

# The Helensville Community News

Issue 118 - September 2019

## Kaipara College looks ahead *by Helen Martin*

Recent television and newspaper articles discussing the new high school enrolment scheme beginning on 1 January 2020 reveal that compulsory zoning will shut some out of the opportunity to attend Kaipara College. This will not affect our local Community of Learning Kāhui Ako primary schools - Waitoki, Kaukapakapa, Waioneke, Woodhill, Helensville, Parakai and Waimauku - which remain in the catchment area. But students living in Riverhead, Kumeu and Huapai, who up until now have made up 20% of Kaipara College's Year 9 intake, will have to go elsewhere.

While this is very disappointing for both the families concerned and for Kaipara College, given that the school has had a long-standing relationship with those areas and that the new enrolment scheme restricts the choices available to those not in the zone, in terms of Kaipara College's growing roll it offers more breathing space. As Principal



**Kaipara College Principal Steve McCracken anticipates the value of refurbishing the school.**

Steve McCracken explains, "We had over 250 appeals against the proposed enrolment scheme and it's disappointing we weren't heard, but on the other hand it is a way of the Ministry of Education making sure we control our own growth. At present, with 800 students we're at capacity, and our numbers are set to increase rapidly even without the students who will now be forced to go elsewhere."

The Ministry plan to eventually take the roll to 1350, although at this stage the Board of Trustees thinks the ideal roll for Kaipara College would be 1000 students. Meanwhile, plans are moving ahead for a \$22 million build to include a new technology block with 14 classrooms, two extra science labs and a whare ako which includes a café available to the community. "We're going to have a multimillion-dollar facility," says Principal McCracken. "We're very lucky to have such a beautiful site and what we must do is use it to serve the local community."

## Wahi Taitamariki (Youth space) offered by The SKYouth Trust.

SKYouth Trust of Te Awaroa Helensville has been operating out of the South Kaipara Men's Centre on Awaroa Road and offering a free drop-in space for college-aged youths, every Friday 3.30pm – 6pm during the school term. They are now expanding their opening hours to include Thursdays, inviting year 8 students to come on this day and grow connections before transitioning into college.

So far, the space has proved popular, with local youth enjoying a range of activities like cooking, basketball and boxing alongside just 'hanging out' with music and friends in a safe environment. "Planning and implementing their own ideas as well as opportunities to develop leadership skills are encouraged" says SKYouth Trust representative and Community Youth Worker Jeanette Cummings, who sees her involvement as complementary to the student support work she does for the Helensville Women & Family Centre at Kaipara College.

While the young people are supervised by youth workers, the Trust is interested in

community volunteers who may like to share a skill or cultural experience by registering their interest as a mentor for Wahi Taitamariki. In particular, youth have asked for carving, building and ways to express themselves through art. SKYouth Trust would also like to grow cultural experiences in this space and welcome ideas from our Maori and Pasifika communities. SKYouth express a strong emphasis on creating a safe space, supportive of diversity and with an understanding of youth depression. Information and pathways to connect young people and their whanau to other support in these areas will be available. "Whanau movie nights and a disco are in the planning stages and sub-committees inclusive of youth and community would be a great combination to bring these to fruition", says Jeanette. The SKYouth Trust are hopeful that by 2021 this youth space will be open three days a week with a collective of local volunteers and the opportunity for activities to spill over into the school holiday period. They would also like to thank the South

Kaipara Men's trust for making this space available for them to share. Please feel free to register your interest as a volunteer / mentor by contacting Jeanette at [cummingsjeanette@yahoo.com](mailto:cummingsjeanette@yahoo.com) or visit SKYouth Facebook page.

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All correspondence should be legible and include writer's name and address.

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## Arts in the Ville: something for everyone

by Helen Martin



**Sculptor Jacky Pieper will be working alongside other artists in the War Memorial Hall.**

With more than 60 artists in over 25 venues, Labour Weekend's Arts in the Ville promises to be action packed. The Hat Walk, which was hugely popular last year, will be held in the War Memorial all at 4.30pm on Sunday 27 October and, on behalf of the Arts Centre, Jeff Thomson's visual treasure hunt will be again be on all weekend, this time with a musical theme.

Among the artists showing in their home studios will be Joanne Sullivan, whose work is widely known through her bronze sculptures Phar Lap and Sir John Walker. As well as making a range of bronze works, Joanne also creates beautiful glass pieces. On the Sunday of Arts in the Ville she will open her new studio, giving visitors the opportunity to learn about her practice as a sculptor and to see progress on her latest work, a seven-foot bronze sculpture of Papatuanuku, commissioned by Kotuku Wellness Retreat, Mangawhai.

While some artists will be in their studios, others, like Jacky Pieper, will demonstrate their work in the War Memorial Hall. Jacky, who has a background as an engineer and graphic artist, and who for some time had a shop in Helensville where she sold jewellery and clothing of her own make and design, studied sculpting in France last year under Martine Vaugel and is now making busts and figurines. She is currently working towards an exhibition and is happy to take commissions.



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SQUAD ATHLETES 10 - 14 years.



## What's happening this month



**Friday, 6 September, Helensville Aglow** 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop). Guest speaker will be Len Buttner from Eagle Ascend Ministries. All welcome. Contact yvonne@hello.net.nz for more information

**Wednesday, 11 September, Free Cervical Smear Clinic**, 10am – 3pm at Te Ha Oranga, 65 Commercial Road, Helensville. For bookings phone 420 8523 or to find out if you are due email mtaiatini@wons.org.nz or txt/phone 021 1246 780.

**Sunday, 15 September. Helping Professionals Creative Arts Therapy Workshop**, Are you someone who works or volunteers in the helping professions? If so, this workshop is for you. In this self-care workshop we will bring together the wisdom of positive psychology and creative practice to explore the PREMA Model of Wellbeing. More online.

**Sunday, 15 September, Kaukapakapa Village Market**, Kaukapakapa Hall, 8.30am-1pm, Held on the 3rd Sunday of every month all year round. With its friendly people, great atmosphere and a wide selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Enjoy a freshly made coffee while you check out the stalls or sit and relax with something tasty from the market cafe while you take in the entertaining atmosphere and live music. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. Live music from Foster on the tenor sax, Free Face painting, Kids craft Table from 10am to 12pm. For more information, stall-holder, busker and music enquiries contact Sarah: Phone - 0274 831542 or Email - sarah1@maxnet.co.nz. Eftpos cash out available.

**Sunday, 15 September, Whakanuia Te Wiki O Te Reo - Maori Celebrate Maori language week** 10am to 1pm Kia Ora, the Kaukapakapa Library presents Korero Paki - Maori Myths, Legends and Short Stories. Come along to the Kaukapakapa Village Market on Sunday 15th September and join us in the little library. Bring your tamariki to listen to stories in te reo Maori, colour a bookmark while you listen and go in the draw to win your own books. See you there! For more info contact Megan 021 959017 or threehorses@xtra.co.nz

**Friday, 20 September, Kaipara College Parents v Students Quiz Night**, 7pm, Kaipara College, It's a battle of the generations in the second annual Kaipara College Student v Parents Quiz Night. \$10 per adult, \$5 per student. Maximum eight people per table. Prize for best dressed table. BYO refreshments. To book a table, email ptsa@kaipara.school.nz

**Friday, 27 September, Community Candlelight night**, from 4pm onwards in the courtyard outside the Kaipara RSA. Coming together in a public space shows our young people and whanau that they are not alone. The simple act of being there, lighting a candle and allowing a space for stories and memories to be shared is Te Awaroa Helensville's small offering of comfort to those who would like to remember someone together. Tea light candles and light refreshments are provided, along with information about living with grief and loss. For further information please phone Jeanette on 0275160457

**Saturday, 28 September, Operation Spring clean Roadside Cleanup**, 10am – 12noon, South Head Road and Shelly Beach Road Cleanup. Followed by a BBQ at Waioneke School, Can you help as a team leader or be part of a team? Please contact Helen Frampton 420 2628

**Saturday, 28 September, Women's Street Smart Self Defence Workshop** 10am – 4.30pm at Helensville Primary School, Garfield Road, Helensville. Age Restriction 13 & over, for more information contact Charlie 027 368 9245, info@selfdefencecourses.co.nz

**Sunday, 29 September, Daylight Saving** (Clocks go forward one hour)

**Monday 14 October, Term 4 Begins**

**Friday, 4 October, Helensville Aglow** 7.30pm at the Helensville Community Church, 40 Mill Rd, Helensville (behind the Hospice Shop). Guest speaker will be Ali Leasusu from Superfire Ministries. All welcome. Contact Bridget at bibsundgren@outlook.com for more information.

**Saturday, 12 October, Waitoki Village Market Day**,

Come and meet her and other locals at the next Waitoki Market, chat, catch up with neighbours, find out what is going on in your community, get involved in a friendly, relaxed atmosphere, have a massage and pick up baked goods, plants, essential oils, locally crafted gifts, homemade and preloved bargains, Bric a Brac, preserves, and more at the. Support your community; proceeds from the Market go back to our local community. New stall holders welcome, contact Gill 420 3301 or email waitokihall@gmail.com, Next market 14 December, 8 February, 11 April

**Saturday, 26 to Monday 28 October 2019, 5th Annual Arts in the Ville**

**Sunday, 24 November, Generation Homes, Shine n D'Ville**, at the Helensville Museum, 98 Mill Road, Helensville. Gates open at 9.30, Judging starts at 11.00, Prize giving at 1pm Classic Cars, Hot-rods, etc. Proceeds go to the Helensville Museum. \$5 per car & driver Gold coin entry for spectators. Prizes / trophies

### *Pet Blessing, Come along to celebrate our Awesome Pets.*

**DATE:** Sunday, 5th October 2019

**TIME:** 9.30am

**VENUE:** St Matthews Church

(60 Garfield Road, Helensville)

All pets will have the opportunity to receive a Blessing from our Minister. Pets must be brought in carriers or on leashes or leads. Service is Rain or Shine. Donations on the day of pet food and money will be given to Gutter Kitties and the Saving Hope Foundation.

**Kaipara College 60<sup>th</sup> year REUNION**  
Thursday 24 to Sunday 27 October 2019

For more information or to register go to:  
<https://www.kaipara.school.nz/about-us/kaipara-college-alumni>

*For Regular Events see page 15*

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## Focus on ...

### Forge Fitness



**Trainer Saxon Flowers and gym members.**

Celebrating the fact that refurbishment is completed, in September Forge Fitness is running a \$30 for 30 days promotion to attract new members.

Personal trainers Saxon Flowers and Zane Kuha-Heaps, both born and raised in Helensville, are now fitness professionals, having completed their Levels 3 and 4 personal training qualifications at Les Mills Gym through Fit Futures NZ. The practical and theoretical training included writing programmes and

learning to identify injuries. Saxon says he likes fitness because he likes the idea of longevity and wants to help others function to the best of their ability. Zane likes motivating people, helping them work harder.

"We're now a fully functioning, high calibre gym and we want to include as many people as possible on our fitness journey," says Richard Price, the gym owner. "We're encouraging anyone not already a member to join up and see what a difference it makes to their lives."

## Helensville Museum Special General Meeting

by Helen Martin



**These museum archives record information on our local taonga.**

Members of the Helensville Museum and others interested in the future of our local taonga are warmly invited to a special general meeting to be held on Saturday 7 September at 1.30pm in the Museum Courthouse.

Incoming President Leigh Bosch will give an update on recent changes in the organisation, including the resignation of former President John Smith and others. There will be a full and frank discussion, with members invited to express any concerns and ask any questions they may have. A vote of confidence in the new committee will be sought.

The statement for the financial year 2018 – 2019 and the new Constitution, documents not available at the August AGM, will be presented for membership approval. There will also be a report on progress with the urgent pest eradication programme. To support this work donations can still be made to the givealittle page <https://givealittle.co.nz/cause/help-save-helensville-museum>

The committee are keen to involve the community in up-and-coming changes. Why not go to the meeting, meet the committee and see what they're planning?



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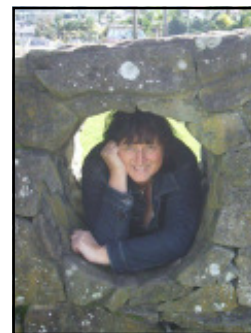
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## MOTV8N to succeed

Winter is well and truly here. It can be a time when we can become unmotivated with cold and wet weather. It can also be a time where we can look ahead and think about what we would like to be doing this summer. What could you be doing right now towards a summer goal? What small thing could you put in place today or this week? Is there some resource that you need that you could look into getting hold of? Is there someone you know that might have some knowledge or be able to help you around your goal? Is there some information you could get online? Maybe the library can help you with some information. Sometimes goals and dreams can be so big that we don't even try as the road ahead looks so big, but what if you took a small step today. Small steps lead to big steps and if you chip away at something all of a sudden your progress can be massive. So I encourage you to think about what it is you might like to be doing this summer.



**Kim McNamara**

I have teamed up with the Dream Guards in Australia. Donna Leigh and Michael are motivational speakers that travel the world teaching resilience to children helping them to learn better strategies to manage bullies and teaching children to overcome adversity. Their work is world-renowned and also focuses around helping children and youth with the hope of helping those who are feeling suicidal to believe they have options.

### Would you like to be part of creating a world record?

Most of us will believe in the power of gratitude. The Dream Guards and support teams are working towards creating a World record with the Global Gratitude chain. If you would like to be a part of this world record let me know. Check out the facebook page <https://www.facebook.com/theglobalgratitudechain>. I will be out and about in the community to help out and even have paper on me if you would like to be a link. The gratitude message is written on a piece of paper that is 6cm x 21cm. These pieces of paper with gratitude messages become laminated and linked together. If you see me around, I will have paper on me. Together lets make a world record, together lets get some links happening.

A group of us attended the Le Va Life Keepers workshop in Helensville which is a workshop around suicide prevention. A subject we may not want to talk about but it in some degree has affected us all. You too can attend these workshops which come to our area. If you are wanting more details please feel free to email me or google Le Va Life Keepers. You can attend courses in person or you can do an email course. These workshops are backed by Ministry of Health.

### Take care

**Kim McNamara**

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# From Penk's Pen

I've previously commented here how much I enjoy representing this community locally but my role also includes considering such controversial issues as euthanasia, abortion and recreational drugs. It's unprecedented that a single Parliamentary term features so many tough issues. It's certainly a baptism of fire for me personally.

These matters are almost invariably "conscience votes" in Parliament, meaning that each MP makes his or her own decision free from a party position. My responsibility is to represent the whole electorate – blue or red, rich or poor, conservative or liberal, weak or strong – and I take that very seriously.

First, I acknowledge openly that, like everyone, I have a philosophical starting-point for considering these matters. In the case of recreational drugs, it's the danger of addiction for young minds. In the case of euthanasia, it's a fear of coercion for our neglected elderly. In the case of abortion, it's balancing the right of a woman to protect her own health and that of her unborn being (a "foetus" or a "baby", as you wish) developing continuously towards birth.

I've been upfront about these issues whenever asked, from the 2017 election campaign onwards, but I also welcome constituents' views, as these can challenge or confirm. I can't ultimately satisfy everyone's wishes – as any given vote will please some and displease others – but I can and do take all viewpoints seriously.

As with any human endeavour, consultation is not a perfect process and I'm particularly wary of binary questions about complex issues. For example, polling ostensibly on the End of Life Choice Bill cannot be considered reliable when catch-all euphemisms such as "assisted dying" are used, given this can variously mean palliative care, standard pain relief or (as the Bill seeks to introduce) euthanasia and assisted suicide practices.

I remain happy to meet with any constituent to discuss any issue so please keep the contact coming!

## Chris Penk MP for Helensville

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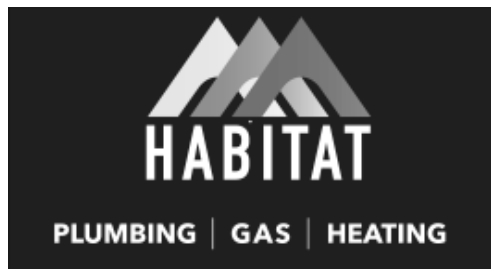
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# **Kaipara College reunion update**

While our local high school was designated 'Kaipara College' in 1959, high school education began there in 1924 under the name Helensville District High School. So, while the name was eventually changed, the first, and most important, thing to say at this stage of Kaipara College's 60th reunion planning, says Deputy Principal and reunion organiser Nick Roberts, is that the institution itself is actually 95 years old this year and that everyone with a historical connection to the school is urged to come to the Labour Weekend event. We know that quite a few relationships that started at the school have produced the next generation of locals, and it'd be great if they all turn up to catch up with old friends and teachers.

Acknowledging that people of all ages will be keen to take part, the organisers have planned a range of activities to suit all tastes and all generations – tours of the district, school tours, photographic displays, a golf tournament, a high tea, a black tie dinner, an informal dinner and dance and plenty of sports and cultural events. One game in the planning – and this one depends on enough people wanting to join in – requires people from three generations of a family to form teams and strut their stuff in an intergenerational quiz. Are you game?

To date over 700 people have registered, but it's not too late to sign up on [www.kaipara.school.nz/kaipara-college-alumni](http://www.kaipara.school.nz/kaipara-college-alumni)



**Kaipara College 1990. There's nothing like looking at old photos at a school reunion. Are you here?**

## **South Kaipara U3A**

We have been going for four months now and enthusiasm is still high for the South Kaipara U3A. New members are very welcome.

Our monthly meeting is well attended and interest groups are being established. These are held at a variety of times and venues. They include a Book Club at 2pm on the third Monday of the month; Arts and Crafts on the second Tuesday of the month at 10am; Mah Jong each Wednesday and a Philosophy Group on the second Thursday of the month at 7pm. New groups planned include Singing, Wine Studies, History and more.

Our next general meeting will be hosted by the Helensville Library, where staff will help U3A members with using technology for downloading materials onto laptops, smart phones, tablets and Apples.

Anyone can join at the general meeting on the first Tuesday of the month at 10am. For information call or email Tony Morrison (0274486436; [kiwimorrison@gmail.com](mailto:kiwimorrison@gmail.com)); Jan McMurdo (0211317308; [hypno.eft@xtra.co.nz](mailto:hypno.eft@xtra.co.nz)) or Claire Couch ([clairecouch@yahoo.co.nz](mailto:clairecouch@yahoo.co.nz)).



# Matariki Community Health Workshops

by Helen Martin

Three workshops aimed at breaking down barriers between Māori and Western health systems, initiated by Dr Tomos Longworth from Kaipara Medical Centre, were a huge success, thanks to the collaborative efforts of many people and community organisations.



The events were designed to encourage the community to access primary health care services in a timely manner, to introduce whanau and the wider community to mainstream health providers in the area sympathetic to the continued use of traditional Maori healing practices and to reconnect whanau to those practices. Held on three Tuesday evenings in July and August in the Helensville War Memorial Hall, the well-attended workshops included enlightening panel discussions with local registered health experts, question and answer sessions and Rongoa Māori (Māori medicine) presentations.

The workshops were held in a spirit of positivity and fun. Sessions began with the gift of a goody bag to each person attending and a stirring welcome from Kaipara College Kapa Haka Ngā Taniwha o Kaipara. There was great interest taken in the kaupapa and attendees were impressed by the quality of the presentations. Added to that was some excellent kai, comprehensive Library displays, an all-in line-dance led by Levia Aukimo-uruamo's local group and even some pelvic floor exercises, performed with much hilarity, the concept of which was a revelation to many present.

Valuable input was provided by Māori Health Services, Te Ha Oranga, Helensville Pharmacy, Ngā Taniwha o Kaipara, Te Runanga o Ngāti Whatua, Ora New Zealand, Physio Flex and Kaipara College. Respected Rongoa Māori practitioner Donna Kerridge and Dr Longworth provided strong guidance throughout, focusing on the idea that the old can work alongside the new in ways that are complementary and productive, while Helensville Library, led by Sally and Anne, did a brilliant job co-ordinating the whole event and undertaking many of the hands-on jobs.

Koha collected over the three weeks resulted in a donation of \$1,050 to Kaipara College Kapa Haka Ngā Taniwha o Kaipara.

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## RODNEY LOCAL BOARD



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Independent

- **Respect**
- **Responsibility**
- **Results**

**0274 509 864**

**FB: Steven Law Rodney Local Board Candidate**



## Helensville Art Centre

September is a chance for Art Kaipara Members to show off their skills, from 2-year-old Bodhi Scott, now 3, brothers Tasman and Eli to people in their 80's. The brothers are pictured in last Decembers annual Kid's Art Show.

### Making Music

Create a Music inspired work of Art and exhibit in October's 'Making Music' Exhibition in the Helensville Art Centre. \$5 exhibitors fee, 25% commission on sales. Any media, anything with a music related theme. Works to arrive Saturday September 28th 10-2 or Tuesday October 1st 10-4.30 Exhibition opens Friday 5th 6-8pm and runs until October 28th. This will tie in with the annual Music Therapy Week and be the exhibition during Helensville's 'Arts in the 'Ville'. More info? Contact Heather 021 1533 593 [manager@artcentrehelensville.org.nz](mailto:manager@artcentrehelensville.org.nz)

**3-day film making workshop** with international short film-maker Hank Snell. Learn how to use a camera, record sound, create a script, edit, act and generally all the skills needed to create a short film. Suitable for 9-16 year olds. Wednesday-Friday October 9th-11th. Through Creative Communities subsidy the cost is just \$110. Booking essential, pop in with cash or call or email Pauline 021 158 6859 [coordinator@artcentrehelensville.org.nz](mailto:coordinator@artcentrehelensville.org.nz) To view the movie from the last 3-day workshop and see what a giant Elmo got up to; You tube link [https://drive.google.com/open?id=1T10DKevy6ZJ63BB\\_cuLA2rvbTxrwdVnv](https://drive.google.com/open?id=1T10DKevy6ZJ63BB_cuLA2rvbTxrwdVnv)

Or pop in a view a series from our "movie in a Day" workshops. Basement of War memorial hall, 49 Commercial Road, open Tuesday-Friday 10-4.30, Saturday 10-2

Featured on photo Movie Maker Hank Snell, Hoani Glover, Isabel Magando, Sienna Duimel, Charlotte Neal, Finn Malizia, Finlay Tanner & Elmo

## Steven Law – Independent

A vote for me as your Rodney Local Board member will ensure that decisions made reflect the community's wishes and local priorities are not lost within the region or super city. No targeted rates, no expenditure wastage and road maintenance are key issues.

I have the knowledge, skills, experience, enthusiasm and time to competently serve the community.

My family has lived and farmed in Rodney for decades. I'm Rodney born and bred. I live in Helensville.

26 years on 3 school boards, 7 as chairperson, have me well versed in the governance role, perfect to serve on the Rodney Local Board.

Hockey is my passion. I am a local, national and international umpire.

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\* Respect \* Responsibility \* Results

Ph: 027450 9864 Facebook: Steven Law Rodney Local Board Candidate



# Habitat for Humanity 2020



With the tagline 'bringing people together to build homes, communities and hope', Habitat for Humanity is a global project which every 24 hours completes 115 homes around the world, some newly built, some repaired. In 2017 team

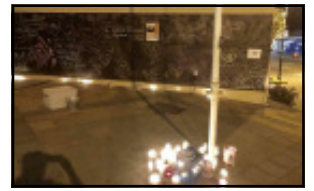
leader Alex van Dam and Kaipara College student Qunique Tarawa took part in a successful Habitat for Humanity project in Thailand, where they helped build a house for a family in Rayong.

Alex, who is a community youth worker for SKYouth, is now seeking support for a Habitat for Humanity's annual youth build, which is taking place in Nadi Fiji in 2020. A team of at least 15 people is being recruited and currently three local youth have signed up. "It's open to all people in New Zealand, so if anyone has friends or family in the wider area who are interested in the build they should get in touch," says Alex. "We will be fundraising soon, and we would like to ask for donations of any goods for raffles and auctions."

Cost is approximately \$2,300 (plus airfares). To register your interest or find out more contact Alex on 021 029 38002, alex\_highmaintenance@hotmail.com

# Community Candlelight night

On Friday September 27, from 4pm onwards, the community is invited to spend time with others remembering those who have passed away. The venue is the courtyard outside the Kaipara RSA.



This is our fifth year running this relaxed family friendly community event and we would like to extend a special welcome to local families who have sadly experienced the death of a loved one this year.

The Community Candlelight night is a time and space to gather where everyone is welcome. People are invited to come and go as they please, light a candle and write on the memory wall acknowledging a lost loved one.

We especially reflect on our young people who may be experiencing the overwhelming challenges of grief for the first time, or even the reality that the effects of grief continue long after the initial realisation and responses.

Coming together in a public space shows our young people and whanau that they are not alone. The simple act of being there, lighting a candle and allowing a space for stories and memories to be shared is Te Awaroa Helensville's small offering of comfort to those who would like to remember someone together.

Tea light candles and light refreshments are provided, along with information about living with grief and loss.

For further information please phone Jeanette on 0275160457

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# June Cowper

**5 April 1932 – 22 June 2019**

June Beryl Pamela O'Keeffe was born on 5th April 1932 in the Puriri St Helensville family home where her mother was also born. She was the eldest child of James O'Keeffe from Kaero and Riwia Rita Paenganui Aperahama from Helensville.



June grew up in Helensville with her siblings and cousins on her mother's side, spending time with her aunties and cousins in Helensville, Reweti, Henderson and Auckland City. After her father passed away when June was only five, she would occasionally visit her paternal family in Kaero. In later years she rekindled her friendship with her Kaero cousin Rahera Rogers, who became her constant companion in her later years. June's bond with her cousins remained throughout her life.

June did all her schooling at Helensville Primary and Helensville District High School. She played basketball, now known as netball, for the high school team and remained lifelong friends with a lot of the team and girls she went to school with, including Lois Pavish, Moira Fraser, Nancy Smith, Barbara Booler and Norma McCathie.

June's first work experience was with the NZ Railways in the cafeteria in Helensville. She talked about how busy it was when the train came in and how passengers used to leave their teacups and saucers on the platform. She also worked at Hinemoa House, the largest boarding house in Parakai, before getting a job at Spic and Span Drycleaners in Helensville.

June married Edward (Ned) Cowper on 25th October 1952. She had an instant family as stepmother to Don and Keith, whose mother had previously passed away. June and Ned went on to have four children together, Michael, Linda, Maryanne who died when she was two, and Donna.

Once Donna turned five and started school, June was offered a job at the Helensville Exchange. She worked there for 23 years until the manual exchange went onto the automatic circuit, ending an era of personal service in Helensville. The staff at the exchange became her second family, and it was from there that June became best friends with her Supervisor, Dot Collins. In retirement June and Dot were often seen together around Helensville, more often

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than not at the pokies in the KT.

June supported Ned in the many organisations he belonged to and she spoke fondly of the Helensville Volunteer Fire Brigade and their social gatherings. She was always willing to help at any functions for the Helensville Bowling Club.

June kept herself fit as she aged. She walked everywhere, partly because she didn't have a driver's licence. She loved to walk and joined the Helensville walking club. She was a member of the Women's Section of the RSA and enjoyed the bus trips they did together. She was a Member of CMA Helensville and the Country Women's Association. She also supported Te Ha Oranga and loved attending the Kuia and Kaumatua hui. She volunteered at Hospice when it first opened in Helensville, working there for several years.

June could put her hand to anything – sewing clothes for her family and making preserves, jams and chutneys. She always had home baking in the tins, as did most women of that era.

June adored her many mokopuna. When she could no longer get out and about, they made the time to visit their Nana, coming from overseas, up north and down south. As her health deteriorated and June spent more time in bed, her Helensville grandchildren and their partners played a major part in keeping her entertained. They would often jump into bed with Nana to update her about their lives. They always made sure their children had the same loving relationship as they did with Nana June. It was these visits by the little ones that Nana June looked forward to the most and were a constant source of joy for her in her final months.

June became a great great grandmother in April this year and got to meet her great great granddaughter a few weeks before she passed away.

Whanau was a big part of June's life, so naturally it was we, her whanau, who lovingly cared for her at home in her final months. We take this opportunity to thank all those who supported us, especially for the love, visits, friendship and care given to our Mum. Our wider whanau, friends, Dr Trihn Wright, Hospice Auckland, District Nurses, Te Ha Oranga, Kaipara Medical Helensville Pharmacy, and Mum's Geneva Healthcare home based support carers Eileen and Rangi. And to everyone for your support and messages of condolence after Mum's passing – koha, flowers, cards, phone calls and visits. We thank you from the bottom of our hearts.

## Operation Spring Clean Roadside Cleanup

**South Head Road & Shelly Beach Rd**



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28th September**

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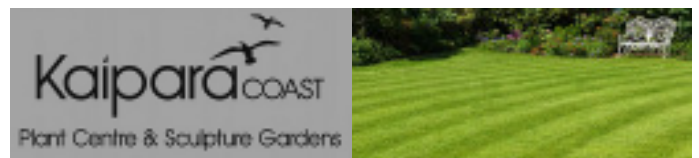
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Contact the Kaipara Memorial RSA on 094208888 or Email [KaiparaRSA@xtra.co.nz](mailto:KaiparaRSA@xtra.co.nz)



## Lawns Workshop

**Sunday 29th September (9.30am to 11.30am)**

With the warmer weather just around the corner that grass is going to start growing again! This is therefore a timely opportunity to learn how to make the most of your lawn, the focal point of most gardens, from an expert.



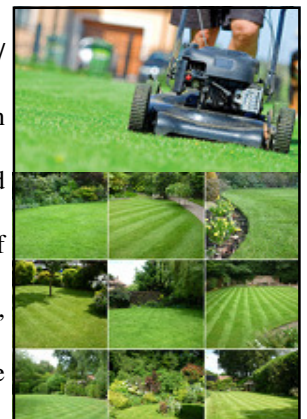
Ian Kent from Total Turf Services will be presenting this workshop.

Ian's involvement in the turf industry extends across 40 years and includes in depth experience with turf consulting for sports fields, cricket wickets plus turf maintenance of numerous high profile properties throughout the greater

Auckland area.

During this 2 hour interactive presentation he will be covering topics including:

- Types of grass and their features/properties/best applications
- Different kinds of lawn installation methods
- Ground preparation, sowing and nurturing
- Prevention and combating of weed/moss infestation
- General lawn care (fertilising, mowing etc.)
- Lawn care machinery appropriate to different environments



These events are popular and spaces are limited so booking is recommended (see below for booking details).

Afterwards you will also be able to stroll around the beautiful 1Km nature trail which has over 40 marvellous new sculptures created for our 2019 exhibition by local and international artists on display.\*

We also have our cute little coffee shop on site plus of course the Plant Centre for you to browse through.

Our knowledgeable and friendly staff will also be on hand to help with any garden related questions.

\* Trail not suitable for wheelchairs or walking frames.

**Venue location: 1481 Kaipara Coast Highway (SH16),**  
**Tickets: \$20 per person,**  
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# St John and the Local Community saving lives.

The Helensville Area Committee of St John are partnering with local service organisations to install publicly available *Automated External Defibrillators* (AED's) in easily accessible locations, around our area. This is the first stage of a roll out of more units from Kumeu to Glorit and South Head.



**Area Committee Treasurer John Issott thanks RSA President Les Coste for allowing St John to install the first AED outside the RSA.**

A check on the AED **Locations App** (which EVERYONE should have on their phone!), will show a reasonable number of such machines in our area. However most of them are held inside and are therefore only available, whilst the premises are open. The Area Committee recognised this, so are working to have more located on outside walls.

St John have installed the first one, alongside the main doors of the Helensville RSA, in the middle of Commercial Road.

The RSA supports the local community with lots of use of their facilities by their members and the public: for events, fund raising for local schools, kindergartens and the Local Volunteer Fire and Emergency crews. Everyone is welcome and with *Millies* restaurant, within the premises, it's a great place to have a meal and a drink.

The RSA have 1st aiders on their committee but the AED is independent and available 24/7. There are full instructions on the outside of the cover but the most important thing is to ring **111**. The St John communications staff will help you unlock the alarmed cover. The AED itself speaks all necessary actions, so it is simple to operate.

The RSA have thanked St John for their initiative and hope that one day it helps to save the life of a friend or family member.

The Lions Club of Helensville have also purchased an AED from St John, for installation at the tennis Club at Rautawhiri Park. South Kaipara Rotary are also looking to assist with this roll out.

Helensville St John Area Committee would like to talk to any organisations or businesses, in the area, that would be willing to have an AED attached to the outside wall of their premises, so it is available all the time. Now there are a couple in Helensville centre, they are looking further afield. Ideally it should be located on a South facing wall and have a canopy or similar cover. The units and their own covers are very robust but direct sunlight will eventually require their replacement. The chest pads and special battery packs are replaced periodically. Please call or email the Op-Shop, if you would like to help: 09 420 9272 [helensville.opshop@stjohn.org.nz](mailto:helensville.opshop@stjohn.org.nz).

Our St John Youth divisions are always keen to demonstrate how to do CPR and talk about using an AED. Again ask via the Op-Shop.

The St John Area Committee is grateful to the people of Helensville and South Kaipara for supporting our Op-Shop and the great team who work there, so that we have the funds available to improve your health and wellbeing.



## Regular Events

60 Plus

Al-Anon Family Groups

Circle of Friends

Combustion Youth

Community Dinner

Diabetics & Arthritis Group

Helensville Aglow

Helensville Healing Rooms

Helensville Lions Club

Helensville River Valley

Country Music Club

Iconz 4 Girls 8-13yrs

Kumeu Friendship Club

Noah's Ark Playgroup

Peggy squares knitting group

SeniorNet Kumeu Inc

South Kaipara Rotary

Te Awaroa Residents & Ratepayers Assoc (TARRA)

U3A

For full detail of these regular events please visit our website: [www.helensvillecommunitynews.co.nz](http://www.helensvillecommunitynews.co.nz)

SHELLY BEACH TIDE CHART					
Date	High Water Shelly Beach			Sun Rise	Sun Set
September					
1 Sun	1157	4.4	-	6.43	1800
2 Mon	0017	4.5	1242	0641	1801
3 Tue	0101	4.4	1326	0640	1802
4 Wed	0145	4.2	1411	0638	1803
5 Thu	0231	4.0	1458	0637	1803
6 Fri	0321	3.7	1552	0635	1804
7 Sat	0419	3.5	1656	0634	1805
8 Sun	0528	3.4	1809	0632	1806
9 Mon	0642	3.3	1919	0631	1807
10 Tue	0749	3.4	2018	0629	1807
11 Wed	0845	3.5	2108	0628	1808
12 Thu	0932	3.7	2150	0626	1809
13 Fri	1012	3.8	2227	0628	1810
14 Sat	1048	3.9	2300	0623	1811
15 Sun	1121	4.0	2331	0622	1811
16 Mon	1152	4.0	-	0620	1812
17 Tue	0002	4.1	1223	0619	1813
18 Wed	0034	4.0	1256	0617	1814
19 Thu	0108	3.9	1331	0616	1815
20 Fri	0145	3.8	1409	0614	1815
21 Sat	0228	3.6	1455	0613	1816
22 Sun	0318	3.5	1551	0611	1817
23 Mon	0420	3.4	1701	0610	1818
24 Tue	0535	3.4	1821	0608	1819
25 Wed	0656	3.5	1936	0607	1819
26 Thu	0809	3.8	2039	0605	1820
27 Fri	0909	4.0	2134	0604	1821
28 Sat	1002	4.3	2223	0602	1822
29* Sun	1150	4.4	-	0701	1923
30 Mon	0009	4.5	1235	0659	1924
* Daylight Saving					
October					
1 Tue	0053	4.5	1318	0658	1924
2 Wed	0136	4.3	1400	0656	1925
3 Thu	0218	4.1	1442	0655	1926
4 Fri	0301	3.9	1527	0653	1927
5 Sat	0348	3.6	1617	0652	1928
6 Sun	0443	3.4	1720	0650	1929
7 Mon	0556	3.2	1836	0649	1930
8 Tue	0714	3.2	1948	1647	1930

# Trade/Professional & Services List

<b>Accountants</b>	ECE Astute Accounting	420-7835
<b>Accountants</b>	UHY Haines Norton	420-7972
<b>Agecare</b>	Craigweil House	420-8277
<b>Age Concern Rodney</b>		09-426-0916
<b>Acupuncture</b>		
	Helensville Acupuncture and Herb Clinic	021-1133-665/420-8211
<b>Art</b>	www.patikistudio Mei Hill	021-037-9499
<b>Beauty Therapy</b>	Beauty Elixir	022-465-0727/420-9775
<b>Birthing Centre</b>	Commercial Road, Helensville	420-8747
<b>Block &amp; Bricklayers</b>	Gary	027-339-9038/420-8380
<b>Boats &amp; Outboard Mtrs</b>	Mike Stanton	0276-058-225
<b>Budget Service</b>	Francis	420-7740
<b>Builder</b>	Joel Mitchell	021-255-5875
<b>Building Supplies</b>	PlaceMakers	420-9150
<b>CAB</b>		420-7162
<b>Cabins</b>	Rodney - Just Cabins	0800-58-78-22
<b>Candidate</b>	Steven Law - Independent	0274-509-864
<b>Chiropractor</b>	Kaipara Chiropractic Healthcare	420-6224
<b>Computer Repairs</b>	Michael	021-251-4138/420-9307
<b>Concreters</b>	Brewis Concrete	021-992-590
<b>Diggers</b>	Helensville Diggers	021-454-793/420-7023
<b>Dog Grooming</b>	Christine	420-2706/021-521-303
<b>Drainage</b>	Helensville Drainage	021-657-276/420-9091
<b>Driver</b>	I Drive You - Jan Scott	Text 021-0256-3865/420-7283
<b>Early Learning Centre</b>	Active Explorers	09-222-3277
<b>Early Learning Centre</b>	Gumboots	09-411-9038
	The Homestead Early Learning Centre	420-9810
<b>Electrical</b>	Kinetic Electrical	027-420-6545
<b>Engineering</b>	BSC Engineering	027-277-4150
<b>Gasfitting</b>		
	Habitat Plumbing Heating Gas	027-HEAT-NOW/027-4328-669
<b>Gift Baskets</b>	Riverside Crafts - Sarah	0800-831-542
<b>Gifts &amp; Clothing</b>	Eleventh Hour - 83 Commercial Road	
<b>Gunsmith</b>	John Hall	420-2837
<b>Gym</b>	Forge Fitness - Open 24/7	420-6303
<b>Horse Cover Repairs</b>	Cova Girls - Angela	0275-316-959
<b>Hypnotherapy</b>	Janice McMurdo	021-131-7308/420-7858

<b>Ink and Toner</b>	Huapai Copy and Print	09-412-8882
<b>Insurance</b>	Rodney District Insurance	022-363-2377
<b>JP's</b>	Greville Walker	02108-290-768/420-7173
<b>Landscaping</b>	Vision Landscapes	0274-817-478/420-8738
<b>Laundromat</b>	Helensville Laundromat	420-6050
<b>Lions Club of Helensville</b>	Pauline	420-6208, Chris 420-8527
<b>Markets</b>	Kaukapakapa Village Market	0274-831-542
<b>Markets</b>	Waitoki Village Market	Gill 420-3301
<b>Mechanical Repairs</b>	Helensville Mechanical Services	420-8177
<b>Mechanical Repairs</b>	McLeod Motors	420-8633
<b>Motorcycle Repairs</b>	Helensville Motorcycle Services	420-7754
<b>Mower Repairs &amp; Sales</b>	Lifestyle Mowing Machinery	0274-955-948
<b>MP-Elect</b>	Chris Penk	021-0230-6106
<b>Osteopath</b>	Osteopathic Natural Health	420-7867
<b>Painters</b>	Robert Wright & Company	027-374-1105
<b>Painters</b>	Stroke of Genius - Keri	021-701-061
<b>Panel Beater</b>	Helensville Automotive	420-6050
<b>Pet Food</b>	Te Pua Garden Place - Avon Aspdon	420-8383
<b>Picture Framing</b>	The Picture Framing Company	0800-372-633
<b>Plant Centre</b>	Kaipara Coast Plant Centre	420-5655
<b>Plumbers</b>	KPL Ltd	420-9108
<b>Pumps</b>	Mid West Pumps	420-7694
<b>Real Estate</b>	B&T - Doug & Kerry King	420-6090
<b>Real Estate</b>	B&T - Rene Vos	027-275-4321
<b>Real Estate</b>	B&T - Eveline Vos	021-353-009
<b>Real Estate</b>	Burmester REALTY	027-467-0175
<b>Real Estate</b>	Prestige - Jana Mills	021-509-990/420-9953
<b>Reiki Healers</b>	The Healing Heart of Helensville	420-9098
<b>Shower Installation</b>		
	Guaranteed Shower Installations Ltd	0800-466-5327/420-8777
<b>Storage</b>	JS Storage Helensville	420-9991
<b>Takeaways</b>	Kaipara Fresh Fish & Takeaway	420-7190
<b>Takeaways</b>	Shark n Tatties	420-5062
<b>Typesetting/Photocopying</b>	Huapai Copy & Print	09-412-8882
<b>Tyre Specialists</b>	Bridgestone Helensville	420-7385
<b>Venue Hire</b>	Kaipara Memorial RSA	420-8888
<b>Windscreen Repairs</b>	Bullseye Windscreen Repairs	027-605-4630
<b>Your Local Business Book</b>	yourlocalbusinessbook@gmail.com	

## Christmas Parade lacks funding to survive

Helensville's Christmas Parade has long struggled to source adequate funding.

Auckland Council, whilst very positive towards the event, has significantly reduced funding to \$2,000 annually over recent years.

North West Country (Business Association) provides \$2,500.

With the event budget at over \$8,000, there is obviously a significant shortfall. Helensville Lions met much of that for a few years, but last year advised at short notice that they were unable to continue to do so. The Anglican Methodist Church helped with \$1,000, but I personally picked up the balance.

This is not appropriate on going. It has been suggested that individuals/businesses may choose to fund specific budget items, as detailed below:

Traffic Management \$3,335, Road Closure Notices \$275, Santa's Lollies \$552, Pipe Band \$450, Portaloos \$299, Bouncy castle \$255, Face Painting \$170, Printing \$400, Printing Colouring Competition \$400, Flyers – print, deliver \$350, Sound System \$200, Entertainment \$1,000, Sundry expenses \$150, **Event total \$8,336**  
*Please contact me if you wish to contribute. Holly Southernwood 021488427 hollyinvest@xtra.co.nz*

## Santa needs help



Our much-admired Santa's sleigh was constructed integrally fitted to a trailer. The trailer came to the end of its life at the 2017 parade. We need some ideas and skills, plus funds, to recreate the overall sleigh. There are numerous photos of it at its best. The actual sleigh is currently dismantled into flat pack format. Storage is also needed.

## No Christmas concert for 2019

Due to changes at the Helensville Museum, there can be no after parade event this year.

It is too late to change anything around the parade this year, but with the parade designed to attract focus to the museum, the whole event will be reviewed for next year.

For those who might like a return to the parade doubling back through the town centre, please note that would mean a return to all parking being coned off from 7am, and resultant increased traffic management costs of more than \$1,000.