

The Helensville Community News

Issue 189 - August 2025

ARTcentre
HELENSVILLE

Call to all Artists!

Exhibitions to enter:

'We Read Auckland' - In collaboration with Helensville Library

'Cups' September members exhibition

Arts in the Ville - October Labour weekend

Youth Art Competition

New Weaving course enrol now!

Raranga Flax Weaving

The Basics with Kat

4 week slots

25th July - 15th August; 22nd

August - 12th September

11-1pm tea and coffee provided \$40 for four week slot, or join all eight weeks for \$75!

Ever wanted to have a go at raranga but didn't know where to start? Come and join us for a 4-week course in a fun, relaxed and friendly environment. You will learn about weaving, harvesting, associated tikanga and so much more.



It is intended that participants will take home a finished piece at the end of each class. *Enrol now as class starts next week!* email manager@artcentrehelensville.org.nz to book!

'We Read Auckland'

An exhibition celebrating 'text' in all its art forms. Are you a poet, a script writer, a painter or 3d artist who incorporates text in your work? We'd love to hear from you!

Our opening evening will be a 'Speakeasy' night of open mic poetry and book reading, we would love to have you join and read! In collaboration with the Helensville Library we bring to you a new and exciting event not to be missed.

To enter, please fill out the entry form on our website and email back to manager@artcentrehelensville.org.nz or email us if you intend to speak at our open mic event.



Continued on page 2

The Bustling Waterfront of Helensville C1900

This exciting period in South Kaipara history is portrayed (in part) by mural artist Stephen Templer of Kumeu. Situated on Progressive Buildings and best seen from the Woolworths carpark, benefactors Grev and Maureen Walker firmly believe the mural reflects the optimism and industry which grew Helensville, Kaukapakapa, Parakai and South Head. **See back page for more images**



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Like us on Facebook or visit www.helensvillecommunitynews.co.nz

Kumeū Area Maintenance Works

Following community feedback and as part of Auckland Council's commitment to keep the community safe by reducing flood risks, funding has been prioritised to increase maintenance works in the wider Kumeū area.

Work includes unblocking culverts, debris cleaning, bank stabilisation, tree clearance and other stream-related flood resilience works.

This work is critical to improving the resilience of local waterways and reducing the impact of flooding on the community.

Auckland Council is seeking local contractors with expertise in flood resilience infrastructure and knowledge of the area to carry out these necessary works.

The tender is for applicants who:

- have demonstrated capability and experience with flood-related maintenance
- comply with our health and safety standards
- can meet our financial risk and operational capability requirements
- are willing to follow council's stream management plan
- are based in Kumeū, Huapai, Waimauku, Taupaki, or Riverhead.

If you meet the criteria and want to apply, please email procurement@aklc.govt.nz or call 09 301 0101 between 25 July and 15 August for the Request for Proposal.

Altogether Auckland
Tāmaki Turuki



Continued from page 1

'Cups'

September members exhibition

What does a 'cup' symbol to you? It can represent many things, daily comfort, sustenance, provisions, creative importance (I have many fabulous cups that are ornamental not functional) - or perhaps the traditional representation of the actual 'cup' in painting, or ceramic domestic ware! To enter, please download the form on our website and email back to manager@artcentrehelensville.org.nz



Regular Classes

'Street Maori' te reo group runs every Tuesday during school term, 6-7:30 Koha donation! This is great for beginners who are wanting to give te reo a go in a safe and friendly environment, or for more advanced who are keen to gather with like minded people and enjoy using te reo with others.

'Gas Bag' free art and chat group - Every Wednesday 11-1 BYOCraft

Mike Rowland's 'Painting and Drawing' course is very popular! To book in to the next 6 week slot please email us. Details are on our website and Facebook page.



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ARTS in the VILLE
2025

Emerging Artists

Ages 5-12 & 13-18 can enter!

Forms online at www.artsintheville.co.nz

Deadline - 2pm Saturday 18th October

HELENSVILLE ART TRAIL - LABOUR WEEKEND

ARTS
in the
VILLE
2025

Enter Now!

www.artsintheville.co.nz

25-27 OCTOBER

HELENSVILLE ART TRAIL - LABOUR WEEKEND

What's happening this month



Tuesday, 5 August, U3A Monthly Meeting, 10am – 12pm Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle and Stitches and TED Talks. Costs are minimal. For more information contact Bev Silvester-Clark bev.s-c@outlook.com phone 0274316205.

Sunday, 17 August, The Village Market, Helensville Showgrounds, Railway St, Helensville, 8.30am – 1pm. A monthly event that takes place on the third Sunday of every month (except for February) at the Helensville A&P Showgrounds. A lively and friendly market that offers a variety of stalls, live music, free face painting or hair plaiting for the kids, and delicious food and coffee. You can find fresh local produce and plants, artisan food and preserves, handmade crafts, gifts, collectibles, pre-loved items and more. If you are looking for a fun and relaxing way to spend your Sunday morning, you might want to check out this Village Market. No dogs please with the exception of assistance dogs. Gold coin donation for parking – proceeds to the Helensville/Kaukapakapa Scouts and St John youth. For more information contact sarah@riversidecrafts.co.nz.

Saturday, 23 August, The 1st Dairy Flat Vinyl Record Fair, 9am – 2.30pm, Dairy Flat Hall, 6 Postman Road, Dairy Flat. The first Dairy Flat Vinyl Record Fair!! Multiple Vendors!! Thousands of LP's, 7"45's, CD's, Music DVD's and Cassette Tapes!! This will be the first of its kind in the Dairy Flat area and the location is perfect as it's close to Silverdale, Orewa, Albany, Coatesville, Kaukapakapa etc. Please support this so we can make it a bi-annual event!! If you want to sell at the fair, get in touch with Christiaan Els on 02102252396 a.s.a.p. to book a table!! Entry fees: Early birds 9am – 10am: \$5 10am – 1 pm: \$3 1pm – 2:30pm:

FREE Kids under 16: Free all day Heaps of FREE PARKING!! See you in Dairy Flat on Saturday the 23rd of August vinyl lovers!! Please tell your friends!!

Saturday, 23 August, The Eagles Experience Motel California, 7.30pm – 11pm, The Original Kaipara Tavern, 26 Commercial Road, Helensville. The Eagles Experience is coming to Helensville! The Premier Eagles Tribute Experience, Motel California, are recognised for accomplished and highly skilled musicianship. Smooth 5 part harmonies and spine tingling guitar riffs just like the originals. Thrilling 3 hr show that's earned 5 star reviews for over 10 yrs. Kicking off with the harmonically mesmerising acapella Seven Bridges Road before launching into a string of The Eagles most popular hits including Hotel California, Take It Easy, One of These Nights, Tequila Sunrise, Desperado, Heartache Tonight, Life in the Fast Lane, Witchy Woman, New Kid In Town, Take it to the Limit, Lyin' Eyes, Get Over It, I Can't Tell You Why, Best of My Love and more. The evening concludes with an explosive rendition of Funk 49 - that will leave a permanent smile on your dial. Don't be disappointed by inferior copycat shows, Motel California doesn't disappoint.

Tuesday, 2 September, U3A Monthly Meeting, 10am – 12pm Guests are very welcome. U3A is a unique organisation of retired and semi retired people who enjoy learning from each other and sharing their skills and expertise through meetings and interest groups. Members have a general meeting on the first Tuesday of the month and choose special interest groups to join. Groups at present include: Book Club, Food and Wine Appreciation, Mah Jong, Gardening, Critical Thinking, Shared Reading, NZ History, Out n About, Needle and Stitches and TED Talks. Costs are minimal. For more information contact Bev Silvester-Clark bev.s-c@outlook.com phone 0274316205.

Saturday, 4 October, Helensville Heritage Festival 2025, 9am Helensville Railway Station, 2025 marks the 150 year anniversary of railways to historic Helensville. Celebrate this milestone at the Te Awaroa/Helensville Heritage Festival, with steam train rides, twilight cemetery tours, antique markets, classic games and sports, and guided tours of our famous heritage buildings with access to Parakai hot springs. Te Awaroa and Helensville Railway Museums will both be open with lots of displays and information about the area including sports history, memorabilia, model trains and railwayana. Walk through town or get on the shuttle and see our beautifully restored heritage buildings.

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Business Awards 2025

ENTRIES OPEN NOW

AWARD CATEGORIES

- Health and Beauty
- Hospitality - Contemporary
- Hospitality - Informal
- Business and Professional Services
- Manufacturing and Trade Services
- Retail
- Recreation
- Rural Services
- Not for Profit
- Other

SUPREME AWARD

PEOPLE'S CHOICE AWARD

CUSTOMER SERVICE AWARD

HIGH PERFORMANCE AWARD

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You are welcome to call in and have a look around, or browse our facilities online.

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Casinos, fire, and noodles at Kaipara College

by Kaiya Jones, Year 13 Student, Kaipara College

Kia Ora, Reader!

The ball this year was 100% the highlight of the month, as it was lots of fun (for me at least). The decor was modest but also on theme (royal casino), and the attire of attendees matched very well, despite the somewhat...interesting...theme choice. There were multiple photo booths/stations around the room and this meant that there was a broad selection of photos to remember the evening by. The food was also quite good, and seemed to span a broad range of cuisines, from Italian to Vietnamese. Though I can't speak as to how authentic they were -I imagine not very- they were still delicious! The DJ also seemed to cater to a broad range of music tastes, probably because of the survey sent out earlier in the year in which students could suggest music to play. Some say the ball wasn't as good as last year, but I'd imagine the least we can all agree on is that the sight of a year 13 student leading the principal around the dance floor was one we shan't soon forget!

Another event which KC organised recently was the open evening. Open evening gives future students and their whanau the opportunity to visit and tour around Kaipara College in a night setting. I helped out in the science department and was dissecting cow eyes for passers-by to see, (don't worry, they came from a butcher's shop and were not attached to a live cow upon the dissection). There was a surprising amount of interest in the dissections, and some hilarious reactions when the stray eye landed on the tray and realised what its occupants were.

Overall, the highlight of the night was most definitely the hospitality block or the station in the science block where people could light their hands on fire. Don't fret! It was entirely safe! The participants would dip their hands in water (those with hairy arms were asked to dip their arm in as well, after earlier experimenting before the evening began left a few hairs singed) and pick up some soapy bubbles filled with methane. The bubbles would then be lit on fire and the resulting flame would burn for a few seconds before all the methane was burned away and it would go out.



Another very important thing going on at KC is the current PSSP health promotion. PSSP is doing a "Noods not Nudes" promotion which is addressing the harmful consequences of sending and receiving nudes. The premise of the promotion is that posters will be set up around the school and if a person can remember 3 facts from the posters and relay them to a PSSP member, they will receive a free cup of noodles. The posters are set up with statistics such as, "Approx. 18% of young New Zealanders have reported that they've received unwanted nudes." This is an act to discourage the sharing of nudes and spread the message that while you may feel safe to send the photo at the time, you never know what could happen.

As always, have a wonderful day! Maybe get outside and soak up whatever sunshine you can! Lord knows it'll be gone before you know it!



North West Country Business Association Launches 2025 Business Awards

The North West Country Business Association is proud to announce the launch of the 2025 North West Business Awards, a celebration of the outstanding businesses, passionate entrepreneurs, and vibrant communities that make our region thrive.

We're calling on locals to nominate their favourite businesses—those that go the extra mile, deliver exceptional service, and make the North West a better place to live, work, and explore. Whether it's your go-to café, a trusted tradie, or a boutique that always delights, now's the time to give them the recognition they deserve.

Business owners are also encouraged to enter the awards and showcase their achievements, innovation, and commitment to excellence. This is your chance to stand out, connect with the community, and be celebrated for the hard work you put in every day.

Special Category Awards

This year, we're excited to highlight three special awards that honour exceptional contributions:

- People's Choice Award – Voted by the public, this award celebrates the most loved local business.
- Customer Service Award – Recognising businesses that consistently deliver outstanding service.
- High Performance Award – Celebrating businesses that demonstrate excellence in leadership, planning, and understanding their business.

Key Dates

Nominations and entries are now open and will close on 1 September 2025. Visit www.northwestcountry.co.nz to submit your nomination or enter your business.

Spotlight on Destination Tourism

As we celebrate business excellence, we're also turning our focus to destination tourism—showcasing the North West as a must-visit region. From thrilling adventure locations and top-notch eateries to pristine beaches and harbours and unique regional events, the North West offers unforgettable experiences for locals and visitors alike.

We're proud to be working with Tataki Auckland Unlimited to develop a Destination Management Plan that will put the North West firmly on the map. Together, we're building a future where our region is recognised not just for its business brilliance, but also for its natural beauty, cultural richness, and tourism potential.



Connection update

CONNECTION, Shop 3,
Helensville Railway Station, next to
The Shoppe and Ginger Crunch café.



Regular Events:

Wednesday:

Raranga/flax weaving 10.30 - 2.30pm, just drop in, \$20 for a 2 hour session. Make puti puti (flowers) or kono (basket). Heather 0220366985

Friday Sewing Circle 10.30am to 12.30 and 1.30 - 3.30pm, \$10 for a 2 hour session. Bring your mending. Chrissy 0274 671843.

Room available for hire:

Acoustic music practice, Workshops, Meetings, Interest groups, Celebrations, Exhibitions etc. Heather 0220366985.



Dying Matters Week connects people across Aotearoa to start conversations in a safe space, learn from local experts and seek support to get affairs in order and navigate grief or loss.

Join us from Monday 1st to Sunday 7th September at local libraries and other community spaces around New Zealand. The programme includes: hands-on workshops and presentations from experts in end-of-life, grief and death-care, resources and information from local businesses, curated collections of books on grief and dying, online events and podcasts, art and theatre, poetry and storytelling, Death Cafes and panel discussions.

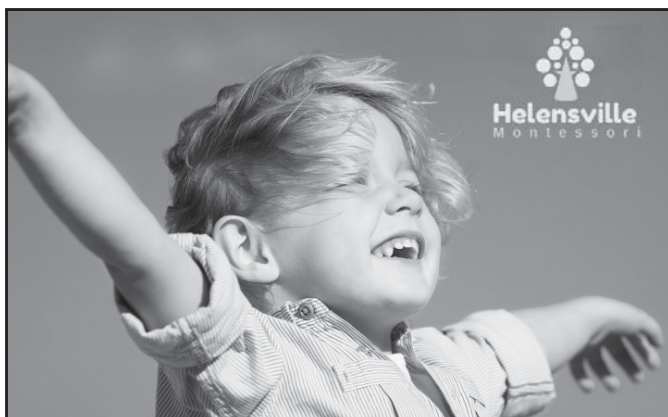
See <https://www.facebook.com/groups/dyingmattersweeknz/>

Helensville: drop in session from 10am - 2pm at Connection Hub on Saturday 6th September with resources and information available on end of life matters including: family/community led funerals and the choices available to us, Doula services for those approaching end of life, connection to Wills and EPA providers and grief and loss support agencies.

Heather Steadman

Fare Thee Well - End of Life Doula.

Email - faretheewell2024@gmail.com



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Come and Be a Volunteer with Citizens Advice Bureau



If there's something strange in your neighbourhood. Who you gonna call? CAB!

Those infamous words from Ghostbusters are a cheeky reminder to all that CAB Helensville is available for enquiries ranging from neighbours in dispute (an invisible man sleepin' in your bed?) to a broken down ride-on (something weird and it don't look good?) covered under the Consumer Guarantees Act.

Weird and wonderful questions have been asked of our trained bureau interviewers from how to get a stain out of her wallpaper after squashing a cockroach to a man wanting to know if he was divorced.

In fact, people often "get stuck" on life's issues and just need some down-to-earth (including death and dying) advice- who they gonna call? CAB!

Our volunteers are also unique in their own lived experiences, backgrounds and ages ranging from a law student to a born-and-bred local legend who believes age is just a number- it's the attitude that counts!



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Manager Rani Timoti is keen to find more volunteers to add to her absolutely fabulous crew (who aren't afraid of ghosts - or are they?)

"If you love learning and researching then you're in for a non-stop ride of brain-stretching. Thanks to our learning and development training programme, volunteers can navigate the CAB website renowned for its accuracy with constant updates and comprehensive information to ensure clients are given options to take the next step in resolving their own problem," she says.

One of the many spin-offs in being a volunteer is the ability to help family, friends and neighbours.

"Normally, advice from loved ones is not always the best but we are trained to always check, clarify and communicate that we are nailing the relevant information clients need rather than our own opinion, off-the-top of our head or I think. In fact, going onto Google or other search engines or even AI may not be correct or appropriate for the clients with their specific situations."

Skills and qualities needed for potential volunteers include:

- *Relating well with a diverse range of people*
- *Listens effectively and demonstrates good oral and written communication skills*
- *Maintains confidentiality*
- *Is respectful of others*
- *Is non-judgemental*
- *Demonstrates confidence and competence using a computer, and willingness to use cabinet to research and record information*
- *Works within CAB aims, values, principles and policies*
- *Learns about and participates in the CAB's commitment to effectiveness for Maori (Mauri Manaia)*
- *Gives and receives feedback effectively, accepts guidance and assistance*
- *Conducts client interviews consistent with CAB processes and policies*

So if you think you've got what it takes to be a volunteer with our empowering team, come call us! Or better still, visit the office to chat to volunteers at reception about why they're there (in no-ghost form).

CAB Helensville's office is open from Monday to Friday, 10am to 1pm or Saturday from 10am to noon.

Citizens Advice Bureau Helensville
Te Pou Whakawhirinaki o Te Awaroa
16 Commercial Road, Helensville 0800
Phone 09 420 7162 www.cab.org.nz
Email: manager.helensville@cab.org.nz



Volunteers Linda, Kate and Scott in front of the CAB Helensville office



Kaipara korero

Principal Cindy Sullivan

From the Kaipara College Principal's Desk:

Why choose Kaipara College?

Choosing a secondary school is one of the most important decisions a family can make. It's not just about classrooms and teaching resources - it's about finding a place where your young person will feel seen, valued, and inspired to grow into the best version of themselves. At Kaipara College, we are proud to be that place.

Kaipara College is grounded in strong values: *Whanaungatanga* (our people), *Aroha* (our way), *Kaitiakitanga* (our place), and *Angitutanga* (our success). These values shape every aspect of our school culture. We are a place where every student is known by name, supported to thrive, and encouraged to reach their full potential - academically, creatively, socially, and emotionally.

Our Te WAKA eke panuku whanau time programme builds confidence, connection and resilience. Our caring, skilled teachers are warm and demanding - they build strong relationships based on high expectations to bring out the best in each learner.

At Kaipara, academic achievement matters. We have high expectations around behaviour for learning and personal excellence. Our tailored teaching and focus on literacy and numeracy provide strong foundations for future success.

But learning at Kaipara goes far beyond the traditional classroom. Our localised curriculum connects students with the wider Kaipara community, fostering identity and purpose. Students enjoy a wide range of hands-on and engaging opportunities - from outdoor education (including surfing, tramping, and caving), to visual and performing arts, a sports academy, clubs, and leadership programmes.

Our Faculty of Special Education supports students with additional needs and enriches our wider school culture by teaching inclusion and empathy. Our Year 10 Sports Academy grows young athletes, while our award-winning arts programmes support creativity and bold expression. Students are encouraged to join - or start - co-curricular activities that excite them.

Leadership is a key part of life at Kaipara College. Whether it be House Leaders, to our *Tu Rangatira* Maori leadership programme, or leadership in sports or the arts students are given opportunities to develop pride, confidence and purpose - as individuals and as leaders.

Our Year 9 transition programme is one of the best around. In partnership with local schools, we work closely to ensure students arrive ready and confident. From orientation to peer support and diverse subject tasters, students are set up for success from day one.

And behind all of this is our unwavering belief in every young person's potential. We focus on **developing positive relationships, curiosity, and a love of learning**. We challenge our students to aim high - not just academically, but as people. We walk alongside them as they become confident, connected, contributing citizens of their community, Aotearoa, and the world.

We're proud to be **Kaipara** - a school with a heart, with high standards, and with an unshakable belief in our young people. If you're looking for a place where your young person will be truly known and valued, where they will be challenged, supported, and inspired - then **Kaipara College is the right place for your whanau.**



Student ambassadors in the English Faculty at Open Evening



Music students performing at Open Evening

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Spring to Learn to Keep Bees

The shortest day is long gone, we're on our way to spring.

Anyone on the land, from gardeners, farmers and lifestyle to beekeepers are starting to prepare and plan for the coming spring; the work never ends but a new season will soon be upon us. Beekeeping, like many outdoor activities, is at it's busiest in spring as we make sure that everything is in its best condition to make the most of the summer.



If you're considering getting into beekeeping there are three things that you should know: firstly, start in early spring; secondly, begin with a nucleus hive, this is a small hive that will quickly grow into a full-sized hive and will be easier to manage; and thirdly, learn how to keep bees. Like having kids or other animals, it certainly is possible to start and pick it up as you go along. However, it is much easier to learn a bit first; they're more likely to stay healthy and not cause a nuisance to your neighbours.

Beekeeping clubs around the country are organising their spring classes. I'm fortunate to be teaching at Auckland Beekeepers Club with their Beginners Beekeeping Class (2 days & 2 evenings), and with the more extensive Land Based Training Ltd Apiculture level three course that runs throughout the season with two Saturdays a month. Learning about bees is a gateway hobby that will soon lead to having an interest in botany, ecology, biology, crafting and even woodwork or whichever rabbit hole you choose. I love beekeeping and like many beekeepers, I love to talk about bees and beekeeping; sometimes in schools, community groups or other Beeclubs.

To be a successful beekeeper you should have an understanding of weather patterns, local flora and learn how to keep bees healthy. A beehive in a garden gives honey, more importantly though your garden will flourish and produce much more fruit and flowers than ever before. My courses enable you to learn with like-minded people in a safe relaxed environment, in which everyone can learn in the style that suits them best. This is my last shameless promotion of my classes, and we will be back to themes based around bees, honey, gardens and our environment next month.

A few fun bee facts: bees have five eyes (two compound eyes and three ocelli or simple eyes; bees have a "honey stomach" which they use to carry nectar back to the hive; bees have a "pollen basket" on their back legs to hold brightly coloured pollen; they have a "pollen press" behind their back knee to compress pollen before it goes into their hairy basket; they have a row of hamuli or hooks along the front of their rear wings, this locks both pairs of wings together in flight; bees flap their wings up to 230 time a second; summer worker bees live for 4-6 weeks and winter worker bees live for 6-8 months; bees can smell forty times as well as we can (similar to a dog); bees can sense the earth's magnetic field with magnetite cells in their abdomen (like homing pigeons and any animal that migrates); bees have polarised vision, they can see the sun on a cloudy day which they also use to navigate; bees have trichromatic vision like us but further up the spectrum – they can't see red but can see ultra violet. Learn more about bees with me.

Ken Brown is a Land Based Training Ltd Apiculture tutor and President of Auckland Beekeepers Club ken@ministryofbees.co.nz
021 0880 1700

All Hands On Deck

The Te Awaroa Museum, Helensville, was blessed to have the family of the late 'Queen of the Kaipara' Flora Thirkettle allow us to document them talking of their mother. Flora was a pioneering fisherwoman and had to fight for acceptance with doggedness and hard work. Tragically widowed, Flora was left with a young family of seven, no home or income;

"I had two choices; either go fishing or farming, both of which I knew a little about. I couldn't afford to buy land, so fishing was the option I chose. I found this house for sale right on the creek (Kaipara River) off the harbour. It came complete with 'Olive' the launch, the dory, a pair of oars and two nets. I thought if I can get good enough at fishing, I'll be able to keep up with mortgage repayments, which I did."

Flora went on to raise her family, eventually earning the trust and respect of the local fishermen and becoming the first woman nominated to membership of the Kaipara Cruising Club - causing two men to resign. In 1963, the added distinction of being the only female seagoing member of the Coastguard in the world, was a role not unfamiliar to Mrs Thirkettle. Running her 26-foot launch 'Olive' on the treacherous Kaipara Harbour, she answered many calls for assistance. "Nowadays I don't think any notice would be taken of it. There's lots of woman skippers and deck hands around now". (It is worth noting that as the times dictated, Flora always wore a dress, even whilst fishing).

Preparing for the Thirkettle family to visit took a village, thanks are due to Kaipara Tavern's Andy Cummings and the crew from the Helensville Network Group for helping us move Flora's dory from the barn to the 'Kaipara Room'. Also thanks to Zach Stark from Wylde Creative and Helen Martin for producing something coherent from our efforts.

Above all, a huge thank you to Flora's family for being so generous with their time and memories. Sons John and Reg, brother Ted, and daughters Cherry and Iris (seated), a grand legacy to her immense strength of character.





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Matariki Celebrations at Craigweil House

The stars of Matariki may have been shining above, but the real sparkle was at Craigweil House as residents came together to mark the Maori New Year in June.

In the days leading up to the celebration, residents enjoyed getting creative with Matariki-themed artwork. There were plenty of colourful stars, painted night skies, and thoughtful pieces reflecting memories and wishes for the year ahead. The lounge was buzzing with creativity, conversations, and of course, a few cups of tea.

A special highlight was the visit from the wonderful students of Parakai School. Their energy lit up the room as they sang, shared stories, and spent time with the residents. It was heartwarming to see different generations connect and enjoy each other's company.

The day was filled with warmth, laughter, and meaning. It was a lovely way to reflect on the past, enjoy the present, and welcome the future with open hearts.

If you or someone you love is considering rest home or hospital-level care, we'd love to welcome you for a visit. Come see what life at Craigweil House is like and meet the wonderful people who make it feel like home. PH 09 420 8277.



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Clear Out Your Closet for a Cause: The Kumeu Women's Clothing Swap is Back!

Is your wardrobe overflowing, but you still feel like you've got nothing to wear? Looking for a guilt-free, feel-good way to reinvent your style? Then you won't want to miss the **Kumeu Clothing Swap & Shop**, returning this August for what promises to be its biggest, boldest, most fabulous event yet!

This isn't your average swap. It's a celebration of community, sustainability, and seriously good fashion. Think epic bargains, fresh wardrobe finds, sweet tunes, tasty crepes, and a buzzing atmosphere all rolled into one vibrant day. And best of all? Every dollar raised supports **Parent Aid North West**, a local charity doing incredible work supporting families right here in our own backyard.

So, how does it work?

It's simple, sustainable, and a whole lot of fun:

Sort & Drop Off your gently loved women's clothing, shoes, and accessories

Entry Donation: \$30 gets you in the door (includes up to 30 items – \$1 per each additional item dropped off)

Swap for the same number of items – or **buy more** for just \$5 each!

Enjoy the Day: Live music, artisan coffee, sweet and savoury crepes, an epic raffle, and more!

Event Day: Saturday, August 10th, 10am–4pm at the Kumeu Showgrounds

Public \$5 Sale: From 12pm, all remaining clothing is up for grabs!

Drop-Off Days:

- Wed August 7: 11am–7pm
- Thurs August 8: 9am–5pm
- Fri August 9: 8am–3pm

This is fashion that *feels good* – for you, your wallet, and the planet.

A Proud History of Giving Back

The Kumeu Clothing Swap began back in 2016 as a humble gathering of friends and family in a living room. Fast forward to today, and it's a staple on the local calendar, raising thousands for amazing causes. Over the years, the event has supported Women's Refuge, Dress for Success, the Sophie Elliott Foundation, the Mental Health Foundation, and since 2020, **Parent Aid North West**.

Last year alone, the swap raised an incredible \$22,555.44 – funding over 700 hours of much-needed, one-on-one home-based support services for local families doing it tough. Thanks to your generosity, Parent Aid North West was able to be there when it mattered most. Since our very first event, we've watched this swap grow into a powerhouse of positive impact, and we couldn't be prouder.

This year also marked a brand-new addition to our calendar – our very first **Kids' Clothing Swap**, held in June. What a weekend! With over \$5,200 raised for Parent Aid North West, the event was a huge success and a true celebration of generosity, community spirit, and connection. From the volunteers and donors to the families who came to shop and swap – we're so grateful to everyone who helped bring this special day to life. We're already buzzing with ideas for the next one!



At the Kumeu Show Grounds



Come Along & Be Part of Something Special

We'd absolutely love your support. Come swap, shop, eat, laugh, and know that by simply refreshing your wardrobe, you're doing something amazing for your community. Whether you're a seasoned swapper or a first-timer, everyone is welcome – and trust us, you'll leave feeling fantastic.

Follow us on Facebook & Instagram @kumeuclothingswapandshop for all the updates and sneak peeks. **Want to volunteer or sponsor?** Get in touch with Bex at bex.holland@outlook.com – we'd love to hear from you.

Let's make fashion sustainable, fun, and community-driven. Let's swap!

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Simon Court MP, ACT – Under-Secretary for RMA Reform and Infrastructure

Why is it so expensive to buy groceries, to rent or own a home, to keep the lights on, or to drive on safe roads?

It's because it's too hard to build anything in this country.

It often takes longer to get permission to build than to actually build. It's madness.

Consider the soon to open IKEA store in Auckland. Before they could lay a single foundation, they were required to consult seven iwi groups on "cultural monitoring, karakia, and other ceremonies" at every stage of construction. Input was required on erosion control, fencing, planting, even giving on-demand access to iwi monitors on the worksite.

Consent conditions like this drive up costs and make it harder, if not impossible to build.

This isn't an isolated absurdity. I recently obtained the resource consent for two solar farms in Central Hawke's Bay. Those resource consents demanded iwi prayers for the removal of any native plant, mandated public viewing areas, and required planting plans so detailed they specified exactly what species went where and how far apart.

That's for the lucky projects that survive. Many never even start. They're buried under layers of objections and conditions demanded by people whose property or environment isn't even affected. These veto rights aren't distributed equally, they often depend on your ancestry.

And even when projects aren't killed outright, they're smothered under conditions so thick investors give up. One of those solar companies went bust before a single shovel hit the ground.

The result is that investors take their money overseas while New Zealand misses out on jobs, growth, and the benefit of what gets built.

Meanwhile, the cost of compliance gets passed directly to you. Your power bill, your rent, and at the checkout.

At the heart of this failure is the Resource Management Act (RMA). Introduced over 30 years ago to balance development with environmental protection, it has failed at both. It's made it almost impossible to build the homes and infrastructure New Zealand needs, while doing little to genuinely protect what matters.

That's why ACT is leading the charge to scrap the RMA entirely and replace it with a system based on property rights and common sense.

Under ACT's reforms, your land will truly be your land. You'll be able to use it as you see fit, provided you don't harm others' property or the environment.

This new approach will mean homes get built. Infrastructure will finally resemble that of a first-world country, without a generation of arguing over where to put it.

Because New Zealand should be a country where people don't shiver through winter, fear blackouts, or despair of ever owning their own home.

We also know cheaper groceries demand real solutions. When

people are driving halfway across the North Island just to buy butter at Costco, you know something's broken.

ACT is advocating for a fast-track approval process for new supermarket development. It would streamline rezoning, consenting, and investment approvals so a company wanting to roll out ten stores could do so in months, not years.

It would roll out the welcome mat to the Walmarts, Aldis, and Tescos of the world to set up shop here. By removing the barriers that keep them out, we give them a reason to come.

Ultimately, this is about making New Zealand affordable again. It's about giving young Kiwis a fair shot at home ownership, and enabling the kind of economic growth that leads to more wealth, more jobs, and higher incomes for everyone.

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Date	High Water	Shelly Beach	Sun Rise	Sun Set	
August '25					
1 Fri	0302	3.6	1529	0719	1735
2 Sat	0346	3.4	1619	0718	1736
3 Sun	0437	3.3	1719	0717	1737
4 Mon	0539	3.2	1831	0716	1737
5 Tue	0652	3.2	1945	0715	1738
6 Wed	0806	3.3	2044	0714	1739
7 Thu	0905	3.5	2133	0713	1740
8 Fri	0954	3.7	2215	0712	1741
9 Sat	1037	3.9	2255	0711	1742
10 Sun	1119	4.0	2335	0710	1742
11 Mon	1159	4.1	-	0709	1743
12 Tue	0015	4.3	1239	0708	1744
13 Wed	0055	4.2	1320	0706	1745
14 Thu	0137	4.1	1403	0705	1746
15 Fri	0221	4.0	1449	0704	1746
16 Sat	0310	3.8	1542	0703	1747
17 Sun	0406	3.6	1645	0702	1748
18 Mon	0514	3.5	1802	0700	1749
19 Tue	0634	3.4	1923	0659	1750
20 Wed	0753	3.5	2032	0658	1750
21 Thu	0859	3.6	2128	0657	1751
22 Fri	0953	3.8	2215	0655	1752
23 Sat	1038	3.9	2257	0654	1753
24 Sun	1118	4.0	2334	0653	1754
25 Mon	1155	4.0	-	0651	1754
26 Tue	0008	4.1	1228	0650	1755
27 Wed	0039	4.0	1259	0649	1756
28 Thu	0110	3.9	1330	0647	1757
29 Fri	0141	3.8	1403	0646	1758
30 Sat	0215	3.6	1440	0644	1758
31 Sun	0256	3.4	1526	0643	1759
September '25					
1 Mon	0345	3.3	1623	0642	1800
2 Tue	0448	3.2	1740	0640	1801
3 Wed	0611	3.1	1906	0639	1802
4 Thu	0736	3.3	2011	0637	1802
5 Fri	0838	3.5	2102	0636	1803



Regular Events

60 Plus, Held the last Thursday of each month, 10am morning tea provided, a great opportunity to meet others in a relaxed friendly atmosphere. Held at Magnify, 118 Commercial Rd, around the back, downstairs. (There is a ramp) Jocelyn Read 0211-726-547.

Al-Anon Family Groups can help. Free lunchtime meeting every Wednesday, 12.30 pm in small office at rear of carpark Magnify, 118 Main Road, www.al-anon.org.nz. Chris K 021-157-1692

Aqua Aerobics – Low impact exercises to improve your health - and wellbeing. Classes: Mon, Wed, Fri, 9am – 10am, held in the outdoor pool at Parakai Springs Hot Pools all year except public holidays. Cost: \$2 per class, \$7 pool entry for non-cardholders. Contact Ruth on 0210-2277-481 for more details.

Car boot, garage sale market. \$15 per stall. 2nd Saturday of the month, 8.30am to 12.30pm. Positioned by the bollards up by the street footpath, 40 Commercial Road, beside WINZ. Enquiries to 021 488 427

Citizens Advice Bureau: Helensville, is open Monday - Friday from 10am to 1pm at 16 Commercial Rd, Helensville. JPs are always available. Come for information and advice.

Diabetes & Arthritis Group - First Monday in the month unless it's a public holiday. Held at the Anglican-Methodist Church, 60 Garfield Road, Helensville, from 10am to 12pm. Morning tea provided. Speaker and fun times. Contact Shirley on 420-6501 or Glennis on 420-2801.

FLexercise with Fitness League: Friday 10am - Helensville War Memorial Hall. FLexercise low impact exercise to music incorporating balance and flexibility-move dance enjoy. All ages and abilities. Call Christine 0212602190 Web www.thefitnessleague.org.nz, email rmowat@slingshot.co.nz

Freemasons at Helensville; Regular meetings at The Duke of Albany Lodge, Kowhai Street, Helensville. For more information call Bob Greenough on 0210-829-2345

Groovy Line Dancing Tuesday 9.30am – War Memorial Hall, Helensville. \$6 – Levia Aukino-Uruamo. Ph 022-626-7030

Hana's Group Fitness Classes, small group fitness classes. Pilates, Functional Fitness & Boxing for Fitness held indoors at the Helensville Rugby Clubrooms, 5 x per week. Please contact Hana on 0211623362 or email hanalundon@gmail.com

Helensville Floral Art Club, Third Thursday of the month at Helensville Masonic Lodge, 9 Kowhai Street. All welcome. Contact Cushla 0212-588-979 cushanddez80@gmail.com for more information.

Helensville Healing Rooms, now at outside rooms of River Valley Baptist Church, Fordyce Road Parakai, opposite Parakai Primary School, Every 1st and 3rd Saturday, 11a.m-12p.m. We offer prayer for help with what you need healed, All welcome, no appointment,

no charge, ph 0276-058-225

Helensville Lions Club, meet 2nd Monday of the each month, in the Tennis Club building, 124/164 Rautawiri Road, 6.30pm for 7pm start. Just come along to any meeting to see what we are about - you will be made very welcome. Contact Chris 027-646-3324.

Helensville Railway Museum. 2 Railway Street, Helensville. Open every Sunday 10.30am to 3pm. 09 420 8961, helensvillerrailwaystationtrust@gmail.com, www.helensvillerrail.org.nz

Helensville River Valley Country Music Club Held 3rd Sunday of the month at Tennis Club Building, Rautawhiri Park. 1pm start. All Welcome Contact Marion 420-8867.

Helensville St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Monday 5.30-7pm during school terms, Makiri Street, Helensville. Contact: Carla. carla.lang@stjohn.org.nz

Hot Pool Stretching and Exercise Class: Every Tuesday 8-30-9.30am. Suitable for arthritis sufferers or those wanting to warm up these muscles and stay flexible. Lots of fun; pool noodles available and fully instructed. At Parakai Springs Hot Pools. For more information contact Chrissy on 027-258-2010

Kaipara Memorial RSA. - Dining available from 5.30pm Wed, Thurs, Fri and 11am on Sundays. All welcome at the RSA, 49 Commercial Road, Helensville. Any queries, give me a call, Rex Keane, 027 293 2768

Kaukapakapa St John Youth: Ages 5-18 yrs see youth@stjohn.org.nz for more information. Tuesday 5.30-7pm during school terms, 1015 Kaipara Coast Highway, Helensville. Contact: Sheryl 0211900591, sheryl.pawley@stjohn.org.nz

Kumeu Friendship Club. Friendship New Zealand Inc. is a welcoming social organisation for people living in New Zealand who are retired or semi-retired. Come along and join us on the fourth Thursday of the month at 10am at St. Chad's Church, 7 Matua Rd, Huapai.

Our Village Coffee/Playgroup - Northwest (Find us on Facebook). Social community group for all ages and stages. Everyone welcome along: Parents, caregivers, grandparents, all the whānau, with/without children. Every Thursday 9.30am - 1.00pm St Matthews Church Lounge - 60 Garfield Rd, Helensville. Email: ourvillagenorthwest@gmail.com

SeniorNet Kumeu Inc., Have you ever thought about joining SeniorNet? The Kumeu branch meets in St Chads Church, Huapai, with a Helensville outpost in a private home in Garfield Rd. Entry is free. Why not come along and find out what we have to offer. Contact details: Brian Lacey brian@lacey.nz, 0221-831-811, Nigel Dempster 09-411-9444

South Kaipara Community Patrol, Contact Paul on 021345928. or southkaipara@cpnz.org.nz

Te Awaroa Museum Open Monday - Wednesday 10.30am - 1.30pm 09-420-7881 info@museum.teawaroa.nz www.museum.teawaroa.nz

U3A South Kaipara: 1st Tuesday of the month for general meeting. See What's happening this month column for more information or contact Bev Silvester-Clark. bev.s-c@outlook.com 0274-316-205.

Trade/Professional & Services List

Accountants	ECE Astute Accounting	420-7835
Agecare	Craigweil House	420-8277
Age Concern Rodney		09-426-0916
Beauty Therapy	Beauty Elixir	022-465-0727
Birthing Centre	Commercial Road, Helensville	420-8747
Budget Service	Francis	420-7740
Builder/Handyman	Dugald Henderson	027-381-9151
Business Hub	Northwest Country, Danielle	0204-0027-008
Butcher	River Valley Meats	0212-130-060/0274-833-400
CAB	16 Commercial Road	420-7162
Carpet & Upholstery Cleaning	Curtis	027-200-5456
Chiropractor	Kaipara Chiropractic Healthcare	420-6224
Clothing	MarvinSmithApparel	021-790-101
Computer Repairs	Michael - Controlaltrepair	021-251-4138
Concreters	Brewis Concrete	021-992-590
Diggers	Helensville Diggers	021-454-793/420-7023
Early Learning Centre	Active Explorers	09-222-3277
Early Learning Centre	Gumboots	09-411-9038
Early Learning Centre	Helensville Montessori	420-7181
Electrician	Sean Gray Electrical	0274-784-396
Filtration	KPL Ltd	420-9108
Garden Sheds	Baby Barns	022-075-8283/420-3298
Gift Baskets	Riverside Crafts - Sarah	0800-831-542
Gifts & Art	FIGG 44 Commercial Rd	021-488-427/420-6026
Gifts & Clothing	Eleventh Hour - 60 Commercial Road	
Glass Services		
	Nor-West & Kumeu Glass Services	09-420-8210/0800-825100
Handyman	Dale Browne	0274-397-519
Homekill	Country Meat	021-161-4270/420-3113
Ink and Toner	Huapai Copy & Print	09-412-8882

JP's	Lindy McDermott	022-049-2871
Lions Club of Helensville	Chris Clark	027-646-3324
Market Opportunity	Car Boot/ Garage Sale	021-488-427
Markets	The Village Market	0274-831-542
Markets	Waitoki Village Market	Gill 420-3301
Mechanical Repairs	Helensville Mechanical Services	420-8177
Mechanical Repairs	Parakai Automotive	09-420-7224
Mower Repairs & Sales	Lifestyle Mowing Machinery	0274-955-948
MP	Chris Penk	021-0230-6106
Paddock Mowing	Tractor mowing with mulcher	0274-669-464
Pet Spa	Groomville Boutique	021-246-5354
Plant Centre	Kaipara Coast Plant Centre	420-5655
Plumbers	ATL Plumbing Ltd	021-245-9677/420-7868
Plumbers	KPL Ltd	420-9108
Pumps	KPL Ltd	420-9108
Pumps	Mid West Pumps	420-7694
Real Estate	Burmester Realty-Kelly Davison	0274-670-175
Real Estate	Burmester Realty	420-8360
Real Estate	Courtney & Co	027-688-0818
Real Estate	Prestige - Jana Mills	021-509-990/420-9953
Restaurant	Imaxx 12 Commercial Rd	0800-123-567/420-9989
Roofing	KPL Ltd	420-9108
Roosters, any unwanted	Drop off at 62 Mill Rd, H'ville	022-584-7719
Shuttle Service	Helensville Shuttles	0272-777-339
Shower Installation	GSI Ltd	0800-466-5327/420-8777
Storage	Container Warehouse 220 S/Hway 16, Whenuapai	
Storage	J S Storage	021-462-930
Typesetting/Photocopying	Huapai Copy & Print	420-9307
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Grev Walker and Stephen Templer inspecting the progress



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