

The way I see things

I think of myself as a normal person, good natured, non complainer, happy with the way things are, I think change should be progressive not radical if you see what I mean.

Lately however I keep getting told I moan about everything! Why is that I thought as I respond "well it is just ridiculous" "Well for goodness sake its just not right" "Why do people behave like that" then I realised that this wonderful country of ours is going to hell on a handcart, and at breakneck speed. Let me give you some examples:

On Monday the 17th in the wee small hours of the morning a roadworker totally destroyed a fibre cable in Kumeu. He not only hooked it with whatever digger he was using he pull it up so hard that it was virtually destroyed. The incident was reported to Chorus at 6.15am. Around mid-day Chorus acknowledged the report and advised that a technician had been appointed and would be on site at 11am on TUESDAY. Hang on, that's nearly 17 hours that Huapai, Kumeu and Riverhead businesses and homes will be without the internet, phones, EFTPOS etc. We waited and just after 11am on Tuesday the Chorus report said that the hole was full of water and would need to be drained before the extent of the damage could be assessed. Where's the URGENCY I exclaimed to anyone who would listen? Sometime later the next update told us that they needed to get the cover off the manhole but the bolt threads had been stripped. Hours turned into days while we worked using laptops hotspotting off a cellphone which our landlines had been diverted to, and we were only able to accept cash or trust people to pay direct to our bank account We were eventually reconnected on Saturday, SIX DAYS later.

My take on this: Where is the contingency planning? Who should have thought 'What if'. Why is there no alternative method of connection I ranted and raved to everyone in earshot?

The following Monday I got a delivery. I had ordered 5 items and instead of putting them in one package they were separate, 1 of 5, 2 of 5 etc. Guess what? The NZ Post delivery driver brought 4. Where is No 5 I asked, "Don't know." "Don't you check before you leave the depot that you have everything?" "Not my job." he said. No 5 arrived the next day, another trip, time wasted and additional cost.

My take on this: No pride in one's job, no effort to do the right thing, no responsibility, "Not my job."

Several days ago I sent a tracked package to a customer's customer. It has not arrived so I checked. My tracking showed it had been scanned at the PO where I took it. That was it, no other information, no indication whether it is still there or whether it is somewhere else. Why not? Is that not the purpose of tracking? Everything is online, no person to ask so I requested it be investigated, not a quick thing to do! I got back a message saying it would be investigated and I should hear within two days.

My take on this: A tracked item should be just that 'TRACKED'. How come this does not happen? Who designs a system where my package gets put in a sack with many others, gets picked up and taken to a depot



and lost but no-one knows where or how? Tracking is either all for show or just so the PO can charge more, because when it matters it does not live up to its name.

Bank's used to provide a service. Since closing so many branches it is now difficult to go to one during the week, no problem they are open at the weekend. Hurray! But wait! Both the ANZ and ASB, and probably the others as well will no longer be handling cash at the weekend. What is a shopkeeper needing change or to bank money to do? Deal with the hole in the wall!

By the way Auckland Council is following suit by refusing to accept payment in cash for Rates payments. If you want to pay in cash you will need to go to the PO!

My take on this: The plan, intentionally, is to do away with cash altogether, then where will we be when the Fibre cable gets broken?

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● Find a local business with T&P listing

~ Pg 15

and give them your support

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Phone: 420 9307

312 Main Rd, Huapai. P O Box 81006, Whenuapai All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 20TH OF THE MONTH ~

ADVERTISING ENQUIRIES:

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ADVERTISING RATES (Excl GST):

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Black & white business Card size advertisement in the newsletter -\$55.00 per single issue. Double Business Card size Advertisement in the newsletter - \$110.00 per single issue. Low density colour business Card size advertisement in the newsletter - \$80.00 per single issue. Double Business Card size Advertisement in the newsletter - \$160.00 per single issue. The above rates include a listing in the Trade & Professional section on the back page. A listing in this section only is \$10.00 per month. All advertisements will attract a 5% discount if paid at the time of booking, including those for 12 issues if paid in advance. For larger sized advertisements or high density colour please request a quote.

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The Helensville Community News is published as an independent community newsletter in conjunction with the Helensville Community Website, www. helensvillecommunitynews.co.nz, to inform the residents, ratepayers and visitors of events and proposals that affect the local area. Circulation 4,500 — pass it on to your friends.

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the publishers. While we try to ensure accuracy of information, the publishers accept no responsibility for errors or omissions made by individual contributors.

Publishers: Huapai Copy & Print

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Open Tue - Sat 7am - 7pm, Fri til 7.30pm Phone orders welcome 420 5062 Online orders: www.mryum.com/sharkntatties Coffee & freshly baked muffins daily Facebook: @sharkntattiesburgerbar 1037 Kaipara Coast Highway, Kaukapakapa



Sunday 20 August A&P Showgrounds 8.30am - 1pm

10.00am - 12pm, live music from Gillian and Mike and free hair plaiting.



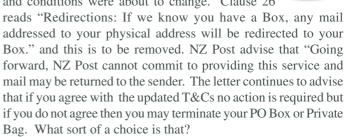
Contact Sarah 0274 831 542 sarah@riversidecrafts.co.nz



Continued from page 1

The way I see things

Lastly, I received a letter from NZ Post advising that, among other things, Clause 26 of their terms and conditions were about to change. Clause 26



I have long had an issue with rule 26 because the PO has had a habit of making assumptions and ANY mail addressed to the street address of an organisation I am involved with will be put in the PO Box even though it is personal, private mail of people and nothing whatsoever to do with the organisation. If NZ Post adopts their new rule these people will no longer get their personal mail at

My take on ALL this: Where is the contingency planning? Who should have thought 'What if'.

No pride in one's job, no effort to do the right thing, no responsibility, "Not my job."

A tracked item should be just that 'TRACKED'. How come this does not happen.

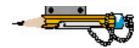
The plan, intenationally, is to do away with cash altogether, then where will we be when the Fibre cable gets broken?

I am certain things will only get worse unless we all start taking an interest, changing our own ways, doing the right thing, having pride in what we do and encouraging others to do the same.

I for one will continue RANTING AND RAVING!!!!!!

What's happening this month





Saturday, 5 August, Auckland Tough Guy and Gal Challenge, 8am - 1.30am. Event Promotions proudly present Auckland Tough Guy and Gal Challenge. Numbers are limited to 2000 competitors! 10 am - Start of the 12km event, 10:10 am - Start of the 6km event. If you want to get down and dirty and have a whole lot of fun, then these unique off-road running events are for you. The events are open to both male and female competitors who are 13 years of age and older. Challenge yourself on a course that includes swamp crossings, a spiders web net climb, crawl under barb wire, beautiful native bush trails, tunnels, hurdles, a climbing frame not to mention, mud mud and more mud! Our events have awesome spot prizes, merit prizes, souvenir reusable cup, challenging obstacles, a fun atmosphere, hot showers and plenty of free parking. Grab your friends, workmates or family together for a truly amazing experience! The event is located the Kumeu Showgrounds, Gate 2, Access Road, Kumeu. Only 20km out of Auckland CBD, the Kumeu Showgrounds is a blank canvas of 80 acres that we know will be a great time for a mud run. Event timetable: 8 - 9:30am: Registration/Late entries, 10 am: Start of the 12km event, 10:10am: Start of the 6km event, 12:45pm: Prize-giving Saturday, 12 August, Waitoki Market, Waitoki Village Hall, 1000 Kahikatea Flat Road, Waitoki. 8.30 – 12.30 Hey, Hey. Smile, it can only get better. My new mantra as we are now 1/2 way through the year. Let August be our positive month for great markets, cool friends - and fingers crossed - better weather. Yes, the Waitoki Village Market is coming up, remember to note the date in your diaries. Come on down to see all your favourites and some newbies (both goods and stall holders). Come and have a gander, a chat, or even a nibble. There is bound to be something for everyone. Plants, jewellery, jams, pickles, hot saussie off the bar-b, you just never know. A piece of jewellery, personalized tea towels, local plants, home-made jams, cakes etc. There is bound to be something to tickle one's fancy. Remember our hall is community owned and run and all proceeds go back into keeping our hall as a community hall. Interested in having a stall? Contact Gill by email markets4waitoki@gmail.com or message our Facebook page Waitoki Village Market

Sunday, 20 August, Kaukapakapa Village Market, Helensville Showgrounds, Railway Street, Helensville, 8.30am – 1pm, *Due to flood damage at the Kaukapakapa Memorial Hall the March market has been relocated to the Helensville A&P Showgrounds, 63 Railway Street. New Venue – same great market! Friendly people, great atmosphere and a tempting selection of quality stalls with everything from locally handmade crafts, plants, preserves, fresh fruit & veg to pre-loved treasures and collectibles, food, live music from Gillian and Mike, free hair plaiting and much more..., sorry no dogs **Please bring a gold coin donation for parking – proceeds go to the scouts jamboree** The Helensville A&P Showgrounds management have a no dogs policy with the exception of assistance dogs as there is stock grazing in the grounds. Email:

sarah@riversidecrafts.co.nz Phone: 0274 831542 @kaukapakapavillagemarket. Eftpos cash out available.

Friday, 25th August, Northwest Country Business Awards entries close Our highlight event of the year, the Business Awards, is now open for nominations and we look forward to hearing from everybody. Make sure you visit our website at https://www.northwestcountry.co.nz/awards2023/ to get more information and a link to the nomination form. Entrants are given the option of a mystery shopper, and we have a few new business categories associated with fitness and health. The winners will be announced at a dinner at Allely Estate in early November. This is a fun night attended by hundreds of staff from local businesses across the district and compered by a celebratory MC.

Wednesday, 26 August, Wrestling New Zealand Championship, 7pm, Doors open 6.30pm. Tag Team Action - Nu Blood (Zac Hayle - Professional Wrestler/Kid Nove) vs Horus & Phoenix Tallion. 10 Person Battle Royal - #1 Contendership for Action Packed Wrestling New Zealand Championship. Dorian Webber vs Rugged Vic Craig vs Barry Burrito vs Jackson Graves vs Tommy Fusion vs Bobby Wishart vs El Besto vs TBC vs TBC vs TBC. Wrestling Collectables NZ Championship TBC vs TBC. Tickets available at https://www.eventfinda.co.nz/.../auckland/helensville

Sunday, 3 September, Father's Day. It is a day for people to show their appreciation for fathers and father figures like stepfathers, fathers-in-law, guardians, foster parents, and family friends. What are you planning for your Father?

Sunday, 3 September, Bee Keeping Workshop, 9.30am to 11.30am. The guest presenter is Kim Kneijber who has worked with Bees for over 16 Years, is a member of the Rodney Bee Keeping Club and has a long time association with APINZ. If you are thinking of establishing hives on your property or would just like to know some more about these amazing little creatures then this is an ideal workshop for you to attend. See page 11 for full details.

Tuesday, 5 September, U3A monthly meeting. 10.00-12.00. Catholic Church Hall, Kowhai Street, Helensville Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle Stitches and TED Talks. Costs are minimal. For more information contact Gloria Middleditch jandgmiddleditch@outlook.com 09-420-3007/0211-658-428 or Bev Silvester-Clark bev.s-c@outlook.com phone 0274316205.

Sunday, 10 September, Kumeu Clothing Swap & Shop, 10am - 4pm. Come and refresh your wardrobe, save money, and contribute to a greener planet. We are a community women's clothing swap and sale, run by passionate locals and a dedicated team of volunteers. Our mission is to promote community and sustainability, as well as make good quality clothing accessible to everyone. All profits raised go to Parent Aid North West, a charity who do the most incredible work supporting local families with young children when they need it most. See page 1 for details. Friday, 22 September, Term 3 ends



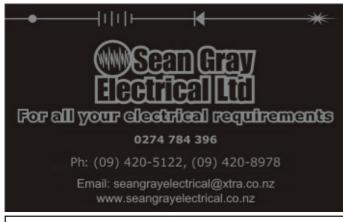
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TE PUNA WHANAU KI TE AWAROA

Helensville Birthing Centre is your local community facility. It provides a free service for women who choose to give birth in a low-tech environment. Alternatively, women who give birth in hospital can then transfer to us for the opportunity to rest and establish breastfeeding.

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Email bookings@helensvillebirthingcentre.co.nz

www.birthcentre.co.nz

Kaipara College: We had a Ball

by Lauren Morley, Year 13 Student Kaipara College

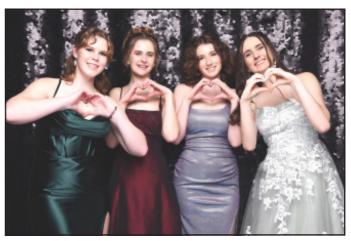
The school ball: The one night a year where we ditch those school uniforms, dress in our best attire, and let our hair down (or in some cases, put it up, very neatly). On Saturday July 1st, Kaipara College hosted their annual school ball. For the year 12s and 13s, this is quite possibly the most anticipated night of the school year. A special thank you goes out to Countdown, Parakai Springs, and Ritchies who all sponsored this event, as well as our ball committee who dedicated their time to putting this whole night together.

For many, weeks of preparation go into this night. They visit the same shop two or three times trying to find the perfect dress, they make hair appointments, nail appointments, and spend time finding shoes that have the perfect balance of comfort and beauty. For others, this preparation came in the form of creativity. Some students went above and beyond, sourcing their own materials, designing, and spending countless hours crafting their own unique outfits. Others, I'm sure, took a more relaxed approach. Perhaps only taking a shopping trip the weekend before - picking out the first suit or dress which fit.

In my experience, one of the best parts of the night happens at the very beginning. Everyone first meets at school, and while it may not seem like much, watching everyone pull into the carpark is a surprisingly special moment. Not only do you feel like you're at a car show (with a large number of people arriving in V8s which have had the mufflers taken off - classic westies), but once the engines are turned off and people make their way out of their cars, it is one of the best things to watch as they spot their friends, make their way over, watch them all hug, and tell each other how gorgeous they look.

From school, us students got loaded onto buses, and were then driven to the secret location of our ball. This year, we were lucky enough to be hosted by The Hunting Lodge. The ballroom was decorated with strings of fairy lights and floral balloon arrangements, there were several photo booths with beautiful backdrops which provided us with photos which will surely be looked back upon in many years to come. For dinner, we had the options of pizza, pasta, fish and chips, chicken wings, and sausage rolls, and dessert was made up of a selection of small slices, cheesecakes and a lolly station.

Whether the night was spent with a partner, or just our closest friends, we spent our time singing at the top of our lungs and dancing until our high heels gave us blisters. Hundreds, maybe even thousands of photos were taken, and memories were made that will last us a lifetime.



Me with my friends at the ball

Do you want your kids to go past a Vape Store on the way to school?



There was a protest of 80-100 people organised by Parakai mother Tammy Downer on Tuesday, 1 August at 3.45pm - Say NO to Vape Protest: Protect the kids of Parakai School.

The protest was covered by Newshub and three other media outlets who reported their story! The protesters want to show our kids they matter more! Vaping harms them most. **SAY NO** to a new vape store next to Parakai School.

The protesters gathered to show Brews Parakai that our community do not want this new vape store, hoping many others would join them and help make a difference.

"Make no mistake, vaping is an issue for the children in our community. It is addictive and harmful to their developing brains, bringing with it negative neurological, social and emotional impacts including anxiety, depression, learning and memory issues."

"The more of us present the stronger our message! Thank you for supporting our community." says Tammy

"The Project came out to interview us about the vape store along with the store owner. They will be back tomorrow to cover the protest with the story hopefully on the Project tomorrow night. We also have Breakfast coming out in the morning to talk about the issue so look out for the segment around 7.55am."

On 24 July Brews Parakai confirmed to Tammy that they are behind the new vape store opening next to the entrance to Parakai School.

Below are Tammy's Facebook posts, with many more to come.

"Don't think vaping is a big deal? Vaping is addictive, it doubles the incidence of depression, is associated with ADHD and conduct disorders in youth. The nicotine affects their mood, impulse control, attention and has been shown to impact learning and memory. That's without even touching on the long-term effect on their lungs. The latest NZ data shows 10.1% of year 10 students are vaping DAILY, this increases to 25.2% for Maori girls (ASH Y10 Survey). And they are not starting at year 10, this is happening at our primary schools now."

"If you think the government are stopping new stores from opening, think again. The regulations promoted to stop vape stores opening within 300m of schools have not taken effect and when and if they do it will not affect existing stores."

"This is not a matter to wait for someone else to do something. Choose carefully the businesses you support in our community. Tell our government officials that their actions are not good enough and we expect more. They need to take a hard line, vapes should only be available by prescription as a medicine to support smokers to quit, not promoted to our children like candy."

On 30 July Tammy advised that there is a form to submit complaints to the Vaping Regulatory Authority at https://vaping.harp.health.nz/submissions/new

"Please submit a complaint regarding the location of this store being in direction opposition to the current guidance on their site and the new regulations regarding no new stores within 300m of





We are entering events season and it is all go in the North West.

The FIFA Women's World Cup 2023 has started and businesses

in the North West and surrounds can make the most of the atmosphere and place bunting in their shop fronts. All members can receive their bunting for free, simply pop into Harcourts The Difference in Helensville and speak to Nicky Horsbrough, or Kaipara Community Health Trust and speak to James Scott.

Making the most of FIFA, our first local business networking event was held on Tuesday 25th July at the grounds of the West Coast Rangers in Huapai. The Rangers have two home grounds, one in Huapai and the other in Taupaki. The Taupaki grounds are hosts to the Vietnamese team so we have some international talent right here with us in the west.

Our highlight event of the year, the Business Awards, is now open for nominations and we look forward to hearing from everybody. Make sure you visit our website at https://www.northwestcountry.co.nz/awards2023/ to get more information and a link to the nomination form. Entrants are given the option of a mystery shopper, and we have a few new business categories associated with fitness and health. The winners will be announced at a dinner at Allely Estate in early November. This is a fun night attended by hundreds of staff from local businesses across the district and compered by a celebratory MC.Entries close 6pm Friday 25th August 2023.

If you have any questions about any of our events, or would like to host a business networking drinks be sure to let us know at manager@northwestcountry.co.nz.

schools. What I have included in my complaint is detailed below."

"The new vape store Vape Villa is opening at the entrance and on the boundary of Parakai Primary School. The application for this new SVR has been approved in direct opposition to the guidance on the Ministry of Health website regarding SVRs and against the intent of the changes to regulations announced on the 6th June 2023. From the Ministry of Health website 'The requirement for SVRs to operate from appropriate premises supports a key purpose of the Act, which is to provide for the regulation of vaping products in a way that seeks to minimise harm, especially to children and young people. Harm can be minimised by reducing the normalisation of vaping and reducing young people's and children's exposure to the availability of vaping products."

The application for this store needs to be revoked immediately to stop harm to our children and young people.



Helensville Library and Service Centre update for August

Meet Bestie

Bestie is our new collection of ten popular must-read books, available from 1 August 2023. They'll be available in libraries only, on a first come, first served basis. So, you can skip the holds queue and read them right away!

Each of our libraries will have multiple copies of the Bestie books. Spot them on display with a purple and yellow Bestie sticker

Our first edition of Bestie is the We Read Auckland collection. To align with our festival programme, we're featuring ten incredible books by Auckland authors.

From fiction to non-fiction,

crime to coming of age, there's something to intrigue every reader in these diverse stories of Tâmaki Makaurau.

Bestie COLLECTION

Pop in and grab a Bestie

Find out more on the Auckland Council Libraries website: aucklandlibraries.govt.nz/Pages/bestie.aspx

Soft Toy Sleepover at the Library!

Thank you to those who took part in this year's Soft Toy Sleepover. I hope your house hasn't had a glitter attack, like the Library and my place ??.

Thank you to Retts, from Mapu-I-Musika Therapy Fale, who let the toys come and play in her studio space. If you haven't already, Retts' music therapy space is magical to visit.



the Library and Service Centre team: Richard, Kate, Sharon, Lisa, Jenny, and the wonderful Jess!

Photos and details are available on our Facebook page https://www.facebook.com/media/set/?set=a.680957930731617&type=3

Regular events:

Crafternoon:

Thursdays at 3.30pm.

We have sessions for both adults and children.

These sessions are a chance to learn new skills, teach others, and chat.

The first Thursday of the month is focused on learning basic skills. Keep an eye on our Facebook page to find out what is next.

NEW: From September: Introducing monthly Saturday Crafting Sessions for adults: these sessions will be repeats of the basic skills. Again, details will be on our Facebook page.

Kids Time:

Wednesdays, 10am to 10.30am

Under 6s and their grown-ups are invited to share songs, rhymes, and stories.

Book Chat

Fourth Thursday of the month at 10am.

A chance to share books you've read and enjoyed – or read and hated! – with fellow readers.

This will be on Thursday 17 August at 10am.

Council dates:

Rates for the 2023/2024 year:

Invoices for the first instalment will be sent from 1 August 2023. Payment for the first instalment is due by 31 August 2023.

You can pay rates online, or come and talk to us.

https://www.aucklandcouncil.govt.nz/property-rates-valuations/ways-to-pay-your-rates/Pages/default.aspx

How to contact us:

If you have the direct dial number for Helensville Service Centre, please be aware that we are not always able to answer the phone. Your best option is to phone the main Council number.

Auckland Council (open 24/7 and toll free): 09 301 0101.

Auckland Libraries: 0800 695 427

If your question is directly related to Helensville Library – you can email us on: helenlib@aucklandcouncil.govt.nz.

The Library and Service Centre is open our usual hours:

Monday to Friday: 9.30am to 5pm

Saturday: 9.30am to 4pm.

Council services are available during these hours.

If there are any changes to our opening hours and availability, we will update our Facebook page.

facebook.com/HelensvilleLibraryAndServiceCentre.

Anne Coppell

Senior Librarian / Poukôkiri - Children & Youth Helensville Library and Service Centre

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Kaipara korero

Principal Cindy Sullivan

From the Kaipara College Principal's Desk:

Life never slows down in school! Kaipara College staff and students have returned after a two week break with renewed vigour, energy and focus. Term 3 is a term of focus on striving for excellence in our academic work, winter sports and a myriad of arts and cultural activities. This term has started in a very positive way with our well-attended Open Night in the first week back. It is very much a staff and student collaborative effort to ensure this is the outstanding event that it was. We had more than 100 students leading activities on the night showcasing the very best of Kaipara College. Other students acted as guides for groups of our visitors, answering the multitude of questions that came their way. Visitors were treated to a taste of the vibrant, lively and engaging school culture throughout the evening. Feedback indicated the evening was a great success.

One of the things I spoke to our prospective parents about was the importance of expectations. High expectations motivate our young people to reach their full potential and achieve higher levels of success academically, in sport and in life. When students believe their teachers and their whanau have high expectations of them they are more likely to put in more effort to meet these expectations, be more motivated and engaged, to challenge themselves, to go beyond their comfort zones and strive for excellence. At Kaipara College we have very high expectations of our students. We expect them to do their best and try their hardest, participate in and contribute to the school community, learn how to be part of a team and help others, show high standards of behaviour, show high standards of work, try new things and of course uphold our WAKA values (Whanaungatanga, Aroha, Kaitiakitanga, Angitutanga). Along with high expectations, it is also crucial to provide the support, guidance and resources required to help students meet them. Also the expectations we place on our young people need to be developmentally appropriate, realistic and individualised to each student's abilities and needs.

At Kaipara College we work hard to get to know each of our students and their whanau and value them for who they are and what they bring. We are a community school responsive to the needs of our local students and community. Our role is to work with our students and their whanau to support them to be resilient in the face of challenges, discover who they are, cultivate the abilities needed for them to shape their own lives and learn how to engage with and contribute to the world around them.

Enrolments at Kaipara College for 2024 are now open. If you want to enrol your young person at Kaipara College for 2024, please visit the enrolment page on our website (www.kaipara.school.nz) and fill out an online enrolment form. If you have questions about how to complete the enrolment, please contact the office on 09 420 8640 or email info@kaipara.school.nz





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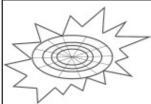
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Looking back in time Helensville Community News August 2013 Issue



New Business Association Alliance Launches B.I.D Campaign

Helensville Business Association merged with Kumeu Coast and Country at its' A.G.M last week, taking the first step in a campaign to form a Business Improvement District, stretching from Kaukapakapa to Riverhead along State Highway 16.

The new entity now called North West District Business Association, believes that in order to thrive, the businesses in Helensville, Kumeu, Waimauku, Riverhead and Kaukapakapa need to join forces in a Business Improvement District, or B.I.D, overseen by Auckland Council and funded by an annual levy on the businesses.

President of the Association, Matt Hampton says the levy would take the place of a business association membership fee, and as every business would contribute, there would be enough gathered to promote and market the districts' assets in a way that has never been done before.

He says the B.I.D will only go ahead if the business owners want it however, and they will all get to vote on it in a ballot that will be held before March 2014.

Matt says that in a survey conducted last year, business owners were asked to provide feedback on what it was that the district lacked and how the Association could respond. Priorities were identified, and included marketing the area both locally, and globally, supporting businesses through economic development and support, improving the look and feel of our settlements and lobbying for improved accessibility across the region, including public transport and infrastructure.

"Business owners can have change if they want it," says Matt. "Mainstreet upgrades, youth employment opportunities, better transport and communications and I believe this is the only way we can achieve it."

Although there are many other B.I.Ds, with 46 in wider Auckland, they are all focused on single business areas like Orewa, for example. Matt says the North West campaign is ground breaking, as it's the first time in New Zealand that a B.I.D would join several settlements together, to promote a wider district.

Rodney Local Board member Brenda Steele confirms this and says "This is exciting and ground breaking for Auckland Council, as on size policy doesn't fit Rural Auckland. The potential collaboration within the Business Network is huge. We have two business projects lined up behind the B.I.Ds process. They are guaranteed to enhance and boost the new "North West District Association" and everyone involved, should the B.I.D.s be supported and approved.

Smile, it can only get

better

Hey, Hey. Smile, it can only get better. My new mantra as we are now 1/2 way through the year. Let August be our positive month for great markets, cool friends - and fingers crossed - better



weather. Yes, the Waitoki Village Market is coming up, remember to note the date in your diaries. Saturday 12th August, 8.30am-12.30pm in the Waitoki Hall, 1095 Kahikatea Flat Rd, Waitoki.

Come on down to see all your favourites and some newbies (both goods and stall holders). Come and have a gander, a chat, or even a nibble. There is bound to be something for everyone. Plants, jewellery, jams, pickles, hot saussie off the bar-b, you just never know.

If you are interested in having a stall, email Gill at markets4waitoki@gmail.com to get more info.

This is a community hall run by the community for the community. All proceeds go back into keeping our hall as a community hall.

Upcoming market dates: 12th Aug, 14th Oct, 9th Dec





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Local Justice of the Peace Support group with Chris Penk





Gill Adshead, Jenny Sheldon and Roi Humphris all receiving their certificates from Chris Penk





He aha tepainga o temanurerenehemeakuakoreanaparirau? Ma tehuruhurutemanu ka rere.

What good is a bird of flight without the use of its wings?

With feathers a bird can fly.

Lacking support and scams on older clients are being noted by volunteers at Citizens Advice Bureau Helensville.

Lonely older people in our community are lacking support from family or friends and practical advice on a number of issues including elder abuse.

Referrals have been made for them to our amazing local organisations Kindred Services and Age Concern Rodney.

Other enquiries range from understanding benefit entitlements particularly with age-related health issues, applying for a Total Mobility Scheme card and superannuation eligibility to how to deal with a neighbour, finding a job and navigating the Tenancy Tribunal.

Scams and spams are another red flag for older clients.

"Our active listening volunteers provide current, correct information on how to recognise, report and deal with any harassment," says manager Rani Timoti.

If you have any concerns about an elderly friend, neighbour or acquaintance please pop into our office at 16 Commercial Rd to pick up information including Age Concern Rodney and Eldernet publications.

Meanwhile, our office will open on Saturdays from August 12 from 10am to noon.

Bring in your forms too as we will also have a CAB trained volunteer who is a JP.

"If we can make it easier for clients with hours outside of our current limited mid-week ones, including for visitors and tourists, that would be great. It also covers at least two of our membership principles- Accessibility and Accountability as well as provides opportunity for anyone wanting to become a trained CAB volunteer to work on a Saturday," says Rani.



Oliver and Lindy in action as CAB Helensville volunteers.



Bee Keeping Workshop

Sunday 3rd September (9.30am to 11.30am)

If you are thinking of establishing hives on your property or would just like to know some more about these amazing little creatures then this is an ideal workshop for you to attend.

This event will give a great overview not only of the techniques employed to nurture bees but also costs and time associated with the activity as well as what you will achieve. You will also be offered tips on how to make your garden more "bee friendly".

Our guest presenter is Kim Kneijber who has worked with Bees for over 16 Years, is a member of the Rodney Bee Keeping Club and has a long time association with APINZ.



Kim will cover many facets associated with this fascinating subject including:

- Challenges facing the bee population
- Hive maintenance & positioning
- Equipment required
- Pros & cons of bee keeping
- Rules & compliance issues
- Safety considerations

There will also be a working hive on site plus the centre has now established a "Bee friendly" plant section. You will also be able to explore our 1km Sculpture Garden as well as the 2.5km extended Nature Trail.

Booking is definitely advised as this event is very popular and participant numbers are limited



We also have our cute little coffee shop on site plus of course the Plant Centre for you to browse



through (including our Bee friendly plant section).

Our knowledgeable and friendly staff will also be on hand to help with any garden related questions.

*The gardens and nature trail are unfortunately not suitable for wheelchairs or walking frames.

Venue location: 1481 Kaipara Coast Highway (SH16), 4km north of Kaukapakapa. Tickets \$25 per person To Book info@kaiparacoast.co.nz OR Phone 09 420 5655. kaiparacoastplantcentre.com/events





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The Healing Heart of Helensville. 09 420 9098 Open: Tues - Fri 10am - 4pm & Sat 10am - 2pm 58 Commercial Rd, Helensville. www.healingheartshlv.co.nz



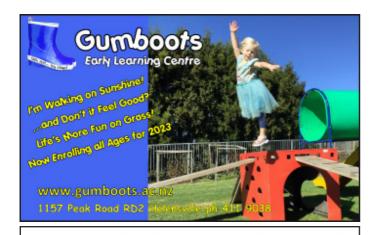
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The King's first birthday celebrations at Craigweil

June saw Craigweil House celebrate the King's 'First' Birthday in honour of our newly crowned King in New Zealand! We made our own crowns, chose our King and Queen and dressed up for the occasion. One of the highlights of the day was an outstanding performance of Dawn's poetry. This was a nice way to come together as a group to strengthen our community.

We also went on a bus trip to Orewa last month, had ice cream and enjoyed a touch of winter sunshine and a change of scenery, it was a beautiful day!

Art has a therapeutic effect on the emotional wellbeing of older people and we try to organise social clubs for our residents with artistic interest as much as we can. The residents painted a lot offspring and animal themes, and got a lot of satisfaction from having their art work displayed on the walls.



The birthday girl



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Dawn's Poetry



Social Club



The King and Queen



Social Club



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A Road to Freedom: North West Auckland Needs a World-Class Tolling System

North West Auckland suffers an almost unbearable burden of traffic congestion. For far too long, the people of Kumeu, Helensville, and the entire North West have suffered the consequences of inadequate transport infrastructure, exacerbated by the rapid population growth in the region. It is time for a transformative solution. That is why ACT is proposing a World-Class Toll Roading System. This is the best option to liberate communities from the shackles of traffic jams.

The ever-expanding population in the North West has resulted in an exponential rise in the number of vehicles on our roads. Unfortunately, successive governments have failed to keep pace with this planned housing growth by providing adequate funding for transport infrastructure development. As a result, we find ourselves stuck in never-ending traffic, enduring long commutes, and wasting valuable time that could be spent with our families and contributing to our economy.

ACT's proposal aims to supercharge road development and maintenance to build modern, efficient, and congestion-free road networks. This approach is based on a simple premise: those who use the roads should help fund their expansion and maintenance, allowing us to break free from the cycle of chronic underinvestment.

New Zealand currently has three toll roads: the Auckland Northern Gateway, the Tauranga Eastern Link, and the Tauranga Takitimu Drive. Penlink road north of Auckland will also be tolled when the new route is completed. Road tolling enables the road operator (in these cases, Waka Kotahi) to collect revenue that contributes to the planning, design, supervision, construction, maintenance, or operation of a new road. The decision on whether a new road can be tolled is based on several criteria, including whether there is a feasible, untolled alternative route available.

The three existing toll roads have delivered significant benefits for New Zealand drivers and the surrounding communities. Waka Kotahi's operating report for the Northern Gateway Toll Road (NGTR), produced five years after opening, found that 80% of network traffic was using the toll road compared to free alternatives, exceeding predicted volumes. The tolled NGTR offers a distance saving of 5-6km and time saving of 8-10 minutes compared to the untolled route.

With 7.7 million vehicles on the route in 2022/23 that's 1.23 million hours in saved travel time annually, translating into a monetary value of \$33.6 million in benefits

The Tauranga Eastern Link (TEL) is also considered a success with a 3km distance saving and an average nine minutes in time saved, or up to fifteen minutes at peak times. With 4.5 million annual vehicle counts that's at least 675,000 hours saved, with a value of \$17.66 million. The new tolled road is also far safer.

Prior to the TEL being built the existing stretch of road had an average of 1.8 fatalities each year. In the six years after completion of the TEL there has been one fatality - or 0.17 in annual terms. Serious injuries have also dropped from 38 to one over the same

time period, reflecting a significant reduction in crashes from a safer highway

It is crucial to recognize that a tolling system is not an end in itself but a means to a transformative goal - to reduce congestion and deliver us to our destination safely. ACT believes the status quo is unsustainable, and it is time to embrace innovative solutions that will propel North West Auckland into a future characterized by efficient transport, sustainable development, and improved quality of life.

A world-class tolling system, as proposed by ACT, is the most viable option to address the transport infrastructure deficit and pave the way for a brighter, more accessible future for North West Auckland. Together, let us embrace this transformative vision and take the first step towards reclaiming our roads and our freedom. Start by giving your Party Vote to ACT this election.



SHELLY BEACH TIDE CHART						
Date	High Wa	ter Shell	y Beach	Sun Rise	Sun Set	
August '23	3					
1 Tue	1005	3.9	2232	0720	1735	
2 Wed	1058	4.1	2332	0719	1736	
3 Thu	1148	4.2	-	0718	1737	
4 Fri	8000	4.4	1235	0717	1738	
5 Sat	0053	4.4	1320	0716	1739	
6 Sun	0138	4.3	1405	0715	1739	
7 Mon	0138	4.3	1452	0714	1740	
8 Tue	0311	3.9	1541	0713	1741	
9 Wed	0402	3.7	1637	0712	1742	
10 Thu	0459	3.5	1740	0711	1743	
11 Fri	0605	3.4	1852	0710	1743	
12 Sat	0716	3.3	1959	0708	1744	
13 Sun	0822	3.4	2056	0707	1745	
14 Mon	0917	3.5	2143	0706	1746	
15 Tue	1003	3.6	2224	0705	1747	
16 Wed	1042	3.7	2259	0704	1747	
17 Thu	1117	3.8	2341	0703	1748	
18 Fri	1150	3.9	-	0701	1749	
19 Sat	0002	4.0	1221	0700	1750	
20 Sun	0033	4.0	1253	0659	1751	
21 Mon	0105	3.9	1418	0658	1751	
22 Tue	0140	3.8	1403	0656	1752	
23 Wed	0218	3.7	1444	0655	1753	
24 Thu	0303	3.6	1532	0654	1754	
25 Fri	0356	3.5	1632	0652	1755	
26 Sat	0500	3.4	1746	0651	1755	
27 Sun	0618	3.4	1908	0650	1756	
28 Mon	0742	3.5	2022	0648	1757	
29 Tue	0853	3.7	2122	0647	1758	
30 Wed	0951	4.0	2214	0645	1759	
31 Thu	1041	4.2	2301	0644	1759	
September '23						
1 Fri	1128	4.5	2346	0643	1800	
2 Sat	-	4.4	1211	0641	1801	

Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12.30 pm in small office at rear of carpark Magnify,

118 Main Road, www.al-anon.org.nz.

Aqua Aerobics – Low impact exercises to improve your health -Green Prescription – with or without. Classes: Mon, Wed, Fri, 9am – 10am, held in outdoor pool all year, except public holidays. Cost: \$2 per class. Parakai Springs Hot Pools. Contact Ruth on 0210-2277-481 for more details.

Core Hit - Tuesday 5.30. Bonnie Casey, War Memorial Hall, Helensville. Deep core and pelvic floor strengthening, plus cardio

workout for ladies of all ages.

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JP's

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Anglican-Methodist Church, 60 Garfield Road, Helensville, from 10am to 12pm. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

Fitness League – Friday 9.45am – War Memorial Hall, Helensville. Exercise to music (posture + balance). \$6 if you are a member, non members \$8. Membership \$20 per annum. Come and check us out. Christine Ph. 425-7108

Freemasons at Helensville; Regular meetings at The Duke of Albany Lodge, Kowhai Street, Helensville. For more information call Mike on 0276462121

Groovy Line Dancing Tuesday 9.30am – War Memorial Hall,

Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030 **Helensville Floral Art Club,** Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 420-8905 cushanddez80@gmail.com for more information. Helensville Healing Rooms, now at outside rooms of River Valley Baptist Church, Fordyce Road Parakai, opposite Parakai Primary School, Every 1st and 3rd Saturday, 11a.m-12p.m. We offer prayer for help with what you need healed, All welcome, no appointment, no charge, ph 0276-058-225

Helensville Lions Club, meet 2nd and 4th Mondays of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are

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about - you will be made very welcome. Contact Chris 420-8527. Helensville River Valley Country Music Club Held 3rd Sunday of the month at Helensville War Memorial Hall. 1pm start. All Welcome Contact Marion 420-8867.

Helensville St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Monday 5.30-7pm during school terms, Makiri Street, Helensville. Contact: Carla. carla.lang@stjohn.org.nz Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Kaukapakapa St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Tuesday 5.30-7pm

during school terms, 1015 Kaipara Coast Highway, Helensville. Contact: Sheryl 0211900591, sheryl pawley@stjohn.org.nz

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Our Village Coffee/Playgroup - Northwest (Find us on Facebook). Social community group for all ages and stages. Everyone welcome along: Parents, caregivers, grandparents, all the whânau, with/without children. Every Thursday 930am -130pm St Matthews Church Lounge - 60 Garfield Rd, Helensville. Email: ourvillagenorthwest@gmail.com

Peggy squares knitting group, Wednesdays 10am - 11:30am Join us for a coffee and a chat while knitting your Peggy Squares and assist us in creating community blankets for children in your community. Glenys 09-411-5151

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. The cost of entry is \$3. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Beverley Meredith, meredithpb@xtra.co.nz, 09-411-5201.

South Kaipara Rotary: 1st Wednesday of the month, 7 - 8pm at

Parakai School. All welcome, young or old.

U3A South Kaipara: 1st Tuesday of the month for general meeting. See What's happening this month column for more information or contact Gloria Middleditch. jandgmiddleditch@outlook.com 09-420-3007/0211-658-428.

rade/Professional & Services List

420-7835

Agecare	Craigweil House	υ	420-8277			
Age Concern Rodney	C	09	-426-0916			
Acupuncture						
Parakai Acupuncture	027-351-7377/09-4	49-0690 (Parak	(ai Church			
Beauty Therapy	Beauty Elixir	022-465-0727	/420-9775			
Birthing Centre	Commercial Road	, Helensville	420-8747			
Budget Service	Francis		420-7740			
Butcher	River Valley Meat	s 021-685-199	/412-2007			
CAB	16 Cammercial Ro	ad	420-7162			
Carpenter	Maguire Carpentr	y 02	1-990-268			
Carpet & Upholstery C	leaning	Curtis 027-	200-5456			
Chiropractor	Kaipara Chiropractio	c Healthcare	420-6224			
Computer Repairs	Michael	021-251-4138	/420-9307			
Concreters	Brewis Concrete	02	1-992-590			
Diggers Helen	sville Diggers	021-454-793	/420-7023			
Dog Grooming	Christine	02	1-521-303			
Early Learning Centre	Active Explorers	09	-222-3277			
Early Learning Centre	Gumboots	09	-411-9038			
Early Learning Centre	Helensville Monte	essori	420-7181			
Electrician	Sean Gray Electric	al 027	4-784-396			
Freemasons at Helensville Duke of Albany Lodge 0276-462-121						
Garden Sheds	Baby Barns	022-075-8283	/420-3298			
Gift Baskets	Riverside Crafts -	Sarah 080	0-831-542			
Gifts & Art FIGG 44 Commercial Rd 021-488-427/420-6026						
Gifts & Clothing Eleventh Hour - 60 Commercial Ro			Road			
Ink and Toner	Huapai Copy & Pr					

Grev Walker

Lions Club of Helensville Chris Clarke 420-8527						
	pakapa Village Market	0274-831-542				
Markets	Waitoki Village Market	Gill 420-3301				
Mechanical Repairs	Helensville Mechanical Ser					
Mechanical Repairs	McLeod Motors	420-8633				
Mechanical Repairs	Parakai Automotive	09-420-7224.				
Mower Repairs & Sales	Lifestyle Mowing Machinery					
MP		021-0230-6106				
Painters	Robert Wright & Company					
Picture Framing The Pi		0800-372-633				
Plant Centre	Kaipara Coast Plant Centre					
Plumbers	-	021-0275-3821				
Plumbers	ATL Plumbing Ltd	420-7868				
Plumbers	KPL Ltd	420-9108				
Pumps	Mid West Pumps	420-7694				
	eal Estate - Kara Singer	021-414-376				
Real Estate	B&T - Kerry King	0274-587-299				
Real Estate	Burmester Realty	420-8360				
Real Estate	•	9-990/420-9953				
Reiki Healers The H	Healing Heart of Helensvill					
Storage	J S Storage	021-462-930				
Takeaways	Shark n Tatties	420-5062				
Typesetting/Photocopying Huapai Copy & Print 420-9307						
Venue Hire	Kaipara Memorial RSA	420-8888				
Windscreen Repairs	Bullseye Windscreen Repairs	027-605-4630				
Your Local Business Book yourlocalbusinessbook@gmail.com						
Zumba	Dance based fitness angelle	@lockie.co.nz				

420-7173

Helensville Rugby Club congratulates Taylor and Dan.

Wishing the best of luck to Taylor Anderson & Dan Keefe - both Helensville Rugby boys selected for the TAG BLACKS, representing NZ at the TAG WORLD CUP 2023 in Ireland!

These two have worked incredibly hard to get to this point, their drive and commitment has been phenomenal and as a community we couldn't be more proud of you both!!!

Taylor & Dan recently departed for Ireland, switching their black, red and gold for BLACK! Kia kaha boys!!! Play hard and best of luck bringing home that gold!!!





Hospice West Auckland Dragonflies



Dragonflies have a special significance at Hospice West Auckland. A beaded dragonfly and the Dragonfly – Te Kapowai verse is given as a special keepsake to every family who has lost a loved one in our care. The beautiful dragonflies – each one completely unique – aim to bring comfort to those dealing with loss.

Dragonfly-making workshops are held regularly at Hospice House, 52 Beach Road, Te Atatu Peninsula, and out in the community. Members of the public of all ages are welcome to join these workshops and make their own beautiful creation.

It's a wonderful opportunity to give back to the community and learn more about Hospice West Auckland and the services they provide. Follow Hospice West Auckland on Facebook at https://www.facebook.com/hospicewestauckfor details of upcoming workshops and other Hospice House community activities.



SOS For Kaukapakapa Cemetery

Maureen Walker, the Sexton of KKK Historic Cemetery explains: "After 10 years of managing the Graves and Burial responsibilities at All Saints Cemetery, I know the time has come to hand this role over to a new person. It is a privileged position that only requires 2-3 hours of voluntary time each week. I work with a small group of volunteers who maintain the grounds and graves while I concentrate on bookings, enquiries and Cemetery records.

I will miss the Community involvement but in the interests of the Cemetery, I know that my time is 'Up'."

Please call Grev (Cemetery Chairman) for more information - 021 08290768 or email to pipitiwai@gmail.com

WANTED

Voluntary Cemetery Management



Grev and Maureen Walker

VOLUNTARY HELP

We are seeking a new person to replace Maureen as Sexton of historic All Saints Kaukapakapa Cemetery.
This is a privileged position.

Ideally suited to a semi-retired (or self employed) local, for a few hours weekly to manage Cemetery enquiries, bookings, records, etc.

ALL INFO from Grev 420-7173 or 02108 290 768