big**

When Helensville local Mark Dennis set up a community fruit and vege stand outside his Puriri St home at the beginning of 2018 he had no idea that by the end of the year he would be given the prestigious title of NZ Gardener of the Year. The award, given by NZ's oldest gardening magazine and decided by popular vote, annually recognises our 'horticultural superheroes'. It's a sign of the times that a project aimed at preventing food waste and enabling people to share their excess was the most popular of all the initiatives in the 2018 final. Mark is delighted with his win, especially because it reflects the fact that the idea spreading so fast - there are now more



Mark driving a tractor for the Gumboots float in the Christmas Parade

Continued on page 2

## **Coming into** force 1/1/2019

Under Phase 2 of The Anti-Money Laundering and Countering Financing of Terrorism Act 2009 real estate agents are required to conduct due diligence on all sellers before the agent enters into a listing with the seller. For purchases that process will be carried out by their lawyer.

For more information see our October 2018 issue online at:

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www. helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

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Continued from page 1.....

than 150 free fruit and vegetable stands from Kaitaia to Invercargill - is evidence of people looking to share and connect with others in their communities.

In supporting this grassroots movement Mark's Facebook page, Community Fruit and Vege Stands, is invaluable place for people to share thoughts and advice about how to set up and maintain a stand and to let people know what a stand currently has on offer. Posts such as "Kiwi fruit, plums, kale, broadbeans. rhubarb and



pumpkin available at the stand tonight as of 6.30pm. Lyttelton Street, Spreydon, Chch", "Our Parakai stand has had a revamp and been moved to 6 Fordyce Road" and "I manage the stand in Piopio, a small rural community in the King Country. It's been a huge commitment of time and effort but incredibly fun and rewarding. It's been great to see the community participate and take ownership, both in sharing and enjoying the surplus", are a great reflection of what the project is all about.

Good on you Mark!





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#### What's happening this month





Sunday, 20 January, Kaukapakapa Village Market, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally handmade crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Our musicians for January is Jessica on keyboard, Free Face painting, Kids craft Table from 10am to 12pm. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email sarah1@maxnet.co.nz. Eftpos cash out available.

Sunday, 20 January, Kaukapakapa Library, 9am to 1pm While the Kaukapakapa Village Markets Look for details on the Kaukapakapa Library Facebook page or contact Megan threehorses@xtra.co.nz or 021959017

Thursday, 21 February, Gibbs Farm Visit, Citizens Advice Bureau Fundraiser, \$40 includes Transport, bottle of drinking water, filled bread roll and entry to the sculpture farm. Fill in form and drop in the Helensville CAB or email helensville@cab.org.nz Please ensure you read the Visitor terms of access.

Saturday, 9 February, UFO's @ Waitoki Village Market Day, at the Waitoki Hall, Kahikatea Flat Rd. 8.30 till noon. Stuck on a craft Unfinished Object? Come and chat with the friendly folk from the Waitoki Craft Group and see if someone has the solution you need to get finished.

Check out the great bargains to be had, pick up baked goods, plants, homemade and preloved bargains, Bric a Brac, preserves, and more. Support your community; proceeds from the Market go back to our local community.

New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com- Next Market 13 April.

Saturday, 24 February, Helensville A&P Show 2019 Saturday, 9 March and Sunday, 10 March, Kumeu Show 2019

#### Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Helensville Christian Life Centre, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211726547

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12midday in small building behind Christian Life Centre, 118 Main Road, www.al-anon.org.nz.

**Combustion Youth:** Friday, 7.30-9pm, Helensville Christian Life Centre, 118 Commercial Rd, Helensville. For young people, 13-18yrs. Contact Armand Claassens.

Community Dinner – Whether you are new to the area or been here for along time you are invited to the fortnightly community dinner at 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272059573

Darts at the RSA 5.30 onwards from March 22nd then every second Thursday onwards. Entry \$5pp Pints on the night \$5 ALL WELCOME

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every first and third Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 021 123 0434 NO APPOINTMENT & NO CHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club Building, 124/164 Ruatawhiti Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome or contact Pauline 420 6208.

**Helensville River Valley Country Music Club** Held 3rd Sunday of the month at Helnesville War Memorial Hall. 1pm start. All Welcome Contact 09 420 8246

Noah's Ark Playgroup - Playgroup for caregivers and for toddlers under 5. Meets every Wednesday during school term from 9:30-12pm at 118 Commercial Rd, Helensville. Contact Kim Duncan 09 420 8911

**Peggy Squares knitting Group**, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09 411 8546

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets at the Soccer Rooms at Huapai Domain with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 022 183 1811, Beverley Meredith, meredithpb@xtra.co.nz, 09 411 5201, Alwynne Wedgwood, alwynneoh@xtra.co.nz, 09 420 9984

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All Welcome, Young or Old.

**Te Awaroa Residents & Ratepayers Assoc** (TARRA), Helensville War Memorial Hall. Visitors Welcome. Enquiries 021 488 427 or email tarrassoc@gmail.com





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Helensville Lions would like to wish you all a very **MERRY** CHRISTMAS and a safe and HAPPY NEW YEAR.



We thank you for supporting our projects and look

forward to helping you, the Community of Helensville and Parakai, in 2019.

## MOTV8N to succeed Make 2019 your year

Well 2019 is well and truly here. How has it been so far?

Some of those New Year Resolutions

might have already gone out the door, or maybe not even started.

How do we engage ourselves in our goals and dreams and make them become reality?

Often we can have ideas of things we want to do and we carry them with us for many years. What we forget to do sometimes is update the goal list. Agoal that you set years ago might not even be that relevant now, but for whatever reason, we carry it with us as something we need to do.

Goals and Dreams always need to be in line with our values. Our values are our CORE, what makes up our SOUL, what we live for, what we live by.

Effective goal setting always needs to have that first key to being inline with values. If we are caught up with keeping up with the Jones and keeping up with the "in group", we can often work hard, achieve things and they become bittersweet on completion with success feelings not being that satisfying.

A great thing to do after checking in with your values is to create a Dream Board. Our family have done these for many years, and I have run workshops on Dream Boards. They are fun and very effective for ALLAGES.

The idea of a Dream Board is to think about what you would like to achieve in life, big stuff, small stuff, stuff you think you might never be able to achieve. If it interests you, it is important. Find some magazines, books, brochures, internet info etc and cut out the pictures around your dreams that you like. Find words or print words that have meaning to you. Make sure all of it is POSITIVE. Arrange them on a big piece of cardboard/paper. Stick them on your Dream Board and pop that Dream Board up somewhere where you are going to see it often.

The mind is very, very clever. Our conscious mind is busy helping us out with the tasks that we need to be thinking about, and our unconscious mind has a whole load of other processes going on. One of which is being aware of your dream board every time you see it, even if you haven't really consciously noticed you are looking. Its the same thing as putting pictures of goals and dreams on the fridge. We visit the fridge many times a day, we glance at the picture, not really thinking about it too much as we are going to the fridge. Meantime your unconscious mind is noticing and reconfirming over and over that this is important. The power of positive reinforcement.

So have a think, and have some fun, Maybe you might like to create your own dream board, maybe you might like to create a family one. Kids love this stuff. Be mindful not to put your dreams and input into others dream boards, as we all hold our own values, beliefs, visions and dreams.

GO FORTH, HAVE FUN, MAKE 2019 YOUR YEAR

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Kim McNamara

# **DanceVille Dance** for Craigweil

Sunday, December 16 saw Ballerinas and Jazz dances entertain the residents in the gardens at Craigweil House in Parakai



Following onto the Kaukapakapa Market



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Sunday 20 January Kaukapakapa Hall 8.30am - 1pm

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## **Christine Roberts**

by Helen Martin

Christine Roberts traces her love of antiques back to her English childhood, where her family lived in a big old house filled with antique, mainly Victorian, furniture and her father collected books and musical instruments. Later in life she became keen on antique jewellery



and collectables. She's had antique shops in Helensville since 2001 and now, aged 80, when she talks about leaving River Cottage Antiques and Collectables people protest "But you can't retire, you're a fixture!"

Another lifetime interest is music. Her family has a sound musical pedigree, which can be traced at least as far back as the ancestor who was organist at magnificent Worcester Cathedral. Christine's father Harry Botham played in the London Philharmonic Orchestra and, after the family emigrated to New Zealand in 1950, played in NZ's National Symphony Orchestra, conducted orchestras and taught, later receiving an MBE for services to music. Christine learnt the violin from the age of four, had singing lessons and started learning piano at 13, when her pedigree as a performer ground to a halt. "My teacher told me not to waste my father's money on piano lessons because I wasn't very good," she says. "She was quite right." Christine's love of music from then on was enacted in appreciation rather than performance, but she's proud that her son Nick, who was Head of Music at Kaipara College before becoming Deputy Principal, is a leading light on the local music scene.

Christine married young. Her husband Ted Roberts was a naval officer and spent mostof his time away from home. With their first child in the care of her mother, Christine went out to work. Over the years she had four children, Christine, Peter, Nicholas and Victoria. "For a lot of the time I brought them up on my own and worked, which was unusual for those days," she says. "But I've always been a bit different."

When she and Ted returned to NZ in 1959 after two years in England Christine had her first job with a jeweller. At Stewart

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Dawsons in Wellington she learnt how to polish silver and clean jewellery, and how to deal with customers. With interest in antique jewellery sparked, and with no study options available in NZ, she took a part time gemology course by correspondence from England.

A second stint in England from 1962 to 1965 was significant for Christine; working for an estate jeweller founded in the 19<sup>th</sup> century she learnt more about antique jewellery; she discovered a love of rural living that has never left her; and, always a dog and cat lover, she bred her first puppies, apricot poodles, and entered them in shows. Back in NZ she continued showing, beginning with a puppy she'd bred in the UK, and at the same time provided a home for a succession of Burmese cats. In 1971, the interest in poodles led to her and a friend opening a grooming parlour in Epsom, where for a few years she bathed, clipped and groomed poodles before returning to her old love, the jewellery trade.

Meeting her partner Malcolm Neale provided a very happy turning point in Christine's life. He was a lovely man, she says, very fair and loyal, tolerant of her filling the house up with rescue animals and on-hand to help set up boarding catteries and support her Warkworth SPCA Supporters Group. Malcolm also shared Christine's love of old houses, and in the 33 years they were together they bought and renovated beautiful homes in Kaukapakapa, Warkworth, Wainui and Helensville. "We always left a house in better condition than when we went in." Now living in a modern home, she misses the high ceilings and beautiful timbers.

In 2001 she opened her first antique shop on the ground floor of the historic Post Office in Helensville. She and Malcolm then bought the grand Edwardian house at the northern end of Helensville known as Toad Hall - "we decided to buy it within half an hour of seeing it" - and spent the next seven years doing extensive renovations, selling it only when Malcolm's ill health meant the property had become too difficult for them to maintain. She had bought the antique shop in front of Odd fellows Hall beside the Grand Hotel and ran it for three years before retiring. The retirement lasted six weeks. Christine was bored and, missing the fun of meeting people and buying and selling antiques, set up a new shop at the railway station, working there until her second retirement. On her return she moved operations to the railway museum's former memorabilia room, a smaller space that led her to selling collectables and vintage items rather than large furniture. She now says that, after six years, maybe it's time to retire again.

Christine has had some very dark times in her life – her son Peter and her sister Mavis both died tragically, and last year Malcolm passed away after a long illness. Her way of dealing with loss is stoic – "you just have to get on with it" – but she does wonder how life will be without a shop. All the same, she says she has much to be thankful for. "Although it's just me and the dog I've got jolly good neighbours and I like Helensville. People here are friendly and help each other, like the world used to be. Living here you feel part of the town."



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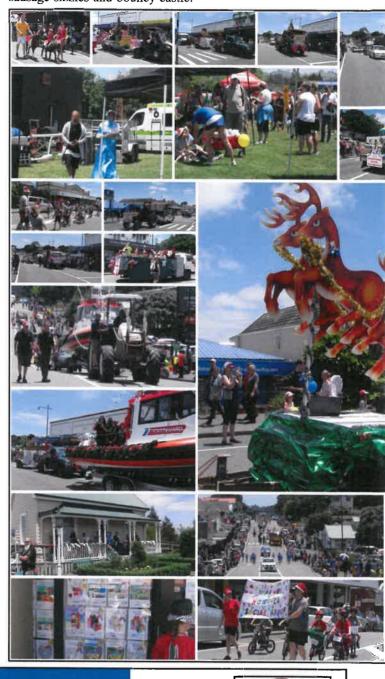
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## **Helensville Christmas**

This year's Christmas parade, held on December 8, showed off Helensville's great community spirit.

In the morning Santa was on hand for photographs with the kids, and the floats assembled in West Street and were judged, with the overall winner St Joseph's Church. It was a gorgeous sunny day and the crowds were in a festive mood as they lined Commercial Road and took advantage of the street stalls, raffles, sausage sizzles and bouncy castle.





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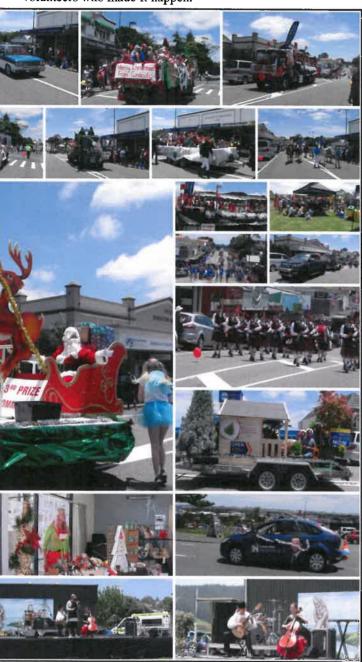


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## parade

Dozens of locals took part in the colourful parade, then the fun continued at the Museum grounds with Santa, food, a lolly scramble and entertainment that included Troy Kingi and a kapahaka performance by Kahurangi Ki Kaipara.

Congratulations to the schools, pre-schools, businesses, clubs, groups, organisations and individuals who took part with such good humour and big ups to the team of hard-working volunteers who made it happen.



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## 2019 Sunday Music in the Gardens



#### January 13th, 20th& 27th -February 3rd& 10th (1.30pm to 4.30pm)

Does spending a Sunday afternoon strolling along our idyllic Sculpture Trail overlooking Kaipara Harbour and then relaxing, maybe with a picnic, listening to some pleasant music sound good?



If so, put these dates into your calendar, as we will once again be hosting our Sunday afternoon Music in the Gardens events from mid-January to mid-February.

There will be a range oftalented young local musicians performing a selection of music with a broad spectrum of appeal (definitely not Rap or Heavy Metal J) from early afternoon to closing.

This iconic local attraction has

over 40 marvellous new pieces displayed along thebeautiful1 Km nature trail.

The trail is constructed of a smooth gravel pathway and meanders through rolling hills passing by a mix of native bush, wetlands as well as formal gardens and also has some beautiful views of the Kaipara Harbour.\*



There is also a Petanque area and children's playground as well as our cute little coffee shop on site plus the Plant Centre for

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## 2019 Market Dates

20 January 21 July
17 February 18 August
17 March 15 September
21 April 20 October
19 May 17 November
16 June 15 December

## 2019 Waitoki Village Market Dates

9 February 10 August 13 April 12 October 8 June 14 December





## Helensville Birthing Centre

TE PUNA WHANAU KI TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

You are welcome to call in and have a look around, or browse our facilities online.

53-65 Commercial Road, Helensville
Ph (09) 420 8747
Email bookings@helensvillebirthingcentre.co.nz

www.birthcentre.co.nz





## Helensville women's 7s

There had not been a Helensville women's 7s team for nearly 20 years and in that time talented local players played for other clubs. So, it was about time we had our local ladies playing for their home town, where 97% of the team were born and bred Villians.

In September last year the task began to get a team ready for the annual North Harbour Club 7s tournament played in November. The coaching staff was led by duo Andy Hill and Fousta Tuivaiti, along with trainer Billy May. Roxy Foreman was manager.

The team travelled to Warkworth on 3 November, where they played three pool games, a semi-final and the final. They went through the day unbeaten, winning the final to receive the trophy for Women's Harbour Club Champs 2018.

Team members for the tournament were Caitlyn Cox, Tamara Keefe, Mena Sinisa, Madi Wells, Sophie Fisher, Stacey Tupe,

### **Complete Cartage Ltd**

Drilling, footings, excavations, digger, truck, tipping, bob-cat hire, animal burials, metal supplies, 1.7T & 5T excavators. Competitive rates.

Phone: Logan 021 117 1570



Juliana Newman, Carissa Mansell-Sawyers, Hailey Beale, Aleiscia Phillips, Tara Mansell-Sawyers, Zoe Mandela-Sawyers, Jojo Eichler.

Since then, five team members have been selected to represent the North Harbour Women's 7s team at the Regionals Qualifiers tournament. They are Sophie Fisher, Stacey Tupe, Madi Wells, Caitlyn Cox, Juliana Newman.

The team would like to thank all the supporters, club member Nick Mulvaney and Andy Cummings from Kumeu Meat Processors.

Helensville are hoping to enter a women's 15s or 10s team next season. If you are interested, please contact the rugby club at 162 Awaroa Rd, Helensville. Ph 420 8116.





# **Christmas Parade Winners**

Prize sponsored by Sellars & Co.

Best in parade - St Josephs Catholic Church

Prizes sponsored by Sellars & Co. - Schools section

1st Gumboots Early Learning Centre

2nd Waioneke School

3rd Helensville Primary School

**Prizes sponsored by Helensville District health Trust – Community section** 

1st St Josephs Catholic Church

2nd St John Youth

3rd Kaukapakapa Scouts

Prizes sponsored by UHY Haines Norton - Business section

1st Rene Vos Barfoot & Thompson

2nd Healing Heart of Helensville

3rd Kumeu Meat Processors



The community got into the spirit of the thing even if they weren't in the parade.

## Bike decorating competition

This year was first time we had entrants in the older age group 10-13. Thanks to Rural Women who supervised the judging and assembly into parade.

However the new sections for mobility scooters and baby prams, pushchairs, buggies were without any entrants. Give it some thought for next year mums and seniors. Cash prizes!

#### Prizes sponsored by Gumboots early Learning Centre

#### 5 and under

1st Iranui Hodge 2nd Andrew Gilberd 3rd Ellie Broadbent

#### 6 to 9

1st Sean Schafer 2nd Sasha Gilberd 3rd Anika Schafer

#### 10 to 13

1st Jacqui Gilberd 2nd William Broadbent 3rd Samuel Broadbent

















- Value for money
- · Good grip and durability
- Light truck construction

235/75R15

255/70R16





- ③ 32 Mill Road, Helensville
- © 09 420 7385

**BRIDGESTONE** CENTRE



### **Dressed for Christmas**

In early December a conversation on the Helensville and Parakai Community Facebook page led to the organisation of a community event to decorate the town, with Vicki Sisson appealing to people to come along and join in "for our town's pride."

After meeting outside the WINZ building one evening around 30 people, who added their own decorations to those kindly donated by Parakai 4 Square and The Dollar City, set to and did the business. Among those who turned up was a group of rangatahi (young people) from Te Whânau Tôhea, which is part of youth provider Outwest Youth Community Trust.

Public response was very positive and there are high hopes that dressing our town for Christmas will become an annual event.



Te Whanau Tohea was well represented.



Vicki Sisson and Louise Shaw, ready to go.



Barb Crawley and her daughter Alice Watkins (behind the post) tie one on.



### **Takeaways Homemade Pies** Home of the KKK Burger

Open Mon - Sat Phone orders welcome Ph: 420 5062

1037 Kaipara Coast Highway, Kaukapakapa

## Helensville MP, Chris Penk opens Sculpture **Gardens 2019 Exhibition**

Sunday 9th December saw Chris Penk, the MP for the refreshments served by the staff throughout the afternoon as well as Kaukapakapa.

The event attracted over 100 people who thoroughly enjoyed event. the afternoon with many complimentary comments being forthcoming regarding both the event and the Gardens.

In his opening speech Chris highlighted the diversity and imaginative nature of the exhibits as well as the magnificent setting in which they are being displayed. He also commented on how art reflects the many different facets of life using a number of humorous analogies including some Parliamentary ones.

He also spoke of how lucky the area is to have such a wonderful facility in such close proximity and thanked all the participating artists, organisers and staff for their efforts in making the exhibition possible.

Thanks were also offered by owner David Bayly and the new exhibition curator Shea O'Neil to everyone involved as well as to the outgoing curator Sally Lush who has been putting together the exhibition since its inception 11 years ago and has now moved on to a new challenge in Whangarei.

Many of the contributing artists were also at the event to answer questions and explain their work.

The event also included some delightful finger food and light



Helensville Electorate, open the 2019 Exhibition at the Kaipara music performed by local singer/guitarist Ben Bradley and which could Coast Plant Centre and Sculpture Gardens just North of be heard throughout the garden. This, combined with the very accommodating weather, ensured a relaxing and very successful opening

#### **Exhibition History & Details:**

The sculpture gardens, which opened in 2008, have been developed in conjunction with Kaipara Coast Plant Centre which has been owned and operated by David and Geraldine Bayly from this site since 1988.

The Sculpture Trail is open to the public 364 days a year and features a 2km garden and forest trail showcasing more than 40 vibrant and diverse sculptures by emerging and established New Zealand and international artists which are renewed in November every year.

Contributing artists for this years' exhibition include:

Glen Colechin; Rebecca Rose; Blair Logan; Christian Nicolson: Cinzah Merkens; Fiona Henderson; Jim Elliss; Jo May; Oriah Rapley; Sen McGlinn; Sonja van Kerkhoff; Yelz, Zoe Nash; Colin Wightman; John Mulholland; Kaukapakapa Venturers; Maggy Johnston; Mandy Cherry Joass; Karen Sewell; Larisse Hall; Simon Gray; Gaye Jurisich; Jan Simmons; Vaimoana Eves; Aaron Frater; Ema Frost; Component; Rustic Twist; Kerstin Hedström; Canny Creations; Louise Purvis; Richard Wedekind; Lipika Sen; Prabhjyot Majithia; Jeff Thompson and others.

SHELLY BEACH TIDE CHART					
Date	High Wa	ater Shel	ly Beach	Sun Rise	Sun Set
January 2019					
1 Tue	0734	3.6	1959	0605	2043
2 Wed	0837	3.7	2059	0606	2044
3 Thu	0935	3.8	2155	0607	2044
4 Fri	1026	3.9	2244	0607	2044
5 Sat	1111	4.0	2328	0608	2044
6 Sun	1152	4.0	-	0609	2044
7 Mon	8000	3.8	1229	0610	2044
8 Tue	0044	3.8	1303	0611	2044
9 Wed	0118	3.8	1335	0612	2044
10 Thu	0152	3.8	1408	0613	2043
11 Fri	0227	3.7	1443	0614	2043
12 Sat	0304	3.6	1522	0615	2043
13 Sun	0345	3.5	1605	0616	2043
14 Mon	0432	3.5	1655	0617	2043
15 Tue	0527	3.4	1751	0618	2042
16 Wed	0628	3.4	1853	0619	2042
17 Thu	0736	3.5	2000	0620	2042
18 Fri	0846	3.7	2108	0621	2041
19 Sat	0951	3.9	2212	0622	2041
20 Sun	1049	4.1	2310	0623	2040
21 Mon	1141	4.3		0624	2040
22 Tue	0003	4.2	1230	0625	2039
23 Wed	0053	4.3	1317	0626	2039
24 Thu	0141	4.3	1403	0627	2038
25 Fri	0228	4.2	1450	0628	2037
26 Sat	0316	4.0	1538	0629	2037
27 Sun	0405	3.9	1628	0631	2036
28 Mon	0457	3.7	1721	0632	2035
29 Tue	0554	3.6	1821	0633	2035
30 Wed	0658	3.5	1925	0634	2034
31 Thu	0806	3.5	2031	0635	2033
February 2019					
1 Fri	0909	3.6	2133	0636	2032
2 Sat	1005	3.7	2225	0637	2031

# Trade/Professional & Services List

Accountants ECE Astute Accounting 420-7835
Accountants UHY Haines Norton 420-7972
Agecare Craigweil House 420-8277
Age Concern Rodney 09-426-0916

Acupuncture Helensville Acupuncture and Herb Clinic 021-1133-665/420-8211 **Architects** Schulze Poursoltan Architects 420-8421 **Beauty Therapy Beauty Elixir** 022-465-0727/420-9775 Birthing Centre Commercial Road, Helensville 420-8747 **Block & Bricklayers** 027-339-9038/420-8380 Garv **Boats & Outboard Mtrs** Mike Stanton 0276-058-225 **Budget Service** Francis 420-7740 **Builder** Joel Mitchell 021-255-5875 **Building Supplies** PlaceMakers 420-9150 **CAB** 420-7162 **Cabins** Rodney - Just Cabins 0800-58-78-22 **Carpet & Upholstery Cleaning** Curtis 027-200-5456 Chiropractor Kaipara Chiropractic Healthcare 420-6224 Clothing Zubu 83 Commercial Rd **Computer Repairs** Michael 021-251-4138/420-9307 Concreters **Brewis Concrete** 021-992-590 **Diggers** Helensville Diggers 021-454-793/420-7023 **Dog Grooming** Christine 420-2706/021-521-303 **Drainage** Helensville Drainage 021-657-276/420-9091 Driver I Drive You - Jan Scott Text 021-0256-3865/420-7283 Early Learning Centre Gumboots 09-411-9038 Electrical Kinetic Electrical 027-420-6545 Engineering **BSC** Engineering 027-277-4150 Engineering Village Engineering 027-203-6870/420-3364 Excavators & Machinery Complete Cartage Ltd 021-117-1570 **Funeral Celebrant** Danielle Smith 021-612-546/420-3341 Gibstopping Shaun Sainty 0274-731-755 **Gift Baskets** Riverside Crafts - Sarah 0800-831-542 Gunsmith John Hall 420-2837 Gvm Forge Fitness - Open 24/7 420-6303 **Horse Cover Repairs** Cova Girls - Angela 0275-316-959 House Wash/Wblasting Washworx Phone Stuart 027-804-9005 Hypnotherapy Janice McMurdo 021-131-7308/420-7858 **Ink and Toner** Huapai Copy and Print 09-412-8882 **Insurance** Rodney Direct Insurance 022-363-2377 Greville Walker 02108-290-768/420-7173

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## Visit one of the top 10 Auckland playgrounds.

- 1. Tui Glen Reserve, Claude Brookes Drive, Henderson
- 2. Otahuhu Recreation Precinct, 30 Mason Avenue, Otahuhu
- 3. Rocket Park, Mt Albert War Memorial Park, 751 New North Road, St Lukes
- 4. Allenby Park, 66 Allenby Road, Papatoetoe
- 5. Snakes and Ladders, 42 Bramley Drive, Farm Cove
- 6. Western Park, Ponsonby Road/Beresford Street, Freemans Bay
- 7. Takapuna Beach Playground, Gould Reserve, The Strand
- 8. Waterview Reserve, 31 Herdman Street, Waterview
- 9. Daldy Street Park, Wynyard Quarter, CBD
- 10. Birkenhead War Memorial Park, Mahara Avenue, Birkenhead

