

The Helensville Community News

Issue 145 - December 2021

Twilight Christmas Market at the Helensville Museum

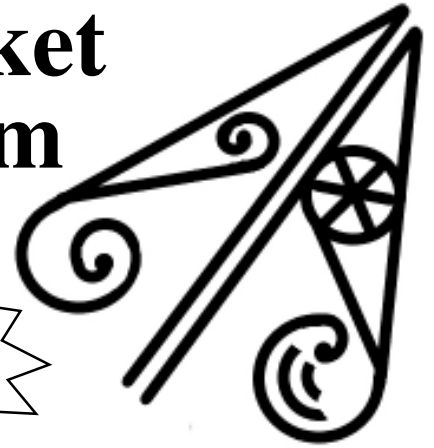
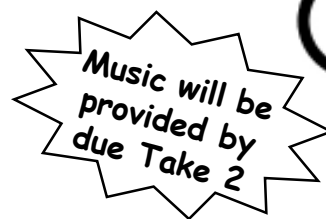
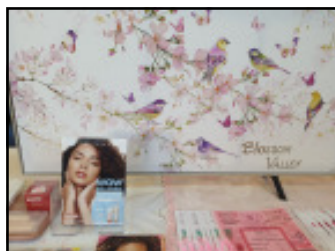
River Reserve, Mill Road, Helensville.
Friday 10th December, 5pm to 8pm.

Freedom is on its way, if you can still remember what it used to be like, come along for an evening of relaxing Christmas shopping in the pleasant grounds of the Helensville Museum. An opportunity to pick up unique



Christmas gifts from local makers – crafts, art, cosmetics, collectable, preserves, candy, gift baskets, jewellery and much more....

No charge to enter the museum grounds but a donation box will be available.



For more information or to book a stall please contact Sarah ph: 0274831542 or email sarah1@maxnet.co.nz

We hope you can join us at the market but please be aware that the following will be mandatory so that we can all feel welcome and safe:

- Face coverings while at the market
- Use of the QR Tracer app
- Covid 19 Vaccine Pass
- 2m social distancing

In this issue...

- Cancellations ~ Pg 2
- What's happening this month ~ Pg 3
- CAB update Craigweil House ~ Pg 4
- Looking back in time ~ Pg 6
- Kaipara College korero ~ Pg 7
- High tax at the pump, but for what? ~ Pg 8
- Kaukapakapa historic library ~ Pg 9
- Starting at Kaipara College in the Midst of the Pandemic ~ Pg 10
- Kai Collective ~ Pg 11
- A "Clause" for celebration ~ Pg 12
- Craigweil House residents prepare for Christmas ~ Pg 13
- Art Centre Helensville "Cash & Carry" ~ Pg 14
- Regular events updated ~ Pg 15
- Tide Chart ~ Pg 15
- Find a local business and give them your support with T&P listing ~ Pg 16

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Helensville Community News

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www.helensvillecommunitynews.co.nz

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All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

ADVERTISING ENQUIRIES:

Phone: Sarah on 0274-831-542 or email

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ADVERTISING RATES (Excl GST):

Advertisement sizes, rates and specifications are as follows:

Business Card size advertisement in the newsletter - \$50.00 per single issue. \$47.50 per issue for 12 issues if paid in advance. Double Business Card size Advertisement in the newsletter - \$100.00 per single issue. \$95.00 per issue for 12 issues if paid in advance. The above rates include a listing in the Trade & Professional section on the back page. A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking. If we are required to create the advertisement there will be a one-off typesetting charge of \$40.00. Subsequent alterations will be charged on a time basis.

ADVERTISEMENT SPECIFICATIONS:

All adverts supplied must be in one of the following formats: Corel Draw 9, Pagemaker 6.5, Powerpoint, .jpg, .tif or MS-Word (with any graphics sent as .jpg or .tif images as attachments).

The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www.helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,200 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

Publishers: Huapai Copy & Print

Cancellations

ARTS in the VILLE 2021

It is with a heavy heart that I have to advise that ARTS in the VILLE 2021 will not be going ahead. We have waited as long as practicably possible before making this decision but with all the restrictions still in place and not looking particularly positive for the next 2 weeks, we have decided to cancel this year's event.

Jo Ogilvie, Event Manager



Summer Book Fair

It is with much regret that the Helensville Lions Club have taken the hard decision to cancel their Summer Book Fair, which was due to be held 27th/28th November. At Auckland's present progress through to a level that would allow the public unfettered access to the War Memorial Hall appears to be unachievable before the end of the year.



This is extremely disappointing as this event is a major fund raiser for Helensville Lions but we appreciate that the safety of the community must come first. Thanks to everyone who has helped us this year especially Burmester Realty, Rodney Local Board and all who have donated books.

However, we have booked the Hall for our Autumn Book Fair on the last weekend of May 28th & 29th, by then hopefully the virus will be under control.

We will still have books for sale at the Kaukapakapa Market, which is on the third Sunday of each month, conditions allowing. Also, we will try to hold smaller events, should the opportunity arise.

As a service to the community, we are still accepting donations of books. Small amounts may be left at Burmester Reality, Commercial Road or for larger amounts contact Chris on 09 420 8527 or any other member of the Helensville Lions.



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Jana Mills

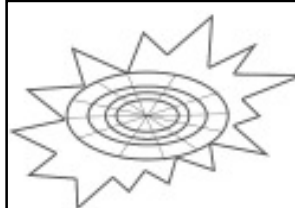
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Sunday 19th December
Kaukapakapa Hall
8.30am – 1pm

8.30am - 1pm, live music
from the Cougar Chorus.
Santa arrives at 10am.



Contact Sarah 0274 831 542
sarah1@maxnet.co.nz

What's happening this month



PLEASE check with the organisers of these events nearer the date to make sure they have not been cancelled or postponed

Tuesday 14 December, 6 to 8pm. The Beer Spot Quiz Night, Main Rd, Huapai. Gather your crew, for The Beer Spot Huapai venue presents weekly Tuesday quiz nights! Entry is free, prizes are abundant and fun is frequent as The Beer Spot, in conjunction with NZ's favourite indy trivia company Gee Quiz, present five extraordinary rounds of ol' skool-stylez (no screens) trivia to test your mettle. Bookings are recommended to confirm your table of 2 to 8 players. Dogs of all shapes, sizes and breeds also welcome.

Sunday, 19 December, Kaukapakapa Village Market, Special Christmas Market, Kaukapakapa Hall, 8:30am – 1:00pm Held on the 3rd Sunday of every month all year round, this lively village market is located in the Kaukapakapa Village a pleasant 45 minutes drive from Auckland City. There is always something fresh to experience with different musicians, entertainment and new stall holders joining the market each month—a great morning out for the family. With its friendly people, great atmosphere and a tempting selection of quality stalls there's something for everyone with everything from locally hand-made crafts, fresh fruit & veg to pre-loved treasures and collectibles. Live music from the Cougar Chorus and Santa arrives at 10am. For more information, stallholder and music enquiries contact Sarah: Phone: 0274 831542 or Email - sarah1@maxnet.co.nz Eftpos cash out available.

Sunday 19 December, Kaukapakapa Historic Library, 9am to 1pm, Great Christmas Gift Ideas available at the library, including the just released 2022 Museum Calendar! 'Men Came Voyaging' by the late Colleen Sheffield, a history of Te Awaroa, Helensville and the Southern Kaipara, which is still recognised as the definitive reference book. 'Pioneering Women of South Kaipara' details women and their families from Kaukapakapa through to Pitoitoi, Riverhead. A great insight into the life and times of women who 'cleared the way' for those who followed. Beautiful trays made from reclaimed kauri from the Te Awaroa Courthouse, which was built in 1865, and more....

Mask up, scan in, sanitise and help Santa socialise. Kaukapakapa Library open in conjunction with the Kaukapakapa Village Market. Contact Megan 021 959017, threehorses@xtra.co.nz.

Term 4 ends 20 December

Tuesday 21 December, 6 to 8pm. The Beer Spot Quiz Night, Main Rd, Huapai. Gather your crew, for The Beer Spot Huapai venue presents weekly Tuesday quiz nights! Entry is free, prizes are abundant and fun is frequent as The Beer Spot, in conjunction with NZ's favourite indy trivia company Gee Quiz, present five

extraordinary rounds of ol' skool-stylez (no screens) trivia to test your mettle. Bookings are recommended to confirm your table of 2 to 8 players. Dogs of all shapes, sizes and breeds also welcome.

Wednesday, 29 December – Sunday 2 January 2022 Resolution NYE Festival 2021/22 10:00am – 11:00pm

Resolution NYE 2021 invites you to RESET, RECEIVE and RECREATE in a natural utopia of community, wellness and magic. Give yourself the best chance to reach the height of health and happiness by starting the year connected and inspired. An all-ages, family-friendly NYE event with transformational workshops and inspirational knowledge sharing during the day, and an eclectic mix of local and international live musicians, and world-DJs throughout the night. A fully participatory event with African drumming collaborations, live mic invitations and dance temples. Spend New Year's Eve in a microcosm of celebration, inspiration and transformation with 4 days and 3 nights of a truly conscious Festival experience. Camping space included in ticket price.

Early Bird Full Festival Pass: \$179.00 ea. Door Sales Only, Kids 12 Years and under free. Teen, student, family passes and seniors discounted tickets available.

Friday, 4 March, Helensville Aglow, 7.30pm at the Helensville Community Church, 40 Mill Road Helensville (behind the Hospice shop). All welcome. The guest speaker for this meeting is yet to be confirmed. Contact Bridget at helensvilleaglow@outlook.com for more information.


Saturday, 12 March and Sunday 13 March, 100th Kumeu Show, Kumeu Showgrounds, Access Road, Kumeu. Adults \$15 Seniors \$10, Child 5-16 \$5. The Kumeu Show is celebrating their 100th Show, hosted by the Kumeu District Agricultural and Horticultural Society at the Kumeu Showgrounds. A huge range of entertainment, activities, competitions and over 500 trade stalls there is something for the whole family. The Show has strong competition for Alpacas, Equestrian, Highland Dancing, Woodchopping and Shearing. Our Indoor Exhibits cater for Junior, Intermediate and Senior competitors wishing to test their ability with flowers, vegetables, crafts, preserves, cooking and photography. Tickets to go on sale from October 2021! Ticket Agent details to be updated in September.



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Citizens Advice Bureau



Te Pou Whakawhirinaki o Aotearoa

Covid doesn't lock out CAB support

Through thick and thin, Citizens Advice Bureau Helensville has been in! Living with Covid-19 lock-downs this year hasn't locked CAB volunteers out of continual help and support for clients. But it's taken a different look- mainly through the 0800 phone number and email contact rather than our traditional face-to-face interactions.

Across NZ, an on-line presence is also the natural trend with CAB's national website gaining increasing usage to 250,000 hits each month.

The website's simple and clear directions even gained recognition in this year's Plain English Awards as the Best Organisation- Plain English Champion.

"It is an acknowledgement of the work of our 2,500 volunteers across Aotearoa who deliver our service to clients in a way that is both easy for them to understand, and that also includes empathy and respect for those clients," says Dr. Andrew Hubbard, Citizens Advice Bureau Acting Chief Executive.

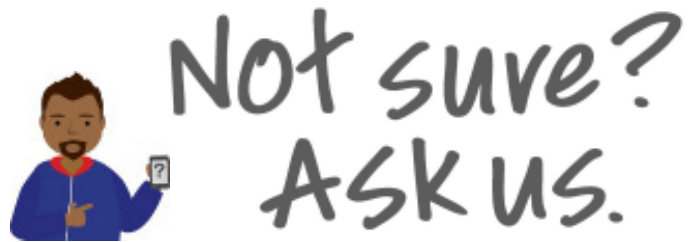
Throughout 2021, our Helensville office has networked closely with many community groups and organisations like WINZ, South Kaipara Men's Trust, Te Ha Oranga, Kindred Family Services and The Angel Fund to ensure residents have an all-round delivery of service.

Board secretary Rani Timoti says clients have mainly inquired about issues around rental housing, relationships and budgeting and general financial difficulties through to conditions of work, legal services and consumer law.

"Volunteers have also connected with locals by visiting rural communities including Shelly Beach and Muriwai to provide information about their service and answer questions," she says.

Budgeting and Justice of the Peace services have been in hot demand with our window displays popular for events, information and promotions.

"Our Helensville volunteers appreciate every visit, call or on-line interaction from our clients and thank our supporters and funders during such topsy-turvy times," says Rani. "We wish everyone a wonderful and safe festive season and look forward to catching up with our communities next year."



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Kelly was great from the moment we walked in the door. She was super friendly, insightful, welcoming, and most importantly down to earth. Her communication was great, nothing was ever a problem, she made the entire process simple, easy, and exciting as opposed to stressful. Thanks Kelly!

- Matt Fistonich

AT THE TOP OF HER GAME

We found Kelly very easy to communicate with & very quick at understanding our needs. She was very professional yet friendly & very knowledgeable of the local market. Through her efforts & suggestions to present our property at its best, she executed very pleasing & prompt sales on both our blocks. We are very happy clients.

- Jeff & Sarah Down

THE PEAK OF EXCELLENCE

Kelly is a straight talker, no messing type of agent. She only calls if she needs to and she supported our sale right to the end ironing out issues and making the whole experience with her a joy. Her knowledge of the local area is outstanding and she is like a life long friend to people she shows around. With Kelly you simply can not go wrong. I can not recommend her highly enough.

- Chris Evans

EXCELLENT COMMUNICATION AND PERSONABLE

Kelly was always very honest through the whole process of selling our house. The process was very easy as Kelly had potential buyers lined up. She is a very personable agent.

- Kelley & Andre Finney

Kelly Davison

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Looking back in time Helensville Community News December 2011 Issue

Maori Medium Education Class celebrations

Maori Medium Class at Te Awaroa Celebrates 2 Years
On Friday 4th November the tamariki at Te Kura Tuatahi o Te Awaroa with their kaiako Jess Rutherford celebrated the two year anniversary of their Maori Medium Education class. As part of the celebrations the tamariki shared how the class came to be with whanau and visitors Te Whare Kakano, the Maori Medium Education class from Parakai. They recalled their memories of the struggle whanau had trying to find a kaiako, the dawn karakia on the first day and the momentous day the table and chairs arrived.

Two years down the track the class has a roll of 15 students in Years 2-4, and is looking to grow. The tamariki went on to share their dreams and aspirations for the future of the kaupapa, many of them wanting to see more Maori classes at Helensville, a whare nui built on school grounds and Te Reo Maori strong and alive in their daily lives.

The whanau and tamariki planted a kowhai tree to signify the special day, knowing that when the kowhai tree flowers the anniversary of the class is coming up. Displayed with the rakau were the dreams and aspirations of the tamariki for the future. As the weather washes the words from the bamboo stakes, eventually they will fall to the base of the tree and return back to the earth. The thoughts the tamariki have for the future of the kaupapa will grow up with the tree and blossom.

A whakatauki that could be heard repeated in many of the korero was 'ko te piko o te mahuri, ko tera te tupu o te rakau' -the bend in the sapling determines how the tree will grow.





Kaipara korero

Principal Cindy Sullivan

From the Principal's Desk - Light at the end of the tunnel

School has looked very different for our students and teachers during Term 4 at Kaipara College. Although challenging due to the very short notice, when Minister Hipkins gave us the go ahead to open school up, initially for our seniors and then more recently for our junior students we considered all our options. The question we asked ourselves was how can we best meet the needs of all of our students and our Kaipara College community? We were given direction from the Government: Each school *"should self-assess their ability to operate safely at Alert Level 3. This includes thinking about how you are going to manage risks and protect staff, students and whānau under Alert Level 3."*

We considered the vaccination rates for our local community and balanced that with the learning and well-being needs of our students and their families. In the end, for our senior students, we decided the best use of all our resources and to balance the health considerations and the learning needs, we would target specific students who needed to be on site to complete work and also complete work in subjects that are more difficult to complete at home. In this way we were also able to support other students to continue to complete their work on-line at home or come to school to be supervised to do so. In this way we were able to provide choice for individual students and their families, while ensuring all students continued to learn.

We supported our senior students one on one through Google meets and phone calls to set individual achievement goals through their Personalised Pathways Plan and students had regular check-ins with their whānau teachers throughout the process. This process has definitely paid off for our senior students as we tracked their progress and celebrated each small and large milestone success. Teaching and learning is definitely more difficult on-line and research tells us that students learn less and more slowly. Also we have certainly seen the critical importance that human connection makes to our well being, ability to learn and to experience success. All our students, when they returned, were excited to see their peers and their teachers. Mask wearing is mandatory and takes a bit of getting used to but our students have been happy to comply, as they are with physical distancing. What a brilliant group of young people we have here at Kaipara College and I would like to commend all our students for the efforts they and their families have made in this most unusual time. I am also grateful to have a diligent, conscientious staff, many of whom have gone above and beyond to stay connected with our students and supported all our young people to achieve their very best in a most difficult circumstance.

I am very much looking forward to welcoming everyone back to school next year, for an exciting year of fun and learning. The traffic light system tells us that schools will not lockdown again,

we will mitigate the risk of transfer and manage COVID if or when it arises. Life marches on and happily there is light at the end of the tunnel. At Kaipara College our sense of purpose is clear and our priorities and commitment remain strong: to do the very best for our young people, to support them all to be the best they can be. Collectively we do this and continue to strive to do it better, in partnership with our parents, whānau and wider community.

I hope everyone has a safe and happy holiday and I look forward to seeing you all in the new year.

Until next time

Cindy Sullivan, Principal Kaipara College



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High tax at the pump, but for what?

For every litre of regular old 91 at the petrol station, the Government clips the ticket for around about \$1.29. That might not sound like a lot for one litre, but it builds up quickly.

For an average family with a Toyota Corolla, filling up a 50-litre tank ends up costing you over \$60 just in taxes. This is comparable when it comes to diesel for utes, vans and trucking as well. It all stacks up over a year and ends up stinging everyday Kiwis in the pocket. It's especially bad now, following three years of annual tax hikes and a new Regional Fuel Tax in Auckland.

Now, the beauty of the fuel tax system is that, in theory, all the money we pay in fuel tax goes into building and maintaining the roads we drive our cars and trucks on. So, there's a fairness to what we pay. But two things have changed recently that make this a little harder to swallow.

First, the current Government has been doing a lot less investing in roading. We have seen a whole bunch of roads rescoped, delayed, or cancelled to make room for a behemoth Auckland light rail project that looks like it might begin construction sometime this decade if we are very lucky. That's a lot of tax to pay for little return right now.

More immediately for many families though, they will be feeling the sting of increased costs as the cost of living goes up across the board under this Government. Inflation has been hitting record levels recently while the Government has been looking for more ways to pile on costs and compliance.

The wrongly named Clean Car Discount and Clean Car Standard kick in on April Fool's Day 2022, and will add between \$4000 to \$8000 to the price of every brand new low-emissions petrol and diesel vehicle, and in a knock on effect, will add around \$1500 to used vehicles from 2023.

The problem, then, with the Government's approach to piling on taxes is that it creates a price floor where, even if costs were to come down, they can only come down so far while taxes stay up.

That's the opposition stuff. The good news is that there is a way through this, ACT has a plan. We proposed back in May our Battlers Budget for Middle New Zealand that would deliver tax relief to Kiwis who need a break.

ACT would make two changes to our tax system to battle the cost of living. First, we would deliver a middle-class tax cut by abolishing the 30 percent tax rate on income between \$48,000 and \$70,000. This would deliver up to \$2000 a year back to working New Zealanders to help them get ahead of the cost of living.

Second, we would abolish the new 39 percent envy tax introduced by Labour. We need more people who want to bring their skills and invest in New Zealand, not less. The more productive and high skilled we get as a country, the more we see those economic benefits flow through the economy and help us all.

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Kaukapakapa Historic Library

**Sunday 19th
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Awaroa, Helensville Museum

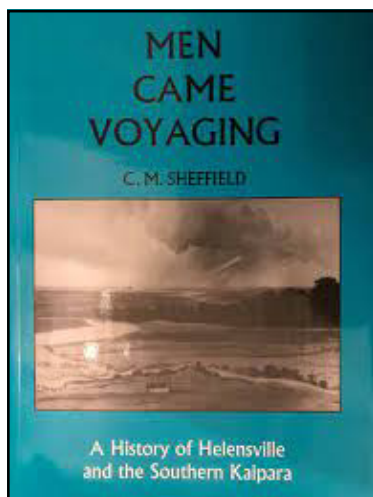
Great Christmas Gift Ideas available at the library, including the just released 2022 Museum Calendar!

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The Kaipara College campus devoid of its students



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Starting at Kaipara College in the midst of the Pandemic

by Georgia Shivan, Year 12 Student, Kaipara College

As the penultimate year of my time at Kaipara College draws to a close, I find myself thinking back to my experience of Year 9. The backpack crammed full of books and stationery. Many rich and diverse friendships. An end of year prize-giving. The exposure to a multitude of sporting and extracurricular activities. A profound connection to a community of people and a purpose that is far greater than myself.

But I also find myself thinking about the Year 9s of 2021 and their experiences. The 63 days of school that they have missed due to national and regional lockdowns. The six days that they spent at Kaipara College before the Auckland region went into its first lockdown of 2021.

The cancelled prize-givings, sporting events, and extracurricular activities. The sense of belonging to the Kaipara College community that some students have struggled to find due to such extensive disruptions.

On November 17th, less than four weeks before their final day of the year, our Year 9 and 10 students were able to return to site for the first time in 13 weeks. This new normal looks very different from what schooling was like before lockdown. Masks are worn by staff and students.

Social distancing and ventilation in classrooms is required. Students complete their on-line learning in a single classroom with supervision from their kaiarahi.

When I asked the students of class 9WEKA, they noted that this change came with both advantages and disadvantages. Students were happy to be able to reconnect with their friends and classmates face-to-face again and found that the classroom environment provided them with the sustained focus necessary to complete their remaining schoolwork. Many students also said that they found the transition from isolation to the comparatively busier classroom environment stressful, given the potential risk of transmission of the virus.

I also asked students whether they felt prepared to transition into Year 10 next year: socially, academically, and psychologically. While most students planned to continue their schooling at Kaipara College, some planned to move out of the region to other schools in the country and abroad. For these students, their peers will have had more in-class learning opportunities, increasing the difficulty of this transition for students. The overwhelming majority of students said that they felt unprepared in response to this question due to the setbacks and disruptions of lockdown, but were also confident in their own ability to make this transition.

When I spoke to our Year 9 students, I was expecting them to have viewed their year through a negative lens considering their perceived and overwhelming adversities. Instead, I was greeted by a group of students with unwavering positivity and evident adaptability towards their experiences this year and looking forward to their future. I came to learn that these students are resilient. Despite so many setbacks and uncertainties during this crucial year of their schooling lives, they have learned to take these challenges in their stride and achieve their own personal excellence nevertheless.



kai collective

Appetite for change for local food bank

Every Tuesday morning there's a hive of activity at Te Whare Oranga o Parakai, the home of the Kai Collective Te Awaroa food bank.

Masked and gloved volunteers are busy packing paper bags with an array of fresh produce, meat, cheese, milk, cereal, rice and pasta and to go with them, a recipe card with instructions to turn the ingredients into three nutritious meals for a family of four.

Behind the scenes are the many advocates from the various community organisations who refer their clients to the food bank for support and who have been collectively running the Kai Collective since it started in the first Level 4 lockdown in March 2020.

Those agencies include Kindred Family Services, Te Ha Oranga, Outwest Youth, Parent Aid Northwest, South Kaipara Men's Centre, Kaipara College, the Helensville District Health Trust and the Angel Fund.

But as the community demand for food parcels has grown, so too has the operational needs of running the food bank. As such, the Kai Collective Te Awaroa is now transitioning away from the collective of social service agencies to operate as its own Charitable Trust.

The South Kaipara Good Food Trust will be focused not only on providing emergency food to those in need through the Kai Collective, but also on networking and initiating other projects focused on food, with the view that no-one in South Kaipara should need to worry about where to get their next meal.

Ana Christmas, the Executive Director of Kindred Family Services which has acted as the fund and contract holder for the Kai Collective says, "to have a team of dedicated volunteers and staff solely focused on addressing the complex and challenging issues around food security will be hugely beneficial for our community."

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Mike Bridgman, Chairman of the new South Kaipara Good Food Trust says many might remember being part of discussions in the first half of the year when a community consultation was carried out asking people what good food means to them and what the barriers are to accessing it.

"That consultation resulted in the creation of a South Kaipara Food Plan," he says, "and as we activate the ideas that came from that plan- things like an urban food forest, or a central food hub for people to meet, share and learn, we should, in time, see the demand for emergency food parcels come down as people learn to grow their own food security."

In the meantime, the Kai Collective Te Awaroa will continue to provide its much-needed service, which has seen demand spike over the recent weeks of lockdown in Auckland.

In the first week of August the Kai Collective distributed 52 parcels, but during the busiest week of Level 4 lockdown 92 parcels were given out to those in need, an increase of 76%.

Mike Bridgman says those involved in taking the Kai Collective Te Awaroa to its next stage recognise the contribution made by Kindred Family Services and all the other community partners which he says, "has been outstanding and exemplary, particularly within a COVID-19 environment."

For more information, please visit the South Kaipara Good Food website: www.skgf.org.nz.



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A 'Clause' for Celebration at Craigweil House

Kuatae ki tewāKirihimete – Christmas time has almost arrived. Residents and staff marked the beginning of the Christmas period by putting up and decorating the Christmas tree. They have also been making cards and singing carols as Christmas draws near.

Craigweil House would like to take this opportunity to highlight the generosity and kindness that the community has shown through the pandemic. Recently, Sue from Helensville brought Craigweil jars of her delicious home-made marmalade.

On top of that, the team at Helensville Recycling Centre sent flowers and a card saying, "We are thinking of you as we navigate these difficult times."

It is heart-warming to know that the community is thinking of the residents and team of Craigweil House.

May all the sweet magic of Christmas conspire to gladden your hearts and fill every desire. Meri Kirihimete – Merry Christmas from Craigweil House!



Sue from Helensville gifted Craigweil House some of her delicious homemade Marmalade.



Flowers and a special card to Craigweil House staff and residents from the team at Helensville Recycling Centre.

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Craigweil House residents preparing for Christmas



***Wishing you all Advance Merry Christmas
from Craigweil House Residents and Staff.
Below residents 'Scratching the black' from paper ornaments
donated by "The Therapy Box"***



Setting up the Christmas Trees



Ivan



Monica



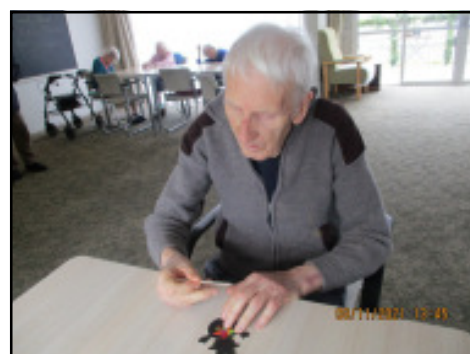
Maureen



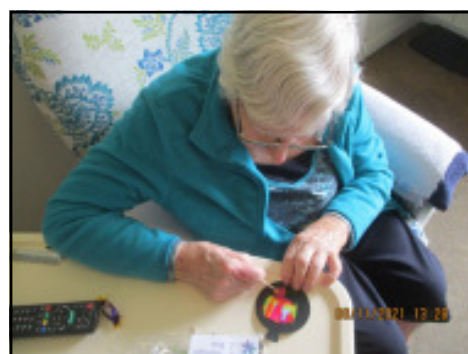
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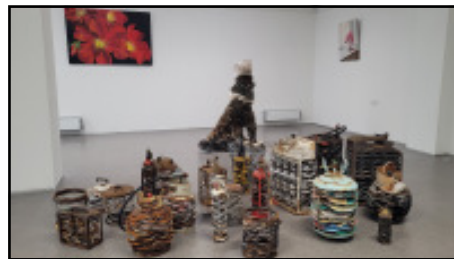
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Art Centre Helensville

On Wednesday November the 17th, Art Centre Helensville formally opened its doors to the public after what seemed like a lockdown with no end in sight. With newly employed Manager Yvonne Abercrombie, the Art Centre is gearing up for an ebullient year end.

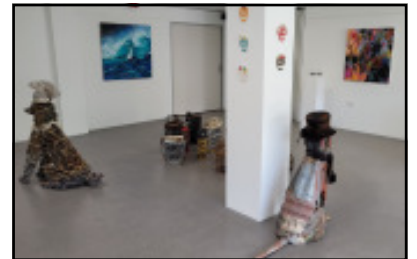
Acknowledging the Centre's board of talented artists, we started off with a combined pop up show that was one week only, to highlight those who work behind the scenes upholding the Art Centre. Artists who participated were Jeffrey Thompson, Raywin Cruickshank, Leda Daniel, Jacky Pieper and Yvonne Abercrombie.



Our final exhibition of the year is a member's show "Cash and Carry." All works displayed are under \$250,

making it a perfect opportunity to buy someone a creative gift for Christmas. The variation of work makes for a visual montage that is both engaging and accessible.

Dates for Cash and Carry exhibition are 26th of November through to the 18th of December.



Yvonne and the board of Art Centre Helensville are looking to a verdurous start to 2022 and a positive year ahead. For enquires on holding an exhibition at the Art Centre, or interest in teaching classes or workshops, please email Yvonne at manager@artcentrehelensville.org.nz.





Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

Circle of Friends: Meet every Wednesday morning 9.30am - 12.30pm River Valley Church, Fordyce Road, Parakai. Membership \$4 per week, \$10 membership annually. Please bring a plate for lunch. Occasional trips out which are paid for by the club. We also play friendly Bingo games. For more information contact Joan 021 029 51753.

Combustion Youth: Friday, 7.00-9pm, Meet at Magnify, 118 Commercial Rd, Helensville. For 13-18yrs. Ph 420-8911.

Community Dinner – Whether you are new to the area or have been here for a long time you are invited to the fortnightly community dinner at Magnify, 118 Commercial Rd, Helensville. Starts 6:30pm Contact Niki Greendale 0272-059-573.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Council meeting room in the Council and library building on the corner of Porter Ave and Commercial Road, from 10am to 12pm. We have also amalgamated with the Arthritis Group. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Fitness League – Friday 9.45am – War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Groovy Line Dancing Tuesday 9.30am – War Memorial Hall, Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030

Helensville Aglow, First Friday of the Month at the Helensville Community Church, 40 Mill Road Helensville (behind Hospice Shop) All welcome. Contact yvonne@hello.net.nz for more information.

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushlanddez80@gmail.com for more information.

Helensville Healing Rooms, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12 noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Pauline 420-6208.

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Icenz 4 Boys 8-18 yrs, Adventure, life skills, leadership and fun – every Tuesday of the school term, 6pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Adrian Low 021-999-449

Icenz 4 Girls 8-13yrs Awesome programme filled with games, activities and skills - every Tuesday of the school term 6.15pm-7.45pm. Held at Magnify, 118 Commercial Road. Contact Sonja Binks 021-202-4792.

Kaipara Memorial RSA. - Quiz night every Wednesday at 7.00pm. 20 easy questions, free to enter, different quizmaster each week.

Meals available from 6.00pm. All welcome at the RSA, 49 Commercial Road, Helensville. Any queries, give me a call, Rex Keane, 027 293 2768

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Noah's Ark Playgroup - Helping parents and caregivers enjoy the preschool years, every Wednesday of the school term, 9.30am-12pm at Magnify, 118 Commercial Road. Contact Kim Duncan 027-444-3492

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

Poems After Dark, bi-monthly in the Community Church, 40 Mill Rd. Story-telling and Poetry Performance 6-8pm on the second Saturday of the second month. Pauline Denton paulinekiwidenton@gmail.com

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st & 3rd Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

Tai Chi – Thursday 9.30am – 10.30am. – War Memorial Hall, Helensville. Contact Brian 021-747-947

Te Awaroa Residents & Ratepayers Assoc (TARRA). Visitors welcome. Enquiries 021-488-427 or email tarrassoc@gmail.com

U3A, University for the Third Age, Helensville. For more info call 021-131-7308 or 420-7858

Yoga – Thursday 7pm – 8pm, Saturdays 10am – 11am. – War Memorial Hall, Helensville. \$10 Orla Slater 0210-455-075. Please bring your own mat. All levels welcome

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3 Fri	1027	4.1	2246	0555	2026
4 Sat	1119	4.3	2338	0555	2027
5 Sun		4.2	1208	0555	2028
6 Mon	0029	4.2	1257	0555	2029
7 Tue	0119	4.1	1345	0555	2030
8 Wed	0209	3.9	1434	0555	2031
9 Thu	0301	3.8	1526	0555	2031
10 Fri	0357	3.6	1622	0555	2032
11 Sat	0456	3.5	1721	0555	2033
12 Sun	0556	3.4	1820	0555	2034
13 Mon	0656	3.4	1918	0555	2035
14 Tue	0755	3.5	2014	0556	2035
15 Wed	0851	3.6	2106	0556	2036
16 Thu	0942	3.7	2154	0556	2037
17 Fri	1028	3.8	2238	0556	2037
18 Sat	1109	3.9	2318	0557	2038
19 Sun	1146	3.9	2355	0557	2038
20 Mon		3.8	1220	0558	2039
21 Tue	0031	3.8	1254	0558	2040
22 Wed	0107	3.7	1328	0558	2040
23 Thu	0143	3.7	1404	0559	2040
24 Fri	0223	3.6	1443	0559	2041
25 Sat	0305	3.6	1527	0600	2041
26 Sun	0352	3.5	1616	0601	2042
27 Mon	0446	3.5	1711	0601	2042
28 Tue	0545	3.5	1812	0602	2042
29 Wed	0649	3.6	1915	0603	2043
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