

# The Helensville Community News

Issue 163 - June 2023

## Auckland Council introduces friendly fungus to combat invasive weed

It's the weed Auckland gardeners love to hate! Tradescantia, better known as "wandering willie".



Arguably the most notorious pest weed to have escaped into the wild, it causes considerable damage to the natural environment, spreading along streams by water

movement, infesting waterways and smothering native species.

Community groups working in the Roy Clements Treeway, Mt Albert and Oakley Creek, New Windsor local parks requested council support in battling the pest plant. Auckland Council is for the first time organising the release of a fungal pathogen biocontrol in an urban environment to help control the weed.

Auckland Council's Senior Regional Advisor Pest Plants, Holly Cox says the council is excited about the long-awaited release of this biocontrol agent.

"Tradescantia is very difficult to control and despite the best efforts of volunteers to manage the weed, they've been unable to make inroads.

"The yellow leaf spot fungus is an ideal control as it disperses itself with water movement and humid air movement spreading to other infestations both inside and outside the stream reserve," adds Holly.

The plants, infected with the yellow spot fungus (*Kordyana brasiliensis*), will be planted in the waterway and together with

the tradescantia leaf beetle already present, it is hoped the fungus will further reduce the impact on the ecosystem.

The fungal pathogen, native to Brazil, is host-specific meaning it only impacts tradescantia and is no risk to other species.

Tradescantia is identified as a pest plant in the Auckland Regional Pest Management Plan 2020-2030, and eradication is tackled under a whole of region sustained control programme which aims to reduce the spread and impact of the pest plant.



### In this issue...

- ANZAC Celebrations ~ Pg 2
- What's happening this month ~ Pg 3
- 'Murder on the Nile' ~ Pg 4
- NorthWest Country ~ Pg 5
- Helensville Library & Service Centre ~ Pg 6
- Kaipara korero - ~ Pg 7
- Sayers lays the groundwork ~ Pg 8
- Art Centre events ~ Pg 9
- CAB Diverse, skilled, social justice champions ~ Pg 10
- Fruit tree pruning workshop ~ Pg 11
- From Penk's Pen ~ Pg 12
- ANZAC and Easter at Craigweill House ~ Pg 13
- Infrastructure to alleviate flooding needed urgently. ~ Pg 14
- Tide Chart ~ Pg 14
- Regular events updated ~ Pg 15
- Find a local business with T&P listing and give them your support ~ Pg 15



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All correspondence should be legible and include writer's name and address.

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, [www.helensvillecommunitynews.co.nz](http://www.helensvillecommunitynews.co.nz), to inform the residents, ratepayers and visitors of events and proposals that affect the local area.

Circulation 4,500 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

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## Te Poari o Kaipatiki ki Kaipara – ANZAC 2023 celebration success

With ANZAC day 2023 completed Te Poari o Kaipatiki ki Kaipara want to acknowledge whanau, the military forces, and other district Returned Services Associations (RSA).

This year the alternative approach to hold the entire Kaipara Memorial Returned Serviceman Association's dawn service at Kaipatiki Reserve Cenotaph, due to the Helensville War Memorial closure for seismic strengthening was in support of the Kaipara Memorial RSA. Many thanks to Rex Keane, Steve Wilson, and the team at the Kaipara Memorial RSA.

Starting at 5.50 am over 500 people arrived on the brisk ANZAC morning to honour those that had gone offshore to battles over the years. As many as thirty wreaths were laid at the Cenotaph in remembrance, among them, the Maori Battalion, Kaukapakapa RSA, local organisations, and Te Poari o Kaipatiki ki Kaipara, with Te Poari wreath laid by Chair, Tamaki Mercer, and Deputy-Chair Guy Wishart.



The crowd then relocated to the RSA Service Cemetery in Helensville to lay further wreaths in honour of the fallen soldiers. The ANZAC morning concluded with a well-attended breakfast hosted by the Helensville Bowling Club.

Chair of Te Poari o Kaipatiki ki Kaipara, Tamaki Mercer says, "We are honoured to support the ANZAC ceremony this year. Our management team are always keen to foster and ensure enduring relationships with our local community."

*E kore hoki ratou e ngoikore*

*Ahako pehea i nga ahuatanga te wa*

*I te hekenga atu o te ra*

*Tae noa ki te aranga mai i te ata*

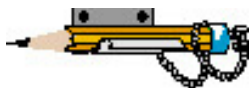
*Ka maumahara tonu tatou ki a ratou*

*Ka maumahara tonu tatou ki a ratou*

Challen Wilson, Manager Co-Governance Communications ,  
Auckland Council



## What's happening this month



**Tuesday, 6 June, U3A monthly meeting. 10.00-12.00.** Catholic Church Hall, Kowhai Street, Helensville. Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle Stitches and TED Talks. Costs are minimal. For more information contact Gloria Middleditch [jandgmiddleditch@outlook.com](mailto:jandgmiddleditch@outlook.com) 09-420-3007/0211-658-428 or Bev Silvester-Clark [bev.s-c@outlook.com](mailto:bev.s-c@outlook.com) phone 0274316205.

### **Monday, 6 June, King's Birthday**

**Saturday, 10 June, Waitoki Market.** Waitoki Village Hall, 1000 Kahikatea Flat Road, Waitoki. 8.30 – 12.30 Ho ho ho for Mid Winter Xmas. It's that time of year to have an excuse for celebrating a Winter Xmas. Hot drinks, warm fire and something or someone warm to cuddle up with. Now that I've warmed the cockles of your hearts, Come on down to see if there is a little something special that you could use to celebrate a mid winter Xmas. You never know what you'll find. If you're not into celebrating a Winter Xmas, not a problem, come on down anyway to say hi, Kia ora, welcome, catch up with friends, have a natter, cup of tea or even a barbecue sausage or bacon and egg muffin kindly supplied by Butcher Jacks and have a little gander at what is available with our stall holders. A piece of jewellery, personalized tea towels, local plants, homemade jams, cakes etc. There is bound to be something to tickle one's fancy. Remember our hall is community owned and run and all proceeds go back into our community. Interested in having a stall? Contact Gill 09 420 3301 or email [markets4waitoki@gmail.com](mailto:markets4waitoki@gmail.com) or message our Facebook page Waitoki Village Market. Come support your local community hall, run by your own local people. Next Market 12th August.

**Sunday, 18 June, Kaukapakapa Village Market.** Helensville Showgrounds, Railway Street, Helensville, 8.30am – 1pm, \*Due to flood damage at the Kaukapakapa Memorial Hall the market has been relocated to the Helensville A&P Showgrounds, 63 Railway Street. New Venue – same great market! Friendly people, great atmosphere and a tempting selection of quality stalls with everything from locally hand-made crafts, plants, preserves, fresh fruit & veg to pre-loved treasures and collectibles, food, live music from Ralphe, hair plaiting and much more..., sorry no dogs \*\*Please bring a gold coin donation for parking – proceeds go to the scouts jamboree\*\* The Helensville A&P Showgrounds management have a no dogs policy with the exception of assistance dogs as there is stock grazing in the grounds. Email: [sarah@riversidecrafts.co.nz](mailto:sarah@riversidecrafts.co.nz) Phone: 0274 831542 @kaukapakapavillagemarket. Eftpos cash out available.

**Sunday, 18 June, Helensville Art Trail.** Visit the home studios of artists and sculptors! Studios are all conveniently situated within two kilometres of central Helensville. Head into Helensville for a wonderful way to spend the day. Head for Helensville and follow the signs. All studios have info and brochures. Works include: lost wax casting in bronze and crystal glass; figurative and abstract paintings and prints; corrugated iron shaped into incredible forms; intricate woodwork; elegantly hats for every occasion; mixed media creations and much more. Free Entry.

**Saturday, 24 June, Art Centre Helensville AGM** 12pm at the Museum. High tea provided all welcome. To become a board member nominations need to be submitted by 10th June, forms can be found on our website.

**Tuesday, 4 July, U3A monthly meeting. 10.00-12.00.** Catholic Church Hall, Kowhai Street, Helensville. Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle Stitches and TED Talks. Costs are minimal. For more information contact Gloria Middleditch [jandgmiddleditch@outlook.com](mailto:jandgmiddleditch@outlook.com) 09-420-3007/0211-658-428 or Bev Silvester-Clark [bev.s-c@outlook.com](mailto:bev.s-c@outlook.com) phone 0274316205.

**Sunday, 9 July, Helensville Planting Day,** starting at 9.30 am at the Helensville River Reserve – enter the walkway beside 104 Commercial Road and follow the path. The planting is organised by Auckland Council and supported by Helensville Lions Club and other community volunteers. Volunteers should bring water and suitable rain-proof clothes and shoes. Gloves and spades will be supplied. There will be a BBQ also provided.

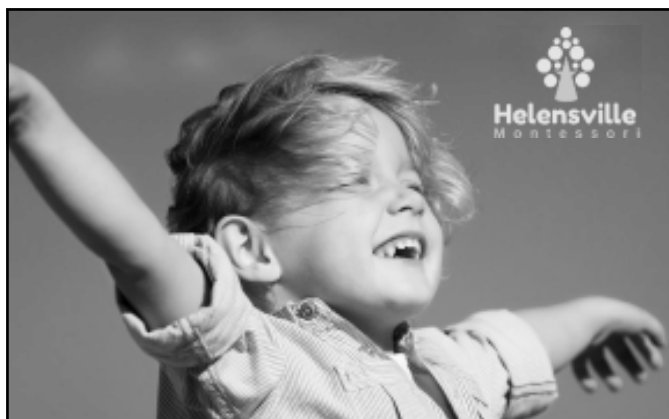
### **Friday, 14 July, Matariki**

### **Monday, 17 July, Term 3 starts**

**Saturday, 5 August, Auckland Tough Guy and Gal Challenge,** 8am – 1.30am. Event Promotions proudly present Auckland Tough Guy and Gal Challenge. Numbers are limited to 2000 competitors! 10 am - Start of the 12km event, 10:10 am - Start of the 6km event. If you want to get down and dirty and have a whole lot of fun, then these unique off-road running events are for you. The events are open to both male and female competitors who are 13 years of age and older. Challenge yourself on a course that includes swamp crossings, a spiders web net climb, crawl under barb wire, beautiful native bush trails, tunnels, hurdles, a climbing frame not to mention, mud mud and more mud!

Our events have awesome spot prizes, merit prizes, souvenir reusable cup, challenging obstacles, a fun atmosphere, hot showers and plenty of free parking. Grab your friends, workmates or family together for a truly amazing experience! The event is located the Kumeu Showgrounds, Gate 2, Access Road, Kumeu. Only 20km out of Auckland CBD, the Kumeu Showgrounds is a blank canvas of 80 acres that we know will be a great time for a mud run.

Event timetable: 8 - 9:30am: Registration/Late entries, 10 am: Start of the 12km event, 10:10am: Start of the 6km event, 12:45pm: Prize-giving



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## Murder on the Nile, performed by Kaipara College

by Lauren Morley, Year 13 Student Kaipara College

This year's annual Kaipara College production is *Murder on the Nile*. This production will follow the story of Kay Ridgeway. Kay has lived a charmed life, blessed with beauty, enormous wealth and a new husband, she embarks on a honeymoon voyage down the Nile. Fatal circumstances await when the idyllic surroundings are shattered by a shocking and brutal murder. Under scrutiny is a multitude of memorable passengers, all with a motive to kill. The tension and claustrophobia builds on the vessel as a shocking and audacious conspiracy is laid bare. This production is based on the 1937 novel, and 1944 play by Agatha Christie. This narrative has recently become more popular following the 2022 film adaptation "Death on the Nile" which stars Kenneth Branagh.

Our production at Kaipara College is performed by 2 all-ages casts, with students ranging from years 9 to 13. There is no doubt that we have an insurmountable level of talent here at Kaipara College, especially when it comes to the arts. With this stage production incorporating drama, dance and music, as well as the amazing sound and lighting skills from many of our performing arts technology students, it is sure to be astounding. We see many of our senior students, some of whom have been in our productions for the last 3 or 4 years, bringing a more experienced element to the show. We also have many younger students who are taking their first steps into live performances.

Last year's annual production, *Dracula*, was nominated in 9 categories at the Auckland Showdown Awards, where drama teacher and production director, Stephen Lunt, deservedly walked away with the "Best Director" award.

As you can imagine, putting together an entire production is not a small feat. Set design, music, lighting, costume, dance lessons, and of course countless hours and days of rehearsals, all go into making this production everything it deserves to be. This year, we are incredibly grateful to our sponsor *ITM building* and to Louise Wilkie from studio 246 who donated her time teaching dance to our cast. The performance would not be possible without them.

*Murder on the Nile* will take place over 4 nights in June: Tuesday 20th, Wednesday 21st, Thursday 22nd, and Friday 23rd. All shows begin at 7pm and last the duration of 2.5 hours.

Because we have such a large number of passionate drama students, this year, we have 2 full casts. This means that the Tuesday and Thursday shows will be performed by the "Scarab" cast, and the Wednesday and Friday shows will be performed by the "Lotus" cast.

Tickets are available to book now on the *Eventbrite* website, where you can find our production by searching "Kaipara College" and then selecting "*Murder on the Nile*." Tickets are only \$15 per person, and with merely 80 seats per show, be sure to get in quick!



*Students during production rehearsals*



As we close in on the end of our financial year we can look back and see how much has happened across our business area, and we sure have been busy. The most important work we have been doing in recent months is supporting businesses in disaster hit areas to help plan for resilience. Northwest Country has allocated \$5,000 of flood relief grants to businesses in desperate need of assistance.

To support business owners gaining core skills for business management Northwest Country has also supported \$4,500 worth of training subsidies for members.

Our final project for the year is to complete the first stages of Nga Tapuae o Mua – Footprints of the past heritage trail and we are almost there. The signs have been prepared, thanks to the support of local historians, and will be installed in June. Information on the heritage sites can be found on our website: <https://www.northwestcountry.co.nz/nga-tapuae-o-mua-footprints-of-the-past/>

Chair, James Scott, was asked to speak on behalf of local Kaukapakapa businesses at the April Rodney Local Board meeting to ensure proposed pedestrian crossings were not placed in areas detrimental to carparking and business access. Northwest Country also submitted to Auckland Transport on the businesses preferred crossing option.

What is ahead? We notice that we have a number of business listings in the business directory that are out of date. We will reach out to you and see if we can get these updated.

We are planning a number of networking opportunities over the next year and are opening opportunities for businesses to support businesses and get your message out there. If you would like to host or cater an event, require more information, or if you have any questions make sure you reach out to us at [manager@northwestcountry.co.nz](mailto:manager@northwestcountry.co.nz).



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# Helensville Library and Service Centre update for June

*Kia ora*

A quiet month in June, as we finalise our plans for the July school holidays.

### Regular events:

#### Crafternoon:

Thursdays at 3.30pm. We have sessions for both adults and children. These sessions are a chance to learn new skills, teach others, and chat.

June's craft for adults is making paper flowers. You are welcome to learn this craft, and / or bring along your own projects to work on, in company.

#### Kids Time:

Wednesdays, 10am to 10.30am

Under 6s and their grown-ups are invited to share songs, rhymes, and stories.

#### Book Chat

Fourth Thursday of the month at 10am. A chance to share books you've read and enjoyed – or read and hated! – with fellow readers.

This will be on Thursday 22 June at 10am.

Next month will be the Library's eighth annual soft toy sleepover. After last year's adventure to the Auckland War Memorial Museum, our adventures will be more local. We are finalising a date, as I type. But, pencil in Thursday 13 July!

#### How to contact us:

If you have the direct dial number for Helensville Service Centre, please be aware that we are not always able to answer the phone. Your best option is to phone the main Council number.

**Auckland Council:** (open 24/7 and toll free): 09 301 0101.

**Auckland Libraries:** 0800 695 427

If your question is directly related to Helensville Library – you can email us on: helenlib@aucklandcouncil.govt.nz.

**Other contacts:** AT (Auckland Transport): AT is responsible for all the region's transport services, from roads and footpaths, to cycling, parking and public transport. 09 355 3553 at.govt.nz

**Venue Hire:** The Venue Hire team provide a 24-hour, seven days-per-week service to help Aucklanders book and access any of Auckland Council's 90 community venues with 162 bookable spaces. 09 370 2030 aucklandcouncil.govt.nz/parks-recreation/community-venues/Pages/default.aspx

**Watercare Faults:** 09 970 1467 watercare.co.nz/

**Waka Kotahi (NZTA):** Waka Kotahi is responsible for issues on the state highways, which includes Mill Road and Commercial Road in Helensville. 0800 44 44 49 nzta.govt.nz/

**The Library and Service Centre** is open our usual hours:

Monday to Friday: 9.30am to 5pm

Saturday: 9.30am to 4pm.

Council services are available during these hours.

If there are any changes to our opening hours and availability, we will be updating our Facebook page.

facebook.com/HelensvilleLibraryAndServiceCentre.

Anne Coppell

Senior Librarian / Poukôkiri - Children & Youth  
Helensville Library and Service Centre





## Kaipara korero

*Principal Cindy Sullivan*

### From the Kaipara College Principal's Desk:

Schools play a crucial role in developing the character and values of their students. Having explicit values helps us create a positive learning environment while instilling essential life skills and ethical principles in our students. By promoting values such as honesty, integrity, respect, empathy, and responsibility, we contribute to the moral and ethical development of our students, helping them become responsible and compassionate members of society.

Clearly defined values create a positive school climate that promotes inclusivity, respect, and a sense of belonging for all students and staff.

Schools have a responsibility to educate the whole person, beyond academic knowledge. Values help our students develop character traits, such as resilience, leadership, and critical thinking, that are essential for navigating challenges, making ethical decisions, and contributing positively to their communities. By promoting values like social justice, environmental stewardship, and community service, we inspire students to become responsible citizens who are aware of their roles and responsibilities in society.

Because of the importance of values at school, Kaipara College recently developed the following set of enduring, strong values which will serve as a compass, guiding students in their personal growth, character development, and ethical decision-making. This will contribute to the overall well-being of our students and the creation of a positive and inclusive learning environment. It will also enable the students of Kaipara College to take their place as curious, connected, contributing citizens in their community, Aotearoa New Zealand, and the world Kaipara College School Values: Te WAKA o Kaipara

### Whanaungatanga - Our People



We believe that strong relationships are vital to learning. We develop genuine connections with students, wh.nau, staff, and our wider community. We come together and share experiences, celebrate diversity, and foster family-like bonds by being intentional and inclusive. These bonds of whanaungatanga create for us a sense of belonging at Kaipara College.

### Aroha - Our Way



We approach all interactions with kindness, caring and empathy. We have high expectations of others, and ensure that their mana is maintained with each warm and demanding encounter. We are accountable and responsible for our actions. We show respect for others, their cultures, their beliefs, and we act with integrity and humility.

### Kaitiakitanga - Our Place



We take care of our learning environments, and are considerate in both natural and virtual spaces. We protect people's right to education, while understanding that some knowledge is a privilege to have, that we must care for with respect and gratitude. We look after our school, we look after the environment, and we look after each other.

### Angitutanga - Our Success



We aspire to reach personal excellence in all we do. We value creative and innovative ideas, and solutions. We set challenging goals that motivate us as we strive toward success. We expect that our people will achieve, and we enjoy celebrating our accomplishments.

*Kaipara College: better learning, better lives, better world*



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# Sayers lays the ground work



In spite of the Auckland Council needing to make significant cuts to spending in order to plug a \$325 million budget deficit there is some good news looming for rural ratepayers.

In June the Auckland Council will vote to approve its new spending budgets. Included in the budget is a proposal to more than double the amount Auckland Transport is spending in maintaining unsealed roads.

In figures secured by Cr. Sayers the unsealed road maintenance program budget is set to increase from \$2.4 million to \$5.1 million per annum representing a 113% increase.

According to Sayers this would allow for the number of grading crews to be increased from three to five, which would mean more roads being graded more frequently.

More money would also be available to purchase greater quantities of metal to use on the roads, as well as to ensure culverts were properly maintained and cleared of blockages.

If approved in June the new budget would be effective from July 1, 2023.

“This is extremely good news for rural ratepayers who have been short changed for far too long,” said Cr. Sayers.

“Even though this is a difficult financial time for Auckland Council I will continue to push for a fair share of spending back into Rodney.”

“Although the maintenance budgets are set to increase, I remain concerned that the sealing budgets are not.”

“The sealing budget is currently \$4 million a year, but the required level of funding to seal roads to cope with increased traffic growth is \$12 million a year.”

Cr. Sayers says the gains made to the maintenance budget were due to the combined efforts of many ratepayers making helpful submissions to the Mayors proposed budget, the Rodney Local Board advocating for better rural roading, and Mayor Brown’s leadership in recognising the poor state of Auckland’s unsealed roads.

“By working collaboratively we have been able to achieve this substantial increase, when in many other areas of Council spending is being reduced,” said Sayers.

“Road maintenance is a core Council function.”

“Mayor Brown also wants to see a better standards in the way



the unsealed roads are physically worked on.”

For the first time since the formation of the Super City the Mayor has given a statutory letter of expectation to the Board of Auckland Transport with specific wording mandating improvements to unsealed roads.

The wording of the directive says; “Ensure the road maintenance and renewal program is adequate and supports the whole region, including rural roads. This includes improvements to the rural road maintenance and sealing program, and targets to ensure prompt completion of simple road repairs”.

Cr. Sayers says he had been working closely with Mayor Wayne Brown since the beginning of the year to achieve a fairer allocation of the general rates collected from rural ratepayers to be spent back for rural ratepayers.



**Marja Lubeck –**

**Labour List MP based in Kaipara ki Mahurangi**

## Support for today, building for tomorrow:

Marja Lubeck MP

Labour List MP based in Kaipara ki Mahurangi

We’ve just released Budget 2023, which sets out more support for today and the next steps in our plan to build for tomorrow. I wanted to make sure that you’d heard about a few key initiatives, including a cost of living package to ease the pressure on people here in Kaipara ki Mahurangi.

This Budget provides practical cost of living support across some of the core expenses facing New Zealanders – childcare, healthcare, transport and power bills. It will help to make things a bit easier for families, students and older New Zealanders by reducing or removing some of the costs they currently face. Millions of Kiwis will pay a little less as a result.

We’re helping parents stretch their budgets a little further, by making childcare cheaper with 20 hours free ECE for two-year-olds. We’re helping with health costs by removing prescription charges for medicines. We’re permanently cutting the costs of public transport for young New Zealanders. We’re also reducing power bills by making Kiwi homes more energy efficient.

Budget 2023 also includes a massive boost to our country’s infrastructure which has been tested during the recent flooding and cyclone. That’s why we’ve allocated significant funds to build back better with greater resilience, to protect communities from increasingly severe and unpredictable weather events.

It’s a practical Budget that does the basics well and makes investments where they are needed most. But we need to do more than just respond to the challenges of today, we also need to build for the future.

That’s why we’re continuing to make targeted investments in areas that are critical to grow the economy and lift productivity. Investing in infrastructure, skills, science and technology supports every area of the economy. It’s how we support people into work, drive higher wages for Kiwis and build a stronger economy.

# **Art Centre Helensville**

Our exhibition for June is Matariki. We will be hosting a range of free workshops which can be found on our Facebook page, alternatively email [manager@artcentrehelensville.org.nz](mailto:manager@artcentrehelensville.org.nz) for updates.

Matariki exhibition runs 7th June – 1st July and will be held at our temporary space Helensville Museum.



Due to the conditions of having moved premises and not being able to fully operate as normal, also with winter upon us, the Art Centre are changing operating hours for a period of time. Please refer to our Google hours for this change.

We have a new workshop, Lino cutting and printmaking with local Award Winning Letterpress Printer Willy Coenradi. Our first two have been a success. Please refer to our website for upcoming workshop dates at [artcentrehelensville.org.nz](http://artcentrehelensville.org.nz)



## *Members Exhibition 'New Works' on now!*

Our Oil Painting with Palette Knife workshops with artist Diana Peel will start back up in June. Dates and details will be posted on our website shortly.



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## Diverse, skilled, social justice champions - The real deal about Citizens Advice Bureau volunteers

### Do you know the Citizens Advice Bureau? Like really?

Hundreds of thousands of people around Aotearoa New Zealand know the Citizens Advice Bureau (CAB). They know it well, because they have been helped by this long-standing, respected organisation that provides core social infrastructure and improved access to justice in communities around the motu. They know they can come to the CAB, no matter their circumstances or question and they will be responded to with care and kindness by our diverse team of CAB volunteers. Volunteers who are trained and skilled in listening, unpacking issues, and empowering people with options for moving forward.

For those who maybe don't know us so well. Let us introduce you to our service and some of our amazing people.

### The power and mana of the CAB service

Citizens Advice Bureau was started in New Zealand over 52 years ago by social workers, lawyers and activists who recognised that justice was not equally accessible to everyone. These people understood the importance of empowering communities with knowledge and understanding of their rights and responsibilities and that access to justice should not be restricted to society's

elite. It could and should be made available to all people through a model of civic participation and service – the CAB service.

This passion for social justice and service to communities continues to motivate over 2,000 people who volunteer for CABs around the motu today. "Here at CAB Helensville we have 13 volunteers dedicated to serving our local community," says Rani Timoti, manager.

### The diversity of our CAB people

Across our organisation we are diverse in gender, age, ethnicity, culture, religion, work experience, and even cardigan preferences.

"Our volunteers include many who wear different community hats in the South Kaipara area, often belonging to other groups and organisations representing their interests and areas of talent," says Rani. "We have a young mum wanting to give back to her community, a former social worker, a former nurse and others from the educational and business world. But they all have something in common- a heart for their people. Our volunteers, at different ages and stages of life, all bring empathy and aroha to their mahi."

### Mana wahine

People tend to think of CAB volunteers as invariably being women. Some even refer to us as 'little old ladies in comfy cardigans'. It is true that there are plenty of women in our midst – the community and voluntary sector is brimming with amazing wahine. Some of these women are in their retirement years, but reducing them to 'little and old' diminishes their mana.

"For myself, volunteering for the CAB was an opportunity to grab when my circumstances changed. After nearly 30 years as a community newspaper journalist and writing many articles about this 'worthy community organisation', I decided to become a volunteer. Seven years later, I'm now the manager."

All of the women who contribute to their communities through the CAB are dedicated to their mahi and bring skills, expertise and empathy.

### Celebrating culture and language

We celebrated diversity and multiculturalism in the Citizens Advice Bureau during this year's [https://www.cab.org.nz/news/free-information-and-advice-in-your-language/CAB Awareness Week](https://www.cab.org.nz/news/free-information-and-advice-in-your-language/CAB-Awareness-Week). This included highlighting that we have over a hundred multilingual volunteers who are available to provide language support so people can access the CAB service in their own language.

### Old and young, and plenty in-between

Our volunteers range in age from their early twenties through to those who have well and truly earned the right to slow down, even if they choose not to. Citizens Advice Bureau attracts amazing people, at all stages of life, who share a common motivation to support and empower others. This means CAB is an amazing environment for intergenerational, learning and support.

### You are welcome

So, if you had some 'old' stereotypes floating around in your head, we hope that helps to set the record straight. We are, and have always been, more than you imagine us to be. Next time you see a sign for the CAB, think of the dedicated team behind it of skilled and diverse advocates, guardians and champions of human rights and positive social change. And remember, you are welcome at the CAB – whether as a client or a volunteer – regardless of gender, age, ethnicity or background. Cardigan-clad or otherwise. We're here for everyone.

We want to reflect our South Kaipara area with our volunteers- do you think you make a good fit with our small team?

Pop on in to talk to our friendly volunteers at our office at 16 Commercial Rd, Mondays to Fridays, 10am to 1pm, email [manager.helensville@cab.org.nz](mailto:manager.helensville@cab.org.nz) or phone 09 420 7162.

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# Fruit Tree Pruning & Care Workshops

**Sunday 25th June  
(9.30am to 11.30am)**



If you want to make the most of your fruit trees or maybe you're thinking of planting some new ones then this is a good time of year to do this. This very popular pruning & care workshop will give you all the basics to assist in your success.

David Bayly, our in house tree care expert, will be once again running this very useful and timely workshop in his usual relaxed and interactive style. Topics to be discussed will include:

- Tools required
- Pros & cons of various trees
- Site selection and preparation
- Planting methodologies/ techniques
- General tree care
- Safety considerations



This event is traditionally extremely popular so **BOOKING is ESSENTIAL** as spaces are limited (see below for booking details).

Afterwards you will also be able to stroll around the beautiful Sculpture Gardens which has over 40 marvellous pieces created for our 2022 exhibition by local and international artists on display; as well as the extended nature trail (approximately 3.5km in total).\*



We also have our cute little coffee shop on site plus of course the Plant Centre for you to browse through.

Our knowledgeable and friendly staff will also be on hand to help with any other garden related questions.

\*The gardens and nature trail are unfortunately not suitable for wheelchairs or walking frames.

Venue location: 1481 Kaipara Coast Highway (SH16), 4km north of Kaukapakapa. Tickets \$25 per person  
To Book [info@kaiparacoast.co.nz](mailto:info@kaiparacoast.co.nz)  
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# From Penk's Pen CHRIS PENK – MP

## Fiscal discipline should guide us.

I hope that everyone is coping OK now that winter has truly come. Obviously it wasn't much of a summer, or even autumn for that matter, with all the heavy rain. Even on the occasions that this didn't cause catastrophic flooding, it seemed to have an unfortunate effect of making many of us (yes, myself included!) feel less "sunny" in disposition.

In terms of things we can control, it's been an interesting time to reflect on the need for good decision making in politics. Just going back briefly to the subject of storms and floods, it's been very obvious that the short-term sugar hit of spending on interesting "nice to have" projects should never have been allowed priority over stormwater infrastructure. Activities as mundane as clearing culverts are among the most important duties of government, whether local or central, and I really hope these lessons have been learned.

Thinking about short-termism has put me in mind of the recent Budget presented in Parliament. While there are lots of little things that will please certain sectors of society – for example, the online gaming industry being granted subsidies – the overall picture is important across generations. Increasing the nation's debt levels in the way we've seen in the past few years is risky at best.

The heightened possibility of a credit downgrade for New Zealand might sound like something that should concern only economists (and unusually dismal ones at that!). In reality, though, we'll all lose out if overseas lenders take a dim view of what's happening with book-keeping in the Beehive.

The rising interest rates many local households and businesses are getting whacked with, by their own banks, are a direct result of the Reserve Bank putting up the Official Cash Rate. And of course that in turn has been happening because too much money has been pumped into an economy that remains relatively unproductive, causing inflation.

It's sometimes not easy to sell "fiscal discipline" as a philosophy that should guide political decision making and therefore it's easy to criticise those who urge caution. Politicians aren't doing anyone any favours, however, if they pretend we can have it all.

And why does any of this matter? Astute readers already instinctively know the answer: if we don't worry about the pennies today then the pounds will not take care of themselves tomorrow, to use the old proverb. We must not let the young people of this area get saddled with disastrous levels of debt for the country to repay or constrain the choices they want to make.

That's my slightly bleak message this wintry month but I promise a brighter one in the next edition!

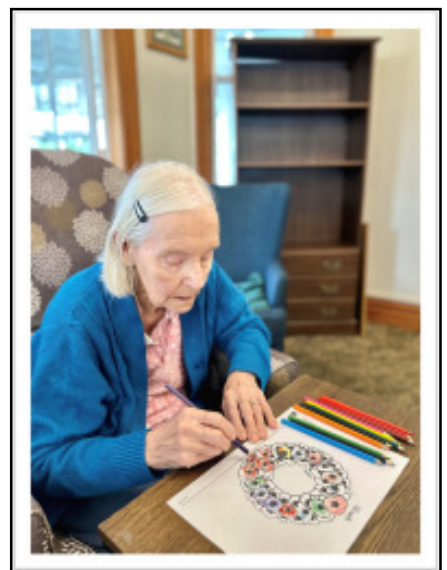
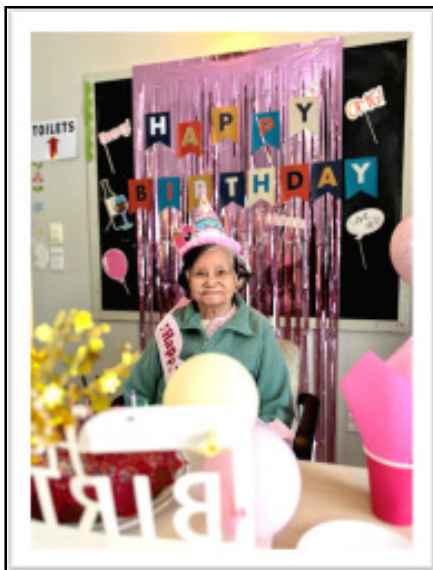
# Easter and ANZAC celebrations at Craigweil House

Here at Craigweil House recently, we had an egg-stra special day celebrating Easter with our lovely residents! It was complete with coloured eggs, cakes, friends and family with some brilliantly decorated Easter egg pictures to display on our walls!

We love our creative sessions here at Craigweil House, so for Anzac Day we arranged some arts and crafts for our residents to enjoy.

Anzac Day is a very important day for New Zealand citizens, and many of our seniors in aged care have been affected by the First World War in some way. This day can be emotional for some and it's important to give them the opportunity to express their feelings.

If you would like to enquire about Craigweil House for your loved one, please get in touch. We are a boutique rural facility with personalised, compassionate support and care for rest home, hospital, and secure dementia levels of care – 09-420 8277.



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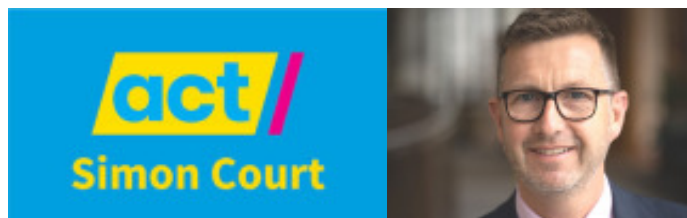




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## Infrastructure to alleviate flooding needed urgently.

Despite declaring a climate emergency in 2020, the Labour Government has failed to do anything to improve flood resilience and prepare us for weather-related disasters.

The devastating flood events that occurred in January and February have exposed the poor response and inadequate preparedness of both central government and Auckland Council. The lack of maintenance in roadside catchpits and neglect of urban streams, coupled with delayed decisions and a lack of leadership, have left affected residents in a state of uncertainty and anxiety. As winter approaches, urgent action is required to address the infrastructure issues and provide support to the affected communities.

The West Auckland Is Flooding group (WAIF) has rightly called for the Government's extended support for insured homeowners who cannot return to their homes due to the ongoing risks associated with the existing land use. The decisions regarding which properties can be reoccupied and which should be red-zoned have been far too delayed and insufficient, leaving residents in limbo. This lack of action and compassion demonstrates a preference for listening to officials rather than the people who are in desperate need of help.

It is not just the residents of Muriwai and North West Auckland who have suffered from the poor response to the flood events. The residents of Hawkes Bay and South Auckland have faced similar challenges. This lack of leadership and compassion is evident in the Government's approach, as it fails to prioritise the needs of the affected communities. The uncertainty and anxiety faced by these people are heavy burdens that need immediate attention and resolution.

With the approach of winter, there is a heightened risk of heavy rains, exacerbating the existing problems caused by the flood events. It is imperative for the Government and Auckland Council to suspend the Resource Management Act so urgent action can be taken to address the infrastructure issues. This includes clearing slips blocking streams, removing debris, and improving the maintenance of catchpits and urban streams. The lack of adequate governance in allowing building without providing sufficient infrastructure has contributed to the severity of the situation.

The stories of flood victims paint a grim picture of their struggles. Some residents, reliant on their flatmates' support, are struggling to pay their mortgages while they wait for decisions on the future of their properties. Their insurance coverage for alternative accommodations is about to expire. This financial burden, coupled with ongoing mortgage rates and insurance payments, further highlights the need for immediate action and support from the Government and Auckland Council.

ACT believes that to provide certainty for homeowners, the Government and council must prioritise the rebuilding of infrastructure to protect flood-prone areas. Rebuilding in flood-prone areas, where this is safe to do so, requires significant investment, and it is essential to allocate funding accordingly. This may require reprioritising resources from other programmes to support the local infrastructure rebuild. Additionally, there is a need for the Government to act swiftly and propose solutions

that take into account the environmental impact and long-term sustainability.

One solution to address the recurring flood events is managed retreat. The Government must respond quickly to implement measures that support managed retreat and commit to funding the necessary infrastructure improvements to protect communities which can stay in place. This includes removing barriers posed by the RMA.

To alleviate the financial burden on affected residents, rates relief must be provided in the interim. This will help ease the immediate financial strain while the Government and Auckland Council work on long-term solutions. It is crucial to provide immediate support and reassurance to the affected communities during this challenging time.

And the Government must not further delay decisions about who can return and rebuild, and where it is unsafe to do so.



SHELLY BEACH TIDE CHART					
Date	High Water Shelly Beach		Sun Rise	Sun Set	
Jun '23					
1 Thu	0804	3.7	2039	0724	1713
2 Fri	0855	3.8	2128	0725	1712
3 Sat	0944	3.9	2215	0726	1712
4 Sun	10.32	4.0	2301	0726	1712
5 Mon	1120	4.0	2348	7.27	1712
6 Tue	-	4.1	1209	0727	1711
7 Wed	0035	4.1	1259	0728	1711
8 Thu	0124	4.0	1352	0729	1711
9 Fri	0217	3.9	1448	0729	1711
10 Sat	0314	3.9	1548	0730	1711
11 Sun	0413	3.8	1649	0730	1711
12 Mon	0513	3.8	1749	0731	1711
13 Tue	0612	3.8	1848	0731	1711
14 Wed	0710	3.8	1947	0731	1711
15 Thu	0806	3.8	2042	0731	1711
16 Fri	0859	3.8	2133	0732	1711
17 Sat	0949	3.8	2219	0732	1711
18 Sun	1034	3.8	2301	0733	1711
19 Mon	1115	3.7	2339	0733	1711
20 Tue	1154	3.7	-	0733	1711
21 Wed	0015	3.9	1230	0734	1712
22 Thu	0050	3.8	1307	0734	1712
23 Fri	0125	3.7	1344	0734	1712
24 Sat	0203	3.6	1426	0734	1712
25 Sun	0245	3.6	1512	0734	1713
26 Mon	0333	3.6	1603	0734	1713
27 Tue	0425	3.5	1659	0735	1713
28 Wed	0521	3.5	1757	0735	1714
29 Thu	0619	3.5	1858	0735	1714
30 Fri	0718	3.6	2000	0735	1714
July '23					
1 Sat	0819	3.7	2059	0735	1715
2 Sun	0920	3.8	2155	0735	1715
3 Mon	1016	3.9	2246	0734	1716



## Regular Events

**60 Plus**, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

**Al-Anon Family Groups** can help. Free lunchtime meeting every Wednesday, 12 midday in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz.

**Aqua Aerobics** – Low impact exercises to improve your health - Green Prescription – with or without. Classes: Mon, Wed, Fri, 9am – 10am, held in outdoor pool all year, except public holidays. Cost: \$2 per class. Parakai Springs Hot Pools. Contact Ruth on 0210-2277-481 for more details.

**Core Hit** - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio workout for ladies of all ages.

**Diabetes & Arthritis Group** - First Monday in the month unless it's a public holiday. Held at the Anglican-Methodist Church, 60 Garfield Road, Helensville, from 10am to 12pm. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

**Fitness League** – Friday 9.45am – War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

**Freemasons at Helensville**; Regular meetings at The Duke of Albany Lodge, Kowhai Street, Helensville. For more information call Mike on 0276462121

**Groovy Line Dancing** Tuesday 9.30am – War Memorial Hall, Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030

**Helensville Floral Art Club**, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushanddez80@gmail.com for more information.

**Helensville Healing Rooms**, Helensville Community Church, 40 Mill Road, Next to the Hospice Shop, Opposite Mitre 10, Every second and fourth Saturday, 11am-12noon, Need healing in your body or a breakthrough in your life? Visit and experience God's love. ALL WELCOME Phone 0211-230-434 NO APPOINTMENT & NO CHARGE.

**Helensville Lions Club**, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm

for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Chris 420-8527.

**Helensville River Valley Country Music Club** Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

**Helensville St John Youth**: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Monday 5.30-7pm during school terms, Makiri Street, Helensville. Contact: Carla. carla.lang@stjohn.org.nz

**Hot Pool Stretching and Exercise Class**: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

**Kaukapakapa St John Youth**: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Tuesday 5.30-7pm during school terms, 1015 Kaipara Coast Highway, Helensville. Contact: Sheryl 0211900591, sheryl.pawley@stjohn.org.nz

**Kumeu Friendship Club**. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

**Our Village Coffee/Playgroup** - Northwest (Find us on Facebook). Social community group for all ages and stages. Everyone welcome along: Parents, caregivers, grandparents, all the whānau, with/without children. Every Thursday 930am - 130pm St Matthews Church Lounge - 60 Garfield Rd, Helensville. Email: ourvillagenorthwest@gmail.com

**Peggy squares knitting group**, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

**SeniorNet Kumeu Inc.**, Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

**South Kaipara Rotary**: 1st Wednesday of the month, 7 - 8pm at Parakai School. All welcome, young or old.

**U3A South Kaipara**: 1st Tuesday of the month for general meeting. See What's happening this month column for more information or contact Gloria Middleditch. jandgmiddleditch@outlook.com 09-420-3007/0211-658-428.

## Trade/Professional & Services List

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<b>Agecare</b>	Craigweil House	420-8277
<b>Age Concern Rodney</b>		09-426-0916
<b>Acupuncture</b>	Parakai Acupuncture	027-351-7377/09-449-0690 (Parakai Church)
<b>Beauty Therapy</b>	Beauty Elixir	022-465-0727/420-9775
<b>Birthing Centre</b>	Commercial Road, Helensville	420-8747
<b>Budget Service</b>	Francis	420-7740
<b>Butcher</b>	River Valley Meats	021-685-199/412-2007
<b>CAB</b>	16 Commercial Road	420-7162
<b>Carpenter</b>	Maguire Carpentry	021-990-268
<b>Carpet &amp; Upholstery Cleaning</b>	Curtis	027-200-5456
<b>Chiropractor</b>	Kaipara Chiropractic Healthcare	420-6224
<b>Computer Repairs</b>	Michael	021-251-4138/420-9307
<b>Concreters</b>	Brewis Concrete	021-992-590
<b>Diggers</b>	Helensville Diggers	021-454-793/420-7023
<b>Dog Grooming</b>	Christine	021-521-303
<b>Early Learning Centre</b>	Active Explorers	09-222-3277
<b>Early Learning Centre</b>	Gumboots	09-411-9038
<b>Early Learning Centre</b>	Helensville Montessori	420-7181
<b>Electrician</b>	Sean Gray Electrical	0274-784-396
<b>Freemasons at Helensville</b>	Duke of Albany Lodge	0276-462-121
<b>Garden Sheds</b>	Baby Barns	022-075-8283/420-3298
<b>Gift Baskets</b>	Riverside Crafts - Sarah	0800-831-542
<b>Gifts &amp; Art</b>	FIGG 44 Commercial Rd	021-488-427/420-6026
<b>Gifts &amp; Clothing</b>	Eleventh Hour - 60 Commercial Road	
<b>INK and Toner</b>	Huapai Copy & Print	09-412-8882
<b>JP's</b>	Grev Walker	420-7173

<b>Lions Club of Helensville</b>	Chris Clarke	420-8527
<b>Markets</b>	Kaukapakapa Village Market	0274-831-542
<b>Markets</b>	Waitoki Village Market	Gill 420-3301
<b>Mechanical Repairs</b>	Helensville Mechanical Services	420-8177
<b>Mechanical Repairs</b>	McLeod Motors	420-8633
<b>Mechanical Repairs</b>	Parakai Automotive	09-420-7224
<b>Mower Repairs &amp; Sales</b>	Lifestyle Mowing Machinery	0274-955-948
<b>MP</b>	Chris Penk	021-0230-6106
<b>Painters</b>	Robert Wright & Company	027-374-1105
<b>Picture Framing</b>	The Picture Framing Company	0800-372-633
<b>Plant Centre</b>	Kaipara Coast Plant Centre	420-5655
<b>Plumbers</b>	Aqua Plumbing	021-0275-3821
<b>Plumbers</b>	ATL Plumbing Ltd	420-7868
<b>Plumbers</b>	KPL Ltd	420-9108
<b>Pumps</b>	Mid West Pumps	420-7694
<b>Real Estate</b>	Arizto Real Estate - Kara Singer	021-414-376
<b>Real Estate</b>	B&T - Kerry King	0274-587-299
<b>Real Estate</b>	Bayleys - Manny & Izzy	021-703-646/022-452-3884
<b>Real Estate</b>	Burmester Realty	420-8360
<b>Real Estate</b>	Prestige - Jana Mills	021-509-990/420-9953
<b>Reiki Healers</b>	The Healing Heart of Helensville	420-9098
<b>Storage</b>	J S Storage	021-462-930
<b>Takeaways</b>	Shark n Tatties	420-5062
<b>Typesetting/Photocopying</b>	Huapai Copy & Print	420-9307
<b>Venue Hire</b>	Kaipara Memorial RSA	420-8888
<b>Windscreen Repairs</b>	Bullseye Windscreen Repairs	027-605-4630
<b>Your Local Business Book</b>	yourlocalbusinessbook@gmail.com	

# BAYLEYS

**For Sale**



Vast views of the Kaipara  
121 West Road, Kaukapakapa

**For Sale**



Outstanding - Don't miss out!  
173 Pinchgut Road, Kaukapakapa

**SOLD**



Lifestyle in the heart of Kaukapakapa  
23 South Ave, Kaukapakapa

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